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For Immediate Release

How you can make a difference in the lives of seniors

March 25, 2022—"To all the Angels at Verde Valley Caregivers, thanks so very much for always being there whenever I need someone to help me in my times of need. You all are Angels on Earth!" writes Ursula, a VVCC neighbor who receives transportation to medical appointments, grocery shopping, and pet assistance for her two dogs.

You can make a difference in your life and the lives of other seniors, like Ursula, by becoming a VVCC volunteer. We invite you to attend one of the following information sessions to learn how you can help older adults in need: **April 6**, 2 to 3 p.m. at Cottonwood Public Library, 100 S. 6th Street; and **April 7**, 2 to 3 p.m. at Camp Verde Community Library, 130 Black Bridge Loop Road, Camp Verde, AZ 86322.

Volunteers are needed to drive older adults to medical appointments, grocery shopping, or shop for, install emergency alert units, make friendly visits, provide respite assistance, handy person help, and more. You decide when and how often you can volunteer. There's no set schedule.

For more information and to RSVP for a session above call (928) 204-1238 Ext. 8104 or email lindaclark@vvcaregivers.org.

VVCC celebrates its 30th Anniversary, serving 2,200 older adults throughout the Verde Valley. Volunteers also provide home safety checks, shop for neighbors, provide business help, patient scribe, and pet assistance. You may also visit our website at: www.vvcaregivers.org for a full list of volunteer opportunities and application.