

Ballston Area SENIOR UPDATE NOVEMBER/DECEMBER 2023



Milton Community Center
310 Northline Road
Ballston Spa, NY 12020
518 490 2851

Officers

Mike Andreadakis, President
518 878 9548
Linda Elmer, Vice President
Mary Egan, Secretary
Meg Stevens, Treasurer
Barbara Broderon, Member-
ship

Directors

Francine Dudka
Neil Kennedy
Bernadette Putnam
Madeline Waller

Membership

Barbara Broderon
518 885 4229

Newsletter Editor

Alison Bodle
518 288 3565
Alison_bodle@hotmail.com

Email address:

Ballston.area.seniors2@gmail.
com

Website:

Ballstonmiltonseniors.com

Facebook:

Ballston Area Seniors

Community Contacts

Town of Milton
518 885-9220
503 Geyser Road
Ballston Spa, NY 12020

Village of Ballston Spa
518-885-5711
66 Front Street
Ballston Spa, NY 12020

Town of Ballston
518-885-8502
323 Charlton Road
Ballston Spa, NY 12020

Office for the Aging
518-884-4100
152 West High Street



FROM THE PRESIDENT

Just a few words about our Seniors Group. We are having a great year. Our membership is continuing to grow. We have just concluded a successful bazaar. There have been varied and interesting trips that have gotten positive reviews from the attendees. Our pot luck dinners have been well attended and an abundance of good food has been shared. Our picking sessions have been very enjoyable with many very talented musicians sharing their instrumental and vocal talents. Our chorus continues to provide us with fun programs. We continue to have our dances. The craft group has provided many items that are quite reasonable to purchase. Our fitness group is well attended. Members are enjoying our social meetings where they can kick back and enjoy each other's company. Our split the pot program is popular.

None of this could be possible without the contribution of time and talent from our members, officers, and committee chairpersons and committee members. We need more volunteers to keep these programs going. Several of our new members have stepped up and are sharing their talents and smiles. Our officer nominating and election process is happening in November and December. This is your opportunity to step up and strengthen our Seniors Group. On behalf of myself and our executive board members I want to thank all of you for making this organization the lively one that we all share.

ELECTION OF NEW OFFICERS

We will be holding an Election in December for 7 of the 9 places on the Board. The positions are: President, Vice-President, Secretary, Treasurer, Membership and 2 Directors. If you would like to run for any of these positions please give your name to Francine Dudka at the meetings.

The slate of Candidates will be announced on **November 9th**, nominations will be taken from the floor, and then the nominations are closed. The Election will be on **December 7th from 8.00am until noon.**

John J Cromie

Attorney at Law

132 Bath Street
Ballston Spa, NY 12020

518-885-8451

Real Estate • Wills
Estate • General Practice



Armer

Funeral Home, Inc.

39 East High Street
Ballston Spa, NY 12020

518-885-6181

www.armerfuneralhome.com

TURNING 65 or RETIRING?

- No Cost Medicare Benefits Reviews
- Medicare Supplement Plans
- Dental & Vision Plans
- Access to Multiple Carriers
- Service & Support When You Need it



Chandler Insurance Services

Albany NY

For a free Benefits Assessment Call
Sonya Chandler • 518-364-0162

Benefits Specialist
Licensed in NY, NJ, MA, SC, GA
www.chandlerinsuranceservices.com

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our
newsletter
emailed
to you.



Visit

www.mycommunityonline.com

**SUPPORT THE
ADVERTISERS**
that Support our
Community!



BINGO

Now we have a slightly different schedule for our Thursday meetings, Sue Heimborg wanted to clarify when Bingo will be played.

1st Thursday of the month; right after Split the Pot, (approximately 12.30).

2nd Thursday; right after the General Meeting (approximately 1-1.30).

3rd Thursday; right after Split the Pot.

4th Thursday; right after the General Meeting.

5th Thursday; right after Split the Pot.

10 or more players are needed to play Bingo, Sue will ask each time.

BOOK CLUB

The September Book Club choice is 'Girls in Navy Blue' by Alix Rickoff. The meeting to discuss the book will be Tuesday September 5th at 1.30pm at the Community Center.

Call Francine Dudka at 518 309 3112 for further information. All welcome to join at any time.



FESTIVE DINNERS

Our Thanksgiving Dinner will be held on **November 16th** at The Vista restaurant at the Van Patten Golf Club in Jonesville. It will be a traditional Thanksgiving dinner at this very pretty venue. Our Christmas Dinner will be held on **December 14th** at the Hilton Embassy Suites on Congress Street in Saratoga Springs.

