# SENIOR UPDATE JULY/AUGUST 2024



Milton Community Center 310 Northline Road Ballston Spa, NY 12020 518 490 2851

#### **Officers**

Linda Elmer, President 518 885 4839 Francine Dudka, Vice President Mary Egan, Secretary Meg Stevens, Treasurer Barbara Broderson, Membership

#### **Directors**

Mike Andreadakis Neil Kennedy Bernadette Putnam Madeline Waller

#### <u>Membership</u>

Barbara Broderson 518 885 4229

#### Newsletter Editor

Alison Bodle 518 288 3565 alisonbodle22@gmail.com

Email address:
Ballston.area.seniors2@gmail.
com

<u>Website:</u> Ballstonmiltonseniors.com

<u>Facebook:</u> Ballston Area Seniors

#### Community Contacts

Town of Milton 518 885-9220 503 Geyser Road Ballston Spa, NY 12020

Village of Ballston Spa 518-885-5711 66 Front Street Ballston Spa, NY 12020

Town of Ballston 518-885-8502 323 Charlton Road Ballston Spa, NY 12020

Office for the Aging 518-884-4100 152 West High Street



#### FROM THE PRESIDENT

Dear Members, your new President has graciously let me share the President's page with her, so that I may say my good-byes. In my time as your President I have met many new friends, and gotten to work with some great people. Whenever I needed help, you guys always came through for me.

We have had some great times at the center and there are more to come.

I have one favor I would like to ask of you, if your President asks for help, please show her the same respect and support her the way you have supported me all these years. Remember even though my wings have been clipped, I am still watching you.

I have enjoyed my time as your President. I look forward to coming back to meetings and participating when I can. May you all be well and take care of each other.

Your Friend Always, Linda Elmer Past President BASC

May I introduce myself to you... I am Francine Dudka, the newly elected President of BASC. I have had the privilege to work closely with our past President, Linda Elmer, and I am honored to follow her tenure. I am ready to move forward, with respect, to fulfill our mission.

The summer is upon us, and the 4 th of July will be here. A time for picnics and swimming. We look forward to our Elvis/BBQ event in September and shortly after our Bazaar in November. Remember to volunteer your time or baked goods... we need you!

Respectfully submitted,

Francine Dudka, BASC President

#### **SPECIAL EVENTS**

There will be no Special Events during July, but on August 8th we will celebrate the Travis Stakes at Saratoga Race Track by having our own race using the Bingo Board with prizes for Win, Place and Show.



#### John J Gromie

Attorney at Law 132 Bath Street Ballston Spa, NY 12020

518-885-8451

Real Estate • Wills Estate • General Practice



Armer Funeral Home, Inc. 39 East High Street Ballston Spa, NY 12020

518-885-6181

www.armerfuneralhome.com

#### Ettinger Law Firm

Elder Law Estate Planning since 1991

Register at albanyestateplanners.com for our free estate planning webinar "Four Advantages of Using Trusts" presented by attorney Bonnie Kraham live on zoom every Monday at 7:00 p.m. To schedule a free consultation in our offices or rirtually by zoom or phone, contact us:

518-459-2700 x117

email: info@trustlaw.com Trusts and Estates • Wills and Probate Tax Savings Strategies • Medicaid

Attorney at Law

trustlaw.com

125 Wolf Rd, Albany 340 Broadway, Saratoga

#### **TURNING 65** or RETIRING?

- - Medicare Supplement Plans
    - **Dental & Vision Plans**
  - Access to Multiple Carriers
- Service & Support When You Need it



#### Chandler **Insurance Services**

Albany NY

For a free Benefits Assessment Call

Sonva Chandler • 518-364-0162

**Benefits Specialist** Licensed in NY, NJ, MA, SC, GA

www.chandlerinsuranceservices.com

## **NEVER MISS OUR NEWSLETTER!**

**SUBSCRIBE** 

Have our newsletter emailed to you.



Visit www.mycommunityonline.com

#### **ADT-Monitored Home Security**

**Get 24-Hour Protection** From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety Carbon Monoxide







SafeStreets

833-287-3502

# SUPPORT THE **ADVERTISERS** that Support our

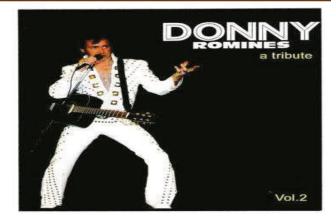
Community!

#### **CRAFT CORNER**

Dear members, we have had many new items added to our craft sale table but few people stop by to browse or purchase. We would like to let you know that we don't keep the money we make, it goes into the general fund to help with trips and any other special events that we have, so please stop by, look, even make a suggestion of what you would like to see on our table.

