

KiPS Family Gymnastics

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
8:40a	Fall Session runs September 8 - November 23					Parent & Me Ages ≤ 3 8:40-9:25a	Parent & Me Ages ≤ 3 8:40-9:25a			
9:00a										
10:00a	Tot Time and Open Play 9:30a-3:00p	Tot Time and Open Play 9:30a-3:00p	Tot Time and Open Play 9:30-11:00a	Tot Time and Open Play 9:30a-12:00p	Tot Time and Open Play 9:30a-3:00p	Preschool Ages 3-5 9:30-10:15a	Preschool Ages 3-5 9:30-10:15a			
11:00a			Parent & Me Ages < 3 11:00-11:45a			Preschool Ages 3-5 10:30-11:15a	Beginner I 10:30a-11:20p			
12:00p			Preschool Ages 3-5 12:00-12:45p			Preschool Ages 3-5 12:00-12:45p	Bridge to Beginner Invitation Only Preschool Class 11:30a-12:15p	Beginner I 11:30a-12:20p	Beginner II 11:30a-12:20p	
1:00p						Preschool Ages 3-5 1:00-1:45p	Adaptive Gymnastics 12:30-1:15p	Beginner II 12:30-1:20p		
2:00p			Early Release Day Camp 1:30-4:30p (offered based on FCCPS Schedule) All Kids Welcome			Parent & Me Ages < 3 2:00-2:45p	Beginner I 1:30-2:20p	Beginner II 1:30-2:20p	Beginner II 1:30-2:20p	Intermediate 1:30-2:20p
3:00p						Preschool Ages 3-5 3:00-3:45p		Ninja Tumblers Introduction to Boys Gymnastics 2:30-3:20p	Beginner I & II Make-up 2:30-3:20p	
4:00p	Preschool Ages 3-5 3:30-4:15p	Birthday Party 3:30-5:30p		Preschool Ages 3-5 3:30-4:15p	Preschool Make-up 3:30-4:15p					
5:00p	Preschool Ages 3-5 4:30-5:15p		Beginner I 4:30-5:20p			Beginner II 4:30-5:20p				
6:00p	Preschool Ages 3-5 5:30-6:15p		Beginner I 5:00-5:50p			Beginner I 5:00-5:50p				
7:00p	Beginner II 6:30-7:20p	Beginner II 6:00-6:50p	Beginner II 6:00-6:50p	Intermediate 6:00-6:50p	Birthday Party 5:30-7:30p OR Parents' Night Out (once a month) 5:15-8:30p					
8:00p	Intermediate 7:30-8:30p	Advanced 7:00-8:00p	Advanced 7:00-8:00p	Springers Xcel Bronze Pre-Team 7:00-8:50p						
		Springers Xcel Bronze Pre-Team 7:00-8:50p Invitation Only		Springers Xcel Bronze Pre-Team 7:00-8:50p Invitation Only						
			Cheer & Acro 7:30-8:30p							

Join us for a
trial class!