



125 Vansickle Road
St. Catharines, L2S 3W4
www.romasoccer.com

House League Parent/Guardian Guide

2022

Thank YOU!

Thank you for registering for House League at St. Catharines Club Roma Soccer.

We look forward to welcoming you, your family and friends to our Club!

PowerUp Account

Registration for house league opens in November and closes April 1st. Parents / Guardians will receive emails with updates regarding schedules and team allocations. Updates are also posted on our website: www.romasoccer.com.

Updates and all other email communication from our club can only be sent to those members who “opt in” to receive communication from us on your PowerUp Sports account. If you haven't already done so, please update your account to ensure you receive the latest updates from us.

Player/team requests can be made but **are not guaranteed**.

All team and scheduling information for players is posted through your Club Roma Soccer PowerUp Sports account and will be released shortly before the season begins. When you log in, you will see your team details including the team number your child has been assigned to and the details of your upcoming games and practices.

Note: Practices for U6 and up will be held at Club Roma on Saturday mornings:

U6: 9am to 9:50am

U8: 10am to 10:50am

U10/12/14: 11am to 11:50am

**** tentative**

U7 Development: **additional details will be released to U7 Development players separately. While we do try our best to keep to the schedule so parents/guardians can plan their family schedules accordingly, adjustments may need to be made.

Covid-19 Return to Play Protocols

We anticipate a fully operational House League season for 2022. All Covid-19 Return to Play protocols can be found in our updated Return to Play Guide on our website: www.romasoccer.com. Players must complete the online Covid-19 self assessment screening

tool found at: [COVID-19 Screening Tool \(niagararegion.ca\)](https://niagararegion.ca/COVID-19-Screening-Tool) prior to attending any soccer related activities at our facilities.

If players exhibit any symptoms related to Covid-19, they will be asked to leave the premises immediately. **** PLEASE DO NOT ATTEND OUR FACILITIES IF FEELING UNWELL ****

Spectators

Spectators - Are permitted in accordance with Return to Play rules and guidelines. Spectators are to **enter the Soccer entrance laneway only** and to avoid entering directly near the pavilion whereby events are ongoing through Club Roma. Spectators may park for free in the parking lot of Club Roma. Please be mindful of staff, small children and families walking to and from their vehicles. Spectators must maintain a 2 meter distance (or other as noted by referee) from all field line markings during games. Spectators may sit on the opposite side only of teams.

Meet the Team

This event is usually held prior to your first game. This event provides an opportunity for you to introduce yourself, meet your team, confirm contact information for players/parents, hand out uniforms and balls and address any questions members may have. **** Covid-19 restrictions may impact events such as Meet the Team. Alternate options may be provided such as team uniforms being provided directly to your coach before your first game.**

Games

U6 and up will have 1 to 2 (depending on schedule) games per week. Ideally a full season will have 8 to 10 games played. Games take place at Club Roma unless otherwise noted. Games must begin on time so please be ready to go at the start of each game.

Rules of the Game

Our Game Leaders and Referees for house league will follow rules as contained in the Ontario Soccer, Small Sided Game guide: [Small Sided Laws of the Game - 2018 REVISED.pdf](https://sportngin.com/Small-Sided-Laws-of-the-Game-2018-REVISED.pdf) (sportngin.com)

Referees/Game Leaders

There is a **Zero Harassment Policy** at our Club. Under no circumstances will our referees, Team Officials or Players be subject to harassment of any kind including bullying, verbal or physical abuse. Reporting of such behaviour must be done immediately to House League convenor.

Incidents of harassment will lead to immediate ejection for you and your family/friends including players.

Uniforms

All house league players will receive a jersey, shorts, socks and ball. If alternate sizing is required, please contact House League coordinator at romasoccerrefs@gmail.com.

Practices

Practices for House League participants are now standardized at our club to ensure all players have a fair, equal opportunity for development. Practices are held at Club Roma on Saturday mornings at specific times depending on age/division. Practices are not mandatory. Coaches are encouraged to attend practices to assist their team with practice drills.

Jewelry

Participants may not wear any kind of jewelry. No exceptions including taping of earrings. Referees will strictly enforce this rule.

Casts

Soft casts may possibly be worn for games and practices, however hard casts will eliminate players from participating. Contact House League coordinator for clarification.

Washroom Facilities

Washroom facilities at Club Roma may be accessible through La Terrazza from Monday to Wednesday. Change room washrooms may be open when permitted. These washrooms are both male/female and all players under the age of 12 years of age **MUST** be accompanied to the washroom area by their parent/guardian. *Please note: due to Covid-19 restrictions, washrooms and change rooms may be closed.*

Snacks

In accordance with Covid-19 protocols, individual snacks are permitted, however, team snacks are not permitted. If bringing a snack, consider a healthy option like fruits or vegetables.

Equipment

All players **MUST** wear shin pads. This applies to players in **ALL** age groups. Players in U4 may wear soccer cleats or running shoes. All other players must wear soccer cleats. If for whatever

reason a player does not have access to shin pads, please refer them to the House League Coordinator for assistance.

Canceling of Games/Lightning/Thunder/Severe weather

Games may be cancelled due to lightning, thunder, severe weather or scheduling conflicts. Please familiarize yourself with Ontario Soccer's [Lightning_Policy_E.pdf \(ngin.com\)](#) . If you hear thunder or see lightning, you must wait 30 minutes prior to reentry on the field. Every effort will be made to reschedule cancelled games.

Social Media/Photography

Please refrain from posting pictures of players/families on the internet without their expressed consent. Please respect the privacy of others and consider those children whose parents do not wish their pictures to be published.

Smoking/Vaping

Smoking of any kind and vaping is not permitted on or near our fields. Designated areas may be assigned or permitted off site.

Volunteers

If you would like to help our club with volunteering, please contact Jessica at romasoccerrefs@gmail.com. Students are welcome to earn volunteer hours. Coaches are always needed. Please reach out if you can spare 1 to 2 hours per week.

Dogs

Well behaved dogs are welcome so long as they are leashed. All dog owners are required to pick up after their dogs.

Defibrillator

Our Club has 1 Defibrillator donated by the Mikey Network and Two Men and A Truck St. Catharines. The defibrillator is located in the change room hallway. First aid essentials are also located in the changeroom hallway.

Parking Lot

Please take care when accessing the parking lot areas at our facilities. Parking lots become busy around game and practice times where children and families are walking to and from the vehicles.

Field Map

Please familiarize yourself and your players/parents with the field map. Fields are marked and scheduled as noted below. Entry to the fields is done only through the pedestrian walkway in between the Change room and Under Armour Field.



Roma Soccer Contact Information

President, Martin Beswick: m-beswick@bell.net

House League/Referee Coordinator, Jessica Iribarnegaray: romasoccerrefs@gmail.com

Technical Director, Davide Massifra: massafradavide@gmail.com

Administrator, Natalie Walker: scromasoccer@gmail.com

Technical Development, Barry Martin: barry_martin@vaxxine.com