#### **Entertainment and Dinner**

On September 14th, which is a Saturday, the BASC will be hosting a dinner show featuring "Elvis", to entertain us from 3pm to 4pm. Then after the show, about 4:30pm, we will be serving a chicken barbeque dinner from the VFW 358. Cost of show and dinner is \$15.00. Tickets to go on sale in August.



#### **MEMORIAL SERVICE 2024**

We held our Memorial Service remembering and honoring our friends who passed in 2023.

The chorus sang 4 hymns.





#### Ballston Spa Seniors Annual Bazaar

Saturday November 9, 2024

**Town of Milton Community Centre** 

310 Northline Rd, Ballston Spa, NY 12020

We are looking for Unique Vendors & Artisans. What is your specialty? Pickles, Relishes, Jams & Jellies, or any handmade crafts are appreciated and welcome. We are looking for you to join us.

Indoor spaces—8ftW x 7ftD are \$30.00 **indoor only** (first come, first serve basis and electrical outlets are limited).

Outdoor spaces-12ftW x 10ftD are \$25.

To receive an Exhibit Contract and a Town of Milton agreement, contact the Bazaar Vendor Coordinator Sue Heimburg, we can email out contracts.

Sheim381@aol.com or call 518 885 8037/text message.

#### **Bazaar Baskets and Gift Cards**

We are organizing the Baskets a little differently this year. We are asking for donations to the baskets (which we will collect starting in September) and then we will have a work party to put them together. Please, no out of date food or Dollar Store items.

If you have a Gift Card or have asked a store if they will donate, please let myself or Earleen Van know so we don't ask again.

Thank you for all your help to make this our best Bazaar ever.

Alison Bodle

Things are moving along nicely. Everything is on schedule. The book and puzzle room needs books that are in good condition and not ready for the dumpster and puzzles with no missing pieces. We would like this to be a quality sale so we don't have to throw things away at the end of the day. Give donations to Doris Fredette on Thursdays.

Earleen Van



We love our Senior trips but they can be tiring, as Pat and Sharon are demonstrating.

#### WEDNESDAY PICKIN' SESSION

Afternoon Pickin Sessions have been cancelled, but the evening sessions will continue.

Evening sessions will be held Wednesday, July 3rd and August 7th. Doors open at 6.00pm; music starts at 6.30pm and ends at approximately 9.00pm. Pickin' Sessions are open to the public.

Take a few hours and join in the music. Sing along, dance, tap your foot or.... bring your acoustic instrument and play along. There's no entrance fee but snacks to share would be appreciated. Doors open at 6:00pm.

Contact: Email Jack at <u>jackbroderson@gmail.com</u> or call 518-885-4229 with questions, suggestions, or comments.



#### **DANCES**

#### **Saturday Dance Dates**

July 13 th 7-10pm Peaceful Country Band

October 12 th 7-10pm River Road Boys

December 14 th TBD

Admission to all dances is now \$7.00

Please bring a snack to share

No one under the age of eighteen will be admitted.

Please come, socialize and have a great time.



#### **2024 TRIP SCHEDULE**

<u>July 23rd</u> Tiki, dinner and a show. Bus leaves: 5.00pm Bus returns: 8.30

August 18th Beardslee Castle, Murder Mystery

Dinner Theater.

Sign up: July 11th and 18th.

Resident members: \$45, Non-Resident members: \$55,

Guest: Full Price

Bus leaves: 10.00am Bus returns: 4.30pm.

**September 17th** Racquette Lake lunch cruise and visit to Adirondack Museum.

Sign-Up: Aug 1st & 8th

Resident members: \$45, Non-Resident members: \$55,

Guest: Full Price.

October TBA Cooperstown, 2hr train ride, lunch at

The Upstate Grill and shopping at Fly Creek.

Sign up: August 15th and 22nd.

Full information to come.

#### TRIP PROCEDURES

Trips leave from the Pool room entrance at the Community Center.

Dues for 2024 must be paid 30 days prior to trip date. The sign up dates will be on the 2nd and 3rd Thursdays.

Masks must be worn when requested.

Resident member-lives within Saratoga County, all others considered non-resident. Replacing can

All payments by check only made out to BASC (if replacing cancelled seat, make payable to the member who cancelled). Member can sign up one other member as seat mate.

Sign up on first come/ first served basis.

Cancellation: If member cancels before the head count is turned in, they will be refunded. Trip Chairperson contacts first member on wait list. If no member on wait list, member may find a substitute. If substitute is a non-member, pay guest rate. If no replacement after head count is turned in, no refund. For more information, please contact the Trip Coordinator: Mary Egan 518 630 6322.





Arlene bought Kathy a new lanyard from our Crafters for her birthday. Get more ideas at their table.



