

# Ballston Area SENIOR UPDATE

## September/October 2020



Milton Community Center  
310 Northline Road  
Ballston Spa, NY 12020  
518 885-6740

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Marge Bayer, Vice President  
Diane Kennedy, Secretary  
Madeline Waller, Treasurer  
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Richard Putnam  
Bernadette Putnam  
Susan Heimbarg  
Alison Bodle

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### Newsletter Editor

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Ballston Area Seniors

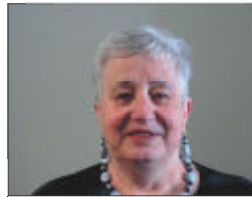
### Community Contacts

Town of Milton  
518 885-9220  
503 Geyser Road  
Ballston Spa, NY 12020

Village of Ballston Spa  
518-885-5711  
66 Front Street  
Ballston Spa, NY 12020

Town of Ballston  
518-885-8502  
323 Charlton Road  
Ballston Spa, NY 12020

Office for the Aging  
518-884-4100  
152 West High Street  
Ballston Spa, NY 12020



Linda Elmer

## FROM THE PRESIDENT

Hello Everyone,

I hope your summer has been a safe and enjoyable time. The weather has been great, so at least we can be outside. I haven't heard of anyone in our group with covid problems so we must be doing a good job. Thank you for that.

Now to what's been going on. On August 3<sup>rd</sup> your board had a meeting at the Park on Rowland Street. A copy of the minutes are in the news letter for you to review.

As noted in the minutes you will notice that Sue Brewer has been working on our new website. If you were unaware, our current website is no longer available to us. She had to create a new one with a new name and address. Sue needed to purchase a new domain name for us. She does not want any money she has spent on our behalf. We all thank you very much for your efforts, Sue. The new address is **ballstonmiltonseniors.com** So please everyone give it a try and enjoy.

Also as stated in the minutes the Town is working very hard to find another place for themselves and especially the Milton court. If they could move the court, at least we could have use of our pool room and craft room. I will let you know of any updates.

Also, your board had another meeting on Aug. 18<sup>th</sup>, to discuss having a drive through meal for seniors. We decided to have a Spaghetti and meatball dinner on September 24<sup>th</sup>. More info inside of newsletter for you.

As always please be safe and happy. I look very much forward to the day when I hear all of you chatting away while eating your lunch. It will happen, maybe a little later than sooner, but it will happen.

God Bless,

Linda Elmer BASC President

## John J Cromie

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Here is a puzzle for you:

1 rabbit saw 9 elephants while going to the river. Every elephant saw 3 monkeys going to the river. Each monkey 1 tortoise in each hand. How many animals were going to the river?

Thanks to Sandra Cath for this puzzle, answer on page 6.

### THOUGHT YOU KNEW EVERYTHING? PART 2

**Our eyes** are always the same size from birth, but our nose and ears keep growing.

**An ostrich's eye** is bigger than its brain.

**A shark** is the only fish that can blink with both eyes.

**A cat** has 32 muscles in each ear.

**A goldfish** has a memory span of three seconds.

(Did I know that already? I've forgotten)

**A snail** can sleep for three years.

(Do you know anyone who could do this too?)

**Babies** are born without kneecaps, they don't appear until the child reaches 2 to 6 years.

**Almonds** are a member of the peach family.

**Peanuts** are one of the ingredients of gunpowder!

In the **last 4,000 years**, no new animals have been domesticated.

If **the population of China** walked past you, 8 abreast, the line would never end because of the rate of reproduction.

**Leonardo Da Vinci** invented the scissors.

**Winston Churchill** was born in a ladies' room during a dance.

**Rubber bands** last longer when refrigerated.

The cruise liner, **QE 2**, moves only 6" for every gallon of diesel that it burns.

The **winter of 1932** was so cold that Niagara Falls froze completely solid.

There are more **chickens** than people in the world.

**Women blink** nearly twice as much as men.

The **microwave** was invented when a researcher walked by a radar tube and a bar of chocolate melted in his pocket. (Good thing he didn't have dynamite!).

Thanks again to Neil Kennedy for all these fun facts.



Oh No!!! What is the Chorus (and their willing friends) going to do now!!!

A woman went to the doctors office, where she was seen by a new doctor, but after about 4 minutes she ran out of the examination room screaming and ran down the hall. An older doctor stopped and asked what was wrong. After listening to her story, he told her to go into another room, sit down and relax. The older doctor marched down the hall and confronted the new doctor, demanding 'What's the matter with you? Mrs Smith is 63 years old, has 4 grown up children and 7 grandchildren, and you told her she was PREGNANT!'

