

Ballston Area SENIOR UPDATE SEPTEMBER/OCTOBER 2023



Milton Community Center
310 Northline Road
Ballston Spa, NY 12020
518 490 2851

Officers

Marge Bayer, President
518 430 7029
Linda Elmer, Vice President
Mary Egan, Secretary
Meg Stevens, Treasurer
Barbara Broderson, Member-
ship

Directors

Francine Dudka
Neil Kennedy
Bernadette Putnam
Madeline Waller

Membership

Barbara Broderson
518 885 4229

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Ballston Spa, NY 12020

Village of Ballston Spa
518-885-5711
66 Front Street
Ballston Spa, NY 12020

Town of Ballston
518-885-8502
323 Charlton Road
Ballston Spa, NY 12020

Office for the Aging
518-884-4100
152 West High Street



FROM THE PRESIDENT

Well, our group has been very active lately and many more activities have been planned!

We have dined in some new places and since we all love food, I am happy to report that the meals were excellent and the waiters and waitresses were great! Our trips have been well attended and often extra buses were needed to transport so many. We now have over 500 members and our group keeps growing.

The dances and pickin' sessions have provided wonderful entertainment.

The craft group continues to supply unique and cute items to sell at our meetings and for the Bazaar!

Our Bazaar committee is planning a Fall Bazaar in October with many vendors and great food. Also the wonderful Baskets to be raffled off, and the quilt committee has been working to create a masterpiece to be raffled as well.

The Chorus has some new members and are working on a new program, I am looking forward to hearing them perform. They have finally been allowed to perform in Nursing Homes again!

Our members voted and have chosen to continue at our Thursday meetings with 2 business meetings and 1 Board meeting each month. We will also continue with 1 Pot Luck lunch (very popular) once a month. Thank you to all the members who bring in the delicious food and those who serve us.

Our Senior group is in serious need of volunteers to continue providing all the activities that we enjoy. Couldn't you help us with some of the needed committees?

I, Marge Bayer, have resigned as your President due to the stress involved. I will continue as an active member. Our newly elected President, Mike Andreadakis, will continue to serve you until our next election cycle in December.

Thank you to all who support Ballston Area Seniors!

Happy Fall! Happy Bazaar!

Sincerely,
Marge Bayer



When I was asked to prepare a President's Message, I felt it was only appropriate to give Marge an opportunity to send one last message as outgoing President. I just want to thank you for the opportunity to serve. I sincerely hope that I will be able to support and serve the seniors. Together we can accomplish much.

Thanks,
Mike

John J Cromie

Attorney at Law

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The Ballston Spa Farmers' Market runs from Saturday June 10th through September 30th in Wiswall Park. It is open Saturdays from 9.00am to 1.00pm, and Thursdays from 3.00pm to 6.00pm. As usual, there will be fresh fruit and vegetables, flowers, plants, baked goods and other home made articles (like soap) for sale. Also you will see the bird boxes which are there as well as all around the town.

BINGO

Now we have a slightly different schedule for our Thursday meetings, Sue Heimburg wanted to clarify when Bingo will be played.

1st Thursday of the month; right after Split the Pot, (approximately 12.30).

2nd Thursday; right after the General Meeting (approximately 1-1.30).

3rd Thursday; right after Split the Pot.

4th Thursday; right after the General Meeting.

5th Thursday; right after Split the Pot.

10 or more players are needed to play Bingo, Sue will ask each time.

VOLUNTEERS

Here are some more of our Seniors who volunteer their time.

Meg Stevens, who is our Treasurer, is also the President of both the County Youth Advisory Board and the Ballston Area Community Center. She is also on the Board of the National Bottle Museum.

Francine Dudka, who is a Director on our Board, has volunteered at Life Works Community Action for the past 6 years. She runs the reception desk and also helps with the Food Pantry, Head Start, WIC and Energy Services.

Dr. Yolanda Fleurantin (YaYa to us) takes our names as we enter on a Thursday. She has been a member since last September and enjoys everything we have to offer. She volunteers for Meals on Wheels, her way of giving back to the community.

LIFE IS SHORT
SHARE IT

OFFICE OF THE AGING ANNUAL PICNIC

The Annual Senior Picnic will be held on **Thursday-September 7th** from 11.00am to 3.00pm at the Saratoga Fairgrounds. Lunch served at noon. Meal ticket must be purchased in advance, cost \$4.00. Entertainment provided by Mark Hersh. See Barbara Broderson at the front desk or call 518 885 4229.

