



Ridgefield FC Summer Select 2025

Ready to continue your training to the summer? Our tailor program will help keep and improve your skills, join us this summer for our summer select program

RFC ACADEMY Summer Select Program 2025

RFC's Summer Select Program 2025 offers committed and competitive players the opportunity to continue developing their skills in a focused, high-level environment during the off-season. Designed for players who are looking to maintain and elevate their performance over the summer months, this program combines advanced technical training, tactical development, and competitive match play.

RIDGEFIELD FC

SUMMER SELECT PROGRAM

**8 WEEKS
JUNE 24- AUG 15**

Programs:

- Warm-up Exercises
- Skill Assessment
- Tactical Drills
- Team Building Activities

who Can Join?

- Boys and girls
- Age 9 - 15
- Current players
- New Players- tryout required

RIDGEFIELD FC 2017

201-779-0121

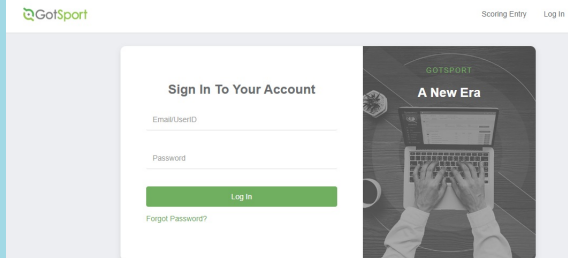
www.ridgefieldfc.com

Click here to register for our summer select program



Program Highlights:

- Professional Coaching: Led by experienced RFC coaching staff.
- Intensive Training: 2 sessions per week focused on skill development, game intelligence, and fitness.
- Tuesday and Thursdays; 6:30PM to 8:00PM.
- Competitive Matches & Tournaments: based on number of players registered for the program.
- Player Development Focus: Personalized feedback to help players prepare for fall season or higher-level play



Registration

Open to players eight-year-olds to 15-year-olds. The Summer Select Program runs from mid-June through early August.

Whether preparing for the next level or simply looking to stay sharp over the summer, RFC Summer Select is the perfect opportunity to train, compete, and grow.

Program Price; \$350

We are RFC — Excellence Never Off-Season.

Location:

Mehrhof Field

Little Ferry, Nj 07643



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