# SENIOR UPDATE SEPTEMBER/OCTOBER 2022



#### **Officers**

Marge Bayer, President
518 430 7029
Linda Elmer, Vice President
Mary Egan, Secretary
Meg Stevens, Treasurer
Barbara Broderson, Membership

#### **Directors**

Alison Bodle Eric Utermark Bernadette Putnam Madeline Waller

#### **Membership**

Barbara Broderson 518 885 4229

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#### **Community Contacts**

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Village of Ballston Spa 518-885-5711 66 Front Street Ballston Spa, NY 12020

Town of Ballston 518-885-8502 323 Charlton Road Ballston Spa, NY 12020

Office for the Aging 518-884-4100 152 West High Street



#### FROM THE PRESIDENT

#### Hello Everyone!

Well our summer is nearly over! Our group has had so much fun! We have had several bus trips; one was dinner and a boat trip on the Hudson River; another was dinner and the 'The Sound of Music' at Glimmerglass Theater in Cooperstown. We also had a BBQ dinner at 550 Waterfront on Saratoga Lake. What a wonderful view and so much fun! Our monthly Pickin' Sessions have so many talented musicians and what an enjoyable free evening for them and the audience. The Mahjong players have taught several others how to play and we thank them and have had great fun playing this game! We have our annual Clambake coming soon, and later a trip on a train and a boat. Dinner will be cooked and served on the train. We also have a Computer class, Fashion Show, and a Game Day and a Flea Market in the near future.

I look forward to seeing you all at our meetings and events. Suggestions are always welcome and you may call me or Linda Elmer for any reason. We are here to help you and our organization.

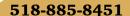
Marge Bayer, President BASC Linda Elmer, Vice President BASC

The Special Events Committee held a celebration for The Travers Stakes, and Arlene sent me this photo of some lovely ladies in their very pretty hats.



#### John J Gromie

Attorney at Law 132 Bath Street Ballston Spa, NY 12020



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#### FLEA MARKET

On October 22 from 9:30 to 2:30 BASC will be hosting a Flea Market at the Milton Community Center, 310 Northline Rd. Inside tables for members are \$10, as are outdoor spaces, for non members inside tables are \$30 and outdoor spaces are \$25. Indoor tables are limited to one per member and members who wish extra tables may be placed on a waiting list for any unsold tables. The contract is included in this newsletter and tables are first come, first served.

Hannaford Pharmacists will be at the Center <u>Thursday</u>, <u>October 6th</u> between 9.00am and noon to administer the Flu shot to those under 65 and Fluad, a high efficiency flu vaccine for adults 65 and older. Pneumonia and Tetanus shots will also be available. Call the pharmacy at 518-885-4672 for information regarding the shingles shot.

<u>Sign up</u> September 1 st, 15th, 22nd and 29th between 10.00am & noon. Information and consent forms available at time of sign up.

Contact Barb at 518 885 4229 with questions. All members are encouraged to get vaccinated.



Barb Broderson is looking for birthday and Christmas cards if you have any to spare when you are tidying storage boxes etc, Bring them to the Thursday meetings in a bag or box with your name or contact Barb.

#### **PAINT & GOGH**

We had a great time with Heather from Paint & Gogh, as you can see from our masterpieces! She is coming back on <u>Friday, September 16th from 1pm—3pm</u> to help us paint wine glasses. Each participant will receive two wine glasses to paint. Class size is limited to 30 people. Member cost is \$10 due at signup. Signup will be at the Community Center on August 25th and September 1st.



The Farmers' Market is in full swing on Saturdays (9.00 to 1.00) and Thursdays (3.00 to 6.00), the fresh produce is wonderful, and fresh baked goods and hand made items are irresistible.

The last day is Saturday, September 24th and an End of Season event is being planned with lots of 'pop up' stores and restaurants participating, fun activities for children, and David Graham providing the music.

#### **BROOKSIDE MUSEUM**

A talk called 'From Slavery to Freedom' will be held on September 10th at 10.30am by Dr Armstead at the Dyer-Phelps Memorial AME Zion Church, Saratoga Springs.

<u>Historians' Walking Tour—Vischer Ferry, September 17th at 10am</u>. Along roads looking at historic houses and their interesting residents, about 1.5 miles. Lunch at the General Store if required.

Experts Next Door—The Saratoga/Las Vegas Connection, September 21st at 7.00pm. A Zoom talk about the links between the 2 places and their famous (and infamous) residents.

Historians' Walking Tour—The Champlain Canal, Waterford, September 29th. A 1.5 mile guided walk to learn the history of the canal, this section opened in 1823 and some parts remain the same.

To register for these free programs and learn more information, visit <a href="https://brooksidemuseum.org/">https://brooksidemuseum.org/</a>

#### WEDNESDAY NIGHT PICKIN' SESSION

Wednesdays September 7th and October 5th

Both of our July and August sessions were well attended. Doors will open at 6.00pm for the musicians to set up, music begins at 6.30 and ends at 9.30. Bring a snack to share, beverages will be available. Members and Non Members are invited to listen to bluegrass, country, folk and gospel songs. Bring an instrument to play or come and listen, sing along and enjoy a musical and social night out.