DEFENSIVE DRIVING COURSE

A Defensive Driving Course will be held on **Friday September 22nd** at the Community Center from 10.00am to 4.00pm, with a break for lunch. Cost \$15. Receive a 10% savings on Auto Insurance for 3years and 4 points off a DMV record. Certified by Empire Safety Council and is NYS DMV approved. The instructor is Leon Tuttle. Class limited to 20 members. See Meg Stevens at the front desk or call 518 885 3650.

BOOK CLUB

The September Book Club choice is 'Girls in Navy Blue' by Alix Rickoff. The meeting to discuss the book will be Tuesday September 5th at 1.30pm at the Community Center.

Call Francine Dudka at 518 309 3112 for further information. All welcome to join at any time.

Milton Hannaford Pharmacists will be at the Center **Thursday, October 5th between 9.00am and noon** to administer the following vaccines:

1. Senior dose flu shot
2. The new pneumonia shot
3. Tetanus
4. Covid-19
5. RSV shot (respiratory syncytial virus)

SIGN-UP Thursdays, **September 7th, 14th, 21st and 28th between 10.00am and noon**. Information and consent forms will be available at time of sign up.



All members are encouraged to get vaccinated.

Contact Barb at 518-885-4229 with questions.

WEDNESDAY PICKING SESSIONS

Come and enjoy country/western, bluegrass, gospel, etc. performed by local musicians. Sing along, dance, tap your foot or bring your acoustic instrument and join the 'jam'. There is no charge to attend. Snacks to share would be appreciated, beverages provided. Open to the public.

The sessions are held the first and third Wednesdays of the month:

Evening sessions: September 6th & October 4th
Doors open at 6.00pm through 9.00pm

Afternoon sessions: September 20th & October 18th
Starts 1.00pm through 3.00pm

Contact Jack at jackbroderson@gmail.com or call 518 885 4229.



BAZAAR

Planning for our Seniors' Bazaar is ongoing. It will be **Saturday, October 7th from 9.30am to 3.00pm**. Sue Heimburg is taking orders for tables, so if you are interested contact her at 518 885 8037. Carol Moll and I met to start organizing the Basket Raffle. You can sign up to make a basket individually or as a group. Also, if anyone is willing to ask businesses for a basket or gift card, that would be much appreciated. We will need baskets too, large and medium, and will be looking for help to wrap them later.

VOLUNTEERS are always needed, whether it is for set up and break down, or helping with a specific area (kitchen, pies, selling raffle tickets, or maybe a floating helper to give someone a break). If you can help, please give your name to a Committee member.

FREE

Exercise equipment with bar bells and weights. Contact 518 885 8281

TRIP ANNOUNCEMENTS

September 14th: Lunch at Upstate Grill, visit to Hyde Hall, 3.00pm Glimmerglass Queen Cruise (approx. 1 hour)

Bus leaves: 8.15am Bus returns: 6.30pm

October 10th: Octoberfest, Gavins in East Durham, NY

Sign up: September 14th & 21st @ 10.00am

Resident member \$35, Non-resident \$45, Guest \$65.

Bus leaves: 8.30am Bus returns: 6.30pm

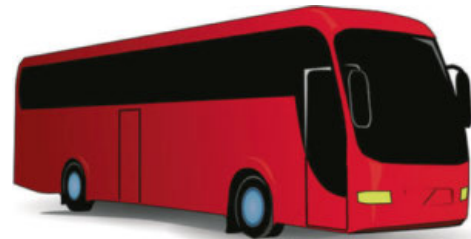
November: Proctors TBA

Sign up: October 12th & 19th @ 10.00am

December: Turning Stone-Buddy Holly Show. TBA

Sign up: November 9th & 16th @ 10.00am

Dues for 2023 must be paid 30 days prior to trip date. The sign up dates will be on the 2nd and 3rd Thursdays. For more information, please contact the Trip Coordinators: Carol Moll 518 339 8926 or Mary Egan 518 630 6322.



DANCES

Here are the dates and bands playing at the dances. Saturday nights from 7pm to 10pm, \$5 at the door to include snacks and drinks.

