

# Ballston Area SENIOR UPDATE

March/April 2026

Milton Community Center  
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Ballston Area Seniors

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Ballston Spa, NY 12020

Town of Ballston  
518-885-8502  
323 Charlton Road  
Ballston Spa, NY 12020

## FROM THE PRESIDENT

Hello Seniors,

January got us into a new beginning; there are a lot of activities going on in the BASC. Beginning with installing our new executive Board Members. Thanking past board members who have led us to where we are today and getting our contract together with the Town of Milton for the year 2026. Now that that has been completed, we can get on with our members and all the fun things to do together. It takes us all to make it the place to be.

These last two months have flown by. Picking Sessions, twice a month brings in good music, good fun and good people. Valentine's dance was a big success with Mark Hersh providing the music and entertainment. Thank you to dance committee and all the volunteers that helped with setup and cleaning up. Next dance April 11 with The River Road Boys being the featured band.

Here we are in March already and getting ready to turn clocks ahead, and the official start of Spring right behind. A festive dinner will be a St Patrick's Day feast on March 14, with all the trimmings. Mark Hersh will be here to help us dance away all those extra calories.

The felting project from Feb 20 has been rescheduled because of weather to March 6 at 2PM.

There is a Spring theme paint class with Heather coming up April 17 at 2 PM. BINGO Beginning April 9, and each 2nd Tuesday of each month after regular weekly meeting has been adjourned. All card purchases are \$1.00 each, and all monies will be paid out to winners.

Time to start getting those gardens ready and start seeds indoors to get a garden of all your favorites. I personally am a flower garden guy, with not much luck with food although I do like to eat fresh veggies. Dandelions seem to be the best variety I grow.

The trip to Howe Cavern/ Bulls Inn Restaurant is set, leaving the BASC on April 24 8:00 am.

Whodunit trip to Beardslee Castle on April 19th for Mystery Dinner, sign-ups will be March 5th and 12th. If you were in the Center last year when the actors came to us you know what I'm talking about. I'm pretty sure you don't want to miss this one. I'll see you there!

There will be a 5th Thursday meeting on April 30th where a game day is set to happen. I found a new game, 5 Second Rule, it's not about beating the clock when your grape hits the floor. Come early to play games while socializing, waiting for meeting to start and even after that. Scrabble, Sorry, Trouble, Pinochle, Spades, Hearts, Old Maid, Crazy Eights, Uno, Phase 10, Yahtzee, Six Beautiful Dice, Farkle and more. Come early for some fun and laughter.

Stop in any Thursday to join us and enjoy our weekly offerings. Have a happy Spring!

Respectfully submitted.

Earl Eaton

## John J Cromie

Attorney at Law

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George & Jackie

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03-1134

**SPECIAL EVENTS**

The Special Events Committee will be celebrating St Patrick's Day on the 12th of March with green carnations.

In April we will celebrate Earth Day, the Committee are going to meet and decide what we want to do.

The Crafters group made Valentine Gnomes, all very different as you can see.

If you would like to try a craft, come in on Tuesday mornings between 10.00 and 11.30am and see what they are making. You can take your craft home or donate it for sale at our Thursday meetings.

**FESTIVE DINNERS**

The next Festive dinner will be on **Saturday March 14th** at the Senior Center to celebrate St Patrick's Day. It will be catered by The Neighborhood Kitchen. The meal will be at 2.00pm and the doors will open at 1.15pm. The cost will be \$15.00 for members. Tickets are on sale on February 19th & 26th. Further information from Bernie Putnam at 518 885 1144.



**FUN ACTIVITIES**

We have rescheduled the Sheep Felting Class that was cancelled due to weather. It will now be **Friday March 6th** at 2.00pm. Anyone who signed up is automatically in the class, but let me know if you can't make it.

On **Friday March 17th** at 2.00pm we are going to have another painting class with Heather from Paint & Gogh. The theme will be Spring, and we can have some baby animals to try, but I'm sure she will have spring flowers if you aren't feeling adventurous. Cost TBD. Snacks and drinks will be available. Sign up with me anytime.

