

Ballston Area SENIOR UPDATE

July/August 2020



Milton Community Center
310 Northline Road
Ballston Spa, NY 12020
518 885-6740

Officers

Linda Elmer, President
Marge Bayer, Vice President
Diane Kennedy, Secretary
Madeline Waller, Treasurer
Barb Broderon, Membership

Directors

Richard Putnam
Bernadette Putnam
Susan Heimborg
Alison Bodle

Membership

Barbara Broderon
518 885 4229

Newsletter Editor

Alison Bodle
518 288 3565

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Website:
ballstonareaseniors.com

Facebook:
Ballston Area Seniors

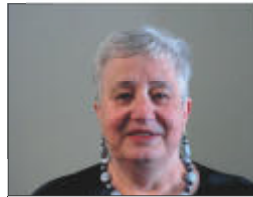
Community Contacts

Town of Milton
518 885-9220
503 Geyser Road
Ballston Spa, NY 12020

Village of Ballston Spa
518-885-5711
66 Front Street
Ballston Spa, NY 12020

Town of Ballston
518-885-8502
323 Charlton Road
Ballston Spa, NY 12020

Office for the Aging
518-884-4100
152 West High Street
Ballston Spa, NY 12020



Linda Elmer

FROM THE PRESIDENT

Hello Everyone,

I hope all is well with you all. These sure are trying times.

I hope you are being careful, wearing your masks and doing social distancing. The people of New York have done a great job in controlling this virus. Lets hope it continues. Just a side note here, I went to BJ'S today with my husband because I needed to get out. It was packed. They had the aisles marked one way, but they were not checking anything. People were just roaming around and there were some with no masks. So please be careful out there.

Now I know a lot of you have questions on the Town of Milton using the Community center for their offices. We had a meeting on Tuesday at the Town of Milton Park on Roland Street. I invited the Town of Milton Supervisor and Barbara Kerr, our liaison, to the meeting to advise us on what is going on. Also there were over 50 of you who attended which was really great to have your support at this time. The town has several bids they are reviewing to fix the problems at the Town Hall, the roof and mold problem. Also they are looking to be back in their building by September 1st. This date is not set in stone, but it is what they are attempting to do. They are also looking to move the town court to another location. So things are progressing and moving along.

If and when we open again we need to have a plan, which I am working on. We need to order masks, sanitizers, thermometers and all kinds of PPE to use. I have asked Bernie Putnam to handle this for us. She has a good idea of what is needed. We will need to get the center completely sanitized before we move in. I want to remind everyone that when we do start up again, it will be very different than it was before. So please be careful, stay healthy and please wear your mask to protect each other.

Miss you all and love you all.
Linda Elmer, President BASC.

John J Cromie

Attorney at Law

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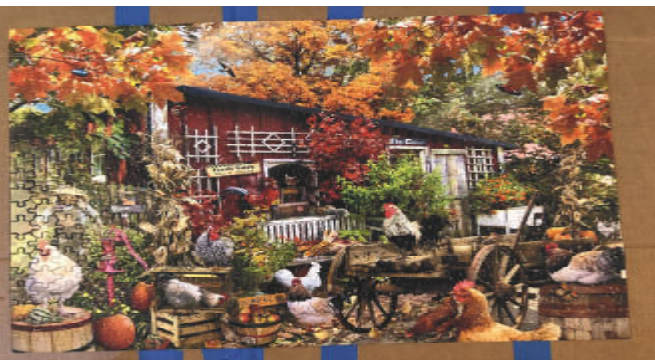
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Ballston Senior Center, Ballston Spa, NY 03-1134

John Muller has been performing for some of the Saratoga Bridges residence homes. Also, like so many of us, doing puzzles.



Mary Parente will be 106 years young on August 1st! If you would like to send her a card, her address is: Saratoga Center, #214, 149 Ballston Ave, Ballston Spa, NY 12020.

Congratulations Mary

THOUGHT YOU KNEW EVERYTHING?

