

Ballston Area SENIOR UPDATE

MAY/JUNE 2022



Milton Community Center
310 Northline Road
Ballston Spa, NY 12020
518 885-6740

Officers

Marge Bayer, President
518 430 7029
Linda Elmer, Vice President
Meg Stevens, Secretary
Barbara Broderon, Treasurer
Sue Heimborg, Membership

Directors

Alison Bodle
Eric Utermark
Bernadette Putnam
Madeline Waller

Membership

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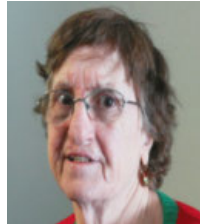
Community Contacts

Town of Milton
518 885-9220
503 Geyser Road
Ballston Spa, NY 12020

Village of Ballston Spa
518-885-5711
66 Front Street
Ballston Spa, NY 12020

Town of Ballston
518-885-8502
323 Charlton Road
Ballston Spa, NY 12020

Office for the Aging
518-884-4100
152 West High Street
Ballston Spa, NY 12020



FROM THE PRESIDENT

Spring is finally here. Hurray. I have Bluebirds already in my bird houses. Flowers are coming up and the grass is green. Small miracles.

It seems to be good to be back at home at the Milton Center. I know it has been trying at times, but we will get back to normal sometime. It may take a while. In the meantime, the Town of Milton has re-done the floors, painted the walls, cleaned the drapes and given us extra storage. They have supported our move back home. We thank them greatly.

On April 18th, the Congregate meals from Saratoga County started. We had 11 at our first meal, and it was delicious. Shepherd's Pie and the fixing was really good. I hope in the future to see many more of our seniors attend the meals, especially on Thursday.

I would like at this time to thank all my committee members for a job well done on the Rock and Roll Dance. Hopefully more dances will come in the future.

We are seriously in need of volunteers for some of our programs and activities. Like our coming home party, greeters, game day activities, Western Dances, and our attendance raffle. This is just a small list of the volunteers we need. Without your help, these items will not happen.

Today we have received the subsidy check from the Town of Milton. Thank you so much to the Town of Milton for their support.

Bus trips have begun and the next trip is to the Vermont Country Store. Many more enjoyable trips are planned, boat rides, train rides and of course eat, eat, eat.

Plans are being made to have a Flea Market/Craft later in the year. I also heard we might have another Fashion Show, which was really fun. We also have our Home Coming Party to look forward to. And we want to have a game day.

Looking forward to any suggestions and volunteers. If you want you may call me or Linda Elmer for any reason. We are always here to help you.

Marge Bayer, President BASC

Linda Elmer, VP BASC

John J Cromie

Attorney at Law

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Ballston Senior Center, Ballston Spa, NY

03-1134

SUMMER FUN IN BALLSTON SPA



BS Farmers' Market begins on Saturday June 11th and runs through Thursday September 29th. It will be open Saturdays from 9.00am until 1.00pm, and Thursdays from 3.00 until 6.00pm. This year both days will be held at Wiswall Park. Many returning vendors will be there for those fresh fruits and vegetables (strawberries!), as well as artisans with their home made goods. Do support them and buy local!

MOVIES IN THE PARK

The Friday Movies this year are 'Luca' on June 3rd, 'Encanto' on July 1st, and 'Sing 2' on August 5th. They are held at Wiswall Park and begin at dusk, approximately 8.30-8.45, with rain dates the following Saturday.

CONCERTS IN THE PARK

The Thursday concerts will be held at the Lions Music Park in Iron Springs Park on Front Street. They run from 6.00—8.00pm and there is a small concession stand (drinks and popcorn etc). The opening night on Thursday June 30th features the Ballston Spa Community Band, and then every Thursday evening through August. More information on the bands in the next newsletter.

The **Rock 'N Roll Dance** was a great success with over 60 people attending. The band was great, snacks and drinks most welcome, and it was great to see lots of people dancing. Thanks to all who made this a fun night.



The trip to the Medieval Times was much enjoyed, and everyone loved the beautiful horses, and admired the choreography of the fights.



The Yellow Knight was our Champion—sadly he turned out to be a Bad-die!

