



APA-Published Research Offers New Insight into School Shooter Behavior Patterns



"Decoding School Mass Shooter Manifestos to Predict Behavior: A Theory-Based Qualitative Study" by Dr. Jodi LaMothe Now Published in APA's Professional Psychology: Research and Practice

NEW ORLEANS - July 3, 2025 - [PRLog](#) -- Dr. Jodi LaMothe, an educational leader, behavioral researcher, and national advocate for crisis prevention, is proud to announce the official publication of her peer-reviewed research article, *Decoding School Mass Shooter Manifestos to Predict Behavior: A Theory-Based Qualitative Study*, in the **American Psychological Association's (APA) journal, *Professional Psychology: Research and Practice***.

In this groundbreaking study, Dr. LaMothe examined 21 school shooter manifestos using the Theory of Planned Behavior (TPB) as a psychological framework. Six (6) of the Twenty-One (21) manifestos were detailed in the study's findings. The research identifies clear behavioral patterns, emotional triggers, and cognitive distortions that can serve as early warning signs—providing actionable insights for mental health professionals, school administrators and policy makers.

"We can't prevent what we refuse to decode," says Dr. LaMothe. "This research is about more than prediction—it's about prevention rooted in understanding."

Accessing the Research:

- For faculty, students, and researchers affiliated with academic institutions, the full article can be accessed via APA's database here:

? <https://doi.org/10.1037/pro0000638>

(Use your .edu email to authenticate access.)

- A read-only version is also available to the public on Dr. LaMothe's website:

? <https://jodilamothegodaddysites.com/>

About Dr. Jodi LaMothe:

Dr. LaMothe holds a doctorate in Educational Leadership and Innovation and has spent two decades working in education, crisis prevention, and emotional intelligence training. Her work bridges research with real-world application to prevent violence, support school safety, and strengthen leadership at every level.

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Tags:

school safety, mass shooting prevention, school violence, emotional intelligence, APA research, school leadership, crisis prevention, behavioral science, psychology of violence, professional psychology, threat assessment, mental health in education, early warning signs, Dr. Jodi LaMothe, theory of planned behavior, published research, qualitative study, educator leadership, educational psychology

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