

# Ballston Area SENIOR UPDATE

May/June 2026

Milton Community Center  
310 Northline Road  
Ballston Spa, NY 12020  
518 490 2851

## Officers

Earl Eaton, President  
eatonjr@aol.com  
Eric Watson, Vice-President  
printeric59@gmail.com  
Linda Elmer, Secretary  
lindaelmer585@gmail.com  
Meg Stevens, Treasurer  
megstevens@nycap.rr.com  
Lisa Watson, Membership

## Directors

Chuck Crawford  
cccrawfrd@gmail.com  
Jim Frey  
radarnav@outlook.com  
Sue Heimbürg  
sheim38@aol.com  
Janet Welcome  
Myrescuedme@yahoo.com

## Membership

Lisa Watson  
liscalascore76@gmail.com

## Newsletter Editor

Alison Bodle  
518 288 3565  
alisonbodle22@gmail.com

## Email address:

Ballston.area.seniors2@gmail.com

## Website:

Ballstonmiltonseniors.com

## Facebook:

Ballston Area Seniors

## Community Contacts

Town of Milton  
518 885-9220  
503 Geyser Road  
Ballston Spa, NY 12020

Village of Ballston Spa  
518-885-5711  
66 Front Street  
Ballston Spa, NY 12020

Town of Ballston  
518-885-8502  
323 Charlton Road  
Ballston Spa, NY 12020

## FROM THE PRESIDENT

Hello Seniors,

The snow has finally left us for the season, and the weather is warming. Time for planting gardens, opening campsites and preparing for summer vacations. The last two months have been very active with Festive dinners, Trips to Howe Caverns and Beardsley Castle, not to mention our basic gatherings weekly, for camaraderie and socializing.

It seems that volunteering is hard. I have been involved with some of the committees, crafters, special events, fun activities, dance, to name a few. We have many other committees that you might be interested in with your skills helping with growth. Festive dinners, kitchen, bazaar to name a few more. Thank you to everyone for all you give and do. It's helpful to all of us! I had no idea how hard it was. But what satisfaction I get knowing I'm doing the right thing, mostly.

Check the bulletin board near the stage to find what might be of interest to you. There is a list of committees and chairpersons, also a list of daily activities that go on in the center on weekdays. See the chair. All donations of time and effort are greatly appreciated. Bazaar is coming fast. Senior member garage sale May 9. See Carol Moll to secure table space. The public will be invited to purchase senior memorabilia, trinkets and things you might find in a garage.

I have had some calls from members that have received emails from me asking for donations of gift cards to give to members who go above and beyond the expectations of the BASC.inc, Seniors Group. My email was hacked; I changed the password and believe the issue is resolved. I am actively adding additional security. Unfortunately, technology and artificial intelligence have taken over. I would never send an email or snail mail asking for anything. So please keep that in mind if you see something from me. If unsure, please call me. If I was to ask you for help in any way it would be face to face. I believe that you should speak to people kindly, eye contact is important.

Our Chorus performed for our seniors on April 16, due to some unforeseen scheduling issues, it was a short set, but wow did they ring. I'll do better with the schedule. Their next show will be hopping and bopping to the "Crocodile Rock". I'll see what I can do, it'll be fun! Saw you singing, come join us.

Jim Frey has secured a speaker for May 14, general meeting day, who is going to talk about Artificial Intelligence, stolen identity and how to protect yourself from the scammers of the world today. You know I'll be there. Hope to see you too. Turn the page to find out what else is going on and around in the Milton Community Center. Have a happy day,

Respectfully submitted,

Earl Eaton



## John J Cromie

Attorney at Law

132 Bath Street  
Ballston Spa, NY 12020

**518-885-8451**

Real Estate • Wills  
Estate • General Practice



Armer Funeral Home, Inc.