The Red and Green Knights jousting.



The Yellow and Blue Knights fight while the Queen of Spain watches.

No horses were hurt during the performance (or any people!)

You've got to laugh

I've just realized I haven't done the 'Hokey Pokey' in over 10 years.

I guess when you get older you forget 'what it's all about'.

Beer is now cheaper than Gas, so we should all drink and not drive.

The most terrifying moment in life is when the toilet 'refuses' to flush at your best friend's home.

Old age is when you still have something on the ball but you are just too tired to bounce it.

Being young is beautiful, but being older is comfortable.

Pickin' Sessions

The Pickin' Sessions are Back!

The Pickin Sessions will resume on the first Wednesday of each month starting May 4th. Doors open at 6:30pm. Jam starts at 7:00pm and runs through 9:30pm. The sessions are open to all musicians who enjoy playing country/western, folk, gospel and bluegrass. If you don't play, become part of the audience and enjoy the music.

Open to the public. Free Admission.



Jack Broderson at 518-885-4229.

Ballston Senior Chorus

The Chorus has started meeting again. We meet Mondays from 10—11am at the Senior Center and are rehearsing our program 'Around the World'. Do come and join us.

Exercise Classes

There are 2 exercise classes each week now, Mondays at 11.15am to 12.00 and Fridays from 2.00 to 2.45pm. Bring weights if you want, but we do have extras, and some water. This is a gentle class of stretching, balance and weights, just what we need after the last 2 years!

Congregate Meals

The Milton Community Center is now hosting the Office For the Aging gather and dine program. Meals are served Mon-Fri from noon til one. All are welcome. You don't have to be a member of the Seniors to participate, this is for our community. The meal is free. Call the day before at 518-884-0163 to reserve a meal. The people will explain how the program works, spend a lunchtime not having to cook or do dishes and get to meet new people. Meals are provided by Mazzone Catering.

Thanks to Earleen Van for this reminder.

TRIP ANNOUNCEMENTS

May 24th

Vermont Country Store
Bus leaves at 9.45am Bus returns at 4.00pm

June 19th

Beardslee Castle Murder Mystery Dinner, Little Falls, NY.

Sign up: **May 5th and 12th at 11.00am**
Family Style Dinner. We need **50 people** to sign up for this trip.

Fee: \$35 resident: \$45 non resident: Guest Full Price.
Bus leaves at 9.45am. Bus returns at 4.00pm.

July 19th

Hudson River Cruise, lunch at Mariners on the Waterfront.

August 2nd

'The Sound of Music' at Glimmerglass, Cooperstown.
This trip is already full.

September

Lanthier's Grove, Clambake

October 17th

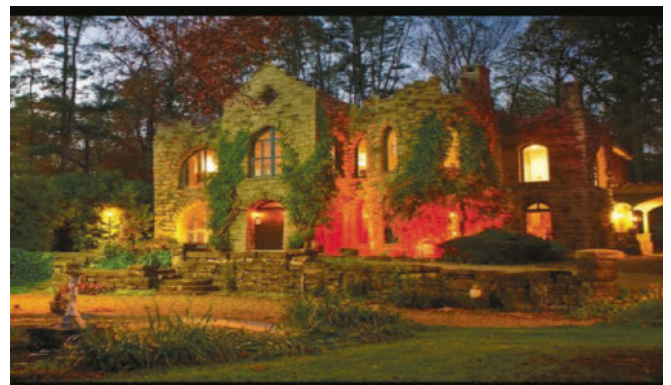
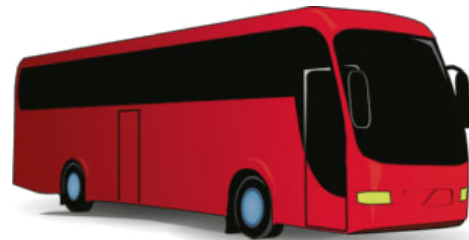
Essex Connecticut Train and Boat Excursion, dinner on the train. (Limit 48).

November

Rock City. Tentative

December

Proctors, Christmas Spectacular, Dinner TBA.



