

CARE LEARN Washington

Training Catalogue

Updated 8/1/2022

Course Title (Search by title within Carelearn to access the listed course)	Continuing Education (CE) Credit Value	Course Activity Code (Search by code within Carelearn to access the listed course)
A Guide to Being a Companion Homemaker: Roles and Responsibilities (RLS)	1.00	RLS0688
A Guide to Being a Companion Homemaker: Safety and Housekeeping	1.00	RLS0694
About Advance Directives (RLS)	1.00	RLS0671
About Falls (RLS)	0.50	RLS0665
About Hearing Impairment (RLS)	0.50	RLS0636
About Visual Impairment (RLS)	0.50	RLS0638
Activity For The Elderly (HCP)	1.00	HCP0803
Adult Failure to Thrive (HCP)	1.00	HCP0809
Aging Changes and Considerations (RLS)	1.00	RLS0693

All About Alzheimer's & Dementia (HCP)	2.50	HCP0781
All About OSHA (HCP)	1.00	HCP0734
Alzheimer's Disease and Related Disorders: Activities of Daily Living (RLS)	1.00	RLS0669
Alzheimer's Disease and Related Disorders: An Overview (RLS)	1.00	RLS0733
Alzheimer's Disease and Related Disorders: Communication (RLS)	1.00	RLS0732
Alzheimer's Disease and Related Disorders: Family and Ethical Issues (RLS)	1.00	RLS0731
Alzheimer's Disease and Related Disorders: The Physical Environment (RLS)	1.00	RLS0670
Assisting Residents with Activities of Daily Living (RLS)	2.00	RLS0687
Assisting with Personal Care (RLS)	1.00	RLS0691
Attitudes and Behaviors of Being a Professional (HCP)	1.00	HCP0695
Back Injury Prevention (RLS)	0.75	RLS0667
Basic Nutrition & Hydration (HCP)	1.00	HCP0822
Basic Nutrition and Food Safety (RLS)	1.00	RLS0639
Bathing Tips (HCP)	1.00	HCP0829
Being a Companion Caregiver (RLS)	0.50	RLS0741

Being Prepared for an Emergency 1.1 (CPAC)	6.00	ELS0134
Bloodborne Pathogens (HCP)	1.00	HCP0835
Body Systems and the Aging Process (RLS)	1.00	RLS0730
Brain Injury (CDS)	No CE Credit Awarded	ELS0574
Building Trust and Confidence With Clients (HCP)	1.00	HCP0717
Caring for Clients after Orthopedic Surgery (HCP)	1.00	HCP0707
Caring for Clients During Chemo	1.00	HCP0702
Cerebral Palsy (CDS)	No CE Credit Awarded	ELS0568
Cerebral Palsy Care (CPAC)	2.00	ELS0142
Civil Rights and Advocacy (CDS)	4.50	ELS0487
Client Safety Tips (HCP)	1.00	HCP0842
Common Ambulatory Aids (RLS)	1.00	RLS0760

Common Infectious Conditions (RLS)	2.00	RLS0640
Communication and the Hearing Impaired (RSL)	0.50	RLS0641
Community Inclusion (CDS)	4.00	ELS0545
COVID-19	No CE Credit Awarded	ELS0119
Cultural Competence in Home Care (RLS)	1.00	RLS0647
Cultural Competence in Mental Health Service Settings (CRCI)	9.00	ELS0104
Cultural Competency (CDS)	7.00	ELS0404
Dementia Care (CPAC)	11.00	ELS0143
Dementia Care and Co-morbidities (RLS)	0.50	RLS0759
Dementia Care: Challenging Behaviors (RLS)	1.00	RLS0758
Dementia Care: Ethical Considerations (RLS)	0.50	RLS0757
Dementia Care: Performing ADLs (RLS)	0.50	RLS0756

