

## VVCC's Guardian Angel Program puts families at ease

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July 29, 2016—Sedona, AZ-- Reassurance is one of the many things Verde Valley Caregivers services provide. Through VVCC's Guardian Angel Program, older adults are loaned medical alert units with the ability to call for help with just the click of a button. Wanda, 87, who lives in Cottonwood, is a new VVCC neighbor who has problems with dizzy spells that have attributed to her falling. Her daughter says, "I feel better knowing my mother can press that button and call me if she needs help."

With a land phone line, VVCC volunteers can connect medical alert units within minutes. As Wanda, her children, and great grand children heard the dial tone set, everyone sighed a bit of relief. "Verde Valley Caregivers and the medical alert unit are very helpful for me and my family. Everybody feels safe," Wanda said.

VVCC volunteers who are trained as Guardian Angel technicians install the units. With the pendant around Wanda's neck, she teased her children through a test run call. "Help me, I can't get up!" Wanda's family smiles and says, "We are on our way." If Wanda's family members do not answer, emergency dispatch will be called.

The Guardian Angel Program is available for VVCC neighbors who live alone and are at-risk for falling down due to age limitations or have a temporary or permanent disability and/or medical condition. As a new neighbor, Wanda said she appreciates this life-saving program and looks forward to other assistive services VVCC provides.

VVCC is in its 24th year providing services to 2,400 older adults. Volunteers transport neighbors to medical and other appointments, install and maintain Guardian Angel medical alert units, provide home safety checks, provide handy person help, shop for neighbors, provide business help, patient scribe, and pet assistance. Volunteers are especially needed for friendly visiting, respite assistance, pet walking and in our Silver Linings Thrift Shop, located in Uptown Sedona.

VVCC is currently looking for volunteers to help neighbors like Wanda. When you volunteer you decide when and for how long. "I am so grateful for your volunteers," Wanda says with a smile. If you are interested in becoming a volunteer contact Operations and Mobility Manager Kim Meller at (928) 204-1238 or email [kimmeller@vvcaregivers.org](mailto:kimmeller@vvcaregivers.org).



Wanda smiles while wearing her Guardian Angel pendant around her neck.