**BINGO**

Bingo is starting every 2nd Thursday of the month, beginning April 9th 2026. Card sales 1.00pm, games right after the sales. \$1.00 for coverall + \$1.00 per card. Everyone is welcome, all money that comes in goes out. Help is always welcome. Thanks. Sue Heimburg

**BALLSTON AREA SENIORS**

**2026 MEMBERSHIP**

**NEW - RENEWAL**

Membership dues run from January 1st to December 31st

All new members pay \$15.00, then the following:

\$15.00= 55years+

\$10.00= Turned 80 in 2025

FREE= Turned 90 in 2025

Enclose check payable to BASC Membership. Membership dues may be paid at Thursday luncheon meeting from 10am to 11.30am. Please fill out even if over 90.

Last name \_\_\_\_\_ First name \_\_\_\_\_ Birthday \_\_\_\_\_

Street Address \_\_\_\_\_ Apt \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_ Email \_\_\_\_\_

I want to receive my newsletter by:  Email  Mail  Pick up at Community Center

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

## WEDNESDAY PICKIN' SESSIONS

The evening sessions on the 1st Wednesday of the month will be March 4th and April 1st from 6.30 to 8.30pm. The afternoon sessions will be on the 3rd Wednesday and will be March 18th and April 15th from 1.00 to 3.00pm.

If you play an acoustic instrument and enjoy performing with others, come along to the Pickin' Sessions. If you enjoy hearing live music, come along and sing, clap or tap your feet. There's no entrance fee but snacks to share would be appreciated. Doors open at 6:00pm evenings and 12.30pm afternoons.

Contact: Email Earl Eaton Jr. at [eeatonjr@aol.com](mailto:eeatonjr@aol.com) for information.



## DANCE

The next dance will be on Saturday April 11th from 7.00-10.00pm. The band will be The River Road Boys and the cost is \$7.00 per person. A change has been made so that now people are encouraged to bring snacks to share. Tea, coffee and punch will still be available.



## 2026 TRIP SCHEDULE

**March 24th** Howe Caverns, including a boat ride inside the caverns. Lunch at The Bulls Inn Café.

Bus leaves: 8.00am

Bus returns: 4.30pm

**April 19th** Beardsley Castle Murder Mystery Dinner.

Sign up: March 5th & 12th.

Resident Members: \$45.00, Non Resident Members: \$55.00, Guests: Full Price.

Bus leaves: 10.00am

Bus returns: 4.00pm

**May TBA** Tour of Saratoga (work in progress) 4 hour tour.

**July 8th** Lake George Steamboat Co. Mardi Gras Cruise on Lac Du Saint Sacrement.

Sign up: June 4th & 11th.

Resident Members: \$45.00, Non resident Members: \$55.00, Guests: Full Price.

**August 9th** Woodstock Theater 'Crazy for You', matinee. Meal after at The Pearl Moon Café.

Sign up: July 2nd & 9th.

Resident Members: \$60.00, Non Resident Members: \$70.00, Guests: Full Price.

**October 6th** Oktoberfest at Gavins.

Sign up: September 3rd & 10th

Resident Member: \$45.00, Non Resident Member: \$55.00, Guests: Full Price.

## TRIP PROCEDURE

Trips leave from the Pool room entrance at the Community Centre.

Dues for 2026 must be paid 30 days prior to trip date. The sign up dates will be on the 2nd and 3rd Thursdays.

Masks must be worn when requested.

Resident member-lives within Saratoga County, all others considered non-resident.

All payments by check only made out to BASC (if replacing cancelled seat, make payable to the member who cancelled).

Member can sign up one other member as seat mate.

Sign up on first come/ first served basis.

Cancellation: If member cancels before the head count is turned in, they will be refunded. Trip Chairperson contacts first member on wait list. If no member on wait list, member may find a substitute. If substitute is a non-member, pay guest rate. If no replacement after head count is turned in, no refund.

For more information, please contact the Trip Coordinator: Mary Egan 518 630 6322.




