



KiPS Family Gymnastics – Fall 2025 Schedule

September 3rd – November 25th



12 Week Session

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:45a 9:00a	Day Camps when School is Out!					Parent & Me Ages ≤ 3 8:45-9:30a	Parent & Me Ages ≤ 3 8:45-9:30a
10:00a						Preschool Ages 3-5 9:30-10:20a	Preschool Ages 3-5 9:30-10:20a
11:00a	Tot Time and Open Play 10:00a-3:00p *Check our website for Tot Time Days!	Tot Time and Open Play 10:00a-3:00p *Check our website for Tot Time Days!	Tot Time and Open Play 10:00a-3p (1:30p on Early Release Camp Days) *Check our website for Tot Time Days!	Tot Time and Open Play 10:00a-12:00p	Parent & Me Ages < 3 11:00-11:45a	Preschool Ages 3-5 10:30-11:20a	Preschool Ages 3-5 10:30-11:20a
12:00p				Preschool Ages 3-5 12:00-12:50p	Preschool Ages 3-5 12:00-12:50p	Beginner I 11:30a-12:20p	Beginner I 11:30a-12:20p
1:00p			Early Release Day Camp FCCPS Early Release Days Only All Kids Welcome 1:30-4:30p	Open Play 1:00-3:00p *Check our website for Tot Time Days!	Open Play 1:00-3:00p *Check our website for Tot Time Days!	Beginner I 12:30-1:20p	Beginner I 12:30-1:20p
2:00p						Beginner II 12:30-1:20p	Beginner II 12:30-1:20p
3:00p			Early Release Day Camp FCCPS Early Release Days Only All Kids Welcome 1:30-4:30p			Beginner II 1:30-2:20p	Beginner II 1:30-2:20p
4:00p	Beginner I 3:30-4:20p	Preschool Ages 3-5 3:30-4:20p		Beginner I 3:30-4:20p	Beginner II 3:30-4:20p	Intermediate 1:30-2:20p	Intermediate 1:30-2:20p
5:00p	Beginner II 4:30-5:20p	Beginner I 4:30-5:20p		Beginner I 4:30-5:20p	Beginner I 4:00-4:50p	Adaptive Gymnastics 2:30-3:15p	
6:00p	Beginner I 5:30-6:20p	Beginner II 5:30-6:20p		Preschool Ages 3-5 5:30-6:20p	Beginner II 4:00-4:50p	Boys Beginner 3:30-4:20p	Birthday Party 2:30-4:30p events@kipsfamily.com
7:00p	Beginner II 6:30-7:20p	Intermediate 6:30-7:20p	Beginner II 6:30-7:20p	Intermediate 6:30-7:20p	Open Gym Skills Practice 5:00-7:00p OR Parents' Night Out once a month 5:15-8:30p kipsfamily.com		Beginner I & II Make-up Classes 4:15-5:00p
8:00p		Advanced 7:15-8:30p (75 mins)	Come As You Are Teen Class 7:30-8:20p	Advanced 7:15-8:30p (75 mins)		Birthday Party 4:30-6:30p events@kipsfamily.com	Open Gym Skills Practice 5:00-7:00p

Reach out to
events@kipsfamily.com
for Birthday Party and
Private Event inquiries!