Contact Jack at jack53brod@gmail.com or 518 885 4229 with questions or to join the Pickin' Committee.

#### **EXERCISE CLASSES**

There are 2 exercise classes a week, Mondays at 11.15 to 12.00, and Fridays at 2.00 to 2.45.

Bring weights if you want to use them, although we do have extra, and a bottle of water.

This a gentle class of stretching, balance and weights, and everyone is welcome.

Contact Alison Bodle for more information 518 288 3565.

#### **CARD GAMES**

Come join us before the meeting on Thursday to learn how to play a fun card game called 'Hand and Foot'. The next get togethers are September 15th and 29th from 9.30 to 11.30.

Contact Carol Moll at the Center.

The next **DANCE** will be in September, probably either 3rd or 10th. It will announced at the next meeting or in an eblast. The first one organized by Peter was well attended and the square dancing was (apparently) a riot!!



#### **TRIP ANNOUNCEMENT**

#### September 13th

Lanthier's Grove, Clambake.

Bus leaves: 11.00am Bus returns: 4.30pm

#### October 17th

Essex Connecticut Train and Boat Excursion, dinner on the train. (Limit 48).

Sign up: September 1st and 15th

Bus leaves: 6.45am Bus returns: 7.00pm

Fee: \$35 resident, \$45 non resident, Guest full price.

#### November 10th

Silver Birches— Doo-Wopp Sock Hop

Sign up: October 6th and 13th

Time:TBA

Fee: \$35 resident, \$45 non resident, Guest full price

#### December 1st

Turning Stone Casino - 'The Platters'

Sign up: October 27th and November 3rd Bus leaves: 8.45am Bus returns: 7.00pm

Fee: \$35 resident, \$45 nonresident, Guest full price

<u>December</u> Proctors—Christmas Spectacular. Time, date and Dinner TBA.

For more information, please contact the Trip Coordinators: Carol Moll 518 339 8926 or Mary Egan 518 630 6322.

Do you have an idea where you would like to go next year? There is a suggestion box, but please take into consideration distance and accessibility.



#### OFFICE OF THE AGING ANNUAL PICNIC

Tickets for the Picnic on <u>Thursday September 8th at</u> <u>the Saratoga Fairgrounds</u> are on sale for \$4 from Barbara Broderson. Any Seniors, members or non-members, are welcome.



#### **SEPTEMBER OCTOBER**

- Alice Whitaker 1
- 3 Marilyn Heggen
- 3 Richard Derusha
- 4 Walter Groves
- 6 Gail Moore
- 7 Bonnie Sokol
- 8 Gaynell Bliss
- 10 Kathy Kemenash
- 11 Janet Smith
- 12 Joan Charnews
- 12 Shirley Ettinger
- 12 Jack W. Hoffman
- 13 Carolina Shipreck
- 13 Ben Baskin
- Dorothy Clark
- Margaret Anderson
- 14 Edward Desarais
- 16 John Tocco
- 16 Pamela Manning
- Peggy Hohenstein
- Curtis Niemeyer 17
- 17 Helen Downes
- 18 Julie Watson
- 19 Sandra Brien
- 20 Ken Hahn
- Deirdre Leland
- 22 Karol Woodstock
- 22 Elaine Kesnowski
- 23 Joan Ciembroniewicz
- 23 Joanne Bless
- 25 Gretchen Sharp
- 26 Barbara Shay
- 27 Jo-Ann Trapp
- Maurice Mercier
- Rosemary Huehn
- Marion Richardson
- 30 Carol Beals

- 1 Lisa Lane
- 2 Ruth Grono
- Barbara Catrambone
- Henry Miller
- 5 Anne Groski
- 5 Allen Doty
- 6 Kathi Mulvey
- 6 Chris Burghart
- Raymond Groski 6
- Marcia Andreadakis
- Wendell Williams
- 9 Rick Henry
- 9 JoanVandal
- 12 Michelle Kolozy
- Phyllis Warmt
- Alberta V. Conroy
- 15 Jayne Schmidt
- 16 Mary-Ellen Papke
- Ellie Navlon 17
- 19 John Marlow
- 19 Joy Reynolds
- 19 Jean Riggs
- 21 Barry Finley
- 21 Catharine Epps
- 21 Toni Dvbowski
- 22 Michelle Longe
- 23 Bernice Hollowood

- 24 Jack Broderson
- 24 Mark Ren
- Suzanne Hampton
- Bruce Catrambone
- Richard Snyder
- 27 Margaret J. Wheeler
- 27 Dorothy Christiansen
- 28 Christina Smith
- 28 Marge Bayer
- Anna Verdichizzi
- MaryAlice Donlon
- 31 Bernadette Putnam

The Crafts Group will be renting a table at our upcoming Flea Market in October. And don't forget to check out their table every Thursday at our meetings.