The cost for each is \$15.00 for members and \$35.00 for guests. Tickets for Thanksgiving are on sale on **Thursdays November 2nd & 9th** and for Christmas on **Thursdays November 30th & December 7th**. Mark Hersh is going to be our DJ for both dinners.

REMINDER

2024 Membership Renewal

Renewal rates for 2024 BASC Membership have increased the first time in over ten years. The new rates are as follows:

If member is 55 to 80 years –(will turn 80 in 2024) dues are \$15

If member is 80 to 90 years –(will turn 90 in 2024)... dues are \$10

Members who turned 90 in 2023 are life members and no dues are required. However, the renewal form needs to be filled out and returned to update or verify addresses, phone numbers, email, etc.

SPECIAL EVENTS

In November the Special Events committee are going to bring you Smiths Pies (apple and pumpkin) with, or without!, whipped cream. This will be on **Thursday 9th**. We will be giving you a treat in December too, more details to follow.

Ice cream and all the fixin's, thank you to Stewarts for their generosity.



The hat contest was great fun too.



It is great to see Charlene managing to get to our meetings after her hip surgery. Here she is with a get well card from the people on the bus of that fateful trip!

WEDNESDAY PICKIN' SESSIONS

The November 15th and December 20th Wednesday afternoon Pickin' Sessions have been cancelled due to an overload of activities during the holiday season. The November 1st and December 6th evening Sessions have not been affected. So.....



....come on down! Sing along, dance, tap your foot or bring your acoustic instrument and join the Jam. There's no entrance fee but snacks to share would be appreciated. Doors open at 6:00pm.

Contact: Email Jack at jackbroderson@gmail.com or call 518-885-4229 with questions, suggestions, or comments.

BAZAAR

Our Bazaar this year was a great success, and although we don't have the final profit amount yet, it looks to be a good result. Many thanks to all the people who volunteered their time to make it happen, from the food donations to the kitchen and baked goods, all the fabulous baskets and gift cards, to the people who manned the



tables, and of course the set up and break down crews. **Well done everyone!**



TRIP ANNOUNCEMENTS

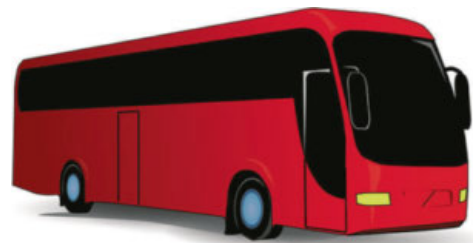
There is no trip in November.

December 7th Turning Stone-Buddy Holly Holiday Show. Lunch at the casino.

Bus leaves: 9.15am Bus returns: 7.30pm

Trips are being planned for 2024 and there will be a list of venues in the New Year.

Dues for 2024 must be paid 30 days prior to trip date. The sign up dates will be on the 2nd and 3rd Thursdays. For more information, please contact the Trip Coordinators: Carol Moll 518 339 8926 or Mary Egan 518 630 6322.



DANCES

Here are the dates and bands playing at the dances. Saturday nights from 7pm to 10pm, \$5 at the door to include snacks and drinks.

November 11th River Road Boys
December 9th, 31st TBA



I saw a quote recently: 'People who TAKE may eat well, but people who GIVE sleep well.'

Then I thought of us Seniors: Seniors enjoy to eat well, but rarely get to sleep well.

That's me anyway, You too?



