

Ballston Area SENIOR UPDATE

September/October 2024



Milton Community Center
310 Northline Road
Ballston Spa, NY 12020
518 490 2851

Officers

Francine Dudka, President
Mike Andreadakis, Vice President

Mary Egan, Secretary
Meg Stevens, Treasurer
Barbara Broderson, Membership

Directors

Sue Heimburg
Neil Kennedy
Bernadette Putnam
Madeline Waller

Membership

Barbara Broderson
518 885 4229

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518 885-9220
503 Geyser Road
Ballston Spa, NY 12020

Village of Ballston Spa
518-885-5711
66 Front Street
Ballston Spa, NY 12020

Town of Ballston
518-885-8502
323 Charlton Road
Ballston Spa, NY 12020

Office for the Aging
518-884-4100
152 West High Street

FROM THE PRESIDENT



Dear Members,

My new tenure has been active and very busy. It has been challenging and a new experience with a lot to learn. I am pleased and grateful for all the kindness shown to me.

Thank you!

Summer is finishing and we are looking forward to some cooler, apple picking weather. Our meetings have been well attended with an average of 90 to 100 in attendance. We eat lunch together... bring your own, bring to pass with your friends, sign up for Congregate meals or enjoy our monthly Potluck Lunch. We are sharing.

Barbara Kerr, our Town Liaison, announced we will be getting a new sound system in the future. This will be a welcome addition as we have an old system, and we struggle to use a microphone. Yeah!!

This has been a busy summer with our various activities. Our trips have been a huge success this summer... we traveled to Lake George one evening to the Tiki Resort, we had lunch on the Lac du Saint Sacrement and will go to Beardsley Castle. This fall we are planning trips to Raquette Lake and the Adirondak Museum as well as to Cooperstown and the Charlotte Train ride. Mary Egan does a great job and we appreciate her. Our speaker program has been very interesting and informative this year also. We have learned about Maple Syrup, Life Works in Ballston Spa, Beekeeping, Captain Senior Services and Fire Safety. Our Helene Kerwood plans wonderful Special Events... Sue Heimburg ran a horse race in honor of Travers Day at the Track. A lot of laughter while wearing fancy hats! Everyone is anxiously awaiting the Elvis entertainment evening on September 14th. with a chicken barbeque from the local VFW 358.

Also, we were pleased to thank Margaret Wheeler for 28 years service to BASC.

Margaret has been updating our Memorial Plaques once a year and is ready to pass this task on to Barbara Broderson. Margaret has always been willing to share her expertise with us.

As chairman of the Annual Bazaar (November 9th) this year, I am happy to report our committees are working hard for a successful day. Our kitchen menu is tasty, our Bakery will have delicious home baked goods provided by our members. Don't forget to take a chance on a lovely Gift Basket... and look around at our many vendors coming to show their wares.

Respectfully,

Francine Dudka, President



John J Cromie

Attorney at Law

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Ballston Spa, NY 12020

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Ballston Senior Center, Ballston Spa, NY

03-1134



Milton Hannaford Pharmacists will be at the Center **Thursday, October 3rd** between 9:00am and noon to administer the following vaccines:

1. **Flu** – Seasonal influenza. Senior dose flu shot (for ages 65 and up) and regular dose.
2. **Pneumonia** – based on when last vaccination received.
3. **Tetanus** – Booster shots given every 10 years.
4. **Covid-19** – New booster strain
5. **RSV (Respiratory Syncytial Virus)** combats common respiratory infections (cold). Recommended for ages 75+ or 60 years and older with underlying chronic health conditions.

SIGN-UP Thursdays, September 5th, 12th, 19th and 26th between 10:00am and noon. Information and consent forms will be available at time of sign up.

All members are encouraged to get vaccinated. Contact Barb at 518-885-4229 with questions

SPECIAL EVENTS

September 12th 2024 we are celebrating **Johnny Appleseed** with apple cider donuts and cider.

October 31st 2024 will be our much enjoyed **Halloween Costume Contest** and the categories will be Scary, Funny and Unusual. There will be Treats (no tricks).



