

Ballston Area SENIOR UPDATE SEPTEMBER/OCTOBER 2021



Milton Community Center
310 Northline Road
Ballston Spa, NY 12020
518 885-6740

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518 885 4839
Marge Bayer, Vice President
Diane Kennedy, Secretary
Madeline Waller, Treasurer
Barb Broderson, Membership

Directors

Susan Heimburg
Alison Bodle
Eric Utermark
Kathy Eitzmann

Membership

Barbara Broderson
518 885 4229

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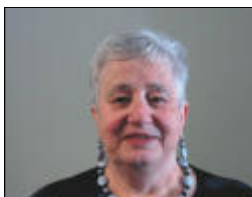
Community Contacts

Town of Milton
518 885-9220
503 Geyser Road
Ballston Spa, NY 12020

Village of Ballston Spa
518-885-5711
66 Front Street
Ballston Spa, NY 12020

Town of Ballston
518-885-8502
323 Charlton Road
Ballston Spa, NY 12020

Office for the Aging
518-884-4100
152 West High Street
Ballston Spa, NY 12020



Linda Elmer

FROM THE PRESIDENT

Hello everyone. I hope you are all well and enjoying the summer weather. Who am I kidding, it is either hot and humid or it is raining. Guess I better remember what planet I am on.

It was good to see the covid restrictions lifted, but I guess the fun is over. It looks like we are in for a struggle with the Covid Variant. It has been announced in the news that the CDC and NYS are going to offer Booster shots. So please pay attention to when your particular group is eligible for the booster. Already we have some of our seniors who have gotten the booster shot.

UPDATES FOR THE MONTH OF SEPTEMBER:

September 2nd-there will be a speaker from 12:30 to 1:00. General meeting after that. More info to follow on the speaker.

September 9th-Office of the Aging Picnic at the Fairgrounds. It is on a Thursday so stay tuned, we may not meet for a meeting and bingo, since so many of you are going.

Sept. 13 thru the 17th, and Sept. 20 thru 24. I have announced at our last 2 meetings that there are going to be 2 weeks in September that the gym is not going to be available to us. So for these 2 weeks there will be no activities at all.

September 30th -General meeting and board meeting after that.

It is nice to see good participation in Bingo, Exercise programs, and Pick-ins. The Craft committee have been busy also. They always have a nice array of items for sale. Also our pool players having been using the pool table at the Community Center. I have also seen our Mahjong players back in business. So all of this is really great.

I wish at this time to thank Eric and Nancy Utermark, JoAnn Trap, Barb Broderson, Jack Broderson, Bernie Putnam, Diane Kennedy and Mary Alice Donlon for all their help pulling the Turkey luncheon together. It surely was good. The Burnt Hills Café did a great job. I hope in the future we can have another meal from them.

If you have something that you would like to do or see for an activity, just give me a call. We will see what we can set up.

Well that's all for now, so please take care and stay safe.

Linda Elmer BASC PRESIDENT



John J Cromie

Attorney at Law

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03-1134

The Farmers' Market is in full swing, with delicious fresh fruits and vegetables, yummy baked goods for people and dogs, and interesting hand made items. On Thursdays it is at Brookside Museum from 3.00—6.00pm, and the concert at Iron Springs Park across the road is from 6.00 to 8.00pm. On Saturdays the market has moved back to Wiswall Park from 9.00am—1.00pm, and there is free live music. The last day of the market is Thursday 30th September.

CRAFTER'S CORNER

We would like your input on what you would like to see on the sale table for yourself, friends and family. We will have slips of paper to write on and a basket to put them in. We would also like to invite anyone to join the craft group. You don't have to knit or crochet to join. You don't need to have a talent, just a desire to learn or just socialize. We meet in the craft room every Tuesday from 10am to 12. We will be working on Fall, Halloween and Christmas ideas.

Earleen.



Exercise Classes

Come join the ladies on Mondays and Wednesdays from 10.00 to 11.00am to improve your bone strength and balance.

Carol Moll is running a seated exercise class—with music!—on Thursdays from 10.00 to 10.45am.



JUST FOR LAUGHS

I came into work the other day and began hanging upside down from the ceiling. Just then one of my co-workers (she's blonde..it'll be important later) came in and asked me what I'm doing.
 'Shh,' I said, 'I'm a light bulb – I'm acting crazy to get a few days off, as there is an out of town wedding I need to go to until Tuesday.'
 A minute later the boss walked by and asked me what I was doing.
 'I'm a light bulb,' I exclaimed.
 'You're going crazy,' he said. 'Take a few days off, and come back when you are less stressed.'
 With that, I jumped down and started walking out. My co-worker started following me and the boss asked her where she was going.
 'I can't work in the dark,' she said.
 (Personally, I wish I was as savvy as that blonde!)
 Thanks to Mary Egan for this

Please note this is now a Drive –Thru event ONLY.