Here is a photo of beautiful Beardslee Castle, the June trip for a Murder Mystery Dinner



MAY

JUNE

- | | |
|-------------------------|------------------------|
| 1 Shirley Liska | 1 Barbara J. Grandin |
| 3 Diane Balla | 1 Joseph Goss |
| 3 Evelyn Laraway | 2 Sheila Edgar |
| 3 Sander Bonvell | 2 Laura Neal |
| 4 Carol Moll | 3 Gretchen Nenno |
| 4 Eileen Liseiski | 4 Holly Staulters |
| 4 Janet Welcome | 4 Gail Oliphant |
| 5 Marie Thorne | 5 Vivian Owens |
| 7 Pamela Northrop | 5 Betty Rosenberry |
| 10 Carol Lebel | 7 Jean Gustufson |
| 10 Patricia M. Preece | 10 Agnes Calicchia |
| 10 Beverly Taylor | 10 Mick Czupil |
| 11 Joan Smith | 11 Robert Gomez |
| 12 Cathee Bunke | 12 Jean Montgomery |
| 13 Don Ambrose | 12 Carolyn Smith |
| 13 Noreen Pompa | 14 Bernard Joiner |
| 14 David Longe | 16 Lorraine Allman |
| 14 Carolyn Hallenbake | 16 Peggy Hohenstein |
| 14 Gina Marozzi | 17 Patricia Foster |
| 14 Zofia Sobocinski | 19 Simone Buneo |
| 15 Sarah Stock | 19 Rita Halter |
| 16 Bonnie Kean | 20 John Muller |
| 17 Anne Schworm | 22 Diane Griffin |
| 17 Nancy Ruzzo | 23 Joan Ciembroniewicz |
| 18 Susan Hommell | 23 David Elmer |
| 18 Joyce Soltis | |
| 18 Millie Mosher | 23 Frank Pepe |
| 18 Margaret M. Thomas | 26 Carl Melander |
| 21 Marie A. Ahl | 26 Pat Palmer |
| 21 Mary Lou Cotton | 27 Lora May |
| 22 Barbara J, Staulters | 27 Francine Dion |
| 22 Patricia Tarnawski | 27 Mary Lou Mundell |
| 23 Jim Morris | 27 Susanne Medic |
| 24 Dawn Bunyon | 28 Judy Dalby |
| 24 Monica Larin | 29 Agnes Ellsworth |
| 26 Monty Arce | 30 Peter Fabian |
| 26 Frances Mabb | |
| 27 Mariette DePaoll | |
| 28 Karen A. Damico | |
| 28 Patricia Pimentel | |
| 28 John Walts | |
| 29 Betty Kiet | |
| 29 Agnes Pompa | |
| 30 Leona Dauphin | |
| 31 Helen Dassance | |
| 31 Clifford Hickok | |

- | | |
|---------------------------|-----------------|
| Jacqueline Traver | Scott Ostrander |
| Michelle and David Longe | |
| Kathleen and Larry Parker | |
| John Tocco | Diane Parisi |
| Mike Bouchard | Lynn Spalding |
| Karol Woodcock | Tina Woodcock |

Our thoughts and prayers are with the families of



Evelyn Marshall

VP Corner

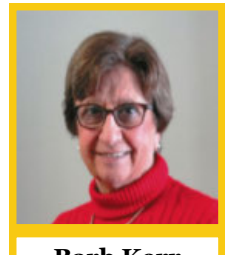
A word from your Vice President

While we are working towards bringing ourselves back to the way we were before Covid, we need to realize that it may take some time to get settled back in. I know we have been through another big change with the Saratoga County Congregate meal program, but this program can really work for us. We need to build on ways we can use the program to our advantage, by maybe having activities around the meal program. That would be fun. On another note, I know some of our meetings have been quite the _____. You fill it in. We need to remember to be respectful to each other. Talk to the subject at hand and not get personal. We don't need to agree and you may state your views anytime, one at a time. But if you disagree I would like to hear your opinion on how you would like something to work.

