

Ballston Area SENIOR UPDATE

September/October 2025

Milton Community Center
310 Northline Road
Ballston Spa, NY 12020
518 490 2851

Officers

Francine Dudka, President
Mike Andreadakis, Vice President
Mary Egan, Secretary
Meg Stevens, Treasurer
Lisa Watson, Membership

Directors

Jim Frey
Sue Heimburg
Bernadette Putnam
Madeline Waller

Membership

Lisa Watson

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Ballston Area Senior Citizens

Community Contacts

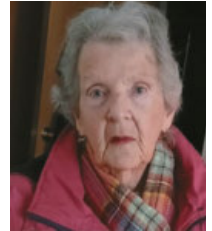
Town of Milton
518 885-9220
503 Geyser Road
Ballston Spa, NY 12020

Village of Ballston Spa
518-885-5711
66 Front Street
Ballston Spa, NY 12020

Town of Ballston
518-885-8502
323 Charlton Road
Ballston Spa, NY 12020

Office for the Aging
518-884-4100
152 West High Street
Ballston Spa, NY 12020

FROM THE PRESIDENT



Hello fellow Members,

It's been a warm summer, and I am looking forward to cooler weather. We have numerous activities planned for September and October for all to enjoy.

The annual Bazaar is set for September 13th. Committee chairs are organizing events, including a kitchen with tasty food, a big basket raffle, and a bakery featuring homemade treats. Please join us for a day of fun... also, you may win the 50/50 raffle.

September will see our Bazaar and a trip to Ticonderoga with a boat ride. As usual, we have our potluck lunch on the fourth Thursday of each month.

October brings a trip to Villa Roma and our Oct 11 th dance with The River Road Boys.

Again, potluck on the 23 rd . This is the month we prepare for our 2026 elections and budget preparations... busy times.

Francine Dudka, President



Lisa Watson was sworn in as our Membership Officer by President Francine.



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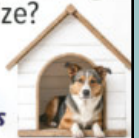
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SPECIAL EVENTS

On September 11th we will once again celebrate Johnny Appleseed's birthday. You will be served delicious cider donuts and apple cider, always a treat.

October means Halloween and the Committee is planning the costume contest. The categories will be Scary, Funny, Pretty and Original, and each winner will receive a \$25.00 gift certificate! There will be treats for everybody.

The Committee is not planning anything for November (as Seniors have lots going on!), but on December 11th we will have a Christmas sweater contest and the categories will be Ugly and Pretty—and there will be prizes of course, and treats!



Flu shots will be offered on **9th October**, provided by Haanafords pharmacy. It will begin at 10.00am. You will have a chance to sign up for a time and fill in the form for insurance. More details will be announced soon.

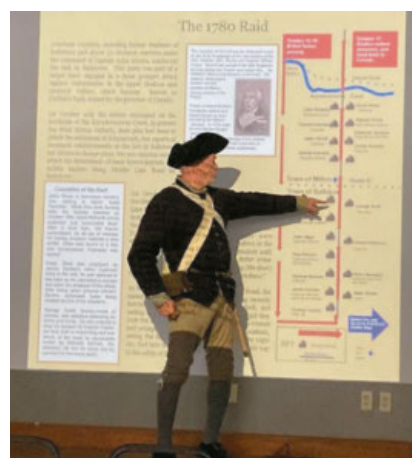
SAVE THE DATES FOR FESTIVE DINNERS

The Thanksgiving Turkey Dinner will be held on **Thursday 6th November** and it will be at The Vista, at the Van Patten Golf Club in Clifton Park. The Christmas Dinner will be at the Senior Center on **Saturday 6th December**. The Neighborhood Kitchen will be catering for us again. The cost of the tickets and the dates they will be sold will be announced soon at a meeting and in the Eblast. Full menus will be available when you buy your tickets.



I was elected Commander of District 3 of the Veterans of Foreign Wars of the United States and installed in June. District 3 has 41 Posts in 14 counties of New York.

Congratulations Mike!



We had a fascinating talk about the Revolutionary War and how it affected our local area, with a historian in costume and very informative slides.

WEDNESDAY PICKIN' SESSION

Evening sessions will be held Wednesdays, **3rd September and 1st October**. Doors open at 6.00pm; music starts at 6.30pm and ends at approximately 9.00pm. Afternoon sessions will be **17th September and 15th October** from 1.00pm to 3.00pm. Pickin' Sessions are open to the public.

Take a few hours and join in the music. Sing along, dance, tap your foot or.... bring your acoustic instrument and play along. There's no entrance fee but snacks to share would be appreciated.

