# SENIOR UPDATE JULY/AUGUST2023



310 Northline Road Ballston Spa, NY 12020 518 490 2851

### **Officers**

Marge Bayer, President
518 430 7029
Linda Elmer, Vice President
Mary Egan, Secretary
Meg Stevens, Treasurer
Barbara Broderson, Membership

### **Directors**

Francine Dudka Neil Kennedy Bernadette Putnam Madeline Waller

### <u>Membership</u>

Barbara Broderson 518 885 4229

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### **Community Contacts**

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Village of Ballston Spa 518-885-5711 66 Front Street Ballston Spa, NY 12020

Town of Ballston 518-885-8502 323 Charlton Road Ballston Spa, NY 12020

Office for the Aging 518-884-4100 152 West High Street



### FROM THE PRESIDENT

Happy Summer!

We have had dances and trips and more coming each month. We have Pot-luck lunches and lots of fun with Bingo, Mahjong, Hand and Foot and other card games! The game room is active with Pool shooting on the pool table too!

The craft group keeps making wonderful items to sell each week at our gatherings! We are finally getting some new sound system items so we can have speakers that work for an entire business meeting!!!! FINALLY!!!

The by-laws and SOPs are finally being up-graded and hopefully will be voted on and approved soon.

The Pot-Luck lunch committee is considering an outside picnic in August and are trying to work on those plans. That sounds like a good summer outing and we can play some outside games.

Do you have any games you could bring in to share? I have horse-shoes.

We enjoyed our dinner at the Golf club by Saratoga Lake and we hope to have more. We will be unable to have our Thanksgiving and Christmas dinners and gatherings in the Milton Community Center since the Office Of The Aging has now changed the agreement and we are now unable to use the kitchen for those 2 days. We are now making arrangements for those Special Holiday meals. Thank you to the committee for choosing wonderful restaurants for each of our special meals.

I want to thank each and every member who help with all the work that makes our group so active!!! With over 500 members it is time for more to VOLUNTEER!! Call me if you would like to help our group!!!

Enjoy these beautiful summer days! Enjoy life! Enjoy being a member of BASC!!! Thank you, Marge Bayer President BASC

There is a fountain of youth; it is your mind, your talents, the creativity you bring to your life and the lives of people you love. When you learn to tap this source, you will truly have defeated age.

-Sofia Loren



### John J Gromie

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# SUPPORT THE ADVERTISERS that Support our Community!



The Ballston Spa Farmers' Market runs from Saturday June 10th through September 30th in Wiswall Park. It is open Saturdays from 9.00am to 1.00pm, and Thursdays from 3.00pm to 6.00pm. As usual, there will be fresh fruit and vegetables, flowers, plants, baked goods and other home made articles (like soap) for sale. Also you will see the bird boxes which are there as well as all around the town.

### **MOVIES IN THE PARK - FREE**

Held in Wiswall Park on the First Friday of the month beginning at dusk (8.30—8.45pm), rain date the next day.

July 7th: 'Minions-The Rise Of Gru'
August 4th: 'Lyle, Lyle Crocodile'
Bring a chair or blanket and the Grandkids.
THURSDAY NIGHT CONCERTS - FREE

Held in the Lion's Music Park, Iron Springs Park on

Front Street from 6.00pm to 8.00pm.

June 29th: Ballston Spa Community Band

July 6th: Nortth & South Dakotas

July 13th: The Protones July 20th: Kevin McKrell

July 27th: Sirsy

August 3rd: Annual Ice Cream Social, Union Fire Com-

pany Band. Free ice cream. **August 10th**: Downtown Horns **August 17th**: Lustre Kings

August 24th: The Sea The Sea

Bring a chair or blanket (and the Grandkids), concession stand usually open or pick up a snack from the Farmers'

Market.

### **BINGO**

Now we have a slightly different schedule for our Thursday meetings, Sue Heimburg wanted to clarify when Bingo will be played.

**1st Thursday of the month;** right after Split the Pot, (approximately 12.30).

**2nd Thursday;** right after the General Meeting (approximately 1-1.30).

3rd Thursday; right after Split the Pot.

4th Thursday; right after the General Meeting.

5th Thursday; right after Split the Pot.

10 or more players are needed to play Bingo, Sue will ask each time.

Here are some photos of the Bird Boxes and some of the winners.





Janet Welcome, Bonnie from the Office of the Aging, and Kathy Eitzmann.



### WEDNESDAY PICKING SESSIONS

Come and enjoy country/western, bluegrass, gospel, etc. performed by local musicians. Sing along, dance, tap your foot or bring your acoustic instrument and join the 'jam'. There is no charge to attend. Snacks to share would be appreciated, beverages provided. Open to the public.

