

Faith in God Ministry Lesson Plan: Love, Reconciliation & Moving Forward

Lesson Title: Love Your Neighbor – Self-Love, Reconciliation & Moving Forward

Foundation Scripture: Matthew 5:23-24

"Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift."

Objective:

- To understand how **self-love** equips us to love our neighbors.
 - To recognize the **12 basic human needs** in ourselves and others.
 - To practice **Kingdom reconciliation** and know when to **wipe the dust off and move forward**.
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I. Understanding Self-Love and Its Role in Relationships

Before we can truly love others, we must first **love ourselves as God commands** (Matthew 22:37-40). Loving yourself is not arrogance—it is **alignment with God's design**.

The 7 Keys to Self-Love:

- 1 **Self-Discovery** – Know who God created you to be and align yourself with His purpose.
- 2 **Self-Source** – Recognize that **God alone** is your source of worth, not people.
- 3 **Self-Worth** – You are valuable because **God says so, not because of external validation**.
- 4 **Self-Esteem** – How you see yourself determines how you act. **Speak life over yourself!**
- 5 **Self-Concept** – Align your **thoughts about yourself** with what the King says, not the world.
- 6 **Self-Identity** – You are a **child of the King**, an **ambassador of Christ**—walk in it!
- 7 **Self-Value** – Set boundaries and refuse to accept anything less than what aligns with the Kingdom.


💡 **Reflection:** Do you truly love yourself as God commands? If not, how can you start?

II. Loving Your Neighbor Through Understanding Their Needs

The **12 Basic Human Needs** are what every person longs for. If these needs go unmet, people experience **hurt, insecurity, and brokenness**.

Meeting Others' Needs:

- 1 **To Be Valued** – Recognize the worth of others.
- 2 **To Be Respected** – Treat others with dignity, even when you disagree.
- 3 **To Be Affirmed** – Speak encouragement and truth into people's lives.
- 4 **To Be Touched (Affection)** – A simple handshake or kind gesture can communicate love.
- 5 **To Be Given Attention** – Listen when others speak; make them feel seen.
- 6 **To Be Accepted** – Welcome people without conditions.
- 7 **To Feel Important** – Acknowledge people's contributions.
- 8 **To Be Appreciated** – Say "thank you" and show gratitude often.
- 9 **To Be Recognized** – Honor others for their efforts and sacrifices.
- 10 **To Be Connected** – Build meaningful relationships and community.
- 11 **To Be Included** – Invite people to be part of something bigger than themselves.
- 12 **To Feel Secure** – Provide emotional, spiritual, and relational stability where possible.


 **Reflection:** How well do you meet these needs in others? Are you surrounding yourself with people who meet these needs in you?

III. The Power of Reconciliation

Matthew 5:23-24 teaches that before we bring our offerings to God, we must **seek reconciliation**. This means:


- **Acknowledging** where there is conflict.
- **Taking initiative** to resolve it.
- **Humbling yourself** to make peace.
- **Listening and understanding** the other person's pain.
- **Forgiving**, as Christ has forgiven us.

Reconciliation is an **act of Kingdom love**, but it **requires both parties** to be willing. When that is not the case, we must obey the King's command in **Matthew 10:14**:

 *"If anyone will not welcome you or listen to your words, leave that home or town and shake the dust off your feet."*

This means:

- **You cannot force peace where there is resistance.**
- **You are not responsible for someone else's unwillingness to reconcile.**
- **If someone refuses to meet the basic needs of love and respect, you must move forward.**
- **Letting go is not failure it is obedience.**

 **Reflection:** Are you holding on to relationships that are no longer aligned with Kingdom principles? Is God calling you to move forward?

IV. Application: Walking in Kingdom Love & Wisdom

- 1 **Examine yourself** – Are you practicing self-love? Are you extending that love to others?
 - 2 **Evaluate your relationships** – Are the people in your life meeting **your basic human needs**? Are you meeting theirs?
 - 3 **Seek reconciliation when possible** – But if the other person refuses, **obey the King and move forward.**
 - 4 **Forgive and release** – Holding on to resentment **blocks you from the Kingdom of Heaven.**
 - 5 **Love from a place of fullness, not emptiness** – You **cannot give what you do not have.**
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Final Takeaways

- ✓ Self-love is the foundation for loving others.
- ✓ Understanding basic human needs helps us love our neighbors better.
- ✓ Reconciliation is important, but it requires both parties to cooperate.
- ✓ If reconciliation is rejected, obey the King and move forward.
- ✓ Forgiveness frees YOU from bondage.
- ✓ Love people, but do not let them keep you in cycles of rejection and disrespect.

📖 **Memory Verse:** “*We love because He first loved us.*” – 1 John 4:19

💡 **Challenge:** Spend time in prayer, asking God **who you need to reconcile with** and **who you need to release**. Walk in **Kingdom love**, but also **Kingdom wisdom**.

This **Faith in God Ministry lesson plan** is designed to help believers walk in the fullness of **self-love, love for others, and Kingdom wisdom in relationships.**