Programme Overview British Aesthetic Meeting May 8-12th 2024 UK

Organisers

Rana Das-Gupta, Muhammad Riaz, Shailesh Vadodaria, Fateh Ahmed, Christopher Rowland Payne, David Izadi.

Wednesday **May 8th 2024** (Royal Society of Medicine, London)
Guy Whittle Lecture Room: Breast, Body and
Seminar Suite Lecture Room: Cosmetic Surgery Business

FACULTY DINNER

Thursday May 9th 2024 (Royal Society of Medicine, London)
Guy Whittle Lecture Room: Facelift Surgery with FEN and Section of Plastic Surgery
Lecture Theatre 2: Minimally invasive Facial Aesthetic Surgery with FEN and RSM
Academic Aesthetic Group

London GALA DINNER (9th May)

Friday **May 10th 2024** (Royal Society of Medicine London)
Guy Whittle Lecture Room Facelift and Oculoplastic Meeting
Lecture Theatre 2: Rhinoplasty Meeting

Bus arranged RSM London to Coventry (or own transport)

Saturday May 11th 2024 University of Warwick at UHCW Coventry **Dissection Laboratory**: Facial and Oculoplastic Cadaver Dissection

Parallel Rhinoplasty Seminar Session Saturday May 11th 2024

University of Warwick at UHCW Coventry

Rhinoplasty Seminars by the Masters; CSB Seminar Room UHCW Coventry

Conference Gala Dinner: Coombe Abbey Hotel, Coventry (11th May)

Sunday May 12th 2024 University of Warwick at UHCW Coventry **Dissection Laboratory**: Rhinoplasty: Cadaver Dissection







Wednesday 8th May 2024 – Breast, Body, Buttocks and Business Guy Whittle Auditorium

Course organisers Shailesh Vadodaria & Muhammad Riaz

Time	Name	Subject	
		•	
08:50	Muhammad Riaz & Shailesh Vadodaria	Introduction	
	Chair:	Brazilian Butt Lift Jeyaram Srinivasan & Tariq Ahmad	
09:00	Omar Tillo	Introduction and controversies: Fat embolism – the procedure ban in U.K, the lessons learned.	
09:15	Stefano Cotrufo	Complications of BBL and how to avoid them	
09:25	Daniel Del Vecchio	The science leading to a safe BBL procedure	
	Breast Aesthetics Masterclass – Giovanni Botti Chair: Khalid Khan & Shailesh Vadodaria		
10:00	Giovanni Botti	Breast augmentation: from macrotextured to smooth implants	
10:15	Giovanni Botti	My 8 year's experience with ergonomic implants in breast augmentation	
10:30	Giovanni Botti	Augmentation - Mastopexy	
10:45	Giovanni Botti	Breast auto-prosthesis; 30 years of experience	
11:00	Julio Puig	Optimising behaviour of implants soft plus through submuscular implantation technique	
11:15		Coffee Break	
	Safety and risk management of product liability of breast implants Chair: Patrick Tansley & Umar Daraz Khan		
11:30	Foad Nahai	Safety in aesthetic surgery of the breast and body	
11:50	Foad Nahai	Breast implant illness / systemic symptoms associated with breast implants – SSAB	
12:10	Nora Nugent	Recent updates on breast implant associated diseases ALCL SSC and others	
12:25	James Frame	wisdom of breast implant surgery in view of medicolegal challenges	
12:40	Nathan Edwards	Product liability and medical indemnity insurance	