Ballston Spa Seniors Annual Fall Bazaar Saturday November 9, 2024 9.30am to 3.00pm Town of Milton Community Centre 310 Northline Rd, Ballston Spa, NY 12020

Come to our fall Bazaar and get into the Holiday Spirit. There will be vendors of all kinds. Country Café, Baked Goods, Crafters, Books and Puzzles and a Junk Room. A Quilt Raffle & 50/50 Raffle. Also, Baskets of assorted items, Gift Cards and services will be raffled.

We are looking for Unique Vendors & Artisans. What is your specialty? Pickles, Relishes, Jams & Jellies, or any handmade crafts are appreciated and welcome. We are looking for you to join us.

Indoor spaces—8ftW x 7ftD are \$30.00 **indoor only** (first come, first serve basis and electrical outlets are limited).

Outdoor spaces—12ftW x 10ftD are \$25.

To receive an Exhibit Contract and a Town of Milton agreement, contact the Bazaar Vendor Coordinator Sue Heimborg, we can email out contracts.

Sheim381@aol.com or call 518 885 8037/text message.

Bazaar Baskets and Gift Cards

We are organizing the Baskets a little differently this year. We are asking for donations to the baskets (which we will collect starting in September) and then we will have a work party to put them together. Please, no out of date food or Dollar Store items.

If you have a Gift Card or have asked a store if they will donate, please let myself (Alison Bodle) or Earleen Van know so we don't ask again.

Thank you for all your help to make this our best Bazaar ever.

Books and Puzzles

Things are moving along nicely. Everything is on schedule. The book and puzzle room needs donations. Just a reminder that when donating books and puzzles for the bazaar to please make sure books are in good condition and no missing pieces from the puzzles. Please tape the boxes closed. Give donations to Doris Fredette on Thursdays. Also my contact phone number for the craft group has been changed to 518-920-4640 for Earleen Van.

Thrift Room

The Thrift Room will be accepting gently used, clean donations from October 15th. This is an opportunity to clear out all those items just sitting around your house, cellar or garage. Dishes, glasses, canning jars, tea kettles and purses are just a few ideas. All items will be offered for donations, our goal is to sell out! Please contact me if you have questions...

Judy Mulvey 518-775-6772

Naomi Kruger 518-859-7660

WEDNESDAY PICKIN' SESSION

Evening sessions will be held Wednesday, September 4th and October 2nd. Doors open at 6.00pm; music starts at 6.30pm and ends at approximately 9.00pm. Pickin' Sessions are open to the public.

Take a few hours and join in the music. Sing along, dance, tap your foot or.... bring your acoustic instrument and play along. There's no entrance fee but snacks to share would be appreciated. Doors open at 6:00pm.

Contact: Email Jack at jackbroderson@gmail.com or call 518-885-4229 with questions, suggestions, or comments.



DANCES

Saturday Dance Dates

October 12th 7-10pm River Road Boys

December 14th TBD

Admission to all dances is now \$7.00

Please bring a snack to share

No one under the age of eighteen will be admitted.

Please come, socialize and have a great time.



2024 TRIP SCHEDULE

September 17th Racquette Lake lunch cruise and visit to Adirondack Museum.

Bus leaves: 7.45am

Bus returns: 7.00pm

October 6th Cooperstown, 2hr train ride on the Cooperstown & Charlotte Valley Railroad. Lunch at The Upstate Grill.

Bus leaves: 8.30am Bus returns: 5.00pm

There may be a trip in November, Mary is working on it now, so more details to follow.

TRIP PROCEDURES

Trips leave from the Pool room entrance at the Community Center.

Dues for 2024 must be paid 30 days prior to trip date. The sign up dates will be on the 2nd and 3rd Thursdays.

Masks must be worn when requested.

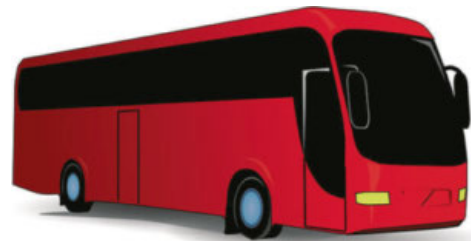
Resident member-lives within Saratoga County, all others considered non-resident. Replacing can

All payments by check only made out to BASC (if replacing cancelled seat, make payable to the member who cancelled).

