

Ballston Area SENIOR UPDATE

JULY/AUGUST 2021



Milton Community Center
310 Northline Road
Ballston Spa, NY 12020
518 885-6740

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518 885 4839
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Diane Kennedy, Secretary
Madeline Waller, Treasurer
Barb Broderon, Membership

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Susan Heimbarg
Alison Bodle
Eric Utermark
Kathy Eitzmann

Membership

Barbara Broderon
518 885 4229

Newsletter Editor

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518 288 3565

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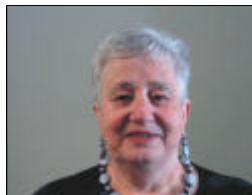
Community Contacts

Town of Milton
518 885-9220
503 Geyser Road
Ballston Spa, NY 12020

Village of Ballston Spa
518-885-5711
66 Front Street
Ballston Spa, NY 12020

Town of Ballston
518-885-8502
323 Charlton Road
Ballston Spa, NY 12020

Office for the Aging
518-884-4100
152 West High Street
Ballston Spa, NY 12020



Linda Elmer

FROM THE PRESIDENT

Yeah for summer. I hope you are well and enjoying the summer. It is great to be able to be outside and doing things.

Also how about those covid restrictions being lifted. It is really great to be able to go places without masks. And how about our meetings being opened up. It is great seeing you every week. Our attendance has been great and increasing all the time.

Starting in the month of July we will be meeting every Thursday of the month at our temporary home at the Gym. We will be starting the attendance raffle again. A volunteer is needed to run the attendance raffle table. We will also be starting BINGO after all meetings, so please plan on staying and playing some bingo. I am arranging with the Town of Milton to bring the Bingo (ball spitter out machine) because I don't know what it is called, to the center. So it will be easier to play bingo.

Also the following programs are being restarted, Exercise Class-Kathy Eitzmann will be the instructor, with the first class on July 7th at 10am. Pickin's-Jack Broderon is working on starting up the Pickin's sessions. If you think you would like to help give him a call. Attendance Raffle-I am asking for a volunteer to run the attendance raffle before our meetings. Also Sue Heimbarg will be chairing Bingo on Thursdays, please give her a call if you would like to help. Thank you all for caring enough to help us get re-started again.

Pizza-pizza will be offered for lunch the third Thursday of each month cost \$3.00. Tickets will go on sale the two (2) weeks before. You will need a ticket to choose your pizza.

Please remember that the gym will now be opened every Monday, Wednesday and Thursday from 10-4. If there is an activity you would like to do, please call and we will see about setting it up. Anything like playing cards, mahjong, knitting, any activity at all. Musical Chairs whatever. Give me a call and we will see what we can set up. With New York State releasing most of the covid restrictions, we can really start to open up.

Unfortunately I do not have any update from the Town of Milton. It still appears that it will be the first of January before we can move back to the center.

On that note, we wish to thank the Barghosian Brothers for the free use of their Gym. They have been great about opening it up when we need it. Again thank you.

Well that's I have for now, so as always, if you have any questions on what we are doing please give me a call. Take care and be well

Linda Elmer BASC PRESIDENT

John J Cromie

Attorney at Law

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Ballston Senior Center, Ballston Spa, NY

03-1134



The Ballston Spa Farmers' Market is now open at its new site outside Brookside Museum. The hours are Saturdays 9.00am-1.00pm and Thursdays 3.00pm- 6.00pm. Many vendors have returned and there are new ones too. The free concerts at Iron Spring Park will be on every Thursday from 6.00-8.00pm, starting on July 1st and finishing August 26th. The line-up is: 7/1 **Ballston Spa Community Band**; 7/8 **Erin Harkes**; 7/15 **North & South Dakotas**; 7/22 **The Lustre Kings**; 7/29; **The Rogues**; 8/5 **Ice Cream Social with The Union Fire Co Band**; 8/12 **Sirsy**; 8/19 **Geo Beat**; 8/26 **Ballston Spa Jazz Band**.

Irish Craic and Humor

The brain is the most amazing organ. It works 24 hours a day, 365 days a year from birth until you fall in love,

Do you know that great feeling when you get into bed, fall straight to sleep and wake up feeling refreshed and ready to take on the day.....No, me neither!

Every woman's dream -
Her ideal man takes her in his arms, throws her on the bed...and cleans the whole house while she sleeps.

A man went into a café and sat his 6 children at a table. A woman asked, 'Are all of those children yours?' 'No, I work for a condom company...these are customer complaints.'

If I actually 'spoke my mind' I'd be in BIG trouble.

What did our parents do when they were bored with no internet? I asked my 18 brothers and sisters and they didn't know either.

An elderly Irishman bought a sports car to recapture his youth and drove at 120 mph.

Then he saw a police car behind him, blue lights flashing. 'I'm too old for this nonsense,' he thought as he pulled over. The police officer said, 'Sir, my shift ends in 10 minutes. If you can give me a good reason why you were speeding, I'll let you go.' The old man said, 'Years ago my wife ran off with a policeman. I thought you were bringing her back.'
'That'll do,' said the policeman.

FRIENDSHIP is when people know all about you....but like you anyway.

Thanks to Sally and Rick Snyder for these chuckles.

Apologies to Kathy Eitzmann who did not live in OH as I stated in the last newsletter but NEBRASKA! Sorry!

JUST FOR LAUGHS

My car knows when I have money.

I think I am going to be cremated when I die. It will be my last chance to get that smokin' hot body!

Thanks, Glen Becker!

Grandma's Boyfriend

A 5-year-old boy went to visit his grandmother one day. Playing with his toys in her bedroom while grandma dusted, he looked up and said, 'Grandma, how come you don't have a boyfriend now that Grandpa went to Heaven?' Grandma replied, 'Honey, my tv is my boyfriend. I can sit in my bedroom and watch it all day long. The religious programs make me feel good and the comedies make me laugh—I'm happy with the tv as my boyfriend.' Grandma turned on the tv and the reception was terrible. She started adjusting the knobs, trying to get the picture in focus. Frustrated, she started hitting the backside of the tv hoping to solve the problem. The little boy heard the front door bell ring, so he hurried to open the door and there stood Grandma's minister. The minister said, 'Hello Son, is your Grandma home?' The little boy replied, 'Yeah, she's in the bedroom bangin' her boyfriend.'

The minister fainted.

[Thanks to Mary Egan for this.](#)

Elephant Stew

1 Elephant
Salt/Pepper

Brown Gravy
2 Rabbits

Cut Elephant into bite sized pieces, this should take about 2 months. Cover with brown gravy. Cook over kerosene fire for about 4 weeks at 465 degrees. This will serve 3,800 people. If more people are expected, 2 Rabbits may be added, but do this only if necessary as most people do not like to find Hare in their stew!

Posted on the elevator at work is the usual warning sign, 'In case of fire, do not use elevator.' Scrawled in pen underneath it is this addendum: 'Use water.'

My friend was looking at home-gym equipment with her husband. She stepped on a treadmill and said, 'Honey, if you buy this for me, I will look like I did in High School.'
'Sweetheart,' he said gently, 'it's a treadmill, not a time machine.'

BINGO

Bingo is going to be starting again every Thursday after our meetings at the Gym, and it doesn't matter how many (or few) of you want to play. Sue Heimborg will be organizing this if you wish to contact her.

EXERCISE CLASSES

There will be exercise classes starting on Wednesday July 7th and then every Monday and Wednesday from 10.00-11.00am at the Gym. The classes are similar to the Osteo classes, using a chair and weights if you wish. It will be lead by 3 ladies from the Malta Seniors who have worked out the program and are joining our Ballston Seniors so they can bring it to us. Do come and check it out if you have been missing that gentle exercise that helps us keep moving. Don't forget your water.

You can call me, Alison 518 288 3565 if you need more information.



Do you recognize this man?

You should, it is our very own Bert Grandin. This poster is one of many hanging from lamp posts in Ballston Spa, honoring the men and women who served the United States. Bert's poster is on the corner of Front Street and Low Street, right by Wiswall Park.

There are many amazing, beautiful and clever Bird Houses all around Ballston Spa. These are in Wiswall Park, take a stroll around town and enjoy them.



TRIP ANNOUNCEMENTS

Trip Coordinators: Carol Moll and Madeline Waller

JULY 21

Friesians of Majesty, Vt; Lunch at New England House.

Bus departs: 8.00am
Estimated Bus return: 7.30pm

AUGUST 24

Log Cabin, Holyoak, MA for LobsterFest and Changes In Latitudes.

Delicious food and then entertainment from the premier tribute show to Jimmy Buffet (are we all 'wasting away in Margaretville?')

Sign up dates: Thursday July 8, 10.30—Noon
Thursday July 15, 10.30—Noon

@ The Gym.

Bus departs: 8.00am
Estimated Bus return: 5.30—6.00pm
Cost: Members \$35.00 Non Members \$45.00

SEPTEMBER 28

Silver Birches, Hawley, PA for Train Ride, Luncheon and Show.

Scenic Fall Foliage train ride in Northwest Pennsylvania, then on to Silver Birches for a Family Style Meal, followed by a show by Déjà Vu to get you up and dancing.

Sign up dates: Thursday August 12, 10.30—Noon
Thursday August 19, 10.30—Noon

@ The Gym.

Cost: Members \$35.00 Non Members \$45.00

Bus departs: 6.45am
Estimated Bus return: 7.30pm

For more information please call Carol @518 339 8926 or Madeline at 518 885 8281.

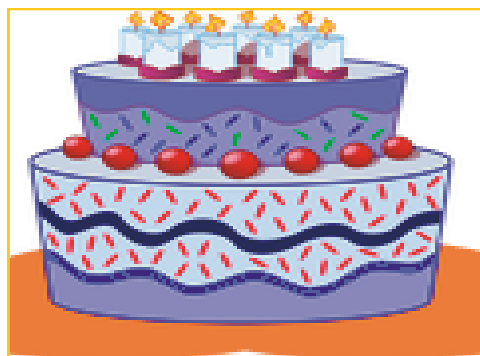




JULY

AUGUST

1 Agnes Mohr	1 Mary Parente
3 Joan M. Carbone	1 Ann Morris
3 Lorraine Walkowicz	3 Ronald Leveille
3 Jeanne A. Cramer	6 Jannette Schmitt
4 Neil C. Scheuerman	6 Debra Howansky
4 Rosemarie Sarmiento	8 Rose Verro
5 Francy Balch	8 Pat A. Haskell
7 Christine Bullock	9 Peter Medick
7 Donna Halse	9 Linda Ferrara
7 Laurel Gailor	11 Sharon Sommer
11 Dorothy J. Fremont	11 Gail Heinzl
13 Betty Anderson	12 Mark Preissler
13 Bill LaMore	13 Mary T. Carrier
15 Dennis Askew	14 James Belanger
16 Peter Petrillo	17 Francine Dudka
17 Glen Becker	17 Helene L. Kerwood
18 Patricia Hickok	18 Gary Wachunas
19 Rennie Knapp	19 Audrey Hauprich
20 Nancy Harvey	20 Theresa Arpei
20 Peg Gifford	21 Andrew Burke
20 Jean Carpenter	23 Barbara Hendrickson
25 Marlu Sidenstick	25 Helen Baker
26 Kathleen Eitzmann	26 Robert Miller
26 Alice Hassell	26 Robert McClements
26 Margaret Seeberger	27 Murray Eitzmann
27 Jim Brown	29 Joan Doten
27 Estella Simmons	29 Elizabeth Nagy
29 Albert Laraway	30 Shirley Welch
29 David Howansky	31 Judith Zanella
30 Beverly Westfall	
30 Pat Culora	
30 Janice Baird	
30 Clara Dutcher	



WELCOME NEW MEMBERS

Carol Iannuzzo	Barbara Doten-Lynch
Glen Becker	Richard Derusha
Elaine Kesnowski	Jeannette Melanson
Jane Schmidt	Barbara Wood
Suzanne Hampton	Cathy Green
Will O'Brien	Miriam Phillips
Joyce Soltis	Betty Kwiat
Luz French	Rick Henry

Our thoughts and prayers are with the families of

Charlie (Valentine) Miller



Janette Kiuber

Judy Naylor

Helen Van Patten

Mike McGarvey

MEMORIAL SERVICE 2019/2020



The Seniors held a Memorial Service to remember our friends who passed in the years 2019/2020. Bert Grandin presided over the moving service, assisted by Howard and Madeline Weller. The Chorus sang hymns. It was very good to feel that we were able to hold this service at last.



Around the Town

Hello everyone-It's just great to get out and socialize with our friends! I really enjoyed the Lake George Cruise last week and it looked like everyone that attended was happy to be at our first trip in many months. Summer is here so let's keep the gatherings continuing. Ballston Spa's Farmers' Market is back every Thursday 3pm-6pm and Saturday 9am-1pm at Brookside Museum. Concerts in the Park return July 1 and 8 from 6pm – 8pm at the Old Iron Springs on Front Street and on July 2 at 8:30pm Movies in the Park at Wiswall Park, presenting The Croods. Lastly, let's not forget The Saratoga County Fair. The Fair will run July 23 – July 25. I know it's a much shorter schedule, but much better than last year. Let's all be thankful for our blessings and we all will be back together to celebrate Summer.

Last item is Town Hall. By the time you read this we should have a proposal for Phase II of the Town Hall project. I will provide Linda with the paperwork I receive on the progress. I'm anxious to get the Seniors Home!!!!
Barbara



Barb Kerr



Weekly Activities

Mondays

9.00am—12.00	Pool
10.00—11.00am	Exercise @ the Gym

Tuesdays

10.00—12.00	Crafts
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Wednesdays

10.00—11.00am	Exercise @ the Gym
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Thursdays

12.00 noon General Meeting at the Gym, Bingo.	
1.00pm—4.00pm	Pool

Fridays

6.30pm—9.00pm	Pool
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If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093; and Earleen Van for crafts at 518 855 8730.

Mark your calendars JULY

1st 12pm Meeting at the Gym, bingo. Farmers' Market followed by free concert @ Iron Spring Park 6.00pm.

2nd First Friday in Ballston Spa. Free movie 'The Croods' @ Wiswall Park, 8.30pm.

3rd, 10th, 17th, 24th and 31st Farmers' Market.

7th Exercise class @the Gym 10.00-11.00am.

8th Ticket sale for Lobsterfest 10.30-noon followed by meeting @ the Gym, bingo. Farmers' Market and concert.

15th Ticket sale for Lobsterfest 10.30-noon followed by meeting @ the Gym, pizza lunch, pre-order with Linda, bingo. Farmers' Market and concert

21st Trip Friesians of Majesty.

22nd Meeting @ the Gym, noon, bring own lunch, bingo. Farmers' Market and concert.

29th Meeting @ the Gym, noon, bingo. Farmers' Market and concert.

AUGUST

5th Meeting @the Gym, noon, bingo. Farmers' Market and concert.

6th First Friday in Ballston Spa. Free movie 'Frozen 2' Wiswall Park @ 8.30pm.

7th, 14th, 21st and 28th Farmers' Market.

12th Ticket sale for Silver Birches, 10.30-noon followed by meeting @ the Gym, bingo. Farmers' Market and concert.

19th Ticket sale for Silver Birches, 10.30-noon followed by meeting @ the Gym, pizza lunch, pre-order with Linda, bingo. Farmers' Market and concert.

24th Trip Lobsterfest.

26th Meeting @ the Gym, noon, bingo. Farmers' Market and last concert this year.

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03-1134



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Temp-Return Service Requested

2021 Membership Dues / New Member Application

Membership dues run from January 1st through December 31st. Please attach check (payable to BASC), your BASC membership card and a self addressed, stamped envelope and mail to Barb Broderson, 48 luncheon changes.

card and a self addressed, stamped envelope and mail to Barb Edmund Drive, Ballston Spa, NY 12020, or pay at the Thursday meetings 10:00am to noon. Please note any life events or address

DUES
Note: New
of age



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\$10.00 = 55 to 79 years in 2020

\$5.00 = Turned 80 in 2020

FREE = Turned 90 in 2020

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Telephone: _____ Email: _____

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☐ Single ☐ Widow/Widower ☐ If Married Spouse: First Name _____ Spouse's Birthday _____

Anniversary Date: (day, month & year) _____ Is spouse a member? _____

I want to receive the Newsletter by: ☐ Email ☐ Will Pick Up at Center ☐ Mail

Membership Secretary Barbara Broderson 518 885 4229