12:50	Sailesh Mehta	Product liability legal point of view	
13:00	Lunch break		
	Gynecomastia and abdominal contouring Chair: Richard Karoo & Paul Wilson		
14:00	Alex Karidis	Practical approach and surgical management of Gynecomastia	
14:15	Shailesh Vadodaria	Management of gynaecomastia in a standalone clinic	
14:30	CC Kat	Lock and glue lipoabdominoplasty under twilight anaesthesia	
14:45	Mark Soldin	Pearls of wisdom for satisfactory outcome in managing post massive weight loss reconstructive surgery	
15:00	James McDiarmid	VASER liposuction for abdominal contouring	
15:15	Vasu Karri	Lipoedema: Understanding a complex disease	
15:40	Medha Bhave	Hybrid Breast Augmentation – an early Indian experience	
16:05	Ross Walker	Clinical Health Technologies	
16:15		Coffee Break	
16:30	Daniel Del Vecchio	Intramuscular fat transfer	
16:50	Daniel Del Vecchio	Fat grafting for breast aesthetics	
	External genital aesthetic surgery Chair: Abid Rashid & Andrea Marando		
17:00	Paul Banwell	Aesthetic anatomy of female external genitalia	
17:15	Hagen Schumacher	Wedge technique for Labia Minora reduction	
17:30	Paul Drake	Composite Labia Minora reduction	
17:45	Simon Perkins	Medicolegal risk management in external genital aesthetic surgery	
18:00	18:00 Close of meeting		



Wednesday 8th May 2024 – Breast, Body, Buttocks and Business Seminar Suite

Course organisers Shailesh Vadodaria & Muhammad Riaz

	Course organisers Shahesh vadodana & Muhammad Kiaz		
Time	Name	Subject	
08:50	James McDiarmid & Tariq Ahmad	Introduction	
		surgery clinic/hospital – a new solution of survival r: James McDiarmid & Foad Nahai	
09:00	Elena Prousskaia	Challenges and benefits of running my own aesthetic surgery hospital	
09:15	Fulvio Urso-Baiarda	Setting up a private hospital/clinic	
09:25	Gary Monaghan	Tips on developing a business plan for the financial viability and sustainability for private practice	
09:35	Giovanni Botti	Personal perspective of running an aesthetic surgery practice and a training centre in Italy	
10:00	Hassan Shaaban	Was it worth developing my own hospital? Personal perspective	
10:30	Faisal Arshad	Lessons learned in getting my clinic ready for private equity investment	
10:45	Alex Karidis	Developing and building your practice; navigating through the quagmire	
11:00		Open house discussion	
11:15	Coffee Break		
	Managing complaints and litigation in aesthetic practice Chair: James Wokes & Jamil Ahmed		
11:30	Mark Henley	Minimising complaints and litigations in aesthetic surgery – surgeons' point of view – 40 years of personal experience	



17:50	Hugh Henderson	Dos and Don'ts of expert report writing – 45 years of personal experience Open house discussion
17:30	-	
17:15	Robb Stagg	Navigating the digital patient journey
16:55	Joshua Catlatt	Is my practice saleable
16:35	Martha Walker	Getting the CQC registration
CQC, Marketing & Legislation Chair: Ali Juma & Fulvio Urso-Baiarda		
16:15		Coffee break
15:40	Veronica Donnelly	Recent update on VAT and aesthetic plastic surgery/treatments in the UK
15:20	Stuart Andrews	Acquiring NHS contracts in aesthetic surgery clinic/hospitals
		resthetic clinics and VAT in the aesthetic industry r: James McDiarmid & Mark Henley
15:10	Open house discussion	
14:50	David Williams	Navigating the minefield of insurance claims
14:30	Nathan Edwards	Working with indemnity insurance brokers/underwriters to continue safe long-term survival in aesthetic plastic surgery profession
14:00	Joanna Staphnill	Tips for optimising indemnity cover for aesthetic surgeons and comprehensive cover for clinics
		emnity and clinic insurance cover air: Tim Brown & Patrick Tansley
13:00		Lunch break
12:50		Open house discussion
12:50	Jeyaram Srinivasan	Professional indemnity cover – a practicing aesthetic plastic surgeons perspective
12:30	Sailesh Mehta	Attending court and coroner's inquest
12:10	Tracy Sell-Peters	Minimising complaints from GMC and CQC for aesthetic plastic surgery practice (surgeons & clinicians)
11:50	Simon Perkins – Partner DAC Beachcroft	Minimising medicolegal litigation in aesthetic plastic surgery practice. Dos and don'ts in aesthetic practice to avoid complaints and litigation – legal perspective