39 East High Street  
Ballston Spa, NY 12020

**518-885-6181**

www.armerfuneralhome.com

## Ettinger Law Firm

Elder Law Estate Planning since 1991

Register at [albanyestateplanners.com](http://albanyestateplanners.com) for our free estate planning webinar "Four Advantages of Using Trusts" presented by attorney Bonnie Kraham live on zoom every Monday at 7:00 p.m. To schedule a free consultation in our offices or virtually by zoom or phone, contact us:

**518-459-2700 x117**  
email: [info@trustlaw.com](mailto:info@trustlaw.com)

Trusts and Estates • Wills and Probate Tax  
Savings Strategies • Medicaid  
**trustlaw.com**

125 Wolf Rd, Albany 340 Broadway, Saratoga



Bonnie Kraham,  
Attorney at Law

## Are you 65 years old or older?

- No Cost Medicare Benefits Reviews
- Medicare Supplement Plans
- Dental & Vision Plans
- Access to Multiple Carriers
- Service & Support When You Need it



## Chandler Insurance Services

Albany NY

For a free Benefits Assessment Call  
Sonya Chandler • 518-364-0162

Benefits Specialist

Licensed in NY, NJ, MA, SC, GA

[www.chandlerinsuranceservices.com](http://www.chandlerinsuranceservices.com)



Since 1989 Financial Professionals

Financial Planning,  
Investments, Insurance  
& Tax Preparation

**518-383-3739** ★ [MarAssoc.com](http://MarAssoc.com)

6 Sage Court, Clifton Park, NY 12065

Securities and Investment Advisory Services offered through LPL Financial, Member FINRA/SIPC. Tax Preparation services & Insurance products offered through Marshall Associates. None of the named entities are affiliated. LPL Financial does not offer tax advice. v01-BS



George & Jackie

# Never miss our publication!



Get each new issue delivered straight to your inbox.



Scan to subscribe on [MyCommunityOnline.com](http://MyCommunityOnline.com)



## ADT-Monitored Home Security

Get 24-Hour Protection  
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

**833-287-3502**

## Care is just a call away.



- Skilled Nursing & Rehab
- Specialty Clinical Programs
- 8,000+ Beds Across NY & Beyond

**800-305-9151** | [centershealthcare.com](http://centershealthcare.com)

## Support Our Advertisers!



## Organize Senior Moves

"Makes Moving Easier" *Saratoga*

[www.organizeseniormovessaratoga.com](http://www.organizeseniormovessaratoga.com)



OSM TEAM

Downsizing & Organizing • Packing & Unpacking  
Setting Up New Home • Oversee Whole Move  
**Call Today... You'll Be Happy You Did!**

**FREE CONSULTATION 518-621-6568**

## FIND YOUR ADVANTAGE.

**MVP Medicare Advantage—Plans and personal support to take charge of your health.**

Call **1-844-539-8684** (TTY 711) seven days a week, 8 am–8 pm

Visit [mvphealthcare.com/medicare](http://mvphealthcare.com/medicare)



MVP Health Plan, Inc. is an HMO-POS/PPO organization with a Medicare contract. Enrollment in MVP Health Plan depends on contract renewal.

Y0051\_0570\_M



For ad info. call 1-800-950-9952 • [www.lpiconmunities.com](http://www.lpiconmunities.com)

Ballston Senior Center, Ballston Spa, NY

03-1134

**FUN ACTIVITES**

On Friday May 8th there will be another Felting class, this time to make a small picture. Barbara Hurley who leads the class needs to know which picture you would like to do as she needs to buy the kits. I have the 4 photos on my phone so see me to choose. The cost is \$20.00, \$10 for the kit (which includes the wool felting in the correct colors, and the needles etc.) and \$10 for Barbara to lead us.  
The class will be from 12.30 until we are done (probably 3.00pm), and there will be drinks and snacks.

**BALLSTON SENIORS' BAZAAR**

Our Bazaar will be held on Saturday November 14th from .....am to .....pm.

There will be a Bazaar meeting on Thursday May 7th at 10.00am for all committee members and anyone who would like to help. WE NEED HELP TO MAKE THE BAZAAR A SUCCESS!

