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Limiting Beliefs from Society

Society is all about experiencing judgment and shame. Many theses will surround this. 2 main choices you need to take before cleaning up your vibrations with particular topics.

Choices are:

- I choose to release all judgment from my consciousness and my entire being. This
 includes judging myself, judging others or remembering any judgments done in the past,
 or predicting any judgments coming in the future. There is no judgment in the truth of
 God. God loves all equally, and I release this energy forever.
- 2. I choose to let go of all 'shame' from my consciousness, my entire being, and from all cells of my body now. Shame no longer serves me of anyone. I choose to no longer associate with shame. I choose to end my relationship with shame forever.
- 3. I choose to let go of shaming myself and others. I choose to let go of taking any invitations of shame moving forward. I choose to put a boundary on shame.

These could be a list of beliefs that may stop you from reaching your highest potential. Remember, your Twinflame is your 'highest' compliment. Therefore, reach for the highest and then keep going higher. To go higher, you have to dig deep and let go of energies that are holding you back:

Letting go 'caste system'

- Letting go of 'religion' : it's not real. God has no religion; we are not separate; we are all equal, loved, and connected.
- Letting go of 'war' or 'fight' and choosing 'peace' first
- Let go of 'fear of attack'. 'Attack' is not real,
- Letting go of identifying yourself (and others) from a particular country/language/place etc (this depends on your particular beliefs. Make a list accordingly)
- Choosing your self first over others.
- Letting go of 'compromise' from your life
- Let go of 'fear' of 'other. There is only ever one relationship you have is with the Divine, and all faces are simply a reflection of your relationship with self / God.
- Let go of 'blame'; since there is 'no other', you ARE responsible for your reality. 'Blame' takes your power away.
- □ Letting go of 'obligations'
- Letting go of 'norms of society'.
- Letting go of the 'idea of normal', what the society has defined as 'normal' such as soulmate / arranged marriages. Its not normal