

Associated Retina Specialist, PLLC
20 West 13th Street
New York, NY 10011
(212) 604-9800

DO NOT:

- **APPLY ANY FACIAL (including blush) OR EYE MAKEUP**
- Eat or drink anything on the day of your surgery unless instructed to do so by the nurse when you receive your pre-operative phone call 2 days before your surgery.
- Wear any jewelry.
- Wear any body piercing jewelry.
- Wear high heels.
- Take any medications unless instructed by the nurse.
- Wear contact lenses.
- Wear a hearing aide on the side of your surgery.

DO:

- **Read your Medicare Required Notifications pamphlet.**
- Start your pre-operative eye drops as instructed by your surgeon. Call your surgeon if you have any questions concerning pre-operative eye drops.
- See your medical doctor within 10 days of your surgery for your medical clearance and EKG.
- Notify your surgeon if you are on blood thinners or homeopathic medications.
- **Bring insurance cards and Photo ID.**
- Have one responsible escort with you at registration and discharge from the surgical center or your surgery will be cancelled.
- Shower or bathe before surgery.
- Wear flat shoes and loose-fitting clothing (button down shirt preferred).
- Arrive at the surgical center at the time given to you by the nurse when you receive your pre-operative phone call.
- Bring a copy of your Health Care Proxy or living will.
- Bring a Power of Attorney or legal guardianship papers if you are signing consent for a family member who cannot sign for themselves or the surgery will be cancelled.
- **NOTIFY YOUR SURGEON IF YOU NOW TAKE OR HAVE EVER TAKEN FLOMAX.**

AFTER YOUR SURGERY:

- Follow your post-operative instructions, which will include the day and time of your follow up visit with your surgeon.

I have read and understand the above instructions _____
Patient/Guardian Date