




KiPS

Family Gymnastics



Spring Session runs March 9th-June 8th

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:45a 9:00a	No Classes March 30th - April 5th, May 23-25th					Parent & Me Ages ≤ 3 8:45-9:30a	Parent & Me Ages ≤ 3 8:45-9:30a
10:00a	Day Camp when School is Out!					Preschool Ages 3-5 9:30-10:20a	Preschool Ages 3-5 9:30-10:20a
11:00a	Tot Time and Open Play 10:00a-3:30p *Check our website for Tot Time Days!	Tot Time and Open Play 10:00a-3:30p *Check our website for Tot Time Days!	Tot Time and Open Play 10:00a-3p (1:30p on Early Release Camp Days)	Tot Time and Open Play 10:00a-12:00p	Parent & Me: Ages < 3 (select Fridays) 11:00-11:45a	Preschool Ages 3-5 10:30-11:20a	Preschool Ages 3-5 10:30-11:20a
12:00p			Early Release Day Camp FCCPS Early Release Days Only All Kids Welcome 1:30-4:30p	Preschool Ages 3-5 12:00-12:50p	Preschool: Ages 3-5 (select Fridays) 12:00-12:50p	Beginner I 11:30a-12:20p	Beginner I 11:30a-12:20p
1:00p				Open Play 1:00-3:30p *Check our website for Tot Time Days!	Open Play 1:00-4:00p *Check our website for Tot Time Days!	Beginner I 12:30-1:20p	Beginner II 12:30-1:20p
2:00p						Beginner II 1:30-2:20p	Intermediate 1:30-2:20p
3:00p	Preschool Ages 3-5 3:45-4:30p	Preschool Ages 3-5 3:45-4:30p				Beginner I & II Make-up / Drop-in / Trial 2:30-3:20p	
4:00p		Beginner I 3:45-4:30p	Beginner II 3:45-4:30p	Boys Beginner 3:30-4:20p	Birthday Party 3:30-5:30p events@kipsfamily.com		
5:00p		Beginner I 4:30-5:20p	Beginner II 4:10-5:00p	Adaptive Gymnastics (select Fridays) 5:00-5:45p Open Gym 5:45-7:15p OR Parents' Night Out once a month 5:15-8:30p kipsfamily.com	Birthday Party 4:30-6:30p events@kipsfamily.com	Preschool Make-up / Drop-in / Trial 5:00-5:30p	
6:00p		Beginner I 5:30-6:20p	Beginner II 5:30-6:20p		Preschool Ages 3-5 5:30-6:20p	Open Gym Skills Practice 5:30-7:00p	
7:00p	Beginner II 6:30-7:20p	Intermediate 6:30-7:20p	Beginner II 6:30-7:20p				
8:00p	Boys Intermediate 7:20-8:10p	KiPS Springers Pre-Team Practice 7:00-9:00p	Advanced 7:20-8:50p (80 mins)		KiPS Springers Pre-Team Practice 7:00-9:00p		Cheer & Acro Tumbling 7:15-8:30p (75 mins)
9:00p							



kipsfamily.com | 703-891-1514 | staff@kipsfamily.com