Contact: Email Earl Eaton Jr. at eeatonjr@aol.com for information.



DANCES

Saturday Dance Dates for 2025

October 11th	River road Boys Band
November 8th	Peaceful Country Band
December 13th	Mark Hersh DJ

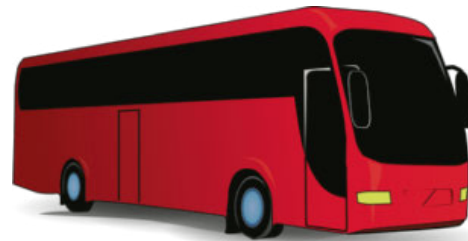
Come and enjoy our dances, even if you just want to listen to the music and watch the dancers having fun! The entry fee is \$7 and it includes snacks, juice, coffee and tea. They start at 7.00pm and finish at 10.00pm.



2025 TRIP SCHEDULE

September 16th Fort Ticonderoga, including a Historic boat ride and dinner at Fort William Henry.
Bus leaves: 8.30am
Bus returns: 6.30pm approx.

October 7th Villa Roma, Octoberfest starring Joe Kroboth Band.
Sign up: Sept 4th & 11th
Resident Members: \$45, Non-Resident Members \$55,
Guest: Full Price.
Bus leaves: 6.30am Bus returns: 7.30



PRECIOUS MEMORIES

At this time, we honor the life and service of Barbara Broderson. Barb joined BASC in 2013 and was an active member filling almost every position over the years. She was a beloved member of our community and is missed.
Francine Dudka

One of the best things about being a member of the Ballston Area Seniors is the friends I've made. One of the worst things is when you lose a friend. I only knew Barb for about 5 years but during that short time, I considered her a friend. From long phone conversations, to long driveway conversations after she drove me home and just being with her at the center, I enjoyed her company.

Our personalities were very different. Barb was very direct and sometimes a bit blunt with her comments. She would ask me to proof emails or notes before sending or sharing them so that they were a bit more tactful. Her heart was always in the right place and she cared very deeply for the organization. I know I'm not the only one missing her smile.

Over the years Barb had served in many capacities, but she really shined as membership chair. She had a way of making new members feel welcome and like they had made a friend on the first day. Barb will live on in my memory and I know that I will miss her always.
Meg Stevens



SEPTEMBER OCTOBER

Beals Carol	Andreadakis Marcia
Bishop Lloyd	Bayer Marge
Bliss Gaynell	Blanchard Kathryn
Brien Sandra	Broderson John
Christie Lynn	Catrambone Barbara
Clark Dorothy	Catrambone Bruce
Day Linda	Christiansen Dorothy
DeMarco Lynn	Donlon MaryAlice
Downes HelenTina	Epps Catherine
Fiore Michael	Finley Barry
Hennessy Rosalyn	Gordon Lucila
Hersh Linda	Groski Raymond
Hohenstein Margaret	Groski Anne
Huehn Rosemary	Hollowood Bernice
Kemenash Kathy	Lanza Danielle
Lee Mary	Markert Karen
Manning Pamela	Marlow John
Matuszewski Beth	Miller Henry
Mercier Maurice	Mulvey Kathi
Meyer Sharon	Nabozny Roxanne
Moore Gail	Putnam Bernadette
Nalewjka Jeffrey	Riggs Gladys
Nalewjka Tina	Snyder Richard
Norton Paula	Vandal Joan
Pingelski Edward	Warnt Phyllis
Robert James	Wheeler Margaret J.
Sharp Gretchen	Williams Wendell
Shipreck Carolina	Wojtowecz Ronald
Smith Janet	
Sokol Bonnie	
Trapp Jo-An	
Ward Avena	
Watson Lisafaye	
Weaver Michael	
Whitaker Alice	

MORE BRITISH SLANG

Cuppa	cup of tea
Bees Knees	something really good
Botch Job	do a job really badly
Dapper	a man dressed up in his best clothes
Innit	isn't it
Lost the Plot	no longer understand what's going on
Rubbish	garbage
Scarper	run away
Shambles	a mess



Lisa Watson has just taken over membership, so we will catch up on the new members in the next newsletter.

*Our thoughts and prayers are with
the families of*



Carol Frederick

Gretchen Sharp

Barbara Broderson

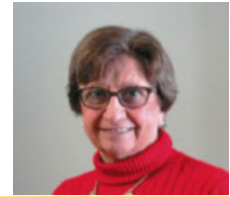
There was a mistake in the July/August newsletter, we lost our friend Jeanne Cramer, not Carter.