Dementia Care: Preventing Catastrophic Reactions (RLS)	1.00	RLS0666
Dementia Care: Supporting Families (RLS)	1.00	RLS0755
Dementia Care: Understanding Communication (RLS)	0.50	RLS0754
Depression and Suicide in Older Adults (RLS)	1.00	RLS0648
Depression in Older Adults: The Basics (RLS)	1.00	RLS0649
Diabetes (CDS)	No CE Credit Awarded	ELS0570
Diabetes Care V1.1 (CPAC)	2.00	ELS0629
Direct Support Professionalism (CDS)	3.50	ELS0322
Disability Rights and Independent Living 1.1 (CPAC)	2.00	ELS0177
DSHS Caregiving for Individuals with Mental Disorders	1.50	DSHSOLT0607
DSHS Introduction to Mental Disorders	1.00	DSHSOLT0606
DSHS Residential Guide to Challenging Behaviors	0.75	DSHSOLT0297
Emergency Preparedness (CDS)	No CE Credit Awarded	ELS0576
Emotional Losses in the Elderly (HCP)	1.00	HCP0703
Environment: Routines and Consistency for Comfort (RLS)	1.00	RLS0753
Epilepsy (CDS)	No CE Credit Awarded	ELS0572
Essentials of Resident Rights (RLS)	0.50	RLS0752

Ethics and the Care of Persons Living with Dementia (RLS)	1.00	RLS0751
Everyone Can Communicate (CDS)	7.00	ELS0562
Falls In Assisted Living (RLS)	1.00	RLS0646
Fluid and Electrolytes Made Easy (HCP)	1.00	HCP0705
Getting Started in CareLearn	No CE Credit Awarded	OLT0280
Handling Biomedical Waste (HCP)	1.00	HCP0697
Handling Complaints (HCP)	1.00	HCP0747
Handling Food Safely Part 2 (RLS)	1.00	RLS0650
HCA Skills Practice Procedure 01: Handwashing	No CE Credit Awarded	CON0464
HCA Skills Practice Procedure 02: Putting On And Taking Off Gloves	No CE Credit Awarded	CON0465
HCA Skills Practice Procedure 03: Donning Personal Protective Equipment	No CE Credit Awarded	CON0485
HCA Skills Practice Procedure 04: Doffing Personal Protective Equipment	No CE Credit Awarded	CON0486
HCA Skills Practice Procedure 05: Assist A Client To Walk	No CE Credit Awarded	CON0466
HCA Skills Practice Procedure 06: Transfer A Client From Bed To Wheelchair	No CE Credit Awarded	CON0467
HCA Skills Practice Procedure 07: Turn And Position A Client In Bed	No CE Credit Awarded	CON0468
HCA Skills Practice Procedure 08: Mouth Care	No CE Credit Awarded	CON0469
HCA Skills Practice Procedure 09: Clean And Store Dentures	No CE Credit Awarded	CON0470

HCA Skills Practice Procedure 10: Fingernail Care	No CE Credit Awarded	CON0471
HCA Skills Practice Procedure 11: Foot Care	No CE Credit Awarded	CON0472
HCA Skills Practice Procedure 12: Assist A Client With A Weak Arm To Dress	No CE Credit Awarded	CON0473
HCA Skills Practice Procedure 13: Assist A Client With Knee High Stockings	No CE Credit Awarded	CON0474
HCA Skills Practice Procedure 14: Assist With Passive Range Of Motion For One Shoulder	No CE Credit Awarded	CON0475
HCA Skills Practice Procedure 15: Assist With Passive Range of Motion For One Knee And Ankle	No CE Credit Awarded	CON0476
HCA Skills Practice Procedure 16: Assisting A Client To Eat	No CE Credit Awarded	CON0477
HCA Skills Practice Procedure 17: Assisting With A Bed Bath	No CE Credit Awarded	CON0478
HCA Skills Practice Procedure 18: Assisting With Perineal Care	No CE Credit Awarded	CON0479
HCA Skills Practice Procedure 19: Condom Catheter Care	No CE Credit Awarded	CON0483
HCA Skills Practice Procedure 19: Providing Catheter Care	No CE Credit Awarded	CON0480
HCA Skills Practice Procedure 20: Providing Medication Assistance	No CE Credit Awarded	CON0481
HCA Skills Practice Procedure 21: Assisting A Client With Use Of A Bedpan	No CE Credit Awarded	CON0484
HCA Skills Practice Procedure 22: Shave a Client With A Safety Razor	No CE Credit Awarded	CON0482
Health Insurance Portability and Accountability Act (CDS)	1.50	ELS0541
Healthy Lives (CPAC)	12.00	ELS0178
Heart Failure (RLS)	1.00	RLS0750
Helping Clients Who Have Chronic Pain (HCP)	1.00	HCP0706
HIPAA: Do's and Don'ts of Social Media (RLS)	0.50	RLS0672
Home and Community Living (CDS)	No CE Credit Awarded	ELS0592