Member can sign up one other member as seat mate.

Sign up on first come/ first served basis.

Cancellation: If member cancels before the head count is turned in, they will be refunded. Trip Chairperson contacts first member on wait list. If no member on wait list, member may find a substitute. If substitute is a non-member, pay guest rate. If no replacement after head count is turned in, no refund. For more information, please contact the Trip Coordinator: Mary Egan 518 630 6322.



GRAPE SALAD

2 lbs red grapes

2 lbs green grapes

Wash and dry completely. In a bowl add 1 block of cream cheese, 8 oz sour cream, 1&1/2 tspn vanilla, 1&1/4 cups brown sugar, and mix. Add dry grapes and mix thoroughly.

In food processor, put 1 bag of Butterfinger mini bars. Add to salad, reserving some for topping. Refrigerate.

Thanks to Karen Millington for this delicious recipe.



SEPTEMBER

OCTOBER

1 Alice Whitaker	1 Kathryn Blanchard
2 Tina Nalewjka	3 Barbara Catrambone
3 Richard Derusha	4 Henry Miller
6 Gail Moore	4 Richard Snyder
7 Bonnie Sokol	4 Ron Wojtowecz
8 Gaynell Bliss	5 Anne Groski
9 Michael Fiore	6 Kathi Mulvey
10 Kathy Kemenash	6 Raymond Groski
10 Lynn DeMarco	8 Marcia Andreadakis
11 Janet Smith	9 Peter Pileggi
13 Carolina Shipreck	9 Joan Vandel
14 Dorothy Clark	9 Wendell Williams
14 Lisafaye Watson	11 Elizabeth Feulner
14 Edward Demarais	12 Roxanne Nabozny
15 Linda Day	13 Phyllis Warmt
16 Margaret Hohenstein	14 Alberta V. Conroy
16 Pamela Manning	17 Ellie Naylor
17 Sharon Meyer	19 Joy Reynolds
17 Helen Downes	19 Gladys Riggs
18 Michael Weaver	19 John Marlow
19 Sandra Brien	21 Toni Dybowski
20 Lloyd Bishop	21 Catharine Epps
24 Jeffrey Nalewjka	21 Al Feulner
24 Lynn Christie	21 Barry Finley
25 Gretchen Sharp	22 Karen Markert
26 Mary Lee	22 Danielle Lanza
27 Jo-An Trap	23 Bernice Hollowood
28 Maurice Mercier	24 John Broderson
29 Rosemary Huehn	25 Bruce Catrambone
30 Carol Beals	27 Dorothy Christiansen
30 Beth Matuszewski	27 Margaret Wheeler
	28 Marge Bayer
	28 Christina Smith
	29 MaryAlice Donlon
	30 Lucy Gordon
	31 Bernadette Putnam

Kathryn Blanchard
David Morris
Sharon Meyer
Gary Lewis
Roy Neal
Pamela Houde

Shirley Whitbeck
Cathi Jackson
Bruce Hafter
Michelle Soria
Teresa Campese
Susan Johnston

*Our thoughts and prayers are with
the families of*



Sharon Quinn

Mary Lou Cotton

Lena McMillan

Barbara Oliver

Sue Heimborg is sworn in as a Director on our Board by the President Francine Dudka.

SPEAKER

We had a speaker come and tell us all about Maple Syrup, from tapping the trees and boiling the liquid down, to the different types. And where we could buy it of course! It was fascinating.





Marge Bayer swore in our new President, Francine Dudka, and Vice-President, Mike Andreadakis.



Sue Heimborg is sworn in as a Director on our Board by the President, Francine Dudka.

We will be starting to think about Elections for 2025 soon. Would you like to run for a place on the Board?

More information at the meetings.

2024 MEMBERSHIP RENEWAL

Membership year runs January 1st through December 31st, 2024

Renewal rates: Age: 55 to 80 - \$15.00; Turned 80 in 2023 -\$10.00. Turned 90 in 2023 free
Enclose check (payable to BASC), membership card and a stamped self addressed envelope and mail to
Barb Broderson, 48 Edmund Drive, Ballston Spa, NY 12020. Dues may be paid at Thursday meetings at
Community Center 10am to noon. Call 518-885-4229 with questions.

