

Ballston Area **SENIOR UPDATE** *November/December 2025*

Milton Community Center
310 Northline Road
Ballston Spa, NY 12020
518 490 2851

Officers

Francine Dudka, President
Mike Andreadakis, Vice President

Mary Egan, Secretary
Meg Stevens, Treasurer
Lisa Watson, Membership

Directors

Jim Frey
Sue Heimburg
Bernadette Putnam
Madeline Waller

Membership

Lisa Watson

Newsletter Editor

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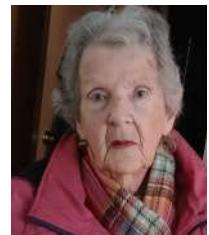
Town of Milton
518 885-9220
503 Geyser Road
Ballston Spa, NY 12020

Village of Ballston Spa
518-885-5711
66 Front Street
Ballston Spa, NY 12020

Town of Ballston
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323 Charlton Road
Ballston Spa, NY 12020

Office for the Aging
518-884-4100
152 West High Street
Ballston Spa, NY 12020

FROM THE PRESIDENT



Hello Fellow Members,

As I present the final President's Report of my term, I am compelled to reflect on the motivations that guided me and the progress we have achieved together. When I first sought office, my foremost objective was to make a meaningful impact within our organization. I recognized that our reputation in the community had suffered, primarily because we were perceived as unwelcoming and struggled to retain new members.

Throughout my tenure, the Board and I have worked diligently to confront these issues. We have made concerted efforts to improve our standing and foster a more inclusive environment. At times, our progress was impeded by internal factions whose personal agendas conflicted with our shared goals and the principles outlined in the Code of Conduct.

Despite these challenges, I am proud to highlight several notable achievements. Recognizing the urgent need to strengthen our financial position, we took deliberate actions to address this concern. Revamping our membership processes became a priority, with the goal of creating a more supportive and welcoming atmosphere for all members.

In addition to these organizational initiatives, I personally chaired the Bazaar and organized potluck lunches, fostering community and engagement amongst our members. I also devoted substantial time to catching up on essential administrative tasks, ensuring the smooth operation of our organization.

As the Holiday approaches, I wish everyone blessed days of remembrance. May you experience joy and success in the coming New Year.

Respectfully submitted,

Francine Dudka



John J Cromie

Attorney at Law

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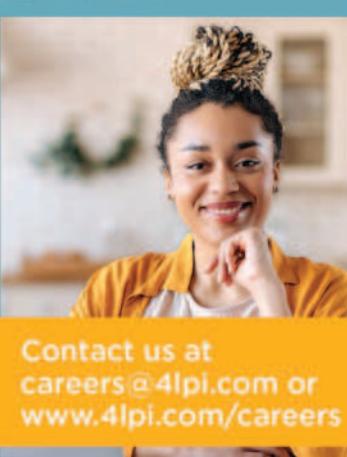
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SPECIAL EVENTS

There will not be any Special Events in November because we have so much else going on. But.....

The Committee is planning a Christmas sweater contest on December 11th, and the categories will be Ugly, Pretty, Funny and Unusual—and there will be prizes of course, and treats!

SAVE THE DATES FOR FESTIVE DINNERS

The Thanksgiving Turkey Dinner will be held on **Thursday 6th November** and it will be at The Vista, the Van Patten Golf Club in Clifton Park.

Doors open at 11.15am and lunch will be served at noon.

The Christmas Dinner will be held at the Senior Center on **Saturday 6th December**. Doors open at 1.15pm and dinner will be served at 2.00pm. The Neighborhood Kitchen will be catering for us again.

The cost of the tickets will be \$18.00 for members, and \$38.00 for guests. Tickets will be on sale at the meetings on the **13th and 20th of November**.

Mark Hersh will be our DJ for both events.

Tickets must be purchased in advance for both dinners, no tickets will be sold at the doors.

WE ALL NEED A LAUGH

Every time we try to eat healthy, along comes Christmas, Easter, summer, Friday or Tuesday and ruins it for us.

The Fitness Trainer asked me 'What kind of squat are you accustomed to doing?' I said 'Diddly.'

The best murder weapon would be a Tupperware lid because no one would ever find it.

Do you ever get the urge to start organizing and 2 hours later you're looking at a mess like.....WHAT THE HELL HAVE I DONE!!!

The most expensive vehicle to operate, by far, is the Costco (or BJ'S) shopping cart.

Folgers got it wrong, the best part of waking up is going back to bed after you pee.

Thanks to Neil Kennedy for these gems.

The Chorus performed for our members their latest program, 'American Folk Songs'. We also go to a few local nursing homes to sing as well, where we are always welcomed.

Love to sing? Come and join us on Mondays at 10.00am



Carol at the piano with Marcia performing 'Red River Valley'.

Marcia and Ginny practicing 'Where have all the Flowers Gone'.