FLU SHOTS

Hannaford Pharmacists will be at the Gym (location 15 Trieble Drive) Thursday, October 7th between 9.00am to 11.30am to administer the Flu shot to those under 65 and Fluad, a high efficiency flu vaccine for adults 65 and older. Pneumonia and Tetanus shots will also be available. Call the pharmacy for information regarding the shingles shot. **Sign up** at the **September 23rd and September 30th** meetings between 10.00am & noon. Information and consent form available at time of sign up. Contact Barb at 518 885 4229 with questions.



UPCOMING TRIPS

September 22nd

Fall Foliage Train Ride, Hawley, PA

Bus departs: 6.45am

Estimated bus return: 7.30pm

October 12th

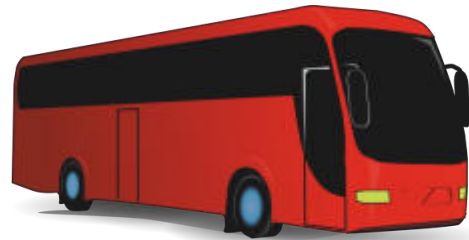
Great Camp Sagamore at Raquette Lake.

Enjoy the Fall Foliage in the Adirondacks on the way to this rustic camp. Luncheon served when you arrive, then either join a walking tour or see a historic presentation. There are lawn games, an old-fashioned covered bowling alley and art installations.

Ticket sales

2nd and 9th September from 10.30am to noon.

Cost: \$35.00 Members Non Members \$45.00



The Pickin' Sessions are Back

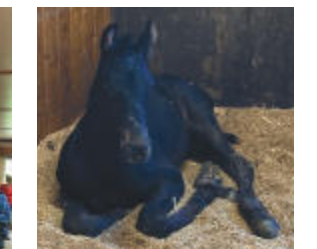
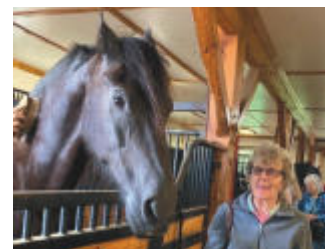


Both of our Pickin' Sessions held in July and August were very well attended.

There were over 20 'pickers' and a few guests enjoying their playing. Unfortunately, the September session has been cancelled as the 'Gym' will not be available to us. Our next session will be Wednesday, October 13th. Doors will be open at noon for players to set up and the 'pickin' starts at 1pm and ends 3.30pm. All members and non-members are invited to come and enjoy a few hours of bluegrass, country, folk and gospel songs. Bring your own beverage. Bring an acoustic instrument if you want to join in the jam.

Contact Jack at jack53brod@aol.com or 518 885 4229.

We all enjoyed our recent trips, a boat trip on Lake George (with ice cream at Martha's), and to see the Friesians of Majesty.





SEPTEMBER OCTOBER

1 Alice Whitaker	1 Marion A. Cole
3 Richard Derusha	3 Barbara Catrambone
3 Marilyn Heggen	5 Allen Doty
4 George Kilfoyle	5 Anne Groski
4 Walter Groves	6 Chris Burghart
6 Gail Moore	6 Kathi Mulvey
7 Bonnie Sokol	6 Raymond Groski
9 Liz Kormos	9 Rick Henry
11 Janet Smith	9 Wendell Williams
11 Fran Hagadorn	9 Joan Vandal
11 Jack Kozlowich	11 Elizabeth Jurcsak
12 Jack W. Hoffman	12 Michelle Kolozy
12 Joan Charnews	13 Phyllis Warnt
13 Carolina Shipreck	14 Earl Manning
14 Dorothy Clark	14 Alberta V. Conroy
14 Margaret Anderson	15 Jayne Schmidt
16 Pamela Manning	16 Mary-Ellen Papke
17 Helen Downes	17 John Roth
17 Curtis Niemeyer	17 Katherine Richiazzi
21 Deirdre Leland	17 Ellie Naylor
22 Elaine Kesnowski	19 Joy Reynolds
23 Joan Ciembroniewicz	19 John Marlow
23 Joanne Bless	21 Toni Dybowski
25 Robert DeMayo	21 Catherine Epps
26 Barbara Shay	21 Barry Finley
27 Jo-An Trapp	23 Jean Gaudio
29 Marion Richardson	23 Bernice Hollowood
30 Rosemary Huehn	24 Jack Broderson
30 Carol Beals	24 Suzanne Hampton
	25 Carolyn Kenyon
	27 Dorothy Christianson
	27 Margaret J. Wheeler
	28 Christina Smith
	28 Marge Bayer
	29 MaryAlice Donlon
	29 Anna Verdichizzi
	30 Lou Cook
	31 Bernadette Putnam

SPEAKERS: Jere Blackwelder will talk in September about the Brookside Museum, and he is hoping to recruit some volunteers.

Debra Verni from the Hertzog Law Firm specializes in Elder Law, and will give a talk in October to guide us through financial decisions, health care etc. If there are any subjects that we want to know more about, she will come back.