Stewardesses is the longest word typed with only the left hand.

Lollipop is the longest word typed with only the right hand.

No word in the English language rhymes with **month, silver, orange or purple.**

Dreamt is the only word in the English language that ends in 'mt'.

The sentence 'The quick brown fox jumps over the lazy dog' uses every letter of the alphabet.

The words 'racecar', 'kayak' and 'level' are the same whether they are read left to right or right to left (palindromes).

There are only 4 words in the English language that end in 'dous', **tremendous, horrendous, stupendous and hazardous.**

There are two words in the English language that have all five vowels in order, **'abstemious' and 'facetious'.**

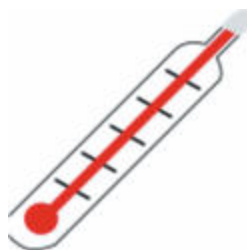
'TYPEWRITER' is the longest word that can be made using the letters only on one row of the keyboard.

The average person's left hand does 56% of the typing.

A 'jiffy' is an actual unit of time—1/100th of a second.

February 1865 is the only month in recorded history not to have a full moon.

Thanks to Neil Kennedy for expanding our knowledge, More in the next Newsletter.





The Ballston Spa Farmers' Market is now open on Saturdays from 9am to 1pm, and Thursdays from 3 to 6.30pm at Wiswall Park. Come and enjoy fresh fruit and veggies, eggs and baked goods from local vendors.

The Free Concerts in the Park are planned for August 6th, Union Fire Company Band; 13th, The Lustre Kings; 20th, The Bluebillies; and 27th, Ballston Spa Community Band. They will play from 6 to 8pm at the Lions Music Park in the historic Iron Springs Park on Front Street..

The Free Movies in the Park is planned for the First Friday August 7th, 'Abominable' in Wiswall Park at dusk (approximately 8.30pm). Rain dates are the following Saturday. Hopefully the **First Fridays**, which will be virtual in July, will resume being open to the public from August.

Halfmoon Farmers' Market has also opened for the summer, open every Wednesday from 3 to 7pm at Abele Parke, Town of Halfmoon Municipal Center.



If you have any spare birthday or Christmas cards, Barbara Broderon would like them. You can contact her at 518 885 4229. Thanks.

Farmers' Market Coupons from The Office for the Aging.

The Office for the Aging has 2 dates set for a **drive – thru** event to distribute Farmer Market Coupons:

Wednesday, July 22nd 1.00 to 4.00pm

Wednesday, August 19th 1.00 to 4.00pm

At the Saratoga County Fairgrounds, 162 Prospect Street, Ballston Spa.

Contact The Office for the Aging at 518 884 4100 for information on the 2020 Eligibility Guidelines.

Saratoga County Office for the Aging Presents

An All American Salute to Seniors

Annual Senior Picnic, **September 10th, 2020**

11am to 3pm

Saratoga County fair Grounds, 162 Prospect Street,, Ballston Spa.

This will be a car-hop style all American event. The staff and volunteers will serve people in their cars, and you may eat in your car or bring a chair or blanket and eat in front of your car. There is no seating inside the pavilion. The public restrooms will be open and golf carts to assist those who need it.

\$4.00 Advance Meal Tickets Required, purchase them from The Office of the Aging, 518 884 4100.

Are you having problems with your computer?

Barbara Broderon has recommended a local man who is reasonably priced, he can take away your computer or come to your house, and offers senior discounts. The company is SOHPRO Computer Management and his name is David M Burton (518 490 9098). Barbara says he is extremely knowledgeable, professional and very patient!