**MARCH** **APRIL**

Alison Bodle  
Sarah Brown  
Donna Conley  
Eric Croft  
Jon Dee  
Donna DiPietro  
Joan Doti  
Mary Emano  
Rebecca Higley  
Cecelia Jackson  
Darlene LeBrecht  
Florence Lenz  
Phyllis Martinez  
Deborah Mayberry  
Janet Morin  
Will Obrien  
Barbara Ostrander  
Joan Ottaway  
Larry A. Rafferty  
Caroline Reardon  
Wilma Rizzi  
Eve Rudman  
Norman Schultheiss  
Bobbie Smith  
Anne Spensieri  
Carlton Stephens  
Meg Stevens  
Shirley Strazewski  
Lorraine Tesoriere  
Julia Towne  
Eric Utermark  
Monica Varley

Michael Andreadakis  
Joanne Becker  
Suzanne Bissonette  
Carolyn Chandler  
Marcia Cichon  
Sheila Daignault  
MaryAnna Donato  
Colette Foley  
Cathy Green  
Edward Haley  
Barbara Haynes  
Barbara Kelly  
Diane Kennedy  
Barbara Kerr  
Barbara Linen  
Nancy Manning  
Connie Marcy  
Robert Mellen  
Judith Mulvey  
Arlene Peterson  
Terrie Pingelski  
Susan Polewczak  
Nancy Roman-Soto  
Julia Roth  
Patricia Serpenti  
Aline Shipreck  
Daniel Simard  
Sue (Mary) Stephens  
Judy Stickles  
Barbara Tasso  
Joseph Tesoriere  
Barbara Thrane  
Judy Walker  
Lorraine Walkowicz  
Linda Wescott

Maryellen Decker  
Bobbie Smith  
Diane Koehler  
Allena Delmarter  
Layne Underwood  
Carla Pastore

*Our thoughts and prayers are with  
the families of*



Cortina Boles

**MEMBERSHIP RENEWALS**

If you wish to join or renew you membership in person, Lisa is available on Thursdays at the Milton Community Center from 10.00am until 11.30am. Her email is [lisa.basc5@gmail.com](mailto:lisa.basc5@gmail.com). If you can't come in or don't have an email address, you can call Alison with your name and address and I will get the message to Lisa. 518 288 3565.



A CHILDREN’S REQUEST

Trudge thru the snow  
Four children behind  
A sled, spigots,  
Bucket and line  
  
Snow is deep  
Up to pop’s knees  
We all have our jobs  
Brother and sisters three

A line from the barn  
Into the trees  
So the children can do  
The trip with ease

As cold turns to warm  
And days start to lengthen  
Four children’s emotions  
Begin to strengthen pppplpp  
Plppp  
Snowsuits, hats  
Boots and mittens  
They are all bundled  
Like baby kittens

Four hands on the line  
Lol, the going is slow  
But faces will triumph  
Full buckets soon show

The kitchen is readied  
For mama to cook  
The sweet clear sap  
It’s hard not to look

10 gallons of sap  
Makes a quart of sweet nectar  
We all worked hard  
On the job of collector

The proofs in the pudding  
Or so they say  
So we all have our syrup  
At the start of the day  
YUMMMMMMMMMM  
YUMMMMMMMMMMMMM

Thank you so much to Janet Welcome for this lovely poem about childhood memories. I’ve never collected sap, but I love Maple Syrup!

LAUGHTER—THE BEST MEDICINE

New York city strap hangers were told over the subway PA to expect the expected: “Because of construction, this train will be making express stops. The MTA reminds all passengers that to better serve our customers, construction will be going on for the rest of your lives.”

I was at a local festival and noticed a guy in bad circus makeup doing intricate balloon animals. He was twisting something together when a little girl asked, “What are you making?” He sighed, “Minimum wage.”

To celebrate my retirement, my wife and I dined with a friend we hadn’t seen in years. The next day he sent us an email that included –I hope– an honest mistake: “how wonderful it was to see you both aging.”

