

CORONAVIRUS (COVID-19)



DELAWARE HEALTH
AND SOCIAL SERVICES
Division of Public Health



DELAWARE SENIORS

Stay Healthy. Stay Safe.

SHELTER IN PLACE

If you are 65+ you are at higher risk for severe illness from COVID-19.

Take the following precautions:

Shelter in place. Do not leave your home.

Monitor yourself for symptoms of COVID-19.

Ask family/friends to help with your needs.

Seek support from reputable agencies.



2-1-1

DELAWARE

CONTACT 2-1-1 FOR

- Groceries
- Prescriptions
- Banking
- Wellness Checks
- For Additional Information on Support Services

For help: Dial **2-1-1**, call **1-800-560-3372**, or
Text your Zip Code to **898-211**

de.gov/coronavirus



YOU'RE NOT ALONE. HELP IS AVAILABLE.

COVID-19 Testing

To be tested, a referral from your provider is required.

Symptoms of COVID-19 may include fever, coughing, shortness of breath, body aches and sore throat. Contact your primary care provider if you have signs or symptoms of COVID-19.

| If you do not have a provider, call **2-1-1**.

Life-Threatening Emergencies

Call 9-1-1 for all life-threatening emergency needs.

Additional Resources

The Delaware Aging & Disability Resource Center can connect you to local senior-specific resources.

| Use their online resource search tool, available at:
www.delawareadrc.com or call **1-800-223-9074**.



Protect Yourself from Coronavirus Scams

- **Do not** share your Social Security number or bank account information by email or phone.
- **Only** open your door to authorized people (i.e. scheduled food delivery.)
- Consumers can find a fraud complaint through the Delaware Department of Justice's Consumer Protection Unit at **de.gov/consumer**.

Other questions?

Call DOJ Hotline at **1-800-220-5424**.

de.gov/coronavirus