

KINGDOM LESSON PLAN

Title: From Sinner to Redeemed: Breaking the Chains of Religious Identity

Scripture Focus: Psalm 107:2, Romans 8:1-2, 2 Corinthians 5:17-21, Hebrews 10:14, Revelation 1:5-6

Objective:

To expose the unbiblical origin of the phrase “sinner saved by grace,” demonstrate how it keeps believers in self-condemnation, and establish a Kingdom identity rooted in redemption, righteousness, and reconciliation.

I. Introduction: Identity Crisis in the Church

Opening Statement:

Many believers unknowingly sabotage their spiritual growth by clinging to the phrase “I’m just a sinner saved by grace.” While it sounds humble, it contradicts the Word of the King and keeps citizens of the Kingdom from maturing into righteousness.

Discussion Question:

> What identity do you speak over yourself daily — sinner, Christian, or redeemed citizen?

II. Origin of the Phrase: “Sinner Saved by Grace”

No Biblical Origin:

The exact phrase “sinner saved by grace” is not found in Scripture. It emerged as a popular expression during revival movements in the 18th–20th centuries, particularly through Evangelical and Baptist traditions.

Rooted in False Humility & Legalistic Culture:

The phrase was used to emphasize man’s depravity — but often at the expense of highlighting redemption and transformation. It became a means of managing behavior through guilt rather than cultivating righteousness through Kingdom identity.

III. The Trap of Self-Condernnation

Romans 8:1-2 (KJV)

> “There is therefore now no condemnation to them which are in Christ Jesus...”

Breakdown:

Calling yourself a “sinner” reinforces condemnation. Repeated confession of sin identity after receiving the Spirit of God causes:

A defeated mindset

Fear-based obedience

Rejection of Kingdom authority

Example Teaching Point:

> A citizen of the Kingdom who still calls themselves a criminal has not accepted their full pardon.

IV. The Redeemed of the Lord: A Kingdom Identity

Psalms 107:2

> “Let the redeemed of the LORD say so, whom he hath redeemed from the hand of the enemy.”

2 Corinthians 5:17-21

> “If any man be in Christ, he is a new creature... God was in Christ, reconciling the world unto Himself...”

Revelation 1:5-6

> “Unto Him that loved us, and washed us from our sins... and hath made us kings and priests...”

🧠 Mind Renewal is Required:

We are not sinners trying to be righteous.

We are the righteous resisting sin by the indwelling Governor (Holy Spirit).

🔥 V. Kingdom Contrast

Religious Language:

- I'm just a sinner saved by grace
- I struggle to live holy
- I'm broken
- I have a sin nature
- I'm unworthy

Kingdom Truth:

- I am the redeemed of the Lord (Ps. 107:2)
- I am holy because He is holy (1 Pet. 1:16)
- I am made whole in Christ (Col. 2:10)
- I am a new creation (2 Cor. 5:17)
- I am called, chosen, and royal (1 Pet. 2:9)

🧠 VI. Activity: Identity Reclamation Exercise

Instructions:

1. Write down every label or phrase you've used to describe yourself that contradicts Scripture.
2. Next to each, write the Scripture that tells you who you really are in the Kingdom.

3. Speak your redeemed identity out loud and declare:

> “I renounce false humility. I receive my Kingdom identity.”

VII. Confession: Kingdom Identity Declaration

> “I am not a sinner trying to be good.

I am the righteousness of God in Christ.

I am redeemed, reconciled, and restored.

I walk in the Spirit, not in shame.

I reject guilt-based religion.

I am a Kingdom citizen—cleansed, chosen, and commissioned.”

VIII. Homework / Workbook Reflection

Write a 300-word reflection on this question:

> How has identifying as a "sinner saved by grace" affected your spiritual walk, your authority in prayer, and your confidence before the King?

Then answer:

> How will walking in your redeemed identity change your witness, leadership, and personal life?

IX. Closing Revelation

> A redeemed person who still calls themselves a sinner is like a freed slave who still wears chains to feel safe. The cross was not just for forgiveness—it was for transformation. You were not just saved; you were reborn into a Kingdom. Start walking like it.