

Mission Improvement Apparel Exchange

FROM ONE HAND TO ANOTHER



About Me



My name is Mia Sara and I am 17 years old. Throughout my life, my parents have stressed the importance of charity and giving back to the community. My family has always been involved in clothing drives, food drives, and many other charitable events, which is why I wanted to start my own charity. My mission is to find companies with overstocked items and connect them with charities that are in need.

My Goal

To seek out companies and people with unused items in their warehouses or homes and get them into the hands of people who need them. It is a win-win for all!

How We Help Businesses

MIA Exchange acts as the middleman, connecting businesses with overstock to charities in need. I have been Googling, emailing, and calling companies, convincing them to donate their unsold items for over a year. In return, they receive a tax-deductible form. I coordinate the donation, the paperwork, and the delivery of the items.



When Covid hit and charities would only accept new items, it was the perfect opportunity...I couldn't sit and do nothing. I needed to help out as much as I could when people needed it the most"

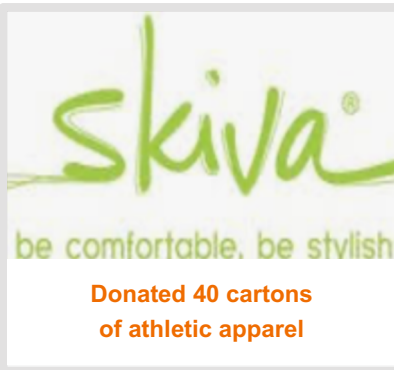
Mia Sara

Companies MIA Exchange Activated to Donate



MANGO

5,000 T-Shirts



Iconic
FOOTWEAR

20 cartons of women's
boots



Trendy Footwear
Wholesaler



Danice

GREAT STYLE GREAT PRICE

Est. 1934

2500 pounds of assorted
women's apparel



ADRIANNA PABELL

500+ pounds of apparel

How We Help Charities

MIA Exchange actively seeks out relationships with local charities and discovers what types of items they need. Then we connect them with a company, coordinate the delivery of items, and facilitate the company receiving a tax-deductible form for their donation.

**We make a living by
what we get, but we
make a life by what we
give - Winston Churchill**



Serving Hungry and Homeless Long Islanders



**LONG ISLAND
COALITION FOR
THE HOMELESS**

**"Wouldn't it be nice for
someone going to a charity
and getting an item with a
tag on it....To date MIA
Exchange has donated 10,000
pounds of apparel to
charities." Mia Sara**

Mia in Action

Dropping off hundreds of pounds of new apparel to charities



Dana Lopez, Director of Marketing & Communications for the Inn explains the positive impact of MIA Exchange on her organization



If you are having trouble viewing this video, you can see it at <https://miaexchange.com/charities>

While making a donation delivery, I received a call from Channel 12 News.

Pulling over, I was interviewed about the great success of MIA Exchange.

MIA Exchange In The News

Channel 12

October 7, 2021

"This piece I do is all about people making positive impacts in their community and Mia, you fit the bill!"

Erin Colton, American Emmy award-winning journalist, anchor, & reporter



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Governor Cuomo Gave MIA Exchange a Shout Out!



Tonight's "Deep Breath Moment": A Roslyn, NY high school student is connecting companies to charities to help people in need. Throughout the pandemic, the demand for new clothes spiked as charities stopped accepting used items. [The Mia Exchange](#), started by 17-year-old Mia Sara, donates new clothes from store warehouses to women's shelters, churches, the Salvation Army and other organizations that provide these new clothes to those in need. We applaud Mia for exemplifying the best of New York's values.

If you were forwarded this email, you can subscribe to New York State's Coronavirus Updates [here](#).

Ever Upward,

Governor Andrew M. Cuomo



NY State Legislature Acknowledges Mia for Extraordinary Leadership



“Your leadership and organizing skills not only helped the most disadvantaged members of our community but also inspired the rest of our community as well...Your extraordinary leadership qualities have been recognized...”

**Nassau County Arnold Drucker,
District 16**

Be the Change You Wish to See in the World

Learn How You Can Be a Helping Hand



www.MiaExchange.com