Prospective members must register in person at a Thursday meeting between 9:30 and noon. 2024 dues
are \$15 regardless of age. PLEASE PRINT

LAST NAME	FIRST NAME	NICKNAME	DATE OF BIRTH
STREET ADDRESS		APT. No.	CITY
TELEPHONE NUMBER		CELL NUMBER	E-MAIL ADDRESS

First name of spouse/significant other _____ Are they a member? Yes No

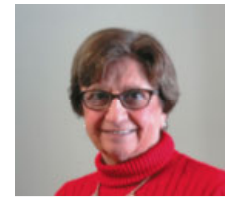
RESIDE IN: Town of Milton Village of Ballston Spa Town of Ballston Malta Saratoga
Sparta

Saratoga County _____ Outside Saratoga County _____
I want to receive my Newsletter by: Email Mail Both Email & Mail Will pick it up at Center

INTERESTS: Chorus Music Jams Exercise Crafts Dancing Billiards Games Socializ-
ing

Trips Hiking Book Club Cards Volunteer HOBBIES: _____

Around the Town



Barb Kerr

Happy Fall Everyone,

I can't believe Labor Day has come and gone and we're watching the leaves change.

The Town has a busy season lined up for the coming months. First there will be an Electronics Recycling Event for September 28th from 9 am until 3 pm. A flyer has been posted in the Community Center Hallway with details.

The Town of Milton and Twin Bridges will conduct a Town wide Refuse Collection Program at the Town Complex on Saturday, October 5th and Saturday, October 19th from 9am until 3 pm each day. Flyers will be posted and I will make some available to the Seniors explaining what items will be accepted. This event was very successful last year and we are sponsoring it again to help residents dispose of unwanted items.

Lastly, it's time to start thinking about Halloween. The Town of Milton will be presenting a Trunk or Treat on October 26th from 12 noon til 2.00pm. This event will take place at the Milton Community Center. There will be fun, food and games free for everyone. Bring your grandchildren and enjoy the fun. I will distribute posters on this event also, so you won't forget.

Enjoy the good weather while it lasts,

Barbara

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William J. Mevec Mary Ann Mevec

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Milton Community Center
310 Northline Road
Ballston Spa, NY 12020



Temp-Return Service Requested

WEEKLY ACTIVITIES

Mondays

9.00am—12.00	Shooting Pool
10.00am—11.00am	Chorus
11.15am—12.00	Exercise

Tuesdays

10.00—12.00	Crafts
1.00—4.00pm	Mahjong

Wednesdays

12.30—3.00pm	Quilters
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Thursday

8.15—9.00am	Flex & Stretch Chair Exercise
12.00	Lunch & Meeting, Bingo.
1.00—4.00pm	Shooting Pool

Fridays

11.15am—12.00	Exercise
6.30—9.00pm	Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 920 4640, Alison for exercise at 518 288 3565, and Carol Moll for flex & stretch at 518 399 8926.

MARK YOUR CALENDARS

SEPTEMBER

3rd Pickin' Session 6.30-9.00pm
5th Luncheon/Meeting/Bingo/Board Meeting
6th Office of Aging Picnic at Saratoga Fair grounds. 11.00am to 3.00pm. Ticket needed.
12th Luncheon/Meeting/Bingo. Special Events celebrating Johnny Appleseed.
14th Entertainment & Dinner. 3.00pm.
17th Trip, Racquette Lake.
19th Luncheon/Pizza/Meeting/Bingo.
26th Luncheon/Pot Luck/Meeting/Bingo

OCTOBER

2nd Pickin' Session 6.30-9.00pm
3rd Luncheon/Meeting/Bingo/Board Meeting
5th Last day of the Ballston Spa Farmers' Market.
6th Trip, Cooperstown, train ride and lunch.
10th Luncheon/Meeting/Bingo.
17th Luncheon/Pizza/Meeting/Bingo.
24th Luncheon/Pot Luck/Meeting/Bingo.
31st Luncheon/Meeting/Bingo. Special Events celebrating Halloween.