The new doctor continued to write on his clipboard and without looking up said, 'Well, yes I did, and I bet her hiccups are gone now.'

Thanks to Mary Egan for that laugh!

**Why is Cinderella bad at sports?**

**Because she has a pumpkin for a coach, and she runs away from the ball.**

**The biggest loser at the weight lose club was an elderly woman.** 'How'd you do it?' she was asked. 'Easy,' she said, 'Every night I take my teeth out at 6 o'clock' 'You know when you're getting old,' my friend said, 'when you tell your best friend you're having an affair and she asks, 'Is it catered?''

When my friend phoned the IRS recently, he prefaced his comments by stating, 'I'm calling with the stupid question of the day.'

The tired-sounding clerk replied, 'Too late.'

Thanks to Maryalice Donlon for these jokes!

Sue Brewer thought this would be a good way for Seniors to travel and social distance!



## THE THREE MOST IMPORTANT ITEMS IN MY KITCHEN

I asked people about the 3 most important items in their kitchens. You already had a stove and cook top, refrigerator and freezer and a dishwasher; china and silverware, pots, pans and baking dishes, knives and stirrers. What else couldn't you live without? Here are some replies.

**Bernie Putnam:** Our vintage Hoosier cabinet (where I can reach my dishes), my step stool, and last but not least, my Grabber that I call my other arm and hand. I was going to say the microwave but I really need these if I want to use the microwave.

**Andi Simard:** My microwave, toaster oven, and a sponge.

**Maryalice Donlon:** A set of iron frying pans (I even took them on camping trips), Pyrex mixing bowls, and gadgets to scrape jars and bowls—small handled items with a flat area on end for scraping the last bit from the jar or bowl.

**Arlene Peterson:** The microwave and paper towels or oven mitt, though without power (which she lost for 5 hours recently) they would be useless. Third item—her dog, Milo! Photo and news of him on Page 6.

**Walt Wallace:** My cutting board, my paring knife, and my salad bowl. Hoping to get back to carving soon—wood I assume, not turkey!

**Sue Brewer:** The microwave, toaster oven and my breadmaker.

**Sharon Sommer:** Slo cooker, mandolin and Pampered Chef chopper.

**Pat Edwards:** A Kitchen Aid mixer, food processor, and a bread machine. I use them all the time, they are on my kitchen counter and ALWAYS plugged in. Don't know what I'd do without them.

**Sharon Laviska:** A Hamilton Brew Master coffee machine which brews a carafe on one side and individual pods for one cup on the other, my kitchen shears which I bought online and cut everything, even use them in the garden, and a tiny 1 1/2 cup saucepan (bought at a garage sale for \$0.50c) which heats just enough gravy, sauce etc for me when I eat alone.

**Anna Verdichizzi:** My coffee maker, Kcups and my smoke detector!

**Sue Croft:** My kitchen has an air freshener, 'a must' when you cook with spices or strong scented foods.

**Nan Harvey:** My fridge, stove and pots, then I'll have food I can cook, and eat from the pot with fingers!

**Kathy Hedgeman:** A toaster oven, green rubber cloth to open jars, and refrigerator magnets.

**Sally Snyder:** A slotted spoon, aluminum foil, and my knife sharpener.

**Alison Bodle:** My microwave for cooking and reheating (like the forgotten cup of tea), paper towels, and my radio which gets turned on as soon as I go into the kitchen, tuned to WAMC Public Radio for news, discussion, interesting programs but never the opera.

Thank you to everyone for your ideas, this was fun. Any thoughts for another question to members for the next newsletter?



