

KiPS Family Gymnastics

2024 - 2025 School Year September 4, 2024 - June 15, 2025 Weekday Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
10:00 AM	10-11:50am Open Gym Free Play	10-11:50am Open Gym Free Play	10-11:50am Open Gym Free Play	10:00-10:50am Parent & Toddler (Ages ≤ 3)	10:15-10:50am Parent & Baby (6-18 mo)
11:00 AM				11:00-11:50am Preschool Ages 3-5	11:00-11:50am Parent & Toddler (Ages ≤ 3)
12:00 PM	12:00-12:50pm Parent & Me/Preschool Ages 2-4	12:00-12:50pm Parent & Me/Preschool Ages 2-4	12:00-12:50pm Parent & Me/Preschool Ages 2-4	12:00-12:50pm Parent & Me/Preschool Ages 2-4	12:00-12:50pm Parent & Me/Preschool Ages 2-4
1:00 PM			1:30-4:30pm School's Out KiPS Kamp	1-2:50pm Open Gym Free Play	1-2:50pm Open Gym Free Play
2:00 PM					
3:30 PM			FCCPS Early Release Days Only All Kids Welcome		
4:30 PM	3:30-4:20pm Beginner I	3:30-4:20pm Preschool Ages 3-5		3:30-4:20pm Beginner II	4:00-4:50pm Beginner I
5:30 PM	4:30-5:20pm Beginner II	4:30-5:20pm Beginner I	4:30-5:20pm Preschool Ages 3-5	4:30-5:20pm Beginner I	5:00-7:00pm Open Gymnastics Skills Practice ** OR ** 5:15-9:00pm Parents' Night Out (PNO) 1x/mo Check kipsfamily.com
6:30 PM	5:30-6:20pm Parent & Me/Preschool Ages 2-4	5:30-6:20pm Beginner I	5:30-6:20pm Beginner I	5:30-6:20pm Preschool Ages 3-5	
7:30 PM	6:30-7:50pm Intermediate (80 mins)	6:30-7:20pm Beginner II	6:30-7:20pm Beginner II	6:30-7:20pm Intermediate	
8:30 PM			7:30-8:50pm Come As You Are Teen/Adult Class (80 mins)		

2024 - 2025 School Year September 4, 2024 - June 15, 2025 Weekend Schedule

Time	Saturday	Sunday
8:45 AM		8:45-9:20am Parent & Baby (6-18 mo)
9:30 AM	9:30-10:20am Preschool Ages 3-5	9:30-10:20pm Parent & Me/Preschool Ages 2-4
10:30 AM	10:30-11:20am Beginner I	10:30-11:20am Preschool Ages 3-5
11:30 AM	11:30am-12:20pm Beginner II	11:30am-12:20pm Beginner I
12:30 PM	12:30-1:20pm Intermediate	12:30-1:20pm Beginner II
1:30 PM	1:30-3:30pm Birthday Party	1:30-2:20pm Intermediate
2:30 PM	email: staff@kipsfamily.com	2:30-4:30pm Birthday Party
3:30 PM		3:30-4:20pm Parent & Me/Preschool Ages 2-4
4:30 PM	4:30-6:30pm Birthday Party	4:00-6:00pm Open Gym Free Play
5:30 PM	email: staff@kipsfamily.com	
6:30 PM		