

Ballston Area SENIOR UPDATE

May/June 2020



Milton Community Center
310 Northline Road
Ballston Spa, NY 12020
518 885-6740

Officers

Linda Elmer, President
Marge Bayer, Vice President
Diane Kennedy, Secretary
Madeline Waller, Treasurer
Barb Broderon, Membership

Directors

Richard Putnam
Bernadette Putnam
Susan Heimborg
Alison Bodle

Membership

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518 885 4229

Newsletter Editor

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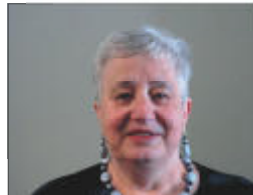
Community Contacts

Town of Milton
518 885-9220
503 Geyser Road
Ballston Spa, NY 12020

Village of Ballston Spa
518-885-5711
66 Front Street
Ballston Spa, NY 12020

Town of Ballston
518-885-8502
323 Charlton Road
Ballston Spa, NY 12020

Office for the Aging
518-884-4100
152 West High Street
Ballston Spa, NY 12020



Linda Elmer

FROM THE PRESIDENT

Well hello everyone. I hope this new letter finds everyone healthy and safe. I would have never figured we would have to go through something like this in our life time. It has been quite a ride. I hope everyone is following the rules, please remember to wear your masks and please social distance yourself.

I have made masks for both my husband and myself. Both Alison and I have found patterns on the internet for a simple mask you can make. If you have questions just give either of us a call.

As per our governor we are still on lockdown and will remain on lock down till May 15th. I would not be surprised if we stay on lockdown longer. I know some of you have asked questions on when we are ready to start up again, will the town move out of the community center. When the time comes, I will start discussions with the Town of Milton on their future plans. Please don't worry, we will start up again when it is safe for our Age group to start congregating in large groups again.

There is not much more news I have to share. So far, I have not heard anyone from our group getting COVID19. Good job, keep it up. I surely miss each and everyone of you guys. I miss our activities and lunches and look forward to starting up again. But right know our focus is staying safe and well. Please take care of yourselves and let me know how you are doing.

Love you all,

Linda Elmer, President BASC.

THE COVID-19 EDITION 2020

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MILTON CARES SENIOR SERVICES

Hello, my name is Pam Rossetti. I have started an organization to help the Seniors of the Milton Community. There is **no charge** for any of the things we help with. This is an organization that I hope to continue long after our current crisis. Right now, some things we can help with are:

Marketing, so you do not have to go out.

Picking up prescriptions.

Maybe you need pet food.

Lawn services, like raking or mowing lawns. There really is no limit to the things we can help with. Right now, during the current situation, there will be no close contact. If we do marketing for you, we will be wearing a mask and all items will be left either in your garage or hallway if in an apartment.

If you need help, please reach out to me.

Pam Rossetti 518-376-7432. pamrossetti@gmail.com

Get up in the morning, throw a kiss up to God and thank him for another day here. I've been doing more cooking than I've done in my life. The Dust Bunnies aren't to happy to see me. I don't know how this house got so dirty, I'm the only one who lives here. I think the other women made it dirty. I've never gone in and out of a grocery store so fast in my life. I feel like a bandit with a mask. Hurry up, get the groceries and get out before you get caught. I've never texted so much either. I've heard from people that I didn't realize they still exercised. Even my children are happy that finally they know where their Mother is. I miss everyone, I miss the trips, and all my friends. When I finally get to have a trip sign up I don't know how I'm going to do it, I think I washed my hands away! Take Care, Stay Safe and be Strong. My love to each of you! God Bless each of You!

Your Friend,
Mary Carrier.

What have I been doing you ask???? Spring cleaning of course—in the sewing/craft room.

I've made a bunch of face masks. However for those who don't want something traditional you could try a motorcycle helmet (with facemask), or maybe a Halloween mask with the nose and mouth covered. Peace.

Susan Brewer

I have also been making masks, doing a jigsaw, reading and playing solitaire. Then there's the junk drawers, overflowing cabinets, books I'll never read again—enough for a garage sale! My dog needs her walks, the garden needs a spring clean too, weather permitting. Busy, busy.

