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## Limiting Beliefs from parents

These could be a list of beliefs that may stop you from reaching your highest potential. Remember, your Twinflame is your 'highest' compliment. Therefore, reach for the highest and then keep going higher. To go higher, you have to dig deep and let go of energies that are holding you back:

	Love comes from relationships (not from God first). A belief that
	parents/grandparents/relatives are where love is. But the truth is that God is everyone's
	source of love; we come together in healing and sharing this space to hold space and
	reflect, not become anyone's source or make anyone's source. Aligned Choices: "I
	chose to let go of making anyone outside of me the source of my love (you can even
	name the individual relationship )"; "I choose to let go and put a boundary on myself
	trying to be the source of love for anyone outside of me - I choose to reinstate the truth
	that God is the source of Love for ALL"
	God has given us a limited amount; we must remain in that. 'Sustainance' instead of
	'growth.' Holding on to the 'comfort zone' and not allowing ourselves to grow (more than
	our parents have shown us). We deserve THE BEST and nothing less.
	Poverty consciousness. Wealth is unlimited, but our habits around money are coming
	from watching our parents handle money, and most of it comes from poverty and a
	limited mindset. God has unlimited, and God is our parent therefore, I must be abundant.
	Let go of holding on to any beliefs around poverty ( I will make a separate document on
	poverty as well)
	'Marriage' is a 'compromise' ( not a Twinflame union). Make new choices here: 'I choose
	to release all templates and ideas about marriage I hold in my consciousness, I choose
	to clear all vibrations from my past and what I have picked from my parents; they no
	longer serve me, I allow the universe to show me the true meaning to marriage, which is
	the Union of Twinflames only, as that is the only truth.'
	You 'must' love all relatives just because they are 'related' to you. This is absolutely
	absurd; give your self freedom to feel exactly how you feel about each relationship and
	let go of putting any obligations or enforcing any such practices (such as wishing happy
	birthday just because it is known relative). Work on your shame and release it to let go of
	obligations.
Ш	Kids are the source of parents when they grow old. No! That's not true; God is the
	source and will always be. Choose to let go of this belief now. Choose it for yourself and
	your children as well.
	Any career choices that you took based on your parents' thinking? Its time to release
	that even if you are thick in it, TRUST that the universe HAS BETTER. Remember your
	true daddy (God) is super rich!
	Any religious beliefs. Just because you are born in a certain family doesn't mean that is
	your religion. You create your religion based on your own divine and intimate relationship

with God. Let go of all ideas you hold on to, such as 'I am Hindu etc, no! you are a child of God, and so it everyone else.