Thanks for all your Support

Linda Elmer, VP BASC

Around the Town



Bobb Korn

Happy Spring Everyone,

It's nice to see everyone get back into their normal routines, seems like all the Senior activities are running smoothly and everyone is enjoying the socialization. I hope many of you are taking advantage of the daily meals and enjoying the opportunity to get together every day at lunch time. I know it will take a little adjustment on Thursdays, please let me know if there is anyway the Town can help the change easier.

Around the Town, we are settling into Town Hall after a long absent. One of the final stages is the delivery of our furniture. The majority of it has arrived and is in place in all the offices. All the tables should be coming back to the Community Center, so there will not be a shortage for Senior activities. The County and the Town will be sponsoring our Annual Fishing Contest, on May 7 at the 4H on Middleline Road. We will start at 7 am and the 4H will be holding an all you can eat breakfast. More information is available on Milton's Webpage, and I will also leave a poster at the Community Center. Around the Village, I'm happy to report that the Memorial Day Parade will return on May 28th and the Farmers Market will begin in June.

Finally, everyone please stay safe and healthy, I'm looking forward to a great Spring and Summer.

WEEKLY ACTIVITIES

Mondays

| | |
|---------------|----------|
| 9.00am—12.00 | Pool |
| 10.00—11.00am | Chorus |
| 11.15am—12.00 | Exercise |

Tuesdays

| | |
|-------------|---------|
| 10.00—12.00 | Crafts |
| 1.00—4.00pm | Mahjong |

Wednesdays

Thursday

| | |
|-------------|---------------------------------|
| 12.00 | Lunch & General Meeting, Bingo. |
| 1.00—4.00pm | Pool |

Fridays

| | |
|-------------|----------|
| 2.00—2.45pm | Exercise |
| 6.30—9.00pm | Pool |

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093; Earleen Van for crafts at 518 855 8730; and Alison Bodle for exercise at 518 288 3565.

MARK YOUR CALENDARS

MAY

- 4th Pickin's 7.00 to 9.30pm
- 5th Luncheon/Meeting, Bingo. Trip sign up. Mothers' Day—carnations and cup cakes
- 6th Office of the Aging luncheon at the Saratoga City Center from 11am to 3pm. Theme—'The Wizard of Oz'.
- 12th Luncheon/Meeting, Bingo. Trip sign up
- 16th Luncheon/Meeting, Bingo.
- 26th Luncheon/Meeting, Bingo. Board Meeting.

JUNE

- 1st Pickin's 7.00 to 9.30pm
- 3rd Movie 'Luca' at Wiswall Park
- 2nd Luncheon/Meeting, Bingo.
- 9th Luncheon/Meeting, Bingo.
- 11th Farmers' Market 9.00am to 1.00pm
- 16th Luncheon/Meeting, Bingo. Fathers' Day celebration TBA. Farmers' Market
- 18th Farmers' Market
- 19th Trip-Beardslee Castle Murder Mystery
- 23rd Luncheon/Meeting, Bingo. Board Meeting. Farmers' Market.
- 25th Farmers' Market
- 30th Luncheon/Meeting, Bingo. Farmers' Market. Concert—BS Community Band.

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Ballston Senior Center, Ballston Spa, NY

03-1134



Milton Community Center
310 Northline Road
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Temp-Return Service Requested

2022 Membership Dues

Membership dues run from January 1st through December 31st. Please enclose a check (payable to BASC), your BASC membership card and a self addressed, stamped envelope and mail to: The Membership Secretary, c/o Milton Community Center, 310 Northline Road, Ballston Spa, NY 12020, (phone: 518 885 8037). Dues may be paid at Thursday meetings 10:00am to noon.

\$10.00 = 55 to 79 years in 2020

\$5.00 = Turned 80 in 2021

FREE = Turned 90 in 2021

Last Name: _____ First Name: _____ Date of Birth: _____

Street Address: _____ Apt. # _____ City: _____ Zip: _____

Telephone: _____ Email: _____

Live in: Town of Milton Village of Ballston Spa Town of Ballston Other _____

Single Widow/Widower If Married Spouse: First Name _____ Spouse's Birthday _____

Anniversary Date: (day, month & year) _____ Is spouse a member? _____

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