Thursday 9th May 2024

Facelift surgery

Guy Whittle Auditorium Course organisers Rana Das Gupta & Fateh Ahmed

Course organisers Rana Das Gupta & Fateh Ahmed				
Time	Name	Subject		
08:25	Rana Das Gupta & Fateh Ahmed	Introduction		
	Chair -	Session 1 Rana Das Gupta & Fateh Ahmed		
08:30	Adel Fattah	Facelift anatomy		
09:00	Holger Gassner	Deep plane anatomy: The segmental SMAS model		
09:30	Tim Marten	Contemporary facelift - milestones in evolution and improvement of technique		
10:00	Mike Nayak	Deep plane facelift: foundations to finesse		
10:30	Jonathan Britto	Midface lift		
11:00		Coffee Break		
	Session 2 Chair - Lucian Ion & Jeyaram Srinivasan			
11:30	Nora Nugent	Face lift without general anaesthesia		
11:45	Shailesh Vadodaria	Dimple creation		
12:00	Anthony McQuillan	Face and neck lift – my approach		
12:30	Mamoon Rashid	Reclaiming identity: lessons learnt in facial burns reconstruction		
13:00		Lunch break		
	Session 3 Chair - Rana Das Gupta & Nora Nugent			
14:00	Tim Marten	Deep neck lift: defining anatomical problems and applying logical solutions		
14:30	Mike Nayak	Neck lift toolbox		
15:00	Dominic Bray	Refinements in the deep plane face and neck		
15:30	James McDiarmid	Facial implants and their role in face lift rejuvenation		
15:45	Kallirroi Tzafetta	Management of facial nerve injuries following facelift surgery		



16:00		Coffee break	
	Session 4 Chair - Kallirroi Tzafetta & Tariq Ahmad		
16:30	Foad Nahai	My approach to face and neck lifting	
17:00	Norman Waterhouse	The Auervaldt Net, face, brow and lip	
17:15	Marc Pacifico	My experience of the Auersvaldt Net	
17:30	Chair - Marc Pacifico & Jonathan Britto - Round table 1. When to open the neck 2. What is the indication for a deep plane approach Tim Marten, Mike Nayak, Foad Nahai, Norman Waterhouse, Dominic Bray		
18:10	Close of meeting		



Thursday 9th May 2024

Minimally Invasive Facial Aesthetics

Seminar Suite

Course organisers Rana Das Gupta & Christopher Rowland Payne

Course organisers Rana Das Gupta & Christopher Rowland Payne		
Time	Name	Subject
08:25	Roger Kirby	Welcome address from the President of RSM
08:30	Christopher Rowland Payne	Introduction
		- Applied anatomy, fillers and botulinum air - TK Sankar & Ann Marie Olsen
08:35	Souphiyeh Samizadeh	The critical role of skeletal structure and definition
09:00	Kallirroi Tzafetta	Essential facial anatomy for filling the face: ligaments, fat, compartments and vascular anatomy
09:25	Svetlana Larkina	Lip fillers in patients with malocclusion
09:50	Tapan Patel	Essential anatomy for full face botulinum toxin injections
10:15	Christopher Rowland Payne	Facial botulinum toxin refinements
10:40	Chairperson - Ann Marie Olsen - Round table talk - Facial fillers and botulinum Tariq Ahmad, Ali Ghanem, Svetlana Larkina, Tapan Patel, Christopher Rowland Payne, Hazim Sadideen, TK Sankar, Dominic Yue	
11:00	Coffee Break	
Session 2 – Non-surgical lifting & peels Chair – Dominic Yue & Christopher Rowland Payne		
11:20	Anne Marie Olsen	Thread lifting
11:40	Ali Ghanem	Face lifting by electromagnetic stimulation
12:00	Rajan Sharma	Plasma facelift: PRGF in facial aesthetic an update
12:20	Tariq Ahmad	Chemical peels in my practice
12:40	Sofiane Rimouche	The role of regenerative treatments in facial aesthetics
13:00		Lunch break



