

# Ballston Area SENIOR UPDATE

## November/December 2025

Milton Community Center  
310 Northline Road  
Ballston Spa, NY 12020  
518 490 2851

### Officers

Francine Dudka, President  
Mike Andreadakis, Vice President  
Mary Egan, Secretary  
Meg Stevens, Treasurer  
Lisa Watson, Membership

### Directors

Jim Frey  
Sue Heimburg  
Bernadette Putnam  
Madeline Waller

### Membership

Lisa Watson

### Newsletter Editor

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### Website:

Ballstonmiltonseniors.com

### Facebook:

Ballston Area Senior Citizens

### Community Contacts

Town of Milton  
518 885-9220  
503 Geyser Road  
Ballston Spa, NY 12020

Village of Ballston Spa  
518-885-5711  
66 Front Street  
Ballston Spa, NY 12020

Town of Ballston  
518-885-8502  
323 Charlton Road  
Ballston Spa, NY 12020

Office for the Aging  
518-884-4100  
152 West High Street  
Ballston Spa, NY 12020

## FROM THE PRESIDENT



Hello Fellow Members,

As I present the final President's Report of my term, I am compelled to reflect on the motivations that guided me and the progress we have achieved together. When I first sought office, my foremost objective was to make a meaningful impact within our organization. I recognized that our reputation in the community had suffered, primarily because we were perceived as unwelcoming and struggled to retain new members.

Throughout my tenure, the Board and I have worked diligently to confront these issues. We have made concerted efforts to improve our standing and foster a more inclusive environment. At times, our progress was impeded by internal factions whose personal agendas conflicted with our shared goals and the principles outlined in the Code of Conduct.

Despite these challenges, I am proud to highlight several notable achievements. Recognizing the urgent need to strengthen our financial position, we took deliberate actions to address this concern. Revamping our membership processes became a priority, with the goal of creating a more supportive and welcoming atmosphere for all members.

In addition to these organizational initiatives, I personally chaired the Bazaar and organized potluck lunches, fostering community and engagement amongst our members. I also devoted substantial time to catching up on essential administrative tasks, ensuring the smooth operation of our organization.

As the Holiday approaches, I wish everyone blessed days of remembrance. May you experience joy and success in the coming New Year.

Respectfully submitted,

Francine Dudka



## John J Cromie

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George & Jackie

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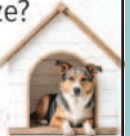


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## SPECIAL EVENTS

There will not be any Special Events in November because we have so much else going on. But.....

The Committee is planning a Christmas sweater contest on December 11th, and the categories will be Ugly, Pretty, Funny and Unusual—and there will be prizes of course, and treats!

## SAVE THE DATES FOR FESTIVE DINNERS

The Thanksgiving Turkey Dinner will be held on **Thursday 6th November** and it will be at The Vista, the Van Patten Golf Club in Clifton Park. Doors open at 11.15am and lunch will be served at noon.

The Christmas Dinner will be held at the Senior Center on **Saturday 6th December**. Doors open at 1.15pm and dinner will be served at 2.00pm. The Neighborhood Kitchen will be catering for us again. The cost of the tickets will be \$18.00 for members, and \$38.00 for guests. Tickets will be on sale at the meetings on the **13th and 20th of November**. Mark Hersh will be our DJ for both events. Tickets must be purchased in advance for both dinners, no tickets will be sold at the doors.

## WE ALL NEED A LAUGH

Every time we try to eat healthy, along comes Christmas, Easter, summer, Friday or Tuesday and ruins it for us.

The Fitness Trainer asked me 'What kind of squat are you accustomed to doing?' I said 'Diddly.'

The best murder weapon would be a Tupperware lid because no one would ever find it.

Do you ever get the urge to start organizing and 2 hours later you're looking at a mess like.....WHAT THE HELL HAVE I DONE!!!

The most expensive vehicle to operate, by far, is the Costco (or BJ'S) shopping cart.

Folgers got it wrong, the best part of waking up is going back to bed after you pee.

Thanks to Neil Kennedy for these gems.

The Chorus performed for our members their latest program, 'American Folk Songs'. We also go to a few local nursing homes to sing as well, where we are always welcomed.

Love to sing? Come and join us on Mondays at 10.00am



Carol at the piano with Marcia performing 'Red River Valley'.

Marcia and Ginny practicing 'Where have all the Flowers Gone'.



Helene brought her train whistle to perform 'The City of New Orleans'.

### WEDNESDAY PICKIN' SESSION

Evening sessions will be held Wednesdays, **5th November and 3rd December**. Doors open at 6.00pm; music starts at 6.30pm and ends at approximately 9.00pm. Afternoon sessions will be **19th November and 17th December** from 1.00pm to 3.00pm. Pickin' Sessions are open to the public.

