

Date
Wednesday 12th August

Lane	Distance	Who
1	30	Alex P Amelia
2	30?	Ben (+Liz) Alex T
3	50	Mick
4		
5		

Date
Friday 14th August

Lane	Distance	Who
1	30	Adrianne Janet
2	30?	Ben (+Liz) Amelia
3	50	Mick Shani
4		Alex T
5		Nigel Cheryl

Date
Wednesday 19th August

Lane	Distance	Who
1	30	Simon
2		
3		
4		
5		

Date
Friday 21st August

Lane	Distance	Who
1	30	Simon
2	30	Burton Family (maybe Lukas)
3		
4		
5		