Helene brought her train whistle to perform 'The City of New Orleans'.

WEDNESDAY PICKIN' SESSION

Evening sessions will be held Wednesdays, **5th November and 3rd December**. Doors open at 6.00pm; music starts at 6.30pm and ends at approximately 9.00pm. Afternoon sessions will be **19th November and 17th December** from 1.00pm to 3.00pm. Pickin' Sessions are open to the public.

Take a few hours and join in the music. Sing along, dance, tap your foot or.... bring your acoustic instrument and play along. There's no entrance fee but snacks to share would be appreciated.

Contact: Email Earl Eaton Jr. at eeatonjr@aol.com for information.



DANCES

Saturday Dance Dates for 2025

November 8th Peaceful Country Band

December 13th Mark Hersh DJ

Come and enjoy our dances, even if you just want to listen to the music and watch the dancers having fun! The entry fee is \$7 and it includes snacks, juice, coffee and tea. They start at 7.00pm and finish at 10.00pm.



2026 TRIP SCHEDULE

Mary Egan, trip coordinator, is working on exciting trips for us in 2026. Here are some that she is hoping to finalize soon.

Beardsley Castle Mystery Dinner Theater.
Lake George Lunch Cruise.

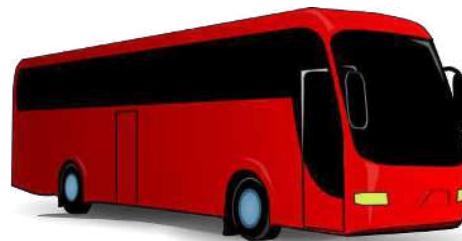
May or June—Joseph Popp Jr Butterfly Conservatory, lunch at Ommegang Brewery, Glimmerglass Boat tour on Otsego Lake.

July—The Lobster Pot for a lobster dinner.

August—Lake George Dinner Theater.

October—Gavin's for October Fest.

If you have any other suggestions for Mary of somewhere you would like us to go, please see her at a Thursday meeting, or call her at 518 630 6322.



PAINT AND SIP

On **Friday 14th November** Heather from Paint and Gogh is coming again to lead us in a Christmas event, painting on either a tall vase or 2 drinking glasses. It will be at the Senior Center from 2pm, with drinks and snacks included. The cost is \$15.00pp, payable with cash or a check made payable to BASC. Call me (Alison) by Monday 10th to sign up, 518 288 3565.

Come and make something special for Christmas, for yourselves or as a present.



NOVEMBER

Anthony Kathy
Baloumi Elizabeth
Blackwelder Jere M.
Cooper Judy
Coviella Ronald
Crawford Charles
Dsouza Stanley
Elmer Linda L.
Frederick Carol
Fredette Doris R.
Gallagher Lucille
Heimburg William F.
Houde Pamela
Hrebinczak Diane
Laviska Sharon
Lopez Judith
Marcy John
Marra Rose
Moore Marilyn
Myers Norma
Nunes Alice
Rudnick Ruth
Scotti Clara
Thurnau Carl

DECEMBER

Anderson Loretta
Ambruster Ruth
Bagan Bonnie
Burke Allen
Casy Mary Lou
Conley Michael
Dardaris Donna
DeBlaere Carolee
Doane Barbara
Dussault Karen
Eaton Earl Jr.
Fayad Jon
Groff Karen
Hanger William
Heimburg Susan A.
Humphrey Virginia
Hutt Joan
Kuczek Phyllis
Many Frances
MacAvoy Charlene
Miller Doraine
Nabozny Thomas
O'Boyle Priscilla
Polewczak James
Powell Madonna
Pratico Theresa
Puffer Suzanne
Riley Elizabeth
Rose Betsy
Sharp Robert
Spencer Jean
Steeves Arthur
Tuminello Louis
Waller Howard
Walsh Heidi
West Clinton
Wing Mary Beth



Barger, Rosemary

DeBlaere, Carolee

Harris, Raymond

Puffer, Suzanne

Puffer, Terry

Stiassney, Heather

Stiassney, John

Wescott, Linda

Old Age is a thing...last night I had been in bed for 20 minutes when I heard the pizza guy cough. Then I remembered I had come upstairs for my wallet!

Thanks to Macia Andreadakis for this piece of Senior humor.

MORE BRITISH SLANG

Anorak	a rain jacket, or a person with a boring hobby-like trainspotting.
Blinder	played a blinder, like scoring a fabulous goal.
Curtain Twitcher	someone who spies on neighbors from behind their curtain.
Doddle	something easy to do.
Not my cup of tea	something that doesn't interest me.
Splash out	spend lots of cash.
Take the Mickey	make fun of someone.
Taking the Biscuit	for winning first prize, or producing something special.
Tenner	a ten pound note.
Shilling	old money! Brits went to the decimal system in 1971. A shilling was worth 12 old pennies and there were 20 shillings to a pound.