Alison Bodle



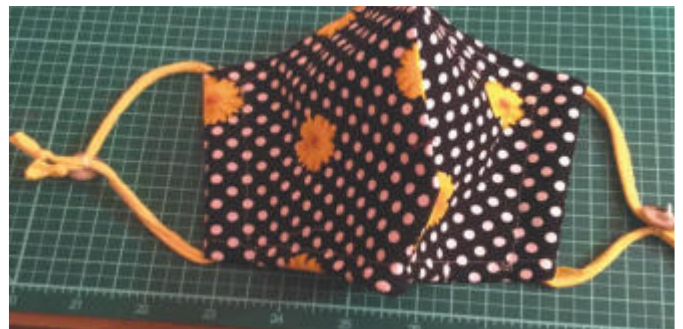
Passing the time in isolation, Ed and Gail Moore

Yard work—never had so much done so early in the season. Catching up with folks—phone, emails, texts.

Gail—6 x 1000 piece jigsaws; started a 600 page book (Dream West) that I had put off until I had more time; working remotely for 3 churches and 1 business; sewing 'to do' list getting smaller each week.

Ed—TV reruns, reruns, reruns; elliptical daily since the gym is closed; Honey Do list getting shorter every day.

Gail is cooking and Ed is eating well, trying new and old favorite recipes we haven't had in a while.



Susan Polewczak has been making masks, this one doesn't need that elusive stuff—elastic!



BALLSTON SPA FARMERS' MARKET 2020

The Farmers' Market at Wiswall Park **will** be running this year from June 13th through September 26th, (or when permitted).

Saturdays 9am—1pm

Thursdays 3pm—6.30pm

A number of vendors have already registered. Please do come and support our **local businesses**, they will need you just as much once this lockdown is over. Wonderful fresh fruit and vegetables, bread and other baked goods, eggs, and hand made artisan articles. See you there!

MOVIES IN THE PARK, Wiswall Park

The line up this year is:

June 5th The Secret Life of Pets 11

July 3rd Frozen 11

August 7th Abominable

September 4th Toy Story 4

The movies begin at dusk, bring a chair or blanket, and of course, the Grandkids!

CONCERTS IN THE PARK

June 25th—August 27th Thursdays 6—8pm

New Location! Lions Music Park at Old Iron Spring.

Just down the road from Wiswall Park, so you can pick up your snacks from the market vendors before enjoying the great bands.

More details in the next Newsletter.

Howdy: I've tried to stay busy and made a sundial from a discarded microwave oven plate, picture attached, and built a grow light garden in the cellar to start some plants. Among the seeds sprouting are: tomatoes, tomatillos, red eggplant, okra, Chinese cucumbers, sorghum cane, leeks, scotch bonnet peppers, poblano peppers, leeks, and goodness only knows what else.

Jere Blackwelder



Sisters Arlene Peterson and Carol Hallenbake before we all had to 'social distance', and sending each other a virtual hug from 6 feet away.





MAY

JUNE

3 Diane Balla	1 Joseph Goss
3 Evelyn Laraway	1 Barbara Grandin
4 Carol Moll	2 Sheila Edgar
4 Eileen E. Lisieski	2 Laura Neal
5 Marie Thorne	3 Gretchen Nenno
8 Anne Sylvester	4 Gail Oliphant
8 Donna Earl	4 Holly Staulters
10 Patricia M. Preece	5 Vivian Owens
11 Joan Smith	5 Betty Rosenberry
12 Cathee Burke	10 Agnes Calicchia
13 Noreen Pompa	11 Robert Gomez
13 Don Ambrose	11 Janet M. Hersh
13 Suzanne Brunelle	12 Jean Montgomery
14 Carolyn Hallenbake	14 Bernard Joiner
14 Zofia Sobocinski	18 Kathleen Hermans
15 Sarah Stock	19 Simone Buneo
16 Bonnie Kean	19 Rita Halter
17 Anne Schworm	20 John Muller
17 Nancy Ruzzo	22 Diane Griffin
18 Margaret Mary Thomas	23 Frank Pepe
18 Susan Hommell	26 Pat Palmer
18 Millie Mosher	27 Francine Dion
21 Marie A. Ahl	27 Mary Lou Mundell
21 Mary Lou Cotton	27 Lora May
22 Barbara J. Staulters	27 Susanne Millias
23 Patricia Tarnawski	28 Judy Dalbey
23 Jim Morris	29 Mary A. Polacko
24 Dawn Bunyan	29 Agnes Ellsworth
24 Monica Larin	
26 Frances Mabb	
28 Karen A. Damico	
28 Patricia Pimentel	
28 John Walts	
29 Agnes Pompa	
30 Leona Dauphin	
31 Clifford Hickok	