	Session 3 - Energy based devices and managing the challenging patient Chair – Christopher Rowland Payne & Souphiyeh Samizadeh		
14:00	TK Sankar	Lasers in facial aesthetics	
14:20	Stephen Mulholland	Why use radiofrequency in your practice	
15:00	Paul Nassif <i>VIRTUAL</i>	How to manage the difficult patient – <i>Live feed</i>	
15:25	Hazim Sadideen	Bio stimulation – the next step	
15:50	Q&A		
16:00	Coffee break		
	Session 4 – Complications and their management Chair – TK Sankar & Ann Marie Olsen		
16:30	Greg Williams	Managing hair transplant complications	
16:55	Dominic Yue	Avoiding and managing complications of fillers	
17:20	Chairperson – Christopher Rowland Payne – Round table – Managing complications in non-surgical aesthetics. Tariq Ahmad, Stephen Mulholland, Ann Marie Olsen, Svetlana Larkina, Souphiyeh Samizadeh, TK Sankar, Rajan Sharma, Greg Williams, Dominic Yue		
18:00		Close of meeting	



BRITISH AESTHETIC MEETING Friday 10th May 2024

Facial and oculoplastic surgery

Guy Whittle Auditorium Course organisers Rana Das Gupta & Saj Ataullah

1			
Time Na	ame	Subject	
	as Gupta & eh Ahmed	Introduction	
	01	Session 1	
	Chair -	Fateh Ahmad & Rana Das Gupta	
08:45 Luci	an Ion	Artificial intelligence in the assessment of the facelift patient	
09:00 Giova	nni Botti	Otoplasty – without relapse or complications	
09:30 Lars	Hansen	A psychology app for the assessment of the cosmetic facelift patient	
10:00 Domir	nic Bray	Midface and lower eyelid, using deep plane	
10:30 Mike	Nayak	Browlift – my two current favourite techniques and three methods of suspension	
11:00		Coffee Break	
	Session 2		
	Chair	- Tariq Ahmad & Jeya Prakash	
11:30 Foad	Nahai	Endoscopic brow and midface lift	
12:00 Tim	Marten	Upper lip lift – why and how	
12:30 Ted	Wojno	Oculoplastic surgery – an overview	
13:00		Lunch break	
		Session 3	
	Chair	- Saj Ataullah & Jonathan Britto	
14:00 Simon	Woodruff	Upper lid blepharoplasty	
14:15 Saj A	taullah	Lower lid blepharoplasty	
	ustin ormack	Canthopexy and Canthoplasty	
15:00 Giova	nni Botti	ТВА	
	Ezra TUAL	Fillers, Fact & Fiction; Novel concepts in avoiding and managing complications	
15:40 Raman	Malhotra	New insights in avoiding and managing post blepharoplasty retraction	
16:00		Coffee break	



Session 4 Ted Wojno & Simon Woodruff		
16:30	Tim Marten	Fat grafting in eyelid surgery
17:00	Chairperson Jonathan Britto Round table How do I manage complications in peri-orbital surgery Saj Ataullah, Tim Marten, Raman Malhotra, Dan Ezra, Austin McCormack, Ted Wojno, Simon Woodruff	
18:00		Close of meeting



