ONLY MAKE YOUR OWN RAW IF YOU HAVE A RELIABLE <u>STEADY FRESH HUMAN</u> GRADE SUPPLY OF THE MEATS!!

IT IS THE ORGAN MEATS YOU MAY HAVE DIFFICULTY FINDING.

Raw cat food is the most species specific food you can feed your cats. This is because cats are obligate carnivores. Their bodies can only process and utilize proteins, animal protein most efficiently. If you are reading this and raw is not for you, please feed your kitten/cat a high quality canned like Wilderness/Blue Buffalo.

Here is a great article about feeding your cat written by a veterinarian. http://catinfo.org/ Dr. Lisa Pierson talks about the evils of dry food vs canned food and raw. I completely agree with this article.

The breeder who gave me this has been making and feeding raw for 10 years. Her cats are never sick, their coats are sleek & shiny and they are not (often) finicky.

I have been feeding my queens and kittens this food since April 2020, and they are all doing great. We wean our kittens with this raw recipe plus Open Nature brand grain free food from Albertsons. We alternate the kittens raw food meals with Open Nature canned grain free shredded Chicken. We also use Open Nature dry chicken kitten food which we leave out for grazing. The kittens are all used to Open Nature food if you choose not to continue their raw food diet. Please do not switch to other brands of food until they are more mature as it may hurt them.

Raw must follow an 80-10-10 ratio 80% muscle meat 10% organ meat (1/2 of the organ meat MUST be from liver) 10% bone

The recipe is:

7 lbs chicken thighs (bone in/skin on)

2 lbs Beef Heart (if not use an extra lb of thighs as heart is muscle meat)

1 lb liver (beef has more iron – LIVER is a must)

1 lb. beef kidney (or other organ)

1 - 2 L filtered water

3 eggs

1 C Platinum Performance Feline powder

2 tsp Psyllium Powder

1 tsp Taurine (approx. 2000 mg)

Mix up the non-meat ingredients in a large deep baking pan that will catch your ground meat. <u>Do psyllium last as it makes it all thick</u>. Grind liver and beef heart into liquid mixture. Mix well. Grind in the chicken stirring as you go.

Portion into bags or containers of your choice. I like bags because you can thaw it in vessels of water.

The platinum Performance can be purchased here: www.platinumperformance.com/platinum-performance-feline

The Tasin 108 is a good pricedvolume grinder but will be a bit slow on the chicken thighs.

www.onestopjerkyshop.com/tasin-ts-108-electric-meat-grinder-1/

I spent the extra money on a pro model from Weston, and it takes me less than 10 minutes to grind 10 lbs of chicken thighs and organ meats.

https://www.centralrestaurant.com/Weston-Brands-10-1201-W-Pro-Series-12-Meat-Grinder---1-HP-c82378p359147.html?st-t=bing_shopping_16U-003&msclkid=3576c64bb13717f6b8c898b4d8777390&utm_source=bing&utm_medium=cpc&utm_campaign=Bing%20%7C%20Shopping%20%7C%20Catch%20All%20%7C%20Desktop&utm_term=4577679225743561&utm_content=All%20Products

The Taurine can be purchased here. I add 2-3 capsules per 10 lb batch. https://www.vitacost.com/vitacost-taurine-1000-mg-100-capsules-3

Our kittens begin eating raw off Mom's plate at approx 5 - 6 weeks of age. Once they get a taste of it, there is no stopping them. They run to the plate and it is a symphony of yummy kitten nibbling sounds - plus a little growling and swatting if a neighboring kitten strays too close to another's "catch".

I am happy to answer any questions you may have and help you transition to the raw diet for your cat(s).

Please feel free to call me at 949 322 9602 or email to markallen3@cox.net