#### **JULY**

- Donna Bishop
- Lorraine Walkowicz
- Joan M. Carbone
- 3 Jeanne A. Cramer
- 4 Neil C. Scheuerman
- 4 Rosemarie Sarmiento
- 5 Francy Balch
- 5 Jim Frey
- Dennis Taylor
- Lisa Beretz
- 7 Christine Bullock
- 7 June Walsh
- Sweeta Aulicino 8
- **Audrey Williams**
- 10 Charles Higley
- 10 Brian Gifford
- 11 Alberta Sweet
- 11 Lisa Wojtowecz
- 11 Elizabeth Delgado
- Dorothy J. Fremont
- 11 Lois Mitchell
- 12 Linda Pileggi
- 13 Lynn O'Connor
- 13 William LaMore
- 14 Anna Mae Emerich
- 14 Maureen Gadbois
- 15 Mary Colby
- 15 Dennis Askew
- 16 Peter Petrillose
- 17 Glenn Becker
- 18 Patricia Hickok
- 18 Mary Welyczko 19 Renate Knapp
- 20 Frank Colby
- 20 Peg Gifford
- 21 Jean Carpenter
- 23 Linda Hubinger
- 24 Lois Radke
- 24 Marilyn Thompson
- 25 Jean Taylor
- 25 Frances Gailor
- 25 Marlu Sidenstick
- 25 Denise Cudemo
- 26 Kathleen Eitzmann
- 27 Estella Simmons
- 27 Patty Bowers
- 27 Donna Paynter
- 28 Lisa Jane Wein
- 29 Tom Laraway

#### **AUGUST**

- 6 Debra Howansky
- Janette Schmitt
- Candace Schmitt
- Steve Otrembiak
- 9 Letty Rudes
- 10 Barbara Thurnau
- 11 Naomi Kruger
- 11 Sharon Sommer
- 12 Mark Preissler
- 13 MaryEllen Catalfamo
- 13 Mary T. Carrier
- 16 Mary Ann Mevec
- 17 Helene L. Kerwood
- 17 Francine Dudka
- 19 Peter Medick
- 20 Theresa Arpei
- 20 Fred Brack
- 21 Andrew Burke
- 22 Valerie Frey
- 25 Roland Kump
- 25 Doreen Donaghey
- 26 Robert Miller
- 26 Robert McClements
- 27 Murray Eitzmann
- 29 Carole Schumacher
- 29 Elizabeth Nagy
- 29 Gerald Baker
- 30 Shirley Walsh
- 31 Judith Zanella
- 31 Lilllian Truax

#### **JULY Continued**

- 29 David Howansky
- 30 Paulla Lake
- 30 Clara Dutcher
- 30 BeverlyWestfall



Bill Ford Linda Timmons Helen Saunders Jerry Kelley Shirley Laskey Fred Block Barb Doane Judy Mulvey Lisa Wojtowecz Ron Wojtowecz

Howard "Hutch" Hutchins Jr

#### Our thoughts and prayers are with the families of



Alice Hassell

Alphonse "Al" DeFillippo

Diane B. Griffin

Arlene and June went on a hike to Gray's Crossing and saw other people enjoying the area too.

Arlene lets Barbara know where she is planning the next hike, so look for the information in the E-Blast.







The Ballston Spa Farmers' Market has started for the summer with fresh fruit and veggies, delicious home baked goodies, and hand made crafts (jewelry, candles, soap products etc). It is held every Saturday from 9.00am to 1.00pm and Thurdays from 3.00pm to 6.00pm at Wiswall Park on Front St.

Movies in the Park are held on the First Friday of the month in Wiswall Park, beginning at dusk (approx. 8.30). In July the movie is "Barbie" (5th) and in August it is "Honey I Shrunk the Kids" (2nd). Rain date the next night. Bring a chair or blanket, get some food from a local restaurant and have a fun, free evening.

are \$15 regardless of age. PLEASE PRINT

#### **Concerts in the Park**

The free concerts in Old Iron Springs Park every Thursday evening from 6.00pm to 8.00pm begin on June 27th with the Ballston Spa Community Band. The rest of the line up is:

July 11th Heard

July 18th Fenimore Blues

July 25th Tom's House

August 1st Ice Cream Social with the Union Fire Company Band (Free Ice Cream!)

August 8th Sirsy

August 15th Lustre Kings

August 22nd The Protones.

Bring a chair or blanket and enjoy 2 hours of great music from local artists. Concession stand will be open. The concert will be cancelled if it is raining.

#### **2024 MEMBERSHIP RENEWAL**

#### Membership year runs January 1st through December 31st, 2024

Renewal rates: Age: 55 to 80 - \$15.00; Turned 80 in 2023 -\$10.00. Turned 90 in 2023 free Enclose check (payable to BASC), membership card and a stamped self addressed envelope and mail to Barb Broderson, 48 Edmund Drive, Ballston Spa, NY 12020. Dues may be paid at Thursday meetings at Community Center 10am to noon. Call 518-885-4229 with questions.