September 9th Old Time Country

October 14th Peaceful Country

November 11th TBA

December 9th, 31st TBA





SEPTEMBER

OCTOBER

- | | |
|------------------------|-------------------------|
| 1 Alice Whitaker | 1 Lisa Lane |
| 2 Tina Nalewjka | 2 Ruth Grono |
| 2 Joe Finocchio | 2 Cynthia Redshaw |
| 3 Richard Derusha | 3 Barbara Catrambone |
| 4 Walter Groves | 4 Henry Miller |
| 6 Becky Brackett | 4 Richard Snyder |
| 6 Gail Moore | 5 Anne Groski |
| 7 Bonnie Sokol | 6 Chris Burghart |
| 8 Gaynell Bliss | 6 Raymond Groski |
| 10 Kathy Kemenash | 6 Kathi Mulvey |
| 11 Janet Smith | 8 Marcia Andreadakis |
| 12 Shirley Ettinger | 9 Joan Vandal |
| 12 Jack W. Hoffman | 9 Peter Pileggi |
| 13 Ben Baskin | 9 Rick Henry |
| 13 Carolina Shipreck | 9 Wendell Williams |
| 14 Dorothy Clark | 11 Lizzi Feulner |
| 14 Jack Demarais | 13 Melody Ryan |
| 16 Pamela Manning | 13 Phyllis Warnt |
| 16 John Tocco | 14 Alberta V. Conroy |
| 17 Helen Downes | 15 Jayne Schmidt |
| 18 Julie Watson | 16 Mary-Ellen Papke |
| 19 Sandra Brien | 17 Ellie Naylor |
| 22 Elaine Kesnowski | 19 Joy Reynolds |
| 22 Vicci Burt | 19 John Marlow |
| 22 Karol Woodcock | 19 Jean Riggs |
| 23 Joanne Bless | 21 Barry Finley |
| 23 Joan Ciembroniewicz | 21 Toni Dybowski |
| 24 Jeff Nalewjka | 21 Catharine Epps |
| 24 Lynn Christie | 21 Al Feulner |
| 25 Gretchen Sharp | 22 Danielle Lanza |
| 26 Barbara Shay | 22 Michelle Longe |
| 26 Mary Lee | 23 Bernice Hollowood |
| 27 Jo-An Trapp | 24 Mark Ren |
| 27 Alan Freeman | 24 Jack Broderson |
| 28 Maurice Mercier | 25 Diane Yeager |
| 28 Janice Young | |
| 27 Rosemary Huehn | 25 Bruce Catrambone |
| 28 Carol Beals | 27 Dorothy Christiansen |
| | 27 Dave Williamson |
| | 28 Marge Bayer |
| | 28 Christina Smith |
| | 29 Anna Verdichizzi |
| | 29 MaryAlice Donlon |
| | 30 Lucy Gordon |
| | 31 Bernadette Putnam |

- | | |
|--------------------|--------------------------|
| Lucy Gordon | Danielle Lanza |
| Susan VanDeWall | Roseanne Craig |
| Joan Keeler | Betsy Chung |
| Donna (Dee) Bishop | Audrey (Claire) Williams |
| Roy Purtell | Janice Young |

*Our thoughts and prayers are with
the families of*



- Judith (Judy) Keehan
Margaret Mary Thomas
Catherine (Dolly) Robens
Jean Abeel

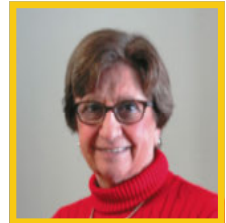


Enjoying lunch at The Hideaway in June.



The Chorus sang their Beatles program at the Home of the Good Shepherd in Malta, much enjoyed by the residents, in July.

Around the Town



Barb Kerr

Happy Fall Everyone!

I hope everyone had a wonderful summer. The Town has been busy with old and new activities. Our Summer Camp had a great year with approximately 120 children attending. Everyone had a great time with all kinds of activities and several educational and fun field trips. There are many residents enjoying the Milton Mile and the Pickle Ball Courts. We have also repaired the field lighting in Burguss/Kimball Park so the basketball and tennis courts can be used later in the evening.

As Fall rolls around the activity doesn't stop. As I believe everyone knows we are moving our Highway facilities up to Rowlands Street where our salt shed is now located. The first stage of this process will be installing a new fuel island. The bids have gone out and have been awarded, so you should be seeing lots of activity in that area very soon. The next step is building the cold storage building. We have accepted a bid to purchase that building and are waiting for construction bids. What's going to happen here when the garage moves? This project will be known as RE-Imagine Milton. The whole area around Town Hall we hope will be a recreational area for the community. Our engineering company, Delaware Engineering, will be giving a presentation with some ideas on what this area will look like in the future. The presentation will be at the September Town Board meeting. (September 27th at 6:30 pm) Throughout this process we will be asking residents for input and ideas concerning the design.