Take a few hours and join in the music. Sing along, dance, tap your foot or.... bring your acoustic instrument and play along. There's no entrance fee but snacks to share would be appreciated.

Contact: Email Earl Eaton Jr. at [eeatonjr@aol.com](mailto:eeatonjr@aol.com) for information.



### 2026 TRIP SCHEDULE

Mary Egan, trip coordinator, is working on exciting trips for us in 2026. Here are some that she is hoping to finalize soon.

Beardsley Castle Mystery Dinner Theater.

Lake George Lunch Cruise.

May or June—Joseph Popp Jr Butterfly Conservatory, lunch at Ommegang Brewery, Glimmerglass Boat tour on Otsego Lake.

July—The Lobster Pot for a lobster dinner.

August—Lake George Dinner Theater.

October—Gavin's for October Fest.

If you have any other suggestions for Mary of somewhere you would like us to go, please see her at a Thursday meeting, or call her at 518 630 6322.



### DANCES

#### Saturday Dance Dates for 2025

November 8th      Peaceful Country Band

December 13th    Mark Hersh DJ

Come and enjoy our dances, even if you just want to listen to the music and watch the dancers having fun! The entry fee is \$7 and it includes snacks, juice, coffee and tea. They start at 7.00pm and finish at 10.00pm.

### PAINT AND SIP

On **Friday 14th November** Heather from Paint and Gogh is coming again to lead us in a Christmas event, painting on either a tall vase or 2 drinking glasses. It will be at the Senior Center from 2pm, with drinks and snacks included. The cost is \$15.00pp, payable with cash or a check made payable to BASC. Call me (Alison) by Monday 10th to sign up, 518 288 3565.

Come and make something special for Christmas, for yourselves or as a present.





## **NOVEMBER**

## **DECEMBER**

Anthony Kathy  
Baloumi Elizabeth  
Blackwelder Jere M.  
Cooper Judy  
Coviella Ronald  
Crawford Charles  
Dsouza Stanley  
Elmer Linda L.  
Frederick Carol  
Fredette Doris R.  
Gallagher Lucille  
Heimbürg William F.  
Houde Pamela  
Hrebinczak Diane  
Laviska Sharon  
Lopez Judith  
Marcy John  
Marra Rose  
Moore Marilyn  
Myers Norma  
Nunes Alice  
Rudnick Ruth  
Scotti Clara  
Thurnau Carl

Anderson Loretta  
Ambruster Ruth  
Bagan Bonnie  
Burke Allen  
Casy Mary Lou  
Conley Michael  
Dardaris Donna  
DeBlaere Carolee  
Doane Barbara  
Dussault Karen  
Eaton Earl Jr.  
Fayad Jon  
Groff Karen  
Hanger William  
Heimbürg Susan A.  
Humphrey Virginia  
Hutt Joan  
Kuczek Phyllis  
Many Frances  
MacAvoy Charlene  
Miller Doraine  
Nabozny Thomas  
O'Boyle Pricilla  
Polewczak James  
Powell Madonna  
Pratico Theresa  
Puffer Suzanne  
Riley Elizabeth  
Rose Betsy  
Sharp Robert  
Spencer Jean  
Steeves Arthur  
Tuminello Louis  
Waller Howard  
Walsh Heidi  
West Clinton  
Wing Mary Beth



Barger, Rosemary

DeBlaere, Carolee

Harris, Raymond

Puffer, Suzanne

Puffer, Terry

Stiassney, Heather

Stiassney, John

Wescott, Linda

Old Age is a thing...last night I had been in bed for 20 minutes when I heard the pizza guy cough. Then I remembered I had come upstairs for my wallet!

Thanks to Macia Andreadakis for this piece of Senior humor.

### **MORE BRITISH SLANG**

Anorak	a rain jacket, or a person with a boring hobby-like trainspotting.
Blinder	played a blinder, like scoring a fabulous goal.
Curtain Twitcher	someone who spies on neighbors from behind their curtain.
Doddle	something easy to do.
Not my cup of tea	something that doesn't interest me.
Splash out	spend lots of cash.
Take the Mickey	make fun of someone.
Taking the Biscuit	for winning first prize, or producing something special.
Tenner	a ten pound note.
Shilling	old money! Brits went to the decimal system in 1971. A shilling was worth 12 old pennies and there were 20 shillings to a pound.

## AROUND THE TOWN



Barb Kerr

Hello Everyone,

First, I want to thank the Seniors for joining us for the Trunk or Treat last Saturday. It was a great event, and we believe we had over 200 children and families attend. Next year we'll have to buy extra hotdogs!

