



Contact:

Linda M. Clark
Communications Director
928.204.1238 office
928.300.1125 cell

For Immediate Release

Change your life and others – Become a VVCC volunteer

February 7, 2022— Maureen, 80, knew Verde Valley Caregivers would be there for her when she needed them. It’s been 15 years since her first call for help. “They are so well known I called them because I couldn’t drive.”

Since her first call, VVCC volunteers have been driving her to medical and eye appointments, grocery shopping, and to her dentist in Flagstaff. She recalled a volunteer even drove her to a Flagstaff appointment in a snowstorm. “I don’t think I could make it without (VVCC volunteers). There is always somebody there for me.”

You can make a difference in your life and the lives of other seniors, like Maureen, by becoming a VVCC volunteer. We invite you to attend one of the following information sessions to learn how you can help older adults in need: **Feb. 24**, 3 to 3:30 p.m. in the Founders Room at Camp Verde Community Library, 130 Black Bridge Loop Road, Camp Verde, AZ 86322; **Feb. 25**, 3 to 4 p.m. in the Dede Ewald Room at Cottonwood Public Library, 100 S. 6th Street; and **March 3**, 1 to 2 p.m. in the Green Room at Sedona Public Library, 3250 White Bear Rd, Sedona, AZ 86336.

Volunteers are especially needed to drive older adults to medical appointments, grocery shopping, or shop for, install Guardian Angel medical alert units, make friendly visits, provide respite assistance, handy person help, and more. You decide when and how often you can volunteer. There’s no set schedule.

MORE

For more information and to RSVP for a session above call (928) 204-1238 Ext. 8114 or email amynitchman@vvcaregivers.org

VVCC celebrates its 30th Anniversary, serving 2,200 older adults throughout the Verde Valley. Volunteers also provide home safety checks, shop for neighbors, provide business help, patient scribe, and pet assistance. You may also visit our website at: www.vvcaregivers.org for a full list of volunteer opportunities and application.

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