



# SUPER WORMS

*Care Guide*

# What Are Super Worms?

**SCIENTIFIC NAME: ZOPHOBAS MORIO**

**COMMON NAME: SUPERWORMS, KINGWORMS**

## **Uses**

- GREAT FEEDER INSECT FOR REPTILES, AMPHIBIANS, BIRDS, AND FISH.
- HIGH IN FAT; SHOULD BE FED IN MODERATION AS A TREAT.

# Housing

- **KEEP IN A WELL-VENTILATED PLASTIC CONTAINER WITH SMOOTH SIDES TO PREVENT ESCAPE.**
- **USE A SUBSTRATE OF BRAN, OATMEAL, OR WHEAT GERM (ABOUT 1–2 INCHES DEEP), WHICH DOUBLES AS FOOD.**
- **AVOID EXCESSIVE MOISTURE TO PREVENT MOLD GROWTH**



# Temperature & Humidity

- IDEAL TEMPERATURE: 75–85°F (WARMER TEMPS ENCOURAGE GROWTH).

- AVOID REFRIGERATION (UNLIKE MEALWORMS, SUPERWORMS WILL DIE IF REFRIGERATED).

# Food& Hydration

- PROVIDE FRESH VEGETABLES (CARROTS, POTATOES, OR SQUASH) FOR HYDRATION.
- REPLACE VEGGIES AS NEEDED TO PREVENT MOLD.
- OPTIONAL: OFFER HIGH-PROTEIN FOODS (DRY DOG FOOD, FISH FOOD) FOR GUT-LOADING.

# **Cleaning & Maintenance**

- **REMOVE UNEATEN PRODUCE REGULARLY TO PREVENT MOLD.**
- **EVERY FEW WEEKS, SIFT OUT FRASS (WASTE) AND REPLACE THE SUBSTRATE.**
- **IF PUPAE APPEAR, REMOVE THEM TO PREVENT CANNIBALISM.**

# **Lifespan & Growth**

- **SUPERWORMS TAKE 2–3 MONTHS TO MATURE INTO BEETLES.**
- **TO PUPATE, EACH WORM MUST BE ISOLATED IN A DARK, ENCLOSED SPACE FOR ~10–14 DAYS.**