Lastly, please mark your calendar that the Town will be sponsoring a Trunk or Treat Event in Burguss/Kimball Park on October 21st, 11:30-1:30. Everyone is welcome, so bring the grandkids.

That's all for now, see you at the Community Center,
Barbara

WEEKLY ACTIVITIES

Mondays

9.00am—12.00	Shooting Pool
10.00am—11.00am	Chorus
11.15am—12.00	Exercise

Tuesdays

10.00—12.00	Crafts
1.00—4.00pm	Mahjong

Wednesdays

12.30—3.00pm	Quilters
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Thursday

12.00	Lunch & General Meeting, Bingo.
1.00—4.00pm	Shooting Pool

Fridays

11.15am—12.00	Exercise
6.30—9.00pm	Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 885 8730, and Alison for exercise at 518 288 3565.

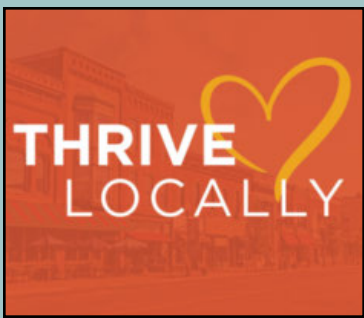
MARK YOUR CALENDARS

SEPTEMBER

6th Pickin' Session 6.30-9.00pm
 7th Senior Picnic at the Saratoga Fairgrounds, 11.00am to 3.00pm. Ticket required.
 9th Dance, Old Time Country, 7.00—10.00pm
 14th Luncheon/Bingo/general meeting. Pizza tix, Trip Lunch @ Upstate Grill, Hyde Hall, Glimmerglass Queen Cruise. Bus leaves 8.15am.
 20th Pickin' Session 1.00-3.00pm
 21th Luncheon/Bingo/Board meeting. Pizza. Trip tix @ 10.00am Octoberfest, Gavins in East Durham NY
 28th Luncheon/Bingo/general meeting. Pot Luck.

OCTOBER

4th Pickin' Session 6.30-9.00pm
 5th Luncheon/Bingo/gathering day. Pizza tix.
 7th Bazaar - open 9.30am to 3.00pm
 10th Trip Octoberfest, Gavins. Bus leaves 8.30am
 12th Luncheon/Bingo/general meeting. Pizza tix.
 Trip sign up: Proctors TBA @ 10.00am
 14th Dance, Peaceful Country Band, 7.00-10.00pm
 18th Pickin' Session 1.00-3.00pm
 19th Luncheon/Bingo/Board meeting. Pizza.
 Trip sign up: Proctors TBA @ 10.00am
 26th Luncheon/Bingo/general meeting. Pot Luck.



Because family matters let us take care of yours.
 William J. Mevec Mary Ann Mevec

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2023 Membership Renewal

Membership runs from January 1st through December 31st 2023.

\$10.00 = 55+ years \$5.00 = Turned 80 in 2022 FREE = Turned 90 in 2022

Enclose check (payable to BASC), membership card and a self-addressed, stamped envelope and mail to Barb Broderson, 48 Edmund Drive, Ballston Spa, NY 12020 or pay at Thursday luncheon meetings 10:00am to noon. Please fill out & return even if over 90. Call 518-885-4229 with questions.


Last Name: _____ First Name: _____ Nickname _____ Date of Birth: _____

Street Address: _____ Apt. # _____

City: _____ Zip: _____

Telephone: _____ Cell: _____ Email: _____

Live in: Town of Milton Village of Ballston Spa Town of Ballston Saratoga County Other _____
Single If Married: First Name of Spouse _____ Is spouse a member? yes no

 I want to receive the Newsletter by: Email Mail Both Email & Mail Will Pick Up at Center

INTERESTS: Check all that apply Chorus Dances Pickin Sessions/music Festive Dinners Trips Crafts
Exercise Line Dancing Pool Mahjong Card Games Board Games Socializing V on committees
I have Computer Skills Managerial Experience Crafting Skills Financial Background Other _____