Andrew Culliton, grandson of Sally and Rick Snyder, finished the Physician Assistant program at KeMoyne College and received his White Coat.

Congratulations Andy!

AROUND THE TOWN



Hope everyone had a great summer with the wrap up on Labor Day weekend. Personally, I'm looking forward to the Fall season with its cool nights and warm days.

There will be a lot of activities going on in Milton this Fall. First on September 6th we will be hosting Milton Day at the Burgess/Kimball Park. Lots of activities are planned for the whole family, including Food Trucks, stop by for lunch. Then on October 6th at 10 am, the Town will be dedicating the new Veterans Memorial at the Veterans Park on the corner of Rowlands and Northline Road. Everyone is welcome, so please stop by to honor all the men and women that have served our Country, some making the ultimate sacrifice. The new Highway Garage on Rowlands Street is due for completion in October. Also, a reminder the "The Way We Were" car show will be returning again this year for the 23rd year, on October 12th, always a wonderful time.

Just a note on new business in Town, Lucky's gas station and market has opened and as of this writing they have bargain pricing on gas. Stop by and say hello and welcome. Lastly, McDonalds, in Town Center, is moving along at a rapid pace. I'm not sure about an opening date yet, but I'll keep everyone updated at our weekly meetings.

That's about it for this month, enjoy the Fall season.

Barbara



As you see, the Chorus had great fun with 'The Best of the Sixties' program. Arlene and Connie both went to the Chapel of Love, and Mona Lisa wowed the audience with her impression of Barbra Streisand in 'Hello Dolly'.

We are now rehearsing our next program, American Folk Music, which we will sing to the members in October. Come and join us if you like singing!

The Farmers' Market in Wiswall Park on Saturdays (9.00am-1.00pm) and Thursdays (3.00-6.00pm) is still going strong, but the final day will be Saturday October 4th, and it will be a celebration with food trucks and music. The apples, peaches and plums are very tasty, and I even bought strawberries and raspberries last week.

ELECTIONS FOR 2026

In October we will be preparing for the next elections. This year we will be voting for President, Vice-President, Secretary, Treasurer, Membership Officer and 2 Directors. That is a lot to think about!

If you would like to run for any of these offices, please talk to Sue Heimburg who will be able to give you the lists of duties that each person has to perform. New members are allowed to run after one (1) year of membership. You will need to prepare a Letter of Intent, stating why you would like to stand, what qualifications you can bring to the office and how long you have been a member, and these must be in to the nominating committee by **November 13th**. Nominations from the floor must be declared that day too. On **November 20th** the candidates will read their letter of intent to the membership. **December 4th** is the day we will vote for the candidates.

The nominating committee is: Alison Bodle, Sue Heimberg, Bernadette Putnan, Sally Snyder and Madeline Waller.



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310 Northline Road
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WEEKLY ACTIVITIES

Mondays

9.00am—12.00	Shooting Pool
10.00am—11.00am	Chorus
11.15am—12.00	Exercise

Tuesdays

10.00—12.00	Crafts
1.00—4.00pm	Mahjong

Wednesdays

12.30—3.00pm	Quilters
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Thursday

9.30—10.15am	Flex & Stretch Chair Exercise
12.00	Lunch & Meeting, Bingo.
1.00—4.00pm	Shooting Pool

Fridays

11.15am—12.00	Exercise
6.30—9.00pm	Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 920 4640, Alison for exercise at 518 288 3565, and Carol Moll for flex & stretch at 518 399 8926.

MARK YOUR CALENDARS

SEPTEMBER

- 3rd Pickins' 6.30-9.00pm
- 4th Luncheon, Meeting, Board Meeting.
Pizza tickets. Trip tickets.
- 11th Luncheon, Meeting. Special Events Pizza
tickets Trip tickets
- 13th Bazaar 9.30am-3.00pm
- 16th Trip—Fort Ticonderoga
- 17th Pickins' 1.00-3.00pm
- 18th Luncheon, Pizza, Meeting. Trip meeting.
- 25th Luncheon, Pot Luck, Meeting.

OCTOBER

- 1st Pickins' 6.30-9.00pm
- 2nd Luncheon, Meeting, Board Meeting.
Pizza tickets.
- 7th Trip—Villa Roma
- 9th Luncheon, Meeting. Pizza tickets. Hannaford
Flu Shots.
- 11th Dance The River Road Boys. 7.00—10.00pm
- 16th Luncheon, Pizza, Meeting,
- 23rd Luncheon, Pot Luck, Meeting.
- 30th Luncheon, Meeting.