NOVEMBER

DECEMBER

- | | |
|----------------------|-----------------------|
| 1 Rosemary Craig | 2 Ruth Armbruster |
| 1 Stanley Dsouza | 3 Helen Marshall |
| 2 Alice Nunes | 3 George Solan |
| 3 Mary Drake | 3 Joe Bless |
| 5 Judy Cooper | 3 Sheryl Forshey |
| 5 Clara Scotti | 4 Pat Newman-Vallachi |
| 5 Charles Crawford | 4 Pat Larin |
| 6 Diane Regulinski | 4 Loretta Barnes |
| 6 MaryJo Girard | 6 Alphonse Defillippo |
| 7 Sharon Quinn | 6 Barb Bell |
| 7 Dolores Blow | 7 Susan Heimburg |
| 8 Diane Hrebinczak | 7 Bob Sharp |
| 8 William Heimburg | 7 Kathy Knight |
| 8 Eleanor Fitzgerald | 8 Jon Fayad |
| 9 Mona Clear | 8 Bruce Carlton |
| 10 Lindley Blackwood | 9 Charlene McAvoy |
| 10 Linda Elmer | 10 Donna Dardaris |
| 15 Judith Lopez | 10 Howard Waller |
| 16 Diane Coburn | 10 Jean Keehan |
| 16 Doris Fredette | 10 James Polewczak |
| 16 Angela Bertrand | 11 Karen Dussault |
| 16 Judy Cranfield | 11 Debra Cottrell |
| 18 Carol Frederick | 12 Virginia Humphrey |
| 18 Larry Parker | 12 Jeanette Galusha |
| 18 Gloria Frizzi | 14 Priscilla Oboyle |
| 19 Marilyn Moore | 15 Harold Stewart |
| 19 John Marcy | 15 Rick Daltillo |
| 19 Debra Woodworth | 15 Richard Zito |
| 20 Carl Thurnau | 15 Lou Tuminello |
| 21 Carol Thomas | 17 Sharon Witbeck |
| 23 Sharon LaViska | 18 Joan Hutt |
| 24 Ann Ryan | 19 Betsy Rose |
| 25 Kathy Anthony | 19 Jacqueline Traver |
| 25 Katy Nutting | 20 Tom Ogle |
| 26 Debby Spackmann | 20 Fran Many |
| 26 Jere Blackwelder | 20 Phyllis Kuczek |
| 26 Patricia Carlton | 21 Nellie Johnson |
| 28 Jeanne Cusack | 21 Cynthia Angel |
| 29 Cindy Garcia | 23 Mary Beth Wing |
| | 23 Mary Lou Casey |
| | 25 Bonnie Bagan |
| | 26 Barbara Zeller |
| | 27 Marilyn Phillips |
| | 28 Jim Cummings |
| | 30 Allen Burke |
| | 31 Doug Brown |
| | 31 Elizabeth Riley |



- | | |
|--------------------------|-------------------------|
| Lois Mitchell | Peggy Hohenstein |
| Patrick Haskell | Paulla Lake |
| Charles Crawford | Colleen Tobey |
| Robert Winkler | Lynne Raucci |
| Michelle Mitchell | Sweeta Aulicino |
| Mike Fiore | Kat Fiore |
| Marie King | Sharon Smith |
| Debra Hurlock | Barb Haynes |
| Jan Bennett | Jim Bennett |



*Our thoughts and prayers are with
the families of*



- Jack Hoffman
Fred Emano
Dorothea Ferris

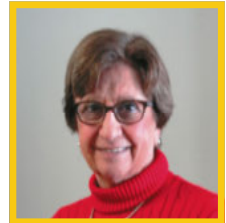
'I believe the second half of one's life is meant to be better than the first half. The first half is finding out how to do it. And the second half is enjoying it.'

Frances Lear

'Getting old is like climbing a mountain, you get a little out of breath, but the view is much better.'

Ingrid Bergman

Around the Town



Barb Kerr

Hello Everyone,

Here in the Town of Milton, we have lots of excitement happening. We are in the process of moving our Town Garage facilities north on Rowlands Street to the area where our salt shed is now located. If you drive to that location, you'll see lots of activity. A few trees in the front had to be removed so the whole area can be leveled, and utilities can be installed. We are installing a new fuel island and a new cold storage building. The steel for the new building is due to arrive on November 3rd. In the couple of months, I hope to show everyone a conceptional presentation of what the area around Town Hall will look like once the garage operations move to the Rowlands Street location.

In the meantime, the best time of the year is almost here. I'm looking forward to the Holidays, first Thanksgiving and then all the Christmas activities. The Town will be participating in the Christmas Parade in the village. I reminded the Highway guys that the parade is early this year (December 1). They always do a good job building a float for us. We couldn't do it without them.

I believe everything is going well with the Community Center. If anyone has a problem or concern, please contact me and I will direct the information to the right person here at Town Hall. Please feel free to call me at any time (518-369-5271)

See everyone at our weekly meetings,
Barbara

2024 MEMBERSHIP RENEWAL

Membership year runs January 1st through December 31st, 2024

Renewal rates: Age: 55 to 80 - \$15.00; Turned 80 in 2023 -\$10.00. Turned 90 in 2023 free
Enclose check (payable to BASC), membership card and a stamped self addressed envelope and mail to Barb Broderson, 48 Edmund Drive, Ballston Spa, NY 12020. Dues may be paid at Thursday meetings at Community Center 10am to noon. Call 518-885-4229 with questions.