Halloween is the real kick-off for the Fall Season. The Town Highway Department is busy working all around the Town picking up leaves. If you're into raking or blowing leaves, get them down to the road or street you live on, and the Highway crew will be around to clean them up. Highway is also getting equipment ready for that nasty work SNOW. Our Highway does a fantastic job keeping our streets safe for everyone. Lastly, our new Highway Garage on Rowland Street is due to open January 1, 2026. If weather permits (no snow or ice) the move will begin.

The Town Board meeting will be held a week earlier in November, because of the Thanksgiving Holiday. The meeting will be November 19<sup>th</sup> at 6:30 at Town Hall. Everyone is welcome to attend, and we encourage the public to let us know your thoughts on the Town.

I hope everyone is ready to enjoy a wonderful Thanksgiving. This is really the start for the Holiday season, Black Friday and shop until you drop (or run out of money) season. That brings me to the Village Holiday Parade. This wonderful event will take place on the First Friday, December 5<sup>th</sup>. I will leave it up to Alison to announce the start time and the best place to watch the parade.

Lastly, it really is my pleasure to be the liaison between the Town Board and the Ballston Seniors. If you have any questions or concerns you have, please do not hesitate to contact me. As your liaison I want to announce, the new McDonalds is open here in Town Center and Ted's Fish fry will officially be open November 1.

That's about it, until next time,

Barbara

## BALLSTON AREA SENIORS

### 2026 MEMBERSHIP NEW - RENEWAL

Membership dues run from January 1st thru December 31st

All new members pay \$15, then the following:

\$15 = 55+ years      \$10 = Turned 80 in 2025      FREE = Turned 90 in 2025

Enclose check payable to BASC

Membership dues may be paid at Thursday luncheon meetings from 10am to noon. Please fill out even if over 90.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Birthday \_\_\_\_\_

Street Address \_\_\_\_\_ Apt \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

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I want to receive the Newsletter by: ☐ Email ☐ Mail ☐ Pick Up at Community Center

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Dues may also be mailed to:

BASC Membership  
310 Northline Rd,  
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## ELECTION OF NEW OFFICERS FOR 2026

In October we will be preparing for the next elections. This year we will be voting for President, Vice-President, Secretary, Treasurer, Membership Officer and 2 Directors. That is a lot to think about!

If you would like to run for any of these offices, please talk to Sue Heimborg who will be able to give you the lists of duties that each person has to perform. New members are allowed to run after one (1) year of membership. You will need to prepare a Letter of Intent, stating why you would like to stand, what qualifications you can bring to the office and how long you have been a member, and these must be in to the nominating committee by **November 13th**. Nominations from the floor must be declared that day too. On **November 20th** the candidates will read their letter of intent to the membership. **December 4th** is the day we will vote for the candidates, between 9.00am and 11.00am.

Please consider standing for one of these positions, we need a strong Board to take us into 2026.

The nominating committee is: Alison Bodle, Sue Heimberg, Bernadette Putnan, Sally Snyder and Madeline Waller.

Because family matters let us take care of yours.  
William J. Mevec Mary Ann Mevec

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### WEEKLY ACTIVITIES

#### Mondays

9.00am—12.00	Shooting Pool
10.00am—11.00am	Chorus
11.15am—12.00	Exercise

#### Tuesdays

10.00—12.00	Crafts
1.00—4.00pm	Mahjong

#### Thursday

10.30-11.15	Flex & Stretch Chair Exercise
12.00	Lunch & Meeting.
1.00—4.00pm	Shooting Pool

#### Fridays

11.15am—12.00	Exercise
6.30—9.00pm	Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 920 4640, Alison for exercise at 518 288 3565, and Carol Moll for flex & stretch at 518 399 8926.

### MARK YOUR CALENDARS

#### NOVEMBER

- 5th Pickins' 6.30-9.00pm
- 6th Thanksgiving Dinner at the Van Patton Golf Club, doors open 11.15. Tickets only.
- 8th Dance, Peaceful Country Band, 7.00-10.00pm
- 13th Luncheon, Meeting, Board Meeting. Dinner tickets for sale
- 14th Paint & Sip with Heather, 2.00pm
- 19th Pickins' 1.00-3.00pm
- 20th Luncheon, Meeting. Dinner tickets for sale.

#### DECEMBER

- 3rd Pickins' 6.30-9.00pm
- 4th Luncheon, Meeting, Board Meeting. Voting for new Board Members.
- 6th Festive Dinner at the Community Hall, doors open at 1.15. Tickets only.
- 11th Luncheon, Meeting.
- 13th Dance, DJ Mark Hersh, 7.00-10.00pm.
- 17th Pickins' 1.00-3.00pm.
- 18th Luncheon, Meeting.

Enjoy the holidays and see you in the New Year.