The sessions are held the first and third Wednesdays of the month:

Evening sessions: July 5th & August 2nd
Doors open at 6.00pm through 9.00pm

Afternoon sessions: July 19th & August 16th
Starts 1.00pm through 3.00pm

Contact Jack at jackbroderson@gmail.com or call 518 885 4229.







### **BAZAAR**

Planning for our Seniors' Bazaar is ongoing. It will be **Saturday, October 7th from 9.30am to 3.00pm.** Sue Heimburg is taking orders for tables, so if you are interested contact her at 518 885 8037. Carol Moll and I met to start organizing the Basket Raffle. We have made a list of ideas and will bring this to the members in August. You can sign up to make a basket individually or as a group. Also, if anyone is willing to ask businesses for a basket or gift card, that would be much appreciated. We will need baskets too, large and medium, and will be looking for help to wrap them later. Alison

### TRIP ANNOUNCEMENTS

<u>July 20th</u>: Log Cabin, Lobsterfest. 'Vintage Vegas Live'

Bus departs: 9.30am. Bus returns: 5.30pm.

<u>August 22nd</u>: Lake George Holiday Inn, Dinner Theater, 'Shear Madness' Murder Mystery.

Resident member \$35, Non-resident \$45, Guest TBA Sign up: July 13th & 20th @ 10.00am

<u>September 14th</u>: Lunch at Upstate Grill, visit to Hyde Hall, 3.00pm Glimmerglass Queen Cruise (approx. 1 hour)

Resident member \$35, Non-resident \$45, Guest \$65. Sign up: August 10th & 17th @ 10.00am

October: Octoberfest, Gavins in East Durham, NY

**November:** Proctors

**December**: Turning Stone-Buddy Holly Show.

Dues for 2023 must be paid 30 days prior to trip date. The sign up dates will be on the 2nd and 3rd Thursdays. For more information, please contact the Trip Coordinators: Carol Moll 518 339 8926 or Mary Egan 518 630 6322.



### **DANCES**

Here are the dates and bands playing at the dances. Saturday nights from 7pm to 10pm, \$5 at the door to include snacks and drinks.

July 8th Peaceful Country Band August 12th Mac Linda Mac September 9th Old Time Country October 14th Peaceful Country November 11th TBA December 9th, 31st TBA

### **CHORUS**

The Chorus sang their 'Beatles' songs to the Seniors, and also at the Home of the Good Shepherd, Saratoga. This was the first time we had been allowed to perform in a nursing home since the Pandemic, and we were enthusiastically applauded. We have another date at the Home of the Good Shepherd, Malta, soon, and are now starting to rehearse our next program, Country Songs. Come and join us!



### JULY

- Lorraine Walkowicz
- 4 Joan M. Carbone
- 5 Jeanne A. Cramer
- 4 Jill Smith
- 5 Neil C. Scheuerman
- 6 Rosemarie Sarmiento
- 5 Jim Frey
- 6 Francy Balch
- 7 Christine Bullock
- 7 Lisa Beretz
- 8 Donna Halse
- 9 Dennis Taylor
- 8 Reginald Macey
- Tina Woodcock
- 10 Charles Higley
- 10 Brian Gifford
- 11 Alberta Sweet
- 11 Dorothy J. Fremont 12 Elizabeth Delgardo
- 12 Linda Pileggi 13 Bill LaMore
- 14 Maureen Gadbois
- 14 Anna Mae Emerich
- 15 Dennis Askew
- 16 Peter Petrillose
- 17 Glen Becker
- 18 Patricia Hickok
- 18 Mary Welyczko
- 19 Rennie Knapp
- 20 Peg Gifford
- 20 Nan Harvey
- 21 Jean Carpenter
- 24 Marilyn Thompson
- 25 Lois Radke
- 25 Frances Gailor
- 26 Jean Taylor
- 27 Marlu Sidenstik
- 26 Kathleen Eitzmann
- 27 Alice Hassell
- 27 Estella Simmons
- 28 Patty Bowers
- 29 Donna Paynter
- 28 Lisa Jane Wein
- 29 Tom Laraway
- 29 David Howansky
- 30 Clara Dutcher
- 30 Beverly Westfall

### **AUGUST**

- Ann Morris
- 3 Ronald Leveille
- 6 Debra Howansky
- 6 Janette Schmitt
- **Candace Schmidt** 6
- Bonnie Mayer
- 8 Pat A. Haskell
- 9 Letty Rudes
- 9 Linda Ferrara
- 9 Steve Otrembiak
- Barbara Thurnau
- **Sharon Sommer** 11
- 12 Mark Preissler
- 13 Mary T. Carrier
- 15 Debora Vollmer
- 16 Mary Ann Mevec
- Francine Dudka
- 17 Helene L. Kerwood
- 19 Peter Medick
- 20 Theresa Arpei
- Andrew Burke 21
- 22 Valerie Frey
- 25 Ron Kump
- 26 Robert McClements
- 26 Robert Miller
- Stephanie Snowden
- Murray Eitzmann 29 Carole Schumacher
- 29 Elizabeth Nagy
- 29 Jerry Baker
- 30 Shirley Welch
- 30 Jean Weilacher
- 31 Judith Zanella
- 31 Lillian Truax

