

Rob Fillo - Troubled Times – Track Sheet

Release date: Oct 18th 2024

Artist Name: **Rob Fillo**

Song Name: **Troubled Times**

Genre: Alt-Rock / Indie Rock / Hard Rock

Producer: Cameron P. Lawrence

Run time : 3m59s

BPM/Key: 128/Am

ISRC: usl4r2449311

Clean, no explicit lyrics.

Independent Record Label: Rob Fillo Music

Homebase: Victoria, BC. Canada

Rob Fillo – New Single: "Troubled Times"

With *Troubled Times*, Rob Fillo offers a gripping reflection on the distractions and self-destructive patterns that define modern society. From the addictive pull of news and social media to the numbing effects of alcohol and drug use, Fillo's gut-punch performance captures the emotional weight of a world teetering on the edge of chaos. His lyrics vividly paint a scene of internal struggle intertwined with societal breakdown, resonating deeply with the frustrations and anxieties of our times.

The song's hard rock energy is unmistakable—gritty guitar riffs, driving drums, and raw, powerful vocals amplify the urgency of the message. But beneath the heavy sound lies something more: a call to pause and consider where these distractions are leading us, and to reconnect with the values and relationships that offer true meaning in the face of adversity.

Behind the scenes, Cameron P. Lawrence, who produced the track and selected the instrumentation, adds a powerful sonic depth to *Troubled Times*. Lawrence's choice of commanding guitar tones and driving rhythms underpins the emotional gravity of the song, allowing Fillo's raw vocals to take center stage. The result is an immersive soundscape that heightens the tension of the lyrics, creating a balance between force and reflection.

Troubled Times is more than just a rock anthem. It's a visceral commentary on modern life that speaks to anyone who has felt overwhelmed by the relentless pace of the world around them. Fillo's emotive performance cuts through the noise, offering a moment of reflection in a time of widespread confusion. Through the storm of chaos, the song clings to the idea that there is still something worth fighting for—an anchor in a sea of distractions.

Fillo's raw vocals and Lawrence's gripping instrumentation give *Troubled Times* the kind of emotional punch that stays with you long after the final note fades. This track is not just about survival, but about confronting the turmoil head-on and finding clarity in the moments that remind us of what truly matters.

Rob Fillo Bio

Step into the soul-stirring world of Rob Fillo, a visionary singer-songwriter from Victoria, BC, Canada. Rob's musical tapestry weaves tales of the human experience through a unique blend of alternative folk, rock, blues and country. With over 150 original compositions, Fillo is a prolific writer who constantly strives to grow, evolve, and reflect.

Fillo's dedication to his craft is unwavering. He meticulously crafts music that feels familiar yet intriguingly eccentric, lyrically rich yet catchy, and relatable yet enigmatic. His songs and performances evoke a sense of spiritual enlightenment, guiding listeners on a deeply moving journey of joy, catharsis, and understanding of the human condition.



For Rob, songwriting is more than a profession; it is a lifeline that brings purpose and solace in a tumultuous world. Through each note and lyric, he delves into the depths of human existence, offering a humble yet assertive voice in the universal symphony of life. Rob Fillo is a bold songwriter for a brave new world.

Links

Artist EPK: <https://robfillo.com/epk>

Troubled Times EPK w downloads: <https://robfillo.com/troubledtimes>

Official Website: <https://robfillo.com>

Spotify: <https://open.spotify.com/artist/5G7tHuGqsQ0eeP9Yua1vT4>

Bandcamp: <https://robfillo.bandcamp.com/>

Social Media:

<https://instagram.com/robfillo>

<https://youtube.com/@robfillo>

<https://facebook.com/robfillomusic>

<https://x.com/robfillo>

<https://tiktok.com/@robfillo>

<https://www.threads.net/@robfillo>

<https://www.linkedin.com/in/robfillo/>

Troubled Times - Lyrics

by Rob Fillo

Here's a story I've heard before
Behind the eyes, behind the doors
They scream at night
To start their fight

I've never felt like this before
Emotions coming, but I'm so unsure
You bring me back for more
You bring me back

You try to run; you try to hide
Sometimes I feel like I'm gonna die

There's no time for weakness
In troubled times like these
Take one more hit of distraction
Bring a nation to her knees

Here's a place I've been before
See the faces behind the door
They scream at night
They scratch and bite

I try to run; I try to hide
Sometimes I feel like I'm gonna die

And there's no time for weakness
In troubled times like these
Take one more hit of distraction
Bring a nation to her knees

Then you kiss me, and I want more
And I remember what I'm fighting for

There's no time for weakness
In troubled times like these
Take one more hit of distraction
Bring a nation to her knees

Dropbox Link with WAV, MP3 (Meta Data Tagged), Cover Art & Onesheet:

<https://www.dropbox.com/scl/fo/q64l2t3867fzoghsf4fyn/AleSZKxYeJl2rFXlp1sLlIM?rlkey=keg3mvr4j0gm2iw1y3c09kkwu&st=rzl2euqz&dl=0>

Earshot Link For Canadian Radio (%100 MAPL CanCon):

<https://secure.earshot-distro.ca/release/details/14611>

Thank you for your time and consideration. Please feel free to contact me if you require any additional information or would like to schedule an interview or request station IDs.

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