Greg Shea Rosemary Mercier Deborah Vollmer Diane Regulinski Sheryl Forshay Brian Gifford Candace Schmidt **Edward Desmarais** Betty Lou Berube Mary Ann Ewing Ruth Grono Stephanie Snowden Marilyn Thompson Hilary Anderson Bonnie Mayer Dennis Taylor Rebecca (Becky) Higley

Henry Miller Maurice Mercier Mary Osielski Robert Regulinski Donald Whitbeck **Bunny Gifford** Shirley Hutchinson Cynthia Angel Susan Burch Jane Fucci Janet Morin Cheryl Stewart Lisa Jane Wein Joseph Finocchio Cynthia Redshaw Diane Yeager Charles Higley

Our thoughts and prayers are with the families of



Marie Ahl

John 'Jack' Roth

Louis Cook

Katherine Richiazzi

The Chorus meets every Monday between 10.00am and 11.00. We have just started a new program 'Songs from the Shows'. New members are always welcome to our friendly and fun group, and you do not have to read music.

Our pianist, Bernie, would like to hand over the reigns to a new pianist, so if you know someone who can play please let me know.

Alison 518 288 3565

## Around the Town



**Barb Kerr** 

Summer is winding down here in Milton. Our Summer Camp was a great success, and it will be bigger and better next year. Keep the Milton Summer camp in mind if you have grandchildren that might want to attend next summer. I'll keep you updated about dates and other information.

We had a ribbon cutting for our new car chargers last week. We have ten stations available to the public at Town Hall and we are planning to install more in the future. That includes two chargers being installed at the Community Center. The Town is also having an evaluation of all Town properties, including the Community Center. If you see someone walking around the building, don't be alarmed, they are evaluating the building inside and outside. In the future we will be asking residents what they would like to see in our Town Parks. Pickleball anyone??? I'll let you know when we're ready for your input.

If there are any problems at the Community Center or repairs that need to be done, please contact me and I will direct them to Jason or Mark (our new employee). Just give me a call, I've included my number at the bottom of this news.

Have a safe and wonderful Labor Day Weekend,

#### Barbara

518 369 5271

#### **WEEKLY ACTIVITIES**

#### **Mondays**

9.00am—12.00 Shooting Pool 10.00am—11.00am Chorus 11.15am—12.00 Exercise

#### **Tuesdays**

10.00—12.00 Crafts 1.00—4.00pm Mahjong

#### Wednesdays

#### **Thursday**

12.00 Lunch & General Meeting, Bingo. 1.00—4.00pm Shooting Pool

#### **Fridays**

2.00pm—2.45 Exercise 6.30—9.00pm Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 855 8730, and Alison for exercise at 518 288 3565.

#### **MARK YOUR CALENDARS**

#### **SEPTEMBER**

1st Luncheon/Meeting, Bingo. Trip tickets on sale11am. Budget meeting after general meeting.3rd Farmers' Market every Saturday 9am—1pm

through September 24th

8th Office of the Aging Picnic at Fairgrounds, no meeting.

13th Trip to Lanthiers Grove

15th Luncheon/Meeting, Bingo. Trip tickets on sale

11am. Pizza tickets on sale

16th Paint & Gogh, wine glasses.

22nd Luncheon/Meeting, Bingo. Pizza. Board Meeting.

29th Luncheon/Meeting, Bingo. Special Events-Johnny Appleseed

#### **OCTOBER**

6th Luncheon/Meeting, Bingo.

13th Luncheon/Meeting, Bingo.

17th Trip to Essex.

20th Luncheon/Meeting, Bingo.

22nd Flea Market at Center, 9.30 to 2.30.

27th Luncheon/Meeting, Bingo. Board Meeting.





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#### **2022** Membership Dues And New Member Application

Membership dues run from January 1st through December 31st. New member fee is \$10.00 regardless of age. Please enclose check payable to BASC, your BASC membership card and a self addressed, stamped envelope and mail to: Barb Broderson, 48 Edmund Dr, Ballston Spa, NY 12020. Dues and member application may be paid at Thursday meetings 10:00am to noon

10:00am to noon.						
\$10.00 = 55 to 79 years in 2020		\$5.00 = Turned 80 in 2021		FREE = Turned 90 in 2021		
Last Name:	First	First Name:		Date of Birth:		
Street Address:		Apt. #	City:		Zi	p:
Telephone:	Email:					
Live in: ☐ Town of Milton ☐ V	illage of Ballston Spa	☐ Town of	Ballston	□Other		
☐ Single ☐ Widow/Widower	r □ Married Spous	se: First Name		Is	spouse a membe	r?
I want to receive the Newsletter b	oy: □ Email □ W	/ill Pick Up at 0	Center	☐ Mail		