



Juice PLUS+

# Shred10

Our Shred10 product combination is all about kick-starting your healthy living journey, breaking ties with bad habits and building healthy habits into your routine for good.

## OVERVIEW

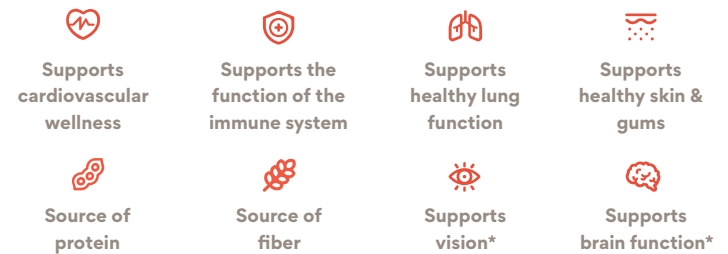
Shred10 is a tried-and-true nutrition and fitness plan, backed by proven results across our global community. Shred10 encourages healthy and sustainable habits, like building fitness into your routine and consuming more whole food nutrition.

## PRODUCT BENEFITS

The Fruit, Vegetable and Berry Blends provide micronutrition from over 30 high-quality fruits and veggies that bridge the gaps in your healthy diet. Fruit and Vegetable capsules have been clinically proven to benefit your skin and immune health, protect your cells from oxidative stress and even help to maintain healthy DNA.

The Omega Blend provides extra vision and heart health benefits from a mix of plant oils rich in omega fatty acids 3, 5, 6, 7 and 9. By using algae instead of fish oil, you get essential DHA & EPA from more eco-friendly sources.

Complete by Juice Plus+ offers gluten-free, low-glycemic shakes that are an easy and delicious source of plant-based macronutrition, like fiber, protein and other carbohydrates.



## WHAT'S INCLUDED

A 4-month supply of:

### Juice Plus+ Fruit Blend capsules (240 capsules)

Includes: Apple, Peach, Cranberry, Orange, Mango, Acerola Cherry, Pineapple, Prune, Date, Beet and Lemon Peel. Contains Vitamins A, C and E.

### Juice Plus+ Vegetable Blend capsules (240 capsules)

Includes: Broccoli, Parsley, Tomato, Carrot, Garlic, Beet, Spinach, Cabbage, Kale, Rice Bran and Lemon Peel. Contains Vitamins A, C and E.

### Juice Plus+ Berry Blend capsules (240 capsules)

Includes: Concord Grape, Blueberry, Cranberry, Blackberry, Black Currant, Bilberry, Raspberry, Pomegranate, Elderberry, Artichoke and Cocoa. Contains Vitamins C and E.

### Juice Plus+ Omega Blend capsules (240 capsules)

Includes: Omega fatty acids from Pomegranate Seed Oil, Raspberry Seed Oil, Algal Oil, Tomato Seed Oil, Safflower Seed Oil and Sea Buckthorn Berry Oil.

### Complete Shakes (60 servings)

A whole food-based shake mix that provides a delicious, healthy burst of balanced nutrition in every serving. Packed with 14 grams of protein for Vanilla or 13 grams of protein for Chocolate, and 7 grams of fiber, Complete is vegan, made without GMO ingredients, gluten free and low glycemic.

**\$140/month\*\***

**\$560/full payment**

**\$4.67/day**



## CONSUMPTION:

For adults: 2 Fruit, 2 Vegetable, 2 Berry, and 2 Omega capsules per day

Complete: 1 serving is 37.5g for Vanilla and 38g for Chocolate, prepared with 8oz. liquid

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

\*\*Product combination pricing may change with your product mix. See website for full details and product options.