How To Use CareLearn 04 Find Training Using The Library (For Desktop Users)	No CE Credit Awarded	DOC0284
How To Use CareLearn 05 Find Training Using Search (For Desktop Users)	No CE Credit Awarded	DOC0285
How To Use CareLearn 08 Review Your Transcript	No CE Credit Awarded	DOC0288
How To Use CareLearn 09 Print a Diploma	No CE Credit Awarded	DOC0289
How To Use CareLearn 10 Review Your Training Schedule	No CE Credit Awarded	DOC0290
How To Use Carelearn 15 Rate A Training	No CE Credit Awarded	DOC0608
Implementing Participant Directed Supports (CDS)	3.00	ELS0550
Individual Rights and Choice (CDS)	4.00	ELS0380
Intellectual and Developmental Differences (CDS)	1.00	ELS0503
Introduction to Developmental Disabilities (CDS)	No CE Credit Awarded	ELS0598
Introduction to Medication Support (CDS)	7.50	ELS0315
Introduction to Mental Health and Mental Illness (CDS)	8.50	ELS0397
Introduction to Mental Health Recovery and Wellness (CRCI)	4.50	ELS0102
Introduction to Person-Centered Care in Assisted Living (RLS)	1.00	RLS0749
Managing Aggressive Behaviors (RLS)	0.50	RLS0642
Mental Health Treatments, Services, and Supports (CRCI)	6.00	ELS0101
Monitoring Changes of Condition (RLS)	1.00	RLS0651
Nutrition and Meal Preparation for Older Adults (RLS)	1.00	RLS0652
Perineal and Catheter Care (HCP)	1.00	HCP0704
Person Centered Planning: Introduction (CDS)	4.00	ELS0334

Person Centered Thinking (PCC)	9.00	ELS0252
Personal Care (CDS)	5.50	ELS0299
Personal Care Version 2 (CPAC)	6.00	ELS0492
Person-Centered Care and Culture Change (RLS)	1.00	RLS0748
Person-Centered Care:Who We Serve (PCC)	5.00	ELS0273
Planning Balanced Meals (HCP)	1.00	HCP0816
Postmortem Care (RLS)	1.00	RLS0653
Preparing for End of Life Care (CPAC)	2.00	ELS0622
Preventing, Recognizing, and Reporting Abuse (RLS)	1.00	RLS0654
Principals of Cooking (HCP)	1.00	HCP0708
Privacy, Rights, and Self Determination of Clients (RLS)	1.00	RLS0655
Professional Documentation Practices (CDS)	3.25	ELS0385
Professionalism and the Community Mental Health Practitioner (CRCI)	4.00	ELS0118
Protection and Advocacy (PCC)	5.00	ELS0272
Providing Denture Care (RLS)	0.25	RLS0668
Respecting Diversity: Residents, Staff, and Families (RLS)	1.00	RLS0683
Roles and Responsibilities of a Home Care Worker (CPAC)	7.00	ELS0210
Roles and Responsibilities of the Consumer (CPAC)	7.00	ELS0221

