

CRAB MEADOW LADIES GOLF ASSOCIATION

CMLGA

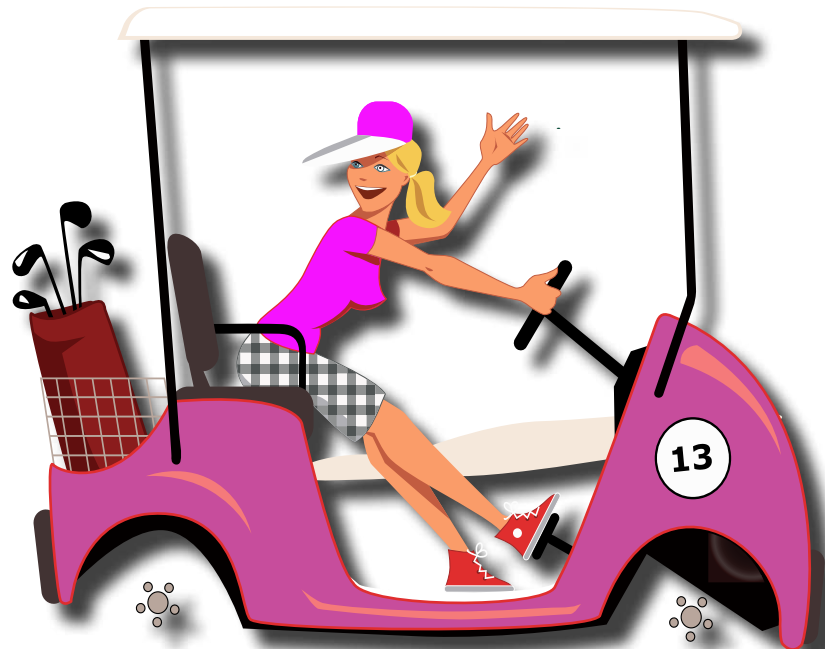
Fall/Winter 2020

In this edition...

- President's Note
- What's New
- Champions
- Playing Fall Golf
- Making A Difference



GOLF DURING THE CORONAVIRUS



Golf is classified as one of the “lower risk” sports and recreation activities.....

Thank goodness!

Executive Board

President: MJ Maione

Vice President(s): Judy Jaremko,
Ginny Kohler

Secretary: Judy Cramer

Treasurer(s): Evelyn Pinezich
Celeste Mauro

Past President: Sheila McGill

Committees

Membership: Kathy Cloonan

Tournaments:
Jean Stump
Peg Wallace

Handicaps: Marsha Knopp
Diane Bearce

Hospitality: Sue Pickering

Publicity & Website: MJ Maione

Sunshine: Judy Jaremko

Town Representative: Ellen Rassinger
Eileen Specht

Prizes: Celeste Mauro

Invitational: Judy Jaremko
Ginny Kohler

LICGA: Ginny Kohler

Newsletter: MJ Maione



A note from your President...

I would like to first thank Sheila McGill for all the work she did to make our club grow. Thank you for your service as president and all the extra work that included member guest, raising money for charities, photographs, and the maintaining our website.

This has been an interesting season and as I enter my new position as president, I hope that we can start the season "on time" and have a general membership meeting with a luncheon or perhaps a dinner as we have had in the past. However, this may not be possible with the presence of the coronavirus. If this is the case, the board will do its best to communicate with you about the start of the season, the tournaments, the guidelines at Crab Meadow Golf Course, and more.

It is clear we have missed the social aspect of the season. Hopefully Steve and Mike will have the restaurant running with the awning up so we can have some food and drinks outside after we play. In the meantime, we have committees working to update our by-laws and the local rules. We are now a non-profit organization. Our website has a new look. Look for Kathy Cloonan's email reminding us to send in our membership dues, it will be generated by the new website.

There's lots to do and I look forward to working with the board and with those of you who have been at the helm in the past.

Wishing you and your family safe and healthy holidays.

A handwritten signature in black ink, appearing to be 'MJ'.



WHAT'S NEW?