TRIPS

The upcoming trips to 'Cats' and the Botanical Gardens have been cancelled. The Committee are working on getting a new trip schedule together if and when we reopen. There will be refunds sent out sometime soon.

Our thoughts and prayers are with the families of



Edith Williams

Marge Boudreau

Elizabeth Paraszcak

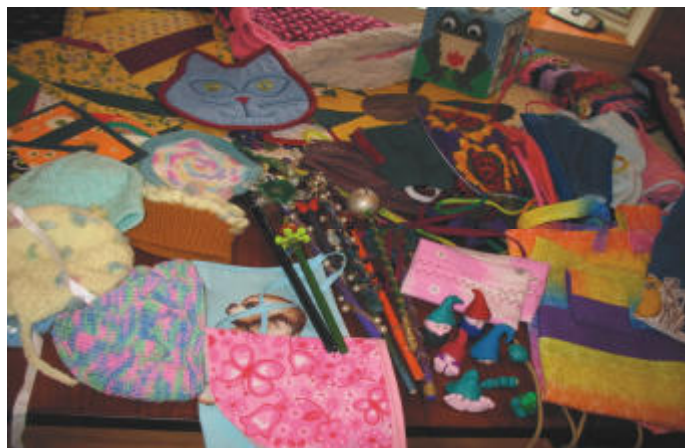
Phyllis Rodak

Oh no, Neil.....

On the 8th April I had a catheterization and discovered I needed to have 4 stents installed which would have been by-pass surgery. Then on April 9th at 11am I had a Transcatheter Aortic Valve Replacement in which they went up the main artery in the groin area and performed the procedure. It was a big success and I am home now and doing well. I have to wear a Home Monitor for 7 days.

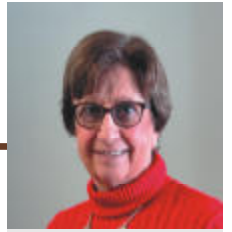
Neil Kennedy

Update: Neil is still recovering well but may need some more stents to improve his blood flow. We look forward to seeing how you are when Seniors resumes.



As you can see, Sue Brewer has been very busy. We look forward to seeing it all in person, Sue.

Around the Town



Barb Kerr

Hello Seniors

Did you ever dream we would believe we would be quarantined in our homes, away from family and friends? This is an exceedingly difficult time for everyone, but if we all work together, I know we will all get through it. I personally am looking forward to Summer and all the activities we have coming up in the future.

Not much happening around Town. We received notification that the Annual Memorial Day Parade has been cancelled. Also, all trips and gatherings are cancelled at least until May 15th. The Town of Milton is having our meeting through ZOOM. Last night, April 22, was the first one and it went very well. If anyone is interested in attending any Town meetings in the comfort of your own home, check the Town's webpage for dates and instructions on how to be an attendee at the meetings.

Lastly on my list, I am sure everyone knows Town Hall operations have moved into the Community Center. Supervisor Zlotnick has been in touch with President Linda. In the near future there will be more discussions on how we can accommodate everyone and how Senior activities may continue as uninterrupted as possible.

The Town now has masks available to anyone in need of one. If any Seniors or other residents need assistance during this difficult time, please do not hesitate to call the Town (518-885-9220) we are always here to serve the Residents. Stay Safe and Stay Home.

Barbara

FOR A LAUGH.....

The Pillsbury Doughboy died yesterday in Minneapolis of a yeast infection and traumatic complications from repeated pokes in the belly. He was 71.

Doughboy was buried in a lightly greased coffin. Dozens of celebrities turned out to pay their respects, including Mrs. Butterworth, Hungry Jack, the California Raisins, Betty Crocker, the Hostess Twinkies, and Captain Crunch. The gravesite was piled high with flours.