JULY

AUGUST

1 Agnes Mohr	1 Ann Morris
2 Elaine Hickok	1 Mary Parente
2 Jeanne A. Cramer	3 Ronald Leveille
3 Lorraine Walkowicz	6 Janette Schmitt
3 Joan Carbone	7 Lois VanSchaick
4 Neil C. Scheuerman	8 Rose Vetto
4 Rosemarie Sarmiento	8 Pat A. Haskell
5 Francy Balch	9 Peter Medick
7 Donna Halse	9 Linda Ferarra
7 Laurel Gailor	9 Jan DeMaria
7 Laura E. Mitchell	11 Sharon Sommer
8 Reginald Macey	11 Gail Heinzl
11 Dorothy J. Fremont	13 Mary T. Carrier
12 Andrea Simard	14 James Belanger
13 Betty Anderson	15 Alice Mabb
13 Bill LaMon	15 Janet Taber
15 Dennis Askew	17 Helene L. Kerwood
16 Peter Petrillose	17 Francine Dudka
18 Patricia Hickok	19 Audrey Hauprich
18 Ann M. Heffernan	20 Theresa Arpei
19 Rennie Knapp	21 Andrew Burke
20 Peg Gifford	22 Eleanor H. Smith
20 Nancy Harvey	23 Barbara Hendrickson
21 Jean Carpenter	25 Helen Baker
25 Marlu Sidenstick	26 Robert Miller
25 Erna Ormsby	26 Robert McClements
26 Kathleen A. Eitzmann	29 Joan Doten
26 Alice Hassell	29 Elizabeth Nagy
26 Margaret Seeberger	30 Shirley Welch
27 Jim Brown	31 Judith Zanella
27 Estella Simmons	
29 Albert Laraway	
29 Sandra Vedder	
30 Clara Dutcher	
30 Pat Culora	
30 Janice Baird	

Our thoughts and prayers are with the families of



Ray Melander

Phyllis Bielawski

Ronald Rhude

Jan Demaria

In Loving Memory of Our Friends Who Died in 2019

Evelyn Baxter

Karen Bourn

Elizabeth Cleveland

Pauline Freiburger

Sherry Harrington

Kathleen Koines

Chester Kolinowski

John Lindquist

Lester Lord, Jr.

George Luse

Eunice Main

Raymond Marshall

Lillian Neal

Marlene Pastore

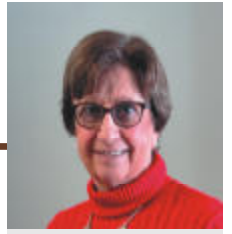
Everett Radloff

Marilyn Wawrzosek

Rita Halter has been gardening, reading, watching tv, taking online college courses, playing piano, cooking and cleaning, and taking short shopping trips. She doesn't have time for anything else! I'm not surprised, Rita.

Diane Kennedy had a cornea transplant in June, you are a brave lady. We wish you a complete recovery soon.

Around the Town



Barb Kerr

It was so nice to see everyone last week, even though the circumstances were not the best. As we stated at the meeting, Benny and I are working very hard to get Town Business out of the Community Center. We realize that the Seniors are anxious to get back to a routine and start to safely socialize.

There is not much happening around Milton. I've been trying to give our local business some support, the small independent merchants really need our help right now. The Village is doing a great job with their Thursday, Friday and Saturday night dining outside. If you haven't had a chance to try it please do, it's a very enjoyable experience. Let's not forget our Farmers Market is available, and again that helps our neighbors get through a very difficult time. Hours have been extended this year. Thursday 3-6:30 pm and Saturday 9 am til 1 pm in Wiswall Park.

To all the Seniors out there please be safe. Wear your masks and social distance. I want everyone around when we are able to celebrate the end of Covid-19. If the Town can help you with anything, please feel free to give me a call (518)369-5274 Hope to see you all soon, and stay safe,
Barbara

JUST HOW FAST WERE YOU GOING

Ralph was towing his boat home from a fishing trip in Jamaica Bay when his car broke down. He didn't have his cell phone with him, but he thought he might be able to raise someone on his marine radio for roadside assistance. He climbed into his boat, clicked on his radio and said "Mayday, mayday" A Coast Guard officer came on and said, "State your location."