Friday 10th May 2024 Rhinoplasty Surgery Seminar Suite

Course organisers Rana Das Gupta & Fateh Ahmed

Time	Name	Subject	
08:45	David Izadi & Shahz Ahmed	Introduction	
	Cha	Session 1 ir - David Izadi & Shahz Ahmed	
09:00	Heshem Saleh	Assessment of the rhinoplasty patient	
09:20	Alwyn D'Souza	Basics in endonasal rhinoplasty	
09:40	Alwyn D'Souza	Basics in septorhinoplasty	
10:00	Lucion Ion	Artificial intelligence in the assessment of the rhinoplasty patient	
10:30	Lars Hansen	Psychological app for the assessment of the cosmetic rhinoplasty patient	
11:00		Coffee Break	
	Cha	Session 2 ir - Fateh Ahmed & Rajan Uppal	
11:30	Holger Gassner	Endonasal solutions for all scenarios – lessons from 3000 cases	
12:00	Giovanni Botti	Closed rhinoplasty is back	
12:30	Hossam Foda	Structural rhinoplasty using auricular cartilage	
13:00		Lunch break	
	Session 3 Chair - Hossam Foda & Alwyn D'Souza		
14:00	Shahz Ahmed	Septal perforation management	
14:20	Heshem Saleh	Management of anterior septal deviations	
14:40	Charles East	Preservation rhinoplasty and how it has affected the modern approach	
15:00	Sureyya Seneldir	Safe and effective techniques in rhinoplasty	
15:20	Rajan Uppal	Preservation rhinoplasty and preventing sequalae	
15:40	Alwyn D'Souza	Lengthening and shortening the nose for facial harmony	



16:00	Coffee break		
Session 4 Chair - David Izadi & Rajan Uppal			
16:30	Enrico Robotti	Hybrid preservation rhinoplasty with modified dorsal split	
17:00	Chair - Rajan Uppal - Round Table " Preservation or open structural rhinoplasty? Enrico Robotti, Hossam Foda, Charles East, Heshem Saleh, Alwyn D'Souza		
18:00	Close of meeting		



Saturday 11th May 2024

Facelift, Neck, and Oculoplastic Dissection

Dissection Room Course organiser Rana Das Gupta

Course organiser Rana Das Gupta						
Time	Name	Subject				
08:30	Rana Das Gupta & Simon Ford	Introduction				
09:00	Tim Marten & Mike Nayak	Open/Deep neck surgery including platysmaplasty & submandibular gland approach				
09:30 – 10:30 Delegates to replicate if desired						
10:30	Tim Marten & Adel Fattah	High SMAS facelift				
11:00 – 11:30 Delegates to replicate if desired						
11:30	Mike Nayak & Dominic Bray	Deep plane facelift (sailboat)				
12:00 – 12:30 Delegates to replicate if desired						
12:30 – 13:00	Jonathan Britto and Dominic Bray	Midface lift				
13:00 Lunch						
13:30	Austin McCormack & Saj Ataullah	Upper eyelid blepharoplasty				
14:00	Ted Wojno & Simon Woodruff	Lower eyelid blepharoplasty				
14:30 – 15:30 Delegates to replicate if desired						
15:30	Tim Marten	Temporal brow lift				
16:00	Foad Nahai, Jan Stanek & Jonathan Britto	Open Bicoronal brow lift				
	16:00 – 17:00 Delegates to replicate if desired					
17:00	Close of meeting					
19:00	COOMBE ABBEY HOTEL RECEPTION DRINKS AND DINNER MUSIC BY MR MATT VENUS – (ON GUITAR & BAND – CONSULTANT PLASTIC SURGEON UHCW)					
	University hospital Coventry and Warwickshire, Dissection labs underneath the women's and children entrance. Clifford bridge road, Coventry, CV2 2DX					



Saturday 11th May 2024

Rhinoplasty Lectures (Parallel session additional lectures for rhinoplasty focused candidates)

