



Spring Summer 2021 Primary School 3 Choice Menu

Grab & Go

Weeks commencing 19th April, 10th May, 31st May, 21st June, 30th August, 20th September

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Orange	RT Chicken Fajitas served with Seasonal Veg & Salad	Savoury Mince & Tatties served with Seasonal Veg	Breaded Fish MSC & Chips served with Seasonal Veg & Salad	RT Chicken Curry & Boiled Rice served with Seasonal Veg & Salad	Grab & Go
Green	Cheese & Tomato Pizza served with Seasonal Veg & Salad v	Cheese Wheel & Baked Beans served with Seasonal Veg & Salad v	Vegetable Noodles served with Seasonal Veg & Salad v	Roasted Vegetables & Mozzarella in a Wrap served with Seasonal Veg & Salad v	Grab & Go
Blue	Homemade Soup v & Egg Mayonnaise Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup v & Tuna Mayonnaise Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup v & Cheese Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup v & Ham Sandwich served with Veg Sticks, Salad or Grated Carrot	Grab & Go
Dessert	Fresh Fruit served with Flapjack	Fresh Fruit served with Ice Cream	Fresh Fruit served with Oaty Shortbread	Fresh Fruit Salad	Grab & Go

Weeks commencing 3rd May (hol), 24th May, 14th June, 23rd August, 13th Sept (in-service), 4th October

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Orange	Pasta Bolognese served with Seasonal Veg & Salad	RT Chicken Fillet Bites & Savoury Rice served with Seasonal Veg & Salad	Steak Pie & Mashed Potatoes served with Seasonal Veg & Salad	Butcher's Sausages & Chips served with Seasonal Veg & Salad	Grab & Go
Green	Roasted Vegetable Cous Cous served with Seasonal Veg & Salad v	Quorn Dippers & Savoury Rice served with Seasonal Veg & Salad v	Jacket Potato & Cheese served with Seasonal Veg & Salad v	Vegetable Fajitas served with Seasonal Veg & Salad v	Grab & Go
Blue	Homemade Soup v & Tuna Mayonnaise Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup v & Egg Mayonnaise Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup v & Sliced RT Chicken Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup v & Ham Sandwich served with Veg Sticks, Salad or Grated Carrot	Grab & Go
Dessert	Fresh Fruit served with optional Natural Yoghurt	Fresh Fruit served with Muffin of the Day	Fresh Fruit served with Ice Cream	Fresh Fruit served with Oaty Shortbread	Grab & Go

Weeks commencing 26th April, 17th May, 7th June, 16th August (in-service), 6th September, 27th September

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Orange	Salmon Nibbles MSC & Cous Cous served with Seasonal Veg & Salad	Beef/Venison* Burger & Potato Wedges served with Seasonal Veg & Salad	RT Chicken Pasta Bake & Crusty Bread served with Seasonal Veg & Salad	Roast Beef with Gravy & Roast Potatoes served with Seasonal Veg	Grab & Go
Green	Macaroni Cheese & Garlic Bread served with Seasonal Veg & Salad v	Mexican Burrito served with Seasonal Veg & Salad v	Jacket Potato & Baked Beans served with Seasonal Veg & Salad v	Vegetable Lasagne & Roast Potatoes served with Seasonal Veg & Salad v	Grab & Go
Blue	Homemade Soup v & Sliced RT Chicken Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup v & Cheese Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup v & Ham Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup v & Egg Mayonnaise Sandwich served with Veg Sticks, Salad or Grated Carrot	Grab & Go
Dessert	Fresh Fruit served with Carrot Cake	Fresh Fruit served with Oat & Sultana Cookie	Fresh Fruit Salad	Fresh Fruit served with optional Natural Yoghurt	Grab & Go

Meals consists of 2 courses: Choice of Orange, Green or Blue meal plus Dessert

MILK AND WATER ARE AVAILABLE TO DRINK EVERY DAY.
FOR BLUE CHOICE, FILLINGS WILL BE IN WHOLEMEAL BREAD, ROLLS OR WRAPS. ALL MEALS WILL BE SERVED WITH A CHOICE OF 2 HOT SEASONAL VEG OPTIONS AND/OR SALAD

v Vegetarian | # Venison Burger (64% Venison/28% Lamb)
MSC certified by the Marine Stewardship Council | RT Red Tractor

Please check if your school is offering a 3 Choice menu, 2 Choice menu, Single Choice menu or Grab & Go Friday menu.

Some meals may be subject to change due to unforeseen circumstances. We will attempt to communicate changes to you locally where possible.