Prospective members must register in person at a Thursday meeting between 9:30 and noon. 2024 dues

LAST NAME	FIRST NAME	NICKNAME	DATE OF BIRTH
STREET ADDRESS	APT. No.	CITY	ZIP CODE
TELEPHONE NUMBER	CELL NUMBER		E-MAIL ADDRESS
First name of spouse/significant oth RESIDE IN: Town of Milton Springs	ner	Are they a member? Town of Ballston	Yes No Malta Saratoga
Saratoga County_ I want to receive my Newsletter I	Outside Saratog	a County	
INTERESTS: Chorus Musicing		s Dancing Billia	ards Games Socializ-

### Around the Town



Hello Everyone,

We have had a wonderful Spring, a little too much rain, but overall, pretty good. Summer officially begins on June 20 and I for one am looking forward to a fun summer with all the activities going on in the Town and the Village.

I wanted to let everyone know the Town of Milton will be having a Farmers Market beginning on Thursday, July 11 from 3 pm til 6pm in Burgess-Kimball Park. This will be our first year to see how the residents respond and participate in this event. Please stop by some Thursday evening and take a look. Let us know your thoughts and ideas.

We are undating the Town's Comprehensive Plan. The Town has sent out postcards asking residents to participate in a

We are updating the Town's Comprehensive Plan. The Town has sent out postcards asking residents to participate in a Community Survey. Everyone should have received one in the mail. If you live in an apartment, I will be leaving copies at your complex offices. The Comprehensive Review Committee and the Town want your input concerning how you would like to see Milton develop over the next few years. You can reply to the survey online and if you do not have access to a computer, please contact Town Hall and we can get you a hard copy to complete.

One last piece of good news, in case you were not at the Senior meeting, CDTA will be restoring the bus line on Rowlands Street. If you live in the Senior Apartments or any other place from Northline to Geyser, the bus will be making stops along the route. This will be happening in late August or early September. I will keep you updated exactly when and try to get the schedule to everyone.

Finally, I would like to say "Thank You" to Linda Elmer for all the work and dedication she has put into the Ballston Area Seniors. Your leadership and dedication to the organization is appreciated.

Have a wonderful Summer.

Barbara



your community.

Visit Ipicommunities.com



518-581-2800 26 Rock Rose Way | Malta NY 12020 www.homeofthegoodshepherd.com A tradition of Superior Care in Assisted Living, Enhanced Assisted Living and Memory Care!

Aging in place in a home like environment.



LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

**CONTACT ME Michael Fenner** 

mfenner@4LPi.com (800) 477-4574 x6808



Milton Community Center 310 Northline Road Ballston Spa, NY 12020

#### **Temp-Return Service Requested**

#### **WEEKLY ACTIVITIES**

Mondays

9.00am—12.00 Shooting Pool 10.00am—11.00am Chorus 11.15am—12.00 Exercise

**Tuesdays** 

10.00—12.00 Crafts 1.00—4.00pm Mahjong

Wednesdays

12.30—3.00pm Quilters

**Thursday** 

12.00 Lunch & Meeting, Bingo. 1.00—4.00pm Shooting Pool

**Fridays** 

11.15am—12.00 Exercise1st 6.30—9.00pm Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 885 8730, and Alison for exercise at 518 288 3565.

I will neither grow up or grow old! I will just age disgracefully with a smile!

Thanks to Marge Bayer, great attitude!

#### MARK YOUR CALENDARS

#### **JULY**

3rd Pickin' Session 6.30-9.00

5th Movie "Barbie" at Wiswall Park, dusk.

11th Luncheon//Meeting/Bingo/Board Meeting.

Trip sign up Concert—"Heard"

18th Luncheon/Pizza/Meeting/Bingo. Trip sign up

Concert—"Fenimore Blues"

23rd Trip, Tiki Dinner and Show.

25th Luncheon/Pot Luck/Meeting/Bingo

Concert—"Tom's House"

#### **AUGUST**

1st Luncheon/Meeting/Bingo/Board Meeting.

Trip sign up

Concert, Ice Cream Social, Union Fire Community Band 2nd Film "Honey I shrunk the Kids" at Wiswall Park, dusk.

7th Pickins' Session 6.30-9.00pm

8th Luncheon/Meeting/Bingo. Trip sign up Concert—"Sirsy"

15th Luncheon/Pizza/Meeting/Bingo. Trip sign up. Concert—"Lustre Kings"

18th Trip, Beardsley Castle, Murder Mystery

22nd Luncheon/Pot Luck/Meeting/Bingo. Trip sign up Concert—"Protones"

29th Luncheon/Meeting/Bingo