



## Healthy Hub

### Start Fresh in 2025

New Year's Eve is one of the biggest party nights of the year, and frankly, New Year's Day doesn't get nearly enough love. Whether you sleep in or wake up early, there are plenty of ways to make the most of Start 2025 off on the right foot by making the most of New Year's Day. Check out these 27 things to do on New Year's Day and they may actually inspire you to go to bed at 12:01 to make the most of it!

1. Head to or host a New Year's Day brunch
2. Have breakfast in bed
3. Plant a seed, literally! Whether it's a Chia Pet, a new tree in your yard, a potted herb, a pretty flower or a simple succulent, kick-off 2025 by nurturing something green.
4. Start a gratitude journal
5. Go for an early morning walk. What a magnificent day to see the sunrise!
6. Kickstart your savings with the 52-Week Money Challenge
7. Make a budget
8. Konmari your closet You'll start the new year feeling productive and refreshed when you pare down all those impulse online purchases from the past year and simply keep what you love and what sparks joy.
9. Have a Clean Your Closet party. After you've cleaned out your closet, chances are you have a ton of items you want to unload. Host an exchange with friends, and everyone has the opportunity to walk away with some new fits!
10. Make some money off your unloaded items
11. Clean out your fridge
12. Clean out your pantry
13. Cook with what you have. Check your cupboards, pantry and refrigerator, and make a meal with only the ingredients that you have right now. It's a creative way to challenge yourself and save money, reduce waste and create space in your home, which are all things to continue doing throughout the year.
14. Donate what you don't need
15. Watch football. What better way to kick off 2025 than by watching a literal kick-off?
16. Put your holiday decorations away
17. Try a new workout
18. Take advantage of after-Christmas sales
19. Give back by volunteering
20. Wash off 2024
21. Cozy up with a good book
22. Binge a show you were meaning to watch all year.
23. Order takeout from a local favorite or a new restaurant you've never tried
24. Pick up the phone and call someone you love
25. Try your hand at a new game!
26. Go out with your friends or family.
27. Do nothing. Seriously. You've earned it!

# December Event Recap

Congratulations to the Powersports team for the award-winning entry in the 43rd Annual Lake Havasu Holiday Boat Parade of Lights!



## January Events

### Thursday-Sunday, January 9th-12th

Anderson Toyota sponsors the Havasu Balloon Festival and Fair.

Location: Lake Havasu State Park

### Thursday-Sunday, January 16th-19th

Anderson Auto and Powersports Group sponsors Buses by the Bridge.

Location: Lake Havasu State Park

### Saturday, January 18th

Anderson Powersports sponsors the Hole in One for the Havasu Balloon Festival Golf Tournament.

Location: Lake Havasu Golf Club

### Saturday and Sunday, January 25th- 26th

Anderson Auto and Powersports Group sponsors the Friends of the Fair Rodeo.

Location: SARA Park Rodeo Grounds

### Friday-Sunday, January 24th-26th

Anderson Powersports sponsors the London Bridge Model Boat Club RC Boat Race.

Location: Bridgewater Channel

### Saturday, January 25th

Anderson Auto Group sponsors the Soroptimist International of Kingman Gourmet Dinner

Location: Elks BPOE #468 Lodge

## Anderson Anniversaries

Congratulations to employees celebrating 10 or more years in January with Anderson Auto and Powersports Group – we appreciate you!

Employee	Years	Store
Keith Turton	24	Toyota
James Wilson	23	CDJR
Dishon Jones	14	Nissan
Jimmy Robles	11	Nissan

If you would like to share something in the newsletter, send it to Michelle G at [mgardia@andersonauto.com](mailto:mgardia@andersonauto.com)