Seminar Room Course organiser Rana Das Gupta

Course organiser Rana Das Gupta					
Time	Name	Subject			
Chair Rajan Uppal, Shahz Ahmed, Peter Dekker, David Izadi					
10:00	Heshem Saleh	Minimal change primary rhinoplasty – should you do it?			
10:30	Enrico Robotti	How I currently employ structural grafting in my primary rhinoplasties			
11:00		Coffee Break			
Chair Peter Dekker & Rajan Uppal					
11:30	Hossam Foda	Tip suturing techniques			
12:00	Enrico Robotti	Managing secondary rhinoplasty with rib grafting – highlight on dorsal reconstruction			
12:30	Lunch break				
Chair Shahz Ahmed & Alwyn D'Souza					
13:30	Sureyya Seneldir	The crooked nose; management			
14:00	Hossam Foda	Secondary rhinoplasty			
14:30	Heshem Saleh	My approach to nasal tip surgery			
15:00	Coffee break				
Chair David Izadi & Peter Dekker					
15:20	Alwyn D'Souza	Nuances in the management of cocaine nose			
15:40	Heshem Saleh	Alar base reduction simplified			
16:00	Enrico Robotti	Combining power tools and piezo in rhinoplasty			
16:20	Alwyn D'Souza	Strategies in managing the saddle nose			
16:40	Hagen Schumacher	Piezo rhinoplasty – instrumentation an introduction			
19:00	COOMBE ABBEY HOTEL RECEPTION DRINKS AND DINNER MUSIC BY MR MATT VENUS – (ON GUITAR & BAND – CONSULTANT PLASTIC SURGEON UHCW)				



Sunday 12th May 2024

Rhinoplasty Dissection

Dissection Room Course organiser Rana Das Gupta

Course organiser Rana Das Gupta					
Time	Name	Subject			
08:30	Rana Das Gupta & Simon Ford	Introduction			
09:00	Enrico Robotti & Hossam Foda	How to expose the tip			
09:30 – 10:00 Delegates to replicate if desired					
10:00	Enrico Robotti & Alwyn D'Souza	How to expose and treat the septum			
10:30 – 11:00 Delegates to replicate if desired					
11:00	Hossam Foda & Heshem Saleh	Grafting in rhinoplasty			
11:30 – 12:00 Delegates to replicate if desired					
12:00	Hossam Foda	Hump reduction and osteotomies(traditional)			
12:30 – 13:00 Delegates to replicate if desired					
13:00	Lunch				
13:30	Heshem Saleh	Tip and refinement grafts			
14:00	Hossam Foda & Heshem Saleh	Alar base reduction			
14:30 – 15:00 Delegates to replicate if desired					
15:00	Jonathan Britto & Alwyn D'Souza	Harvesting temporal fascia			
15:30	Rajan Uppal & Adel Fateh	Harvesting auricular cartilage			
16:00	Alwyn D'Souza & Rajan Uppal	Diced cartilage in fascia			
16:30 – 17:00 Delegates to replicate if desired					
17:00	Close of meeting				



DISSECTION TABLE PLAN

Dissection Table Plan	11 th May Face/Eyes	12 th May Nose
(subject to change()		
Demo Table	See programme	See Programme
<u>1</u>	Dominic Bray/Rana Das-	David Izadi/Rajan Uppal
	<u>Gupta</u>	
<u>2</u>	<u>Jonathan Britto</u>	<u>Jonathan Britto</u>
<u>3</u>	TK Sankar/Austin	TK Sankar/Shahz Ahmed
	<u>McCormack</u>	
<u>4</u>	Jeya Prakash	Jeya Prakash/Alwyn De Souza
<u>5</u>	Fateh Ahmed/Simon	Fateh Ahmed
	<u>Woodruff</u>	
<u>6</u>	Jan Stanek/Saj Ataulah	Jan Stanek/Hesham Mehana
<u>7</u>	James McDiarmid	Louise Vennegaard Mielke
<u>8</u>	Foad Nahai/Ted Wojno	Foad Nahai/Ted Wojno
<u>9</u>	Shailesh Vadodaria	Shailesh Vadodaria/Peter
		<u>Dekker</u>
<u>10</u>	Tariq Ahmad	<u>Tariq Ahmad</u>
<u>11</u>	Mohammad Riaz	Mohammad Riaz/Hagen
		<u>Schumacher</u>
<u>12</u>	Adel Fateh	Adel Fateh
circulating	Tim Marten/Mike Nayak	Hossam Foda/Surreyya Seneldir