

SUMMER

Four Seasons Junior Tennis Camps

12 & UNDER TENNIS CAMP - Ages 4-12, 9a-1p

SAMPLE SCHEDULE: **8a-9a - *Early Drop off (Add on)**

9a-10:30a Drills - Stroke Production; Shot Selection; Tactical Strategy

10:30a-10:45a - Snack | 10:45a-11:30a - Competitive play

11:30a-12p - Age appropriate Fitness | 12p-1p Lunch/Swim

> **Half Day Camp Ends**

1-2:30p Competitive Match play w/pro video capability

2:30-4p - Team Fitness Games | 4:00p Pick Up

> **Full Day Camp Ends**

***4-5:30p - Late Pick Up (Add on)**

Half Day

\$375/wk

Full Day

\$725/wk

Academy

\$589/wk

ACADEMY/VARSITY TENNIS CAMP - Ages 10-18, 12p-4p

SAMPLE SCHEDULE: 12p-12:30p - Dynamic Warm-up/Tennis Warm-up

12:30p-2p Drills - Shot Selection; Movement; Tactical Strategy; Patterns of Play

2p-3:30p - Competitive Play/Match Play; 3:30-4p Speed/Agility/Footwork

***4p-5p - Private Lessons (Add on) OR**

***4p-5p - Strength & Conditioning with Speed & Agility Training (Add on)**

CAMP FEES

12 & Under **HALF DAY** Camp (9a-1p) - \$375/week

12 & Under **FULL DAY** Camp (9a-4p) - \$725/week

ACADEMY/VARSITY Tennis Camp (12p-4p) - \$589/week

***ADD ON PROGRAMS with separate fees**

Early Drop Off - \$100/week | Late Pick Up - \$100/week

Strength/Conditioning/Speed/Agility Training (ages 10-18 only) - \$175/week

Private Lessons: \$135/hr with Professional Staff

Private Lessons: \$165/hr with Director of Junior Program

FEE INCLUDES:

World Class Instruction • Technical Video Analysis & Technical Stroke

Construction • Competitive Point Play • UTR Match Play (Fridays) •

Free T-Shirt • End of Week Progress Report • Overall a fun, healthy,

safe environment!



SESSION DATES

JUNE DATES: Jun 16th-20th; 23-27th; 30th-Jul 3rd

JULY DATES: Jul 7-11th; 14-18th; 21-25th; 28-Aug 1st

AUGUST DATES: Aug 4-8th; 11-15th; 18-22nd

FOR MORE INFO EMAIL SCRALEY@4SEASONSTENNIS.COM