Safe Environments For People With Dementia & Alzheimer's Disease (HCP)	1.00	HCP0769
Safety (CDS)	8.00	ELS0505
Safety in the Home and Community (CPAC)	6.00	ELS0240
Seeing the Person First: Understanding Mental Health Conditions (CRCI)	4.50	ELS0100
Stress Management For the Caregiver (RLS)	1.00	RLS0644
Summer Safety Tips (HCP)	1.00	HCP0724
Supporting Healthy Lives (CDS)	8.00	ELS0373
Supporting Older Adults (CDS)		ELS0586
Supporting Resident Mobility (RLS)	2.00	RLS0685
Taking Care Of Your Back (HCP)	1.00	HCP0798
Teaching People with Developmental Disabilities (CDS)	No CE Credit Awarded	ELS0581
The Direct Support Profession (CDS)	No CE Credit Awarded	ELS0604
The Effective Use of Documentation (CRCI)	7.00	ELS0103
The Meaning Behind Behaviors (RLS)	0.50	RLS0643
The World of Assisted Living (RLS)	0.75	RLS0656
Trauma Matters (CRCI)	9.00	ELS0099
Understanding & Supporting Advance Directives (HCP)	1.00	HCP0715
Understanding Abuse (HCP)	1.00	HCP0791
Understanding Arthritis (HCP)	1.00	HCP0709

Understanding Autism (HCP)	1.00	HCP0710
Understanding Brain and Spinal Cord Injuries (HCP)	1.00	HCP0673
Understanding Cerebral Vascular Accidents (HCP)	1.00	HCP0716
Understanding Common GI Disorders (HCP)	1.00	HCP0711
Understanding Community Inclusion (CRCI)	3.00	ELS0098
Understanding Congestive Heart Failure (HCP)	1.00	HCP0713
Understanding Coronavirus (HCP)	1.00	HCP0712
Understanding Cultural Diversity (HCP)	1.00	HCP0761
Understanding Depression (CDS)	3.00	ELS0305
Understanding Depression (HCP)	1.00	HCP0700
Understanding Domestic Violence (HCP)	1.00	HCP0701
Understanding Drug-Resistant Bacteria (HCP)	1.00	HCP0714
Understanding Eye Disorders (HCP)	1.00	HCP0696
Understanding Hearing Disorders (HCP)	1.00	HCP0657
Understanding Hospice (HCP)	1.00	HCP0698

Understanding Mental Illness (RLS)	0.50	RLS0645
Understanding Neglect (HCP)	1.00	HCP0775
Understanding Seizures (HCP)	1.00	HCP0682
Understanding Special Communication Needs (HCP)	1.00	HCP0658
Understanding the Health Insurance Portability and Accountability Act (CRCI)	1.50	ELS0097
Understanding Transitions Across the Lifespan (CDS)	5.50	ELS0344
Universal Precautions (CDS)	3.25	ELS0361
Universal Precautions and Infection Control (CRCI)	3.00	ELS0105
Using Assistive Devices (HCP)	1.00	HCP0680
Using Technology with Seniors (HCP)	1.00	HCP0679
Winter Safety Tips (HCP)	1.00	HCP0699
Working with Families and Support Networks (CDS)	3.00	ELS0329
You've Got a Friend: A Course on Relationships (CDS)	3.50	ELS0339

Caregiver Document Title
(Search by title within Carelearn to access the listed publication document)

Publication Code
(Search by code within Carelearn to access the listed publication)

A Good Nights Sleep	DOC0609
Adult Protective Services	DOC0438
African Americans and Alzheimer's Disease	DOC0448
Aging And Your Eyes	DOC0610
Alcohol Use After Traumatic Brain Injury	DOC0412
Alzheimer's Disease and Caregiving	DOC0463
Alzheimer's In People With Down Syndrome	DOC0611
Aspiration leads to life threatening pneumonia	DOC0441
Balance Problems after Traumatic Brain Injury	DOC0413
Be a Germ-Buster!	DOC0420
Before taking blood pressure	DOC0433
Bipolar Disorder	DOC0533
Blood Glucose Tacker	DOC0431
Busting Dementia Stigma	DOC0449