AROUND THE TOWN



Hello Everyone,

First, I want to thank the Seniors for joining us for the Trunk or Treat last Saturday. It was a great event, and we believe we had over 200 children and families attend. Next year we'll have to buy extra hotdogs!

Halloween is the real kick-off for the Fall Season. The Town Highway Department is busy working all around the Town picking up leaves. If you're into raking or blowing leaves, get them down to the road or street you live on, and the Highway crew will be around to clean them up. Highway is also getting equipment ready for that nasty work SNOW. Our Highway does a fantastic job keeping our streets safe for everyone. Lastly, our new Highway Garage on Rowland Street is due to open January 1, 2026. If weather permits (no snow or ice) the move will begin.

The Town Board meeting will be held a week earlier in November, because of the Thanksgiving Holiday. The meeting will be November 19th at 6:30 at Town Hall. Everyone is welcome to attend, and we encourage the public to let us know your thoughts on the Town.

I hope everyone is ready to enjoy a wonderful Thanksgiving. This is really the start for the Holiday season, Black Friday and shop until you drop (or run out of money) season. That brings me to the Village Holiday Parade. This wonderful event will take place on the First Friday, December 5th. I will leave it up to Alison to announce the start time and the best place to watch the parade.

Lastly, it really is my pleasure to be the liaison between the Town Board and the Ballston Seniors. If you have any questions or concerns you have, please do not hesitate to contact me. As your liaison I want to announce, the new McDonalds is open here in Town Center and Ted's Fish fry will officially be open November 1.

That's about it, until next time,

Barbara

BALLSTON AREA SENIORS

2026 MEMBERSHIP NEW - RENEWAL

Membership dues run from January 1st thru December 31st

All new members pay \$15, then the following:

\$15 = 55+ years \$10 = Turned 80 in 2025 FREE = Turned 90 in 2025

Enclose check payable to BASC

Membership dues may be paid at Thursday luncheon meetings from 10am to noon. Please fill out even if over 90.

Last Name _____ First Name _____ Birthday _____

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I want to receive the Newsletter by: Email Mail Pick Up at Community Center

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Dues may also be mailed to:

BASC Membership
310 Northline Rd,
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ELECTION OF NEW OFFICERS FOR 2026

In October we will be preparing for the next elections. This year we will be voting for President, Vice-President, Secretary, Treasurer, Membership Officer and 2 Directors. That is a lot to think about!

If you would like to run for any of these offices, please talk to Sue Heimburg who will be able to give you the lists of duties that each person has to perform. New members are allowed to run after one (1) year of membership. You will need to prepare a Letter of Intent, stating why you would like to stand, what qualifications you can bring to the office and how long you have been a member, and these must be in to the nominating committee by **November 13th**. Nominations from the floor must be declared that day too. On **November 20th** the candidates will read their letter of intent to the membership. **December 4th** is the day we will vote for the candidates, between 9.00am and 11.00am. Please consider standing for one of these positions, we need a strong Board to take us into 2026.

The nominating committee is: Alison Bodle, Sue Heimberg, Bernadette Putnam, Sally Snyder and Madeline Waller.

Because family matters let us take care of yours.
William J. Mevec Mary Ann Mevec

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WEEKLY ACTIVITIES

Mondays

9.00am—12.00	Shooting Pool
10.00am—11.00am	Chorus
11.15am—12.00	Exercise

Tuesdays

10.00—12.00	Crafts
1.00—4.00pm	Mahjong

Thursday

10.30-11.15	Flex & Stretch Chair
	Exercise
12.00	Lunch & Meeting.
1.00—4.00pm	Shooting Pool

Fridays

11.15am—12.00	Exercise
6.30—9.00pm	Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 920 4640, Alison for exercise at 518 288 3565, and Carol Moll for flex & stretch at 518 399 8926.

MARK YOUR CALENDARS

NOVEMBER

5th	Pickins' 6.30-9.00pm
6th	Thanksgiving Dinner at the Van Patton Golf Club, doors open 11.15. Tickets only.
8th	Dance, Peaceful Country Band, 7.00-10.00pm
13th	Luncheon, Meeting, Board Meeting. Dinner tickets for sale
14th	Paint & Sip with Heather, 2.00pm
19th	Pickins' 1.00-3.00pm
20th	Luncheon, Meeting. Dinner tickets for sale.

DECEMBER

3rd	Pickins' 6.30-9.00pm
4th	Luncheon, Meeting, Board Meeting. Voting for new Board Members.
6th	Festive Dinner at the Community Hall, doors open at 1.15. Tickets only.
11th	Luncheon, Meeting.
13th	Dance, DJ Mark Hersh, 7.00-10.00pm.
17th	Pickins' 1.00-3.00pm.
18th	Luncheon, Meeting.

Enjoy the holidays and see you in the New Year.