

Forms to Complete to Participate in Wrestling

Go to: www.arlingtonstorm.com

- Click “Registration and Forms
- Complete all three forms.
- Return the forms at the first practice attended
- If website is not working—email troy@arlingtonstorm.com for forms.

You will not be able to practice until all forms are completed and submitted and payment is received.

Fees

- \$75.00 for the season. This fee covers each wrestler's required membership to the national organization (USA Wrestling), gym rental, club expenses, etc.
- \$17 (local)-\$35 (State and National) for each tournament entered.
- Equipment purchased on your own.

The Sport of Wrestling is:

- An activity where anyone can participate.
- A way to help you develop important qualities such as self-esteem, resilience, sportsmanship, work ethic, and leadership skills.
- The world's oldest contact sport that teaches control, not violence.

Whether you're a sports superstar or you have never been involved in sports before this year, you may find that wrestling is for you. No one is too big or too small to participate. This is a sport that will group you by weight; so, you will only be wrestling other people that are your same weight.

Contact Information

Troy Collins

troy@arlingtonstorm.com

817-360-0291

www.arlingtonstorm.com

There will be an informational/parent meeting on Monday, 10/28, at 5:00pm in the wrestling room at Arlington High School. See the “Practice” panel in this brochure for directions to the wrestling room.

If you would like to become certified to Coach, please contact Troy Collins at the number above.

Arlington Storm/Future Colts (4th-8th Grade) Wrestling



“Once you’ve wrestled, everything else in life is easy.”

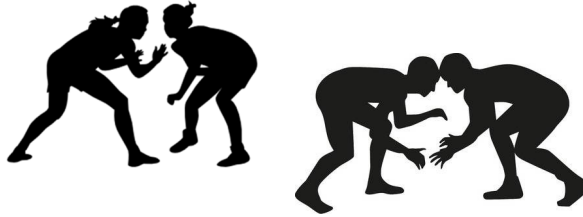
Dan Gable

Practice Schedule for Girls and Boys

All practices will be held at Arlington High School. They will be held in the Wrestling Gym (Gym C). The gym can be accessed from the South parking lot (closest to the baseball field and Chicken Express). Follow the sidewalk down the Right Field fence of the baseball diamond. That sidewalk leads you straight to the door. Once inside, turn left at the first hallway and the gym will be the first door on the left down that hallway.

- Practices are held Mondays and Thursdays beginning Nov. 4.
- Practice will begin at 5:00pm.
- Practice will end at 6:30pm.
- The students are to be met by a parent at the gym after practices.
- Parents are always welcome to attend/stay for the practices.
- Shorts (no zippers, snaps, buttons) and a t-shirt are required for practices.
- Wrestling shoes will be required. The club has some available to borrow.

Event Schedule



- Tournaments are generally held on Saturdays in the DFW Area.
- Tournaments are structured according to age groups with certain age groups a different times of the day. Generally speaking, tournaments will last approx. 2-3 hours per age group.
- Competitors are grouped with wrestlers of similar age, experience and weight.
- Tournament entry fees vary, but most local tournaments cost \$17 to enter.
- It is not required to participate in all (or any) of the tournaments.
- A complete tournament schedule will be made available once schedule is finalized.
- A wrestling singlet, wrestling shoes and a wrestling headgear are required to compete in tournaments. The club will have singlets and headgear for borrow.

AHS Accomplishments

76 District Champions

62 All-Staters

18 State Champions

9 District Team Championships

3 Regional Team Championships

3rd Place Team State Championship

5 High School All-Americans

10 Collegiate All-Americans

Notable AHS/Storm Alumni

Asia Ray (Bailey '13, AHS '17)

3-Time High School All-Stater

2-Time State Champion

2017 National Champion

2017 Bronze World Medalist

2018 Collegiate All-American

2019 WCWA Collegiate National Championship

2019 NAIA National Championship

Tervel Dlagnev (Bailey '98, AHS '02)

4-Time Collegiate All-American

2-Time NCAA National Champion

2-Time Bronze Medalist at World Championships

2-Time Olympian (2012, 2016)

Olympic Bronze Medal - 2012