Caring For a Person With Alzheimer's Disease	DOC0612
Caring For Adults With Cognitive And Memory Impairment	DOC0462
Check for Safety (home prevention checklist for older adults)	DOC0419
Cognitive Problems After Traumatic Brain Injury	DOC0414
Coping With Behavior Problems After Brain Injury	DOC0461
COVID-19 Vax Card Frequently Asked Questions	DOC0423
Dementia Roadmap	DOC0446
Dementia Safety Tool Kit	DOC0447
Dementia with Lewy bodies	DOC0456
Depression after Traumatic Brain Injury	DOC0415
Depression and Caregiving	DOC0458
Depression in Women	DOC0535
Did I forget to take my pill again?	DOC0443
Driving after Traumatic Brain Injury	DOC0416

DSHS Approved HCA Skills Practice Procedure Checklist	CON0525
Emotional Problems after Traumatic Brain Injury	DOC0417
End Of Life, Helping With Comfort And Care	DOC0613
Family Caregiver Handbook	DOC0437
Fast Foods a fast lane to trouble	DOC0440
Fatigue and Traumatic Brain Injury	DOC0418
Finding our Balance prevent slips, trips & Stumbles	DOC0424
Generalized Anxiety Disorder	DOC0536
Help Stop Abuse	DOC0439
How To Use CareLearn 01 Quick References	DOC0281
How To Use CareLearn 02 Navigation And Interface (For Desktop Users)	DOC0282
How To Use CareLearn 03 Complete Your First Training	DOC0283
How To Use CareLearn 06 Complete Elsevier Training	DOC0286
How To Use CareLearn 07 Complete SkillSoft Training	DOC0287
How To Use CareLearn 11 Review Your Facility Types	DOC0291
How To Use CareLearn 12 Using the Mobile App	DOC0292
How To Use CareLearn 13 Find Training Using Search (For Mobile App Users)	DOC0298

How To Use CareLearn 14 Find Training Using Library (For Mobile App Users)	DOC0450
How To Use CareLearn 16 Complete Relias Training	DOC0637
How To Use CareLearn 17 Complete Home Care Pulse Training	DOC0664
Huntington's Disease	DOC0451
Living well with Diabetes	DOC0425
Long Distance Caregiving	DOC0614
Mild Cognitive Impairment (MCI)	DOC0457
Multiple Sclerosis (MS)	DOC0452
Obsessive Compulsive Disorder	DOC0534
Older Adults And Alcohol	DOC0616
Older Adults and Depression	DOC0532
Parkinson's Disease and Caregiving	DOC0453
People with developmental disabilities are at greater risk for being hit by a car	DOC0442
Post Traumatic Stress Disorder	DOC0539
Reporting Abuse and Neglect	DOC0445
Route to tobacco free future	DOC0436
Safe Use Of Medicines	DOC0617

Schizophrenia	DOC0537
Seasonal Affective Disorder	DOC0538
Stay Active & Independent Falls Free Guide	DOC0421
Stay Active & Independent for Life (SAIL)	DOC0422
Stroke	DOC0460
Taking blood pressure	DOC0432
Tobacco use and dependence treatment	DOC0435
Tobacco use is a behavioral health issue	DOC0434
Understanding Loneliness And Social Isolation	DOC0619
Understanding Memory Loss	DOC0618
Understanding Palliative Support Care	DOC0454
Understanding Psychosis	DOC0540
Vascular Dementia	DOC0455
Vision Loss and Blindness	DOC0459
What is Diabetes	DOC0426
What's the big deal about controlling blood pressure?	DOC0429
What's the big deal about controlling blood pressure? Info sheet	DOC0430

When a person engages in challenging behavior, check for pain or illness

DOC0444