



KiPS Family Gymnastics - Fall 2025 Schedule

September 3rd - November 25th

12 Week Session

★ Class Full



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
8:45a 9:00a	Day Camps when School is Out!					Parent & Me Ages ≤ 3 8:45-9:30a	Parent & Me Ages ≤ 3 8:45-9:30a		
10:00a	Tot Time and Open Play 10:00a-3:00p	Tot Time and Open Play 10:00a-3:00p	Tot Time and Open Play 10:00a-3p (1:30p on Early Release Camp Days) *Check our website for Tot Time Days!	Tot Time and Open Play 10:00a-12:00p		Preschool Ages 3-5 9:30-10:20a ★	Preschool Ages 3-5 9:30-10:20a ★		
11:00a					Parent & Me Ages < 3 11:00-11:45a	Preschool Ages 3-5 10:30-11:20a ★	Preschool Ages 3-5 10:30-11:20a ★		
12:00p				Preschool Ages 3-5 12:00-12:50p	Preschool Ages 3-5 12:00-12:50p	Beginner I 11:30a-12:20p ★	Beginner I 11:30a-12:20p ★		
1:00p			*Check our website for Tot Time Days!	*Check our website for Tot Time Days!	Early Release Day Camp FCCPS Early Release Days Only All Kids Welcome 1:30-4:30p	Open Play 1:00-3:00p *Check our website for Tot Time Days!	Open Play 1:00-3:00p *Check our website for Tot Time Days!	Beginner I 12:30-1:20p ★	Beginner I 12:30-1:20p ★
2:00p	Beginner II 1:30-2:20p	Beginner II 1:30-2:20p						Beginner I 12:30-1:20p ★	Beginner I 12:30-1:20p ★
3:00p									Adaptive Gymnastics 2:30-3:15p
4:00p	Preschool Ages 3-5 3:45-4:30pm	Preschool Ages 3-5 3:30-4:20p	Preschool Ages 3-5 4:30-5:20p	Beginner I 3:45-4:30p	Beginner II 4:00-4:50p	Boys Beginner 3:30-4:20p	Beginner I & II Make-up Classes 4:15-5:00p		
5:00p	Beginner I 4:30-5:20p	★ Beginner I 4:30-5:20p		★ Beginner I 4:30-5:20p		Open Gym Skills Practice 5:00-7:00p OR Parents' Night Out once a month 5:15-8:30p kipsfamily.com		Birthday Party 4:30-6:30p events@kipsfamily.com	Open Gym Skills Practice 5:00-7:00p
6:00p	★ Beginner I 5:30-6:20p	★ Beginner II 5:30-6:20p	★ Beginner I 5:30-6:20p	★ Preschool Ages 3-5 5:30-6:20p					
7:00p	Beginner II 6:30-7:20p	Intermediate 6:30-7:20p	★ Beginner II 6:30-7:20p	Intermediate 6:30-7:20p	★	★	★		
8:00p		Advanced 7:15-8:30p (75 mins)	Come As You Are Teen Class 7:30-8:20p	Advanced 7:15-8:30p (75 mins)				Reach out to events@kipsfamily.com for Birthday Party and Private Event inquiries!	



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