Sylvia Delaurie	Carol Lebel
Mary Ann Mevec	Virginia Vargas
Barbara Zeller	Peter Fabian
Ree Hale	Debra Cottrell
Marilyn Heggen	Karen Kump
Roland Kump	Ruth Gorham
Janet Welcome	Beverly Taylor
Brenda Perkins	Bobbie Smith
Stephen Cusack	Carol Hummer
Carolyn Smith	Joan Darling
Milly Bombard	Joan Hutt
Marietta DePaoli	

Our thoughts and prayers are with the families of



Michael McGarvey
Lorena Rutkowski
Mary Parente
Joyce Cook
Christine Crolus
Emma Ryhal

SPECIAL EVENTS

September 30th

Johnny Appleseed Festival with cider doughnuts and apple cider.

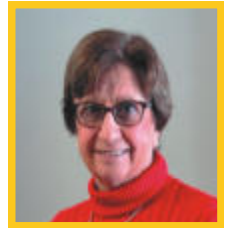


October 28th



Halloween Costume Contest, prizes for the scariest, funniest and ugliest costumes.

Around the Town



Barb Kerr

Not much to report this month, except its raining again. But let's look at the bright side, it could be snow!

A little update on Town Hall, the bids for the internal work went out on time and are to be returned and opened on September 1st. The next step will be for the bids to be reviewed by our engineering firm and accepted by the Town Board. Work is scheduled to begin on September 29th. It will be great to see progress being made inside the building. I'll do my best to keep everyone informed on the work and any other updates at our Thursday meetings.

Don't forget to visit the Farmers Market in Ballston Spa every Thursday and Saturday, this is a wonderful time of year for local fruits and vegetables. I'm looking forward to a dry and warm Fall so everyone can attend all the activities in the village. Speaking of special events, mark your calendar for Sunday, October 10 for "The Way We Were" car show. This is one of my favorite events and am happy to see it return this year.

Everyone, please stay safe and healthy! Til next time,

Barbara

WEEKLY ACTIVITIES

Mondays

10.00am—10.45 Exercise Class
At the Gym, bring water and weights
9.00am—12.00 Pool
At the Community Center

Tuesdays

10.00—12.00 Crafts
At the Community Center

Wednesdays

10.00—10.45 Exercise @ the Gym

Thursdays

10.00—10.45 Chair Exercise with Carol @the Gym
12.00 Lunch & General Meeting @the Gym, Bingo
1.00—4.00pm Pool

Fridays

6.30—9.00pm Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093; and Earleen Van for crafts at 518 855 8730.

MARK YOUR CALENDARS SEPTEMBER

2nd 12pm Meeting at the Gym, Speaker, bingo.
Farmers Market at Brookside Museum, 3—6pm.
3rd First Friday in Ballston Spa. Free movie 'The Secret Life of Pets 2' @ 8.00pm
4th, 11th, 18th, 25th Farmers' Market at Wiswall Park 9am-1.00pm
9th Office of the Aging's Picnic in the Park @ Saratoga Fairgrounds 11.00 to 3.00pm, lunch served at noon. Probably no meeting.
12th Elks Breakfast 8am-11am
13th through 24th the Gym will be closed.
22nd Trip to Hawley, PA
30th Meeting at the Gym, Johnny Appleseed Festival, bingo. Last day of the Farmers' Market, Brookside Museum.

OCTOBER

7th Meeting at the Gym, Speaker. Bingo.
10th Elks Breakfast, 8am—11am. 'The Way We Were' car show, Ballston Spa, 9am—4pm.
12th Trip to Great Camp Sagamore.
13th Pickin' Session 1pm—3.30pm
14th Meeting at the Gym, buy pizza tickets, bingo.
21st Meeting at the Gym, pizza, bingo.
28th Meeting at the Gym, Halloween Costume Contest, bingo.

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Temp-Return Service Requested

2021 Membership Dues / New Member Application

Membership dues run from January 1st through December 31st. Please attach check (payable to BASC), your BASC membership card and a self addressed, stamped envelope and mail to Membership Secretary Barb Broderson, 48 Edmund Drive, Ballston Spa, NY 12020, or pay at the Thursday luncheon meetings 10:00am to noon. Please note any life events or address changes.

DUES SCHEDULE

Note: New members \$10.00 upon sign-up regardless of age

\$10.00 = 55 to 79 years in 2020

\$5.00 = Turned 80 in 2020

FREE = Turned 90 in 2020

Last Name: _____ First Name: _____ Date of Birth: _____

Street Address: _____ Apt. # _____ City: _____ Zip: _____

Telephone: _____ Email: _____

Live in: ☐ Town of Milton ☐ Village of Ballston Spa ☐ Town of Ballston ☐ Other _____

☐ Single ☐ Widow/Widower ☐ If Married Spouse: First Name _____ Spouse's Birthday _____

Anniversary Date: (day, month & year) _____ Is spouse a member? _____

I want to receive the Newsletter by: ☐ Email ☐ Will Pick Up at Center ☐ Mail