## SEPTEMBER OCTOBER

1 Alice Whitaker	1 Marion A. Cole
2 Ann Pavlick	5 Allen Doty
4 George Kilfoyle	5 Anne Groski
4 Walter Groves	6 Kathi Mulvey
6 Gail Moore	6 Tony Pharo
7 Bonnie Sokol	6 Chris Burghart
9 Liz Kormos	6 Raymond Groski
11 Fran Hagadorn	9 Wendell Williams
11 Jack Kozlowich	11 Elizabeth Jurcsak
12 Jack W. Hoffman	12 Trisha Mitchell
12 Joan Charnews	12 Michelle McClements
13 Carolina Shipreck	13 Phyllis Warnt
14 Margaret Anderson	14 Alberta V. Conroy
14 Dorothy Clark	14 Cyndi Owen
15 Donna Mayette	15 Richard Schultz
16 Pamela Manning	16 Mary-Ellen Papke
17 Helen Downes	17 John Roth
17 Mary Ann Capone	17 Katherine Richiazzi
17 Curtis Niemeyer	17 Ellie Naylor
21 Richard Putnan	19 Joy Reynolds
21 Deirdre Leland	21 Barry Finley
23 Joan Ciembroniewicz	21 Catharine Epps
23 Joanne Bless	21 Toni Dybowski
25 Robert DeMayo	22 Janice Dempster
26 Barbara Shay	23 Jean Gaudio
27 Jo-An Trapp	23 Joyce Cook
29 Marion Richardson	24 Jack Broderson
29 Rosemary Huehn	25 Carolyn Kenyon
29 Shirley Ballard	27 Margaret J. Wheeler
30 Carol Beals	27 Dorothy Christiansen
	28 Christina Smith
	28 Marge Bayer
	29 Anna Verdichizzi
	29 MaryAlice Donlon
	30 Lou Cook
	30 Kathy Groski
	31 Bernadette Putnan

A reminder to all to **VOTE** There is early voting, and the Saratoga County Board of Elections (518 885 2449) will be happy to answer any questions, i.e. where, when & how to vote. Remind people, bring a friend, **JUST VOTE!** Thanks, Kathy Hedgeman

# WELCOME NEW MEMBERS

Joseph Rossi

Board Meeting August 18th 2020 in the Town park at 2pm. Missing Bernie, Rick and Marge. Linda started the meeting with information from the Food Vendors that Sue and Alison visited.

- (1) Brooks BBQ will deliver Chicken to go with 2 sides, roll, beverage and desert. Cost is \$14.39. We must have 100 orders, no delivery charge.
- (2) Mom and Pops offer wraps and subs with salad, chips and cookie. Cost is \$11. Hot food, chicken parmesan, spaghetti and meatballs or hot turkey with salad and garlic bread.
- (3) Pizza Time, dinner choice is Chicken Marsala or Parm or Guiseppe with sauce, pasta, salad and bread. Cost is \$12.50 for delivery or pick up. Delivery charge if over 5 miles. A \$200 down payment. Wednesdays between 1—4pm.
- (4) Pizza Etc, chicken, meatballs or eggplant with ziti or lasagna. Cost is \$11 + \$0.99 for delivery over 4 miles. Wednesdays only, pick up between 1-4pm, delivery between 3-4 pm. Offers choice if members pick up at establishment.

After much discussion, a motion was made by Barbara and 2nd by Madeline to have members pick up dinners at the Senior Center, motion passed. Another motion was made by Barbara and 2nd by Alison to accept the following: (motion passed)

**Mom and Pops Spaghetti and Meatballs Dinner  
Thursday September 24th 2020.  
\$5.00 cost to Seniors, checks only to BASC.  
Pick up at the Senior Center Lot, 4-6pm.  
Tickets on sale now through September 16th.  
NO tickets sold on the day of delivery.**

Barbara Broderson will handle the distribution of tickets. Bernie Putnan will be asked to make the tickets. Alison will be chairperson. Advertise on our website, Andi's and Ellie's Facebook pages and in our newsletter.

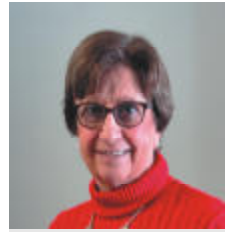
We will have proper PPE for members working. Volunteers will pick up at Mom and Pops, collect tickets and hand out dinners.

We will call Mom and Pops on September 17th with the final amount of dinners.

Meeting ended at 2.50pm.

Ticket sale information on page 6.

# Around the Town



Barb Kerr

## Around the Town (NO FLUFF!)

I've been accused lately of writing a lot of "fluff" for the Seniors Newsletter. This maybe correct, but these are difficult times and I try to keep everyone's spirits up.

Well, lets get to the facts:

At this time the Town is not considering building a new Town Hall. There is no way I would vote to raise taxes in these uncertain times. If anyone has any ideas or suggestions on how to raise 10 million dollars for a new Town Complex, I'd love to hear from you.

As of this writing, there has been no progress towards moving operations back to Town Hall. Six months is long enough, and I am just as frustrated as most of you. I want to move forward with roof repairs before the snow falls and does more damage to our building, this is an absolute necessity. Town operations need to go back to our Town Hall where they belong.

The Seniors need their space back. As I have stated before I have seen a huge difference with some of our Seniors. We all need our socialization and activities to stay active and alert. I realize that we never thought we would be in this position, but if I leave this world I want to leave it having fun and with my family and friends, including spending time with my friends from the Ballston Seniors.

