#### JUICE PLUS+

# **Perform**

Plant-powered nutrition. Tailored for performance.



## **KEY FACTS:**

- A fruit fusion flavored shake that gives you protein to build your muscles, mental focus to support your workout, and energy to help you stay consistent with your fitness program.
- A unique mix of whole food based ingredients that provide essential amino acids and plant-based vitamins that work together to support your active lifestyle.
- > Suitable for vegans.
- > Gluten-free.
- > Made without GMO ingredients.
- Juice Plus+ Perform is certified for quality and safety by NSF.

### **INGREDIENTS:**

- 25g high-quality plant-based soy protein per serving.
- Naturally occurring B vitamins¹ from guava, mango and lemon extracts.
- Naturally occurring vitamin C from acerola cherry.
- Naturally occurring vitamin D from mushroom powder.
- Antioxidant and recovery support from beetroot and tart cherry.
- Only 6g of sugar per serving from naturally sourced sugars.
- Only 150 calories per serving.

### **BENEFITS:**

- > Supports muscle growth.
- Supports muscle recovery.
- > Supports energy production.
- > Supports mental performance.
- > Supports bone health.

#### PREPARATION:

Add two scoops (+Og) of powder to 10oz (300ml) of water and mix thoroughly. If desired, you can mix it with juice or a non-dairy beverage, preferably in a shaker cup or a blender. Create delicious smoothies with your favorite add-ins like fruits or vegetables.<sup>2</sup>

#### RECOMMENDED CONSUMPTION:

One serving per day, either an hour before or up to two hours after a workout to maximize benefit. Consume anytime you would like to add more high-quality protein to your nutritional intake. Juice Plus+ Perform is not meant to replace a meal or be used for weight loss.

PRICE:	<b>30</b> servings per order	60 servings per order
> Full Payment	\$110.00	\$200.00
Monthly Payment	\$27.50	\$50.00
Serving	\$3.66	\$3.33

<sup>&</sup>lt;sup>1</sup>Vitamins B1 (Thiamin), B2 (Riboflavin), B3 (Niacin), B5 (Pantothenic acid), B6, B9 (Folate).

 $<sup>{}^{2}</sup>$ The inclusion of additional ingredients will impact the nutritional profile of the shake.