"I-95, 2 miles south of Cranston."

After a very long pause, the officer asked, "How fast were you going when you reached shore?"

WATER TO WINE

An Irish Priest is driving down to New York and gets stopped for speeding. The State Trooper smells alcohol on the Priest's breath and then sees an empty wine bottle on the floor of the car.

He says, "Sir, have you been drinking?"

"Just water," answers the Priest.

The Trooper says, "Then why do I smell wine?"

The Priest looks at the bottle and says "Good Lord! He's done it again!"

Thanks to Neil Kennedy for the chuckles

Three good friends went for a swim.

The one who was fat wished she was thin.

The one who was curvy wished she was clever.

The one who was clever wished she swam better.

The really great swimmer wished she was witty.

The one who was witty wished she was pretty.

All three friends thought the other two were just fine.

If only they could let their own bright light shine.

So throw on your swimsuit if you're fat or you're thin.

Enjoy fun and friendship...love the skin that you're in!

Thanks to Andi Simard for these words of wisdom.

A GARDEN

Plant 3 rows of Peas:

Peace of Mind, Peace of Heart, Peace of Soul.

Plant 3 rows of Squash:

Squash Indifference, Squash Grumbling,

Squash Selfishness.

Plant 3 rows of Lettuce:

Lettuce be Kind, Lettuce be Happy,

Lettuce Really Love One Another.

No garden would be complete without Turnips:

Turnip for Service when needed,

Turnip to Help One Another,

Turnip the Music and Dance.

Water freely with Patience and Cultivate with Love.

To conclude our Garden we must have Thyme:

Thyme for Fun, Thyme for Rest

Thyme for Ourselves.

We Reap what we Sow.....

Thanks to Bernadette Putnum for these inspiring thoughts

2020 Membership Dues / New Member Application

Membership dues run from January 1st through December 31st. Please enclose check (payable to BASC), your BASC membership card and a self addressed, stamped envelope and mail to Barb Broderson, 48 Edmund Drive, Ballston Spa, NY 12020, or pay at the Thursday luncheon meetings 10:00am to noon.

DUES SCHEDULE

Note: New members \$10.00 upon sign-up regardless of age

\$10.00 = 55 to 79 years in 2019

\$5.00 = Turned 80 in 2019

FREE = Turned 90 in 2019
(return membership form to update records)

Last Name: _____ First Name: _____ Date of Birth: _____

Street Address: _____ Apt. # _____ City: _____ Zip: _____

Telephone: _____ Email: _____

Live in: ☐ Town of Milton ☐ Village of Ballston Spa ☐ Town of Ballston ☐ Other _____

Marital Status ☐ Single ☐ Widow/Widower ☐ Married

Spouse: First Name _____

Anniversary Date: (day, month & year) _____

I want to receive the Newsletter by: ☐ Email ☐ Will Pick Up at Center ☐ Mail

Membership Secretary Barbara Broderson 518 885 4229

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Milton Community Center
310 Northline Road
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Weekly Activities

Mondays

10:30 a.m. to 11:30 a.m.	Chorus
11:30 a.m. to 12:30 p.m.	Stretch & Fit, Exercise

Tuesdays

9:00 a.m. to noon	Crafts
9:00 a.m. to 11:30 a.m.	Woodcarving
9:00 a.m. to 12:00 p.m.	Billiards
12:30 p.m. to 2:00 p.m.	Wii Bowling
1:00 p.m. to 3:30 p.m.	Mahjong, Cards, Board Games
2:15 p.m. to 3:15 p.m.	Healthy Bones for Life

Thursdays

9:30 a.m. to 11:45 a.m.	Crafts, Cards, Billiards
11:45 a.m. to 4:00 p.m.	Lunch, Meeting, Bingo

Friday

2:15 p.m. to 3:15 p.m.	Healthy Bones for Life
6:30 p.m. to 9:00 p.m.	Games & Cards



NORMAL

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AS

POSSIBLE