

Youth Health Focus

Mission Statement / Organization Structure

Mission Statement

Youth Health Focus (YHF) is a student-led, 501(c)(3) registered nonprofit working to advance health equity through education, advocacy, and collaboration. We aim to empower young people to create accessible, culturally relevant health resources, amplify underrepresented voices, and support underserved communities through creative outreach, research, and service.

Who We Are

Founded by students from UC Berkeley, Johns Hopkins University, and the University of Pennsylvania, YHF brings together high school and college students across the U.S. and internationally to address real-world health challenges. We focus on building sustainable, student-led programs that serve both local and global communities. Our work encompasses public health education, digital content creation, and research initiatives rooted in community needs.

YHF develops programs that engage students in practical, impact-driven health work. While our projects are still growing, our core focus areas include:

1. **Digital Storytelling:** Creating media that highlights public health issues and lived experiences from underserved communities, while supporting youth-led research and data translation.
2. **Youth Health Research Symposium (Yearly Flagship Event):** A virtual or in-person event where high school and college students present original research, literature reviews, and community health projects in the *YHF Journal Youth Health NOW*. The symposium fosters knowledge exchange, leadership, and visibility for youth-driven public health efforts.
3. **Community Health Resource Drives:** Organizing donation drives and educational campaigns in collaboration with local partners to provide essential items—such as hygiene kits, menstrual products, over-the-counter medications, or multilingual health flyers—to underserved communities. These drives respond to immediate needs while reinforcing health education and access.

4. **Multilingual Health Access Initiative:** Developing customized multilingual toolkits for partner clinics. These toolkits include translated intake forms, educational posters, and culturally tailored health information sheets designed to meet the specific linguistic and cultural needs of each community. In addition to toolkit development, the project involves direct outreach and service to underrepresented populations through interpretation support, community education, and advocacy for language-inclusive care practices.

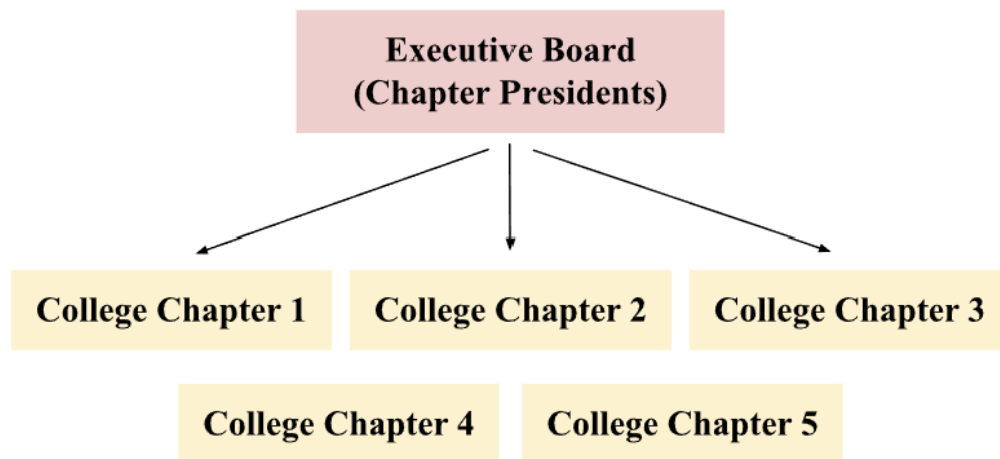


Figure: Youth Health Focus Organizational Structure

Organization Structure

Chapter Core Leadership Positions

1. **Presidents (2):** Oversee all chapter activities and set long-term goals. Represent the chapter to the national team and external partners. Ensure alignment with YHF's mission across all initiatives.
2. **Vice President (1):** Support the Presidents and manage internal operations. Coordinate between teams and track project progress. Lead logistics, scheduling, and accountability.
3. **Treasurer (1):** Manage the chapter's finances, track expenses, and oversee fundraising efforts. Handle reimbursements, donations, and budget planning. Work with the team to ensure funding for events, projects, and resource drives.
4. **Directors of Research and Journalism (2):** Oversee literature reviews, student research projects, and data collection. Organize the chapter's contributions to the Youth Health Research Symposium. Support students in preparing presentations and research summaries.
5. **Directors of Health Education and Medical Initiatives (3):** Lead the creation and distribution of multilingual health materials while coordinating hands-on health initiatives in local clinics. Support both educational and clinical delivery projects to expand healthcare access and awareness.
6. **Directors of Outreach & Community Engagement (2):** Build partnerships with local schools, clinics, and community organizations. Lead community health drives, workshops, or speaker events. Recruit high school collaborators and chapter volunteers.
7. **Directors of Communications & Media (2):** Manage social media, digital storytelling projects, and public-facing content. Coordinate blog posts, videos, and visual campaigns. Maintain clear, consistent branding across platforms.

For more information, visit: **youthhealthfocus.org**