Aunt Jemima delivered the eulogy and lovingly described Doughboy as a man who never knew how much he was kneaded.

Born and bread in Minnesota, Doughboy rose quickly in show business, but his later life was filled with turn-overs. He was not regarded as a very smart cookie, wasting much of his dough on half-baked schemes. Despite being a little flaky at times, he still was a crusty old man and served as a roll model for millions.

Doughboy is survived by his wife, Play Dough, three children: John Dough, Jane Dough and Dosey Dough, plus they had one in the oven. He is also survived by his elderly father, Pop Tart.

The funeral was held at 3.50 for about 20 minutes.

If you smiled while reading this, please rise to the occasion and pass it on to someone who is having a crumbly day and kneading a lift.

Thanks to Sally and Rick Snyder for finding this delicious article for us.

My Self Isolation Quarantine Diary

Day 1 I can do this! Got enough food and wine for a month.

Day 2 Opening my 8th bottle of wine. I fear wine supplies might not last.

Day 3 Strawberries: Some have 210 seeds, some have 235 seeds. Who knew??

Day 4 8:pm. Removed my Day Pajamas and put on my Night Pajamas.

Day 5 Today, I tried to make Hand Sanitizer. It came out as Jello Shots.

Day 6 I get to take the garbage out. I'm SO excited, I can't decide what to wear.

Day 7 Laughing way too much at my own jokes!!

Day 8 Went to a new restaurant call 'The Kitchen'. You have to gather all the ingredients and make your own meal. I have NO clue how this place is still in business.

Day 9 I put liquor bottles in every room. Tonight, I'm getting all dressed up and going Bar hopping.

Day 10 Struck up a conversation with a Spider today. Seems nice. He's a Web Designer.

Day 11 Isolation is hard. I swear my fridge just said "What the hell do you want now?"

Day 12 I realize why dogs get so excited about something moving outside, going for walks or car rides. I think I just barked at a squirrel.

Day 13 If you keep a glass of wine in each hand, you can't accidentally touch your face.

Day 14 Watched the birds fight over a worm. The Cardinals lead the Blue Jays 3-1.

Day 15 Anybody else feel like they've cooked dinner about 395 times this month?

Thanks to Andi Simard for finding this article for a chuckle.

2020 Membership Dues / New Member Application

Membership dues run from January 1st through December 31st. Please enclose check (payable to BASC), your BASC membership card and a self addressed, stamped envelope and mail to Barb Broderson, 48 Edmund Drive, Ballston Spa, NY 12020, or pay at the Thursday luncheon meetings 10:00am to noon.

DUES SCHEDULE

Note: New members \$10.00 upon sign-up regardless of age

\$10.00 = 55 to 79 years in 2019

\$5.00 = Turned 80 in 2019

FREE = Turned 90 in 2019
(return membership form to update records)

Last Name: _____ First Name: _____ Date of Birth: _____

Street Address: _____ Apt. # _____ City: _____ Zip: _____

Telephone: _____ Email: _____

Live in: ☐ Town of Milton ☐ Village of Ballston Spa ☐ Town of Ballston ☐ Other _____

Marital Status ☐ Single ☐ Widow/Widower ☐ Married

Spouse: First Name _____

Anniversary Date: (day, month & year) _____

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Milton Community Center
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Weekly Activities

Mondays

10:30 a.m. to 11:30 a.m.	Chorus
11:30 a.m. to 12:30 p.m.	Stretch & Fit, Exercise

Tuesdays

9:00 a.m. to noon	Crafts
9:00 a.m. to 11:30 a.m.	Woodcarving
9:00 a.m. to 12:00 p.m.	Billiards
12:30 p.m. to 2:00 p.m.	Wii Bowling
1:00 p.m. to 3:30 p.m.	Mahjong, Cards, Board Games
2:15 p.m. to 3:15 p.m.	Healthy Bones for Life

Thursdays

9:30 a.m. to 11:45 a.m.	Crafts, Cards, Billiards
11:45 a.m. to 4:00 p.m.	Lunch, Meeting, Bingo

Friday

2:15 p.m. to 3:15 p.m.	Healthy Bones for Life
6:30 p.m. to 9:00 p.m.	Games & Cards



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