Earleen Van (who is in charge of the basket raffle) asks if you have, or know anyone who has, baskets, please bring them in any time. If you would like to make a basket yourself or in a group, please let Earleen know what theme you are doing.

**CRAFTERS**

**Our project today was Gnomes**



**SENIOR'S GARAGE SALE**

There will be a Garage Sale on Saturday May 9th from 9.00 to 3.00.

Tables are \$10.00 each, and are only available for members, although the Garage Sale is open to everyone, like the Bazaar.

Contact Carol Moll (518 3998926)

**SPECIAL EVENTS**

The Special Events Committee will be celebrating Mothers' Day on May 7th, and Fathers' Day on June 18th with special treats for all.

The Crafters made bunnies by decorating cardboard cutouts with material, eyes, lace - whatever we could find. An easy and fun project.



## WEDNESDAY PICKIN' SESSIONS

The evening sessions on the 1st Wednesday of the month will be May 6th and June 3rd from 6.00 to 8.30pm. The afternoon sessions will be on the 3rd Wednesday and will be May 20th and June 17th from 1.00 to 3.30pm.

If you play an acoustic instrument and enjoy performing with others, come along to the Pickin' Sessions. If you enjoy hearing live music, come along and sing, clap or tap your feet. There's no entrance fee but snacks to share would be appreciated. Doors open at 6:00pm evenings and 12.30pm afternoons.

Contact: Email Earl Eaton Jr. at [eeatonjr@aol.com](mailto:eeatonjr@aol.com) for information.



## DANCES

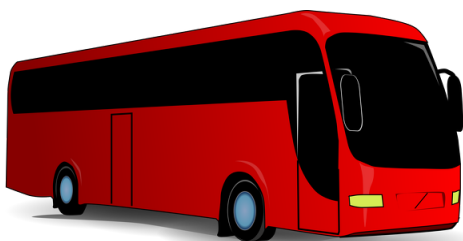
The next dance will on **June 13th** with The Peaceful Country Band. The music begins at 7.00pm and ends at 10.00pm.

Then on **July 11th** we will have a Rock & Roll band, the E Town Express.

**September 12th** will be the River Road Boys.

**October 10th** will be The Peaceful Country Band.

The entrance fee is \$7.00 and snacks, punch and coffee will be served. Snacks to share are much appreciated. Even if you don't dance, come and enjoy live music and socialize with your friends (don't forget the snacks!).



## 2026 TRIP SCHEDULE

**May 18th** Tour of Saratoga Battlefields, etc, for the 250th Anniversary of the American Revolution—2 1/2 hr tour—Lunch at the Hideaway to follow.  
Leave: 8.00      Return: 3.00

**June TBA** Joseph Popp Jr. Butterfly Conservatory/ Ommegang Brewery for lunch/Cruise on Otsego Lake with the Glimmerglass Boat Co.  
Sign up TBA  
Cost TBA

**July 8th** Lake George Steamboat Co. Mardi Gras Cruise on Lac Du Saint Sacrement.  
Sign up: June 4th & 11th.  
Resident Members: \$45.00, Non resident Members: \$55.00, Guests: Full Price.  
Leave: 10.00      Return: 4.30

**August 9th** Woodstock Theater 'Crazy for You', by Gershwin, matinee. Meal after at The Pearl Moon Café.  
Sign up: July 2nd & 9th.  
Resident Members: \$60.00, Non Resident Members: \$70.00, Guests: Full Price.

**September TBA** Lobster Dinner at the Lobster Pot.  
Sign up: August 6th & 13th.  
Resident Members: \$45.00, Non Resident Members: \$55.00, Guests: Full Price.  
Leave: 3.30      Return: 6.00

**October 6th** Oktoberfest at Gavins.  
Sign up: September 3rd & 10th  
Resident Member: \$45.00, Non Resident Member: \$55.00, Guests: Full Price.

## TRIP PROCEDURE

Trips leave from the Pool room entrance at the Community Centre.

Dues for 2026 must be paid 30 days prior to trip date. The sign up dates will be on the 2nd and 3rd Thursdays.

Masks must be worn when requested