Pillsbury spokesman Pop N. Fresh died yesterday , at 71. In attendance at the funeral were Mrs Butterworth, the California Raisins, Hungry Jack, Betty Crocker and the Hostess Twinkies. Fresh rose quickly in show business, but his career was filled with many turnovers. He was not considered a smart cookie, wasting much of his dough on half-baked schemes. Still, even as a crusty old man, he was a roll model for millions. Fresh is survived by his second wife. They have 2 children and one in the oven. The funeral was held at 3:50 for about 20 minutes.

One year my father was in and out of the hospital. Each time, his tireless neighbors stepped in— mowing the lawn, shovelling the driveway, taking Mom to the hospital, picking up prescriptions. After Dad recovered, my mother said: “I’d like to thank the neighbors for all they did. What would be something they’d appreciate?” Dad suggested: ”Tell them we’re moving .”

# Around the Town

Depending on when you read this, SPRING is only about 20 days away!

Here in Town, the Highway Garage is finally packing up for their big move to the new facility on Rowlands Street. I'll bet they are also hoping to take the snowplows off the trucks for the season. Keep our fingers crossed. It's been a long winter for everyone.

As long as the weather stays cool, don't forget to bring the kids and young at heart over to Burgess-Kimball Park for a sleigh ride on Mount Milton. It's a man-made hill right here in the park (thanks again to our Highway Department). It's getting a lot of use right now, if you can climb up you can have a great ride down. Be careful!

Good news from the Milton Town Board and the Assessor's Office. The Board voted to increase the allowable income thresholds and exemptions to persons that qualify and are under 65 years of age. If you already qualify it will be applied automatically. If you have any questions, please contact the Town of Milton Assessors Office 518-885-8247.

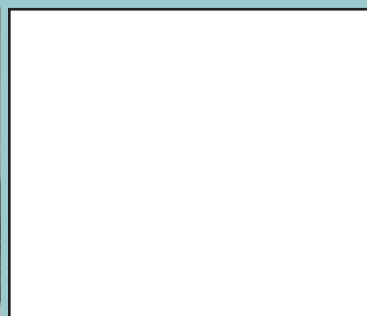
One last piece of good news, the Town of Milton has received a \$500,000 grant from Congressman Tonko's office and the Federal Government. The grant will go towards much needed improvements to Town Hall.

As I said at the beginning of this article "Think Spring" it will arrive soon.  
Til next time-Barbara

Because family matters let us take care of yours.  
William J. Mevec Mary Ann Mevec

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Milton Community Center  
 310 Northline Road  
 Ballston Spa, NY 12020



## Temp-Return Service Requested

### WEEKLY ACTIVITIES

#### Mondays

9.00am—12.00	Shooting Pool
10.00am—11.00am	Chorus
11.15am—12.00	Exercise

#### Tuesdays

10.00—12.00	Crafts
1.00—4.00pm	Mahjon

#### Thursday

9.30am	Social Time
10.30-11.15	Flex & Stretch Chair Exercise
11.30	Lunch & Meeting.
1.00—4.00pm	Shooting Pool

#### Fridays

11.15am—12.00	Exercise
6.30—9.00pm	Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 920 4640, Alison for exercise at 518 288 3565, and Carol Moll for flex & stretch at 518 399 8926.

### MARK YOUR CALENDARS

#### MARCH

4th	Pickins'	6.30-8.30pm
5th	Luncheon, Meeting, Board Meeting. Pizza tix. Trip tix.	
12th	Luncheon, Meeting. Pizza tix. Trip tix.	
14th	St Patrick's Day Dinner.	
18th	Pickins'	1.00-3.00pm
19th	Luncheon, Pizza, Meeting.	
24th	Trip, Howe Caverns	
26th	Luncheon, Pot Luck, Meeting.	

#### APRIL

1st	Pickins'	6.30-8.30pm
2nd	Luncheon, Meeting, Board Meeting. Pizza tix	
9th	Luncheon, Meeting. Pizza tix. Bingo.	
11th	Dance, River Road Boys, 7pm-10pm	
15th	Pickins'	1.00-3.00pm
16th	Luncheon, Pizza, Meeting.	
19th	Trip, Beardsley Castle	
23rd	Luncheon, Pot Luck, Meeting.	
30th	Luncheon, Games, Meeting.	