Let your Town Officials know how you feel about the Community Center. I need your voices; I can't do it alone. Come to Board Meetings (Second and Forth Wednesdays of the month at 7:30) Write letters to the Board Members, our email addresses are on the webpage and handwritten letters can be delivered to the Community Center. We all know where that is located! Ballston Spa Seniors need their home and activities.

Please remember we still must practice social distancing, wear your masks and limit the number of Seniors at meetings and gatherings.

Stay safe and enjoy the upcoming Labor Day Weekend.

See you all soon,

Barbara

## Spaghetti Dinner Ticket Information

Tickets will be on sale for \$5.00 by Sue Heinburg and Alison Bodle.

Thursday 27th August, 2-4pm at the Burgess Kimball Park on Rowland Street.

Thursday 3rd September, 2-4pm at the Park.

Friday 4th September, 2-4pm under the portico at the front of the Senior Center.

Friday 11th September, 2-4pm at the Senior Center.

Anyone can buy tickets for spouse or friends as long as they are members.

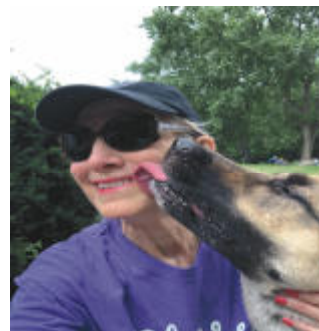
If you can't make any of these dates, please call me for help at 518 288 3565 and we can find a way to get you tickets.

Thanks, Alison

Have you looked at our new website, [ballstonmiltonseniors.com](http://ballstonmiltonseniors.com)? Sue Brewer has set it up and it is a great promotion of our group, with lots of news about our friends and what is happening right now as we wait to get together again. There are photos of activities (remember dinners, dances, pickin'sessions, and just getting together with our friends?). Thank you Sue, and keep up the good work.

This is Arlene Perterson's dog Milo, her 3rd choice for a kitchen item! She says that despite the furballs in the kitchen (and all over the house), he sits at their feet while they eat, makes them laugh and gives them an excuse to exercise. He loves them no matter what

and they love him. All of us pet owners know exactly what you mean!



## Answer to puzzle:

10 animals. The elephants were not going to the river, and they all saw the same 3 monkeys. So 1 rabbit, 3 monkeys and 6 tortoises.

Did you get it?



## 2020 Membership Dues / New Member Application

Membership dues run from January 1st through December 31st. Please enclose check (payable to BASC), your BASC membership card and a self addressed, stamped envelope and mail to Barb Broderson, 48 Edmund Drive, Ballston Spa, NY 12020, or pay at the Thursday luncheon meetings 10:00am to noon.

### DUES SCHEDULE

**Note: New members \$10.00 upon sign-up regardless of age**

**\$10.00 = 55 to 79 years in 2019**

**\$5.00 = Turned 80 in 2019**

**FREE = Turned 90 in 2019**  
(return membership form to update records)

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Street Address: \_\_\_\_\_ Apt. # \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Live in: ☐ Town of Milton ☐ Village of Ballston Spa ☐ Town of Ballston ☐ Other \_\_\_\_\_

Marital Status ☐ Single ☐ Widow/Widower ☐ Married

Spouse: First Name \_\_\_\_\_

Anniversary Date: (day, month & year) \_\_\_\_\_

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Membership Secretary Barbara Broderson 518 885 4229

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# Thrive *Locally*





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### **Weekly Activities**

#### **Mondays**

10:30 a.m. to 11:30 a.m.	Chorus
11:30 a.m. to 12:30 p.m.	Stretch & Fit, Exercise

#### **Tuesdays**

9:00 a.m. to noon	Crafts
9:00 a.m. to 11:30 a.m.	Woodcarving
9:00 a.m. to 12:00 p.m.	Billiards
12:30 p.m. to 2:00 p.m.	Wii Bowling
1:00 p.m. to 3:30 p.m.	Mahjong, Cards, Board Games
2:15 p.m. to 3:15 p.m.	Healthy Bones for Life

#### **Thursdays**

9:30 a.m. to 11:45 a.m.	Crafts, Cards, Billiards
11:45 a.m. to 4:00 p.m.	Lunch, Meeting, Bingo

#### **Friday**

2:15 p.m. to 3:15 p.m.	Healthy Bones for Life
6:30 p.m. to 9:00 p.m.	Games & Cards



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