Prospective members must register in person at a Thursday meeting between 9:30 and noon. 2024 dues are \$15 regardless of age. PLEASE PRINT

LAST NAME	FIRST NAME	NICKNAME	DATE OF BIRTH
STREET ADDRESS		APT. No.	CITY
TELEPHONE NUMBER	CELL NUMBER	E-MAIL ADDRESS	

First name of spouse/significant other _____ Are they a member? Yes No

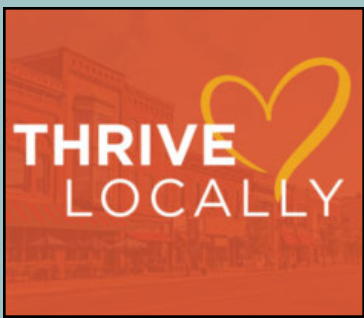
RESIDE IN: Town of Milton Village of Ballston Spa Town of Ballston Malta Saratoga Springs

Saratoga County _____ Outside Saratoga County _____

I want to receive my Newsletter by: Email Mail Both Email & Mail Will pick it up at Center

INTERESTS: Chorus Music Jams Exercise Crafts Dancing Billiards Games Socializing

Trips Hiking Book Club Cards Volunteer HOBBIES: _____



Because family matters let us take care of yours.
 William J. Mevec Mary Ann Mevec

MEVEC
 FUNERAL HOME

224 Milton Avenue
 Ballston Spa, NY 12020
www.mevecfuneralhome.com
 William J. Mevec, Jr. 518-885-7110

Home of the **Good Shepherd**

518-581-2800
 26 Rock Rose Way | Malta NY 12020
www.homeofthegoodshepherd.com

A tradition of Superior Care in Assisted Living, Enhanced Assisted Living and Memory Care!

Aging in place in a home like environment.

LET'S GROW YOUR BUSINESS
 Advertise in our Newsletter!

CONTACT ME
Michael Fenner

mfenner@4LPi.com
 (800) 477-4574 x6808

Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO




lpicommunities.com/adcreator

WE'RE HIRING!
 AD SALES EXECUTIVES

BE YOURSELF.
 BRING YOUR PASSION.
 WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at careers@4lpi.com or www.4lpi.com/careers

ADVERTISE HERE
 to reach your community



Call 800-477-4574

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary • Flood Detection
- Fire Safety • Carbon Monoxide



ADT Authorized Provider SafeStreets 833-287-3502

SUPPORT OUR ADVERTISERS!



Milton Community Center
 310 Northline Road
 Ballston Spa, NY 12020



Temp-Return Service Requested

WEEKLY ACTIVITIES

Mondays

9.00am—12.00	Shooting Pool
10.00am—11.00am	Chorus
11.15am—12.00	Exercise

Tuesdays

10.00—12.00	Crafts
1.00—4.00pm	Mahjong

Wednesdays

12.30—3.00pm	Quilters
--------------	----------

Thursday

12.00	Lunch & Meeting, Bingo.
1.00—4.00pm	Shooting Pool

Fridays

11.15am—12.00	Exercise
6.30—9.00pm	Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 885 8730, and Alison for exercise at 518 288 3565.

MARK YOUR CALENDARS

NOVEMBER

1st Pickin' Session 6.30-9.00pm
 2nd Luncheon/Bingo/Gathering day. Festive dinner tix on sale.
 9th Luncheon/Bingo/General Meeting. Festive Dinner tix. Special Events—slice of pie and whipped cream. Nominations announced for election.
 11th Dance—River Road Boys, 7.00—10.00pm
 16th Thanksgiving Dinner at The Vista
 23rd Thanksgiving Day—No Meeting
 30th Luncheon/Bingo/General Meeting. Pot Luck. Festive Dinner tix.

DECEMBER

6th Pickin' Session 6.30-9.00pm
 7th Luncheon/Bingo. Trip to Turning Stone. Election of New Officers, voting at the Centre from 8.00am until noon. Festive Dinner tix.
 9th Dance, Band TBA
 14th Christmas Dinner at the Embassy Suites.
 21st Luncheon/Bingo/Board Meeting
 28th Possible Luncheon, more details to follow.
 31st New Years' Eve Dance