1. WE HAVE A NEW LOOK..... Our website will be up and running by November 15th so, check it out. (cmladies.org)



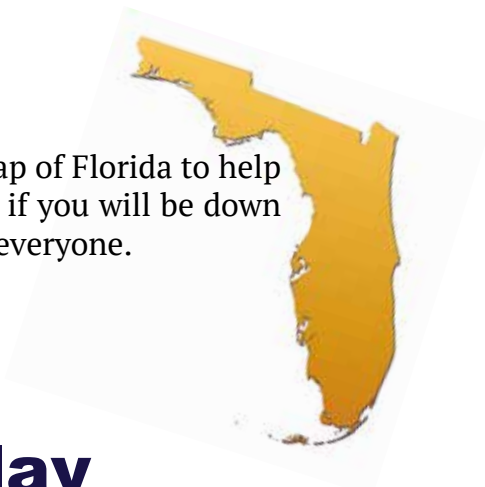
2. MEMBERSHIP Dues are DUE....During the month of November/December Kathy Cloonan, our membership chairperson, will be collecting our annual dues. Look for an email from her.



3. GOLF DURING THE WINTER: In the past I included a map of Florida to help you find each other during the winter months. Let me know if you will be down south and I will create a 2021 Florida map and share it with everyone.



Who wants to play GOLF?



Send an email to me at boatratmj@gmail.com and I will include you on the map.

OUR CHAMPIONS



OVERALL CLUB CHAMPION
Paula Gullo

CHAMPION FLIGHTS

A FLIGHT

1st place: Pil Kang

B FLIGHT

1st place: Susan Pickering

2nd place: Wha-ja Kim

3rd place Rita Carino

C FLIGHT

1st place: Evelyn Pinezich

2nd place: Barbara Ryan

3rd place: Carol Leifer, Marsha Knopp

FALL CUP

1st place Team: Susan Pickering, Ellen Rassinger

2nd place Team: Sheila McGill, Evelyn Pinezich

3rd place Team: Judy Cramer, Peggy Wallace

4th place Team: Joyce Matherson, Leslie Sutherland

RINGER TOURNAMENT

A FLIGHT

1st place: Paula Gullo

2nd place: Pil Kang

B FLIGHT

1st place: Helen Young

2nd place: Wha Ja Kim

3rd place: Pat Marco

C FLIGHT

1st place: Mary Maggio

2nd place: Evelyn Pinezich Donna Paci

3rd place: Grace D'Amato



2020 MOST IMPROVED
Judy Cramer

A look at the season



Luncheon: end of the season



Golf Is NOT Over!



8 TIPS FOR FALL GOLFING



It's that time of the year again, where you need to turn the heat on (even just slightly) to get rid of those dewy morning chills as you climb into your car. Of course, the crisp morning air doesn't hang around all day and by the afternoon you may turn the AC on. Well, this fluctuating weather can definitely influence your golf game, so we put together a list of tips for golfing in the fall.

1. Be aware of tee-times by checking the updated course hours. We know you might want to get that early morning tee-time, but if the ground is frosty we must respect the orders from our wonderful maintenance crew. Golfing on frosty or frozen ground can damage the course.
2. Layer up! Bring along an extra set of socks in case the morning dew finds a way to creep into your golf shoes. Also, keep a windbreaker or sweatshirt in your golf bag just in case you need it while playing a round this fall.
3. When it's cooler outside, you start to lose feeling. By switching to a softer golf ball during the fall season, you'll be able to retain some of the feel that you are used to around the greens.
4. If you're hitting your club shorter than normal, go up a club size. Colder temperatures don't allow for the ball to travel as far.
5. Keep in mind that the course will also firm up due to the weather changing, so you will get more of a roll than you would during the hot, summer months.
6. We know you won't use them every time you play but consider bringing hand warmers or even ear warmers. If you don't use them one day, leave them in your bag. You never know when you might need them, and you'll be glad you had them.
7. Ditch the cart and walk. It's not new information that exercise can warm you up, plus you don't have the scorching July/August sun to make you miserable.
8. Focus on what you've been struggling with all season. We know it might not be fun to do, but dedicating time to parts of weaker parts of your game will strengthen them and get you ready for next year.





charity **time** PURPOSE connect HELP support
NOW DONATE community
make a difference
GET INVOLVED unconditional intention
SHARE volunteer abundance GIVE action
kindness GENEROSITY care inspire

Hi Ladies,

Today I had the privilege of delivering our generous donation of \$1,670 to the Northport Food Pantry. This amount included extra donations from members.

It brought tears to my eyes watching a young woman standing in line with her two young daughters in need of diapers and food. My tears were of joy that our league would be able to help someone in need. What a pleasure to watch this family come out with their hands full of necessities. So glad our Crab Meadow League could be a BLESSING to our community today.

Thank you all for making this possible!

Have a great winter and see you on the course next year!

*Joyce Mathison
Treasurer*



Thank You Joyce