

Tamara Kerr

Consulting & Courses

The coach
in your corner.



There are times in our lives where a confidential ear, a new perspective, the occasional challenge and a few tips, tricks and techniques can create the accountability you need to help you get unstuck. Move beyond your current limits, gain confidence and branch out.

As a certified *Omega® Coaching for Performance* Trainer and Coach for over twenty years, Tamara Kerr specializes in leadership development, change initiation, communication techniques, assertiveness strategies and strengthening relationships.

A Master Trainer of many award-winning workshops including *Crucial Conversations®*, *Influencer®* and *Getting Things Done®* Tamara shares many of the skills and processes found in her courses in support of reaching your life goals and ambitions.

Request a free 30 minute exploratory coaching session by contacting us today.

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