### **ALSO**

July 13 Lynn O'Conner



Mary Beth Wing Shirley Kelso Linda Klompas Vicci Burt Mark Klompas Alain Lescault Bob Zink Ann Ryan Maria Mahar Jill Smith Sheila Quinn John Gordon Kathy Williamson Christine Whalley Dave Williamson Ginny D'Ambrogio Lynn O'Conner Cindy Garcia

### Our thoughts and prayers are with the families of



Thomas Juresak

Shirley Hutchinson

### Positive Aspects of Aging

Getting old is like climbing a mountain, you get a little out of breath, but the view is much better.

-Ingrid Bergman

The older I get, the greater power I seem to have to help the world; I am like a snowball-the further I am rolled the more I gain.

-Susan B. Anthony



# Around the Town



Summer is here and lots of activity going on in Milton. Our Summer Camp Program starts on July 5<sup>th</sup> and runs for six weeks. We have a full house with 120 children attending and more on a waiting list. During Camp there will be a few

daytime adjustments to anyone wanting to use the Milton Mile, but any changes will be posted.

Plans are well underway for moving our Highway Facilities. The new garage will be located on Rowlands Street where the salt shed now stands. First phase will be the fueling station and cold storage building. Later we will be going out to bid for the new garage. The old facility at Town Center will be demolished, making room for future expansion of Town Hall and recreational facilities. We will be talking to residents for their suggestions on what they'd like to see at the location.

Something new this year, the Town is doing a Car Show in Burgess/Kimbell Park on July 9<sup>th</sup>, from 8 am until 4 pm. All proceeds will go towards helping families with Summer Camp tuition. There will be food trucks, raffles, and lots of fun. Admission to the show is free, so stop by and enjoy the day.

Hope everyone has a great summer and stay safe.

Barbara

### **WEEKLY ACTIVITIES**

### **Mondays**

9.00am—12.00 Shooting Pool 10.00am—11.00am Chorus 11.15am—12.00 Exercise

**Tuesdays** 

10.00—12.00 Crafts 1.00—4.00pm Mahjong

Wednesdays

12.30—3.00pm Quilters

**Thursday** 

12.00 Lunch & General Meeting, Bingo. 1.00—4.00pm Shooting Pool

Fridays

11.15am—12.00 Exercise 6.30—9.00pm Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 885 8730, and Alison for exercise at 518 288 3565.

### MARK YOUR CALENDARS

### **JULY**

5th Pickin'Session 6.30-9.00pm

6th Luncheon/Bingo/gathering day. Pizza tix

13th Luncheon/Bingo/general meeting. Pizza tix,

Trip tix @ 10.00am Lake George Dinner Theater.

19th Pickin' Session 1.00-3.00pm

20th Luncheon/Bingo/Board meeting. Pizza.

Trip tix @ 10.00am Lake George Dinner Theater.

20th Trip to Lobsterfest, bus leaves 9.30am

27th Luncheon/Bingo/general meeting. Pot Luck.

### **AUGUST**

2nd Pickin' Session 6.30-9.00pm

3rd Luncheon/Bingo/gathering day. Pizza tix. Annual Ice Cream Social, Union Fire Co Band @ Iron Springs Park.

10th Luncheon/Bingo/general meeting. Pizza tix, Trip tix @ 10.00am Upstate Grill, Hyde Hall, Glimmerglass Queen Cruise.

16th Pickin' Session 1.00-3.00pm

17th Luncheon/Bingo/Board meeting. Pizza.

Trip tix @ 10.00am Upstate Grill, Hyde Hall, Glimmerglass Queen cruise.

22nd Trip to Lake George Dinner Theater.

24th Luncheon/Bingo/general meeting. Pot Luck.

31st Luncheon/Bingo/gathering day.







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### 2023 Membership Renewal

Membership runs from January 1st through December 31st 2023. \$10.00 = 55 + years \$5.00 = Turned 80 in 2022 FREE = Turned 90 in 2022

Enclose check (payable to BASC), membership card and a self-addressed, stamped envelope and mail to Barb Broderson, 48 Edmund Drive, Ballston Spa, NY 12020 or pay at Thursday luncheon meetings 10:00am to noon. Please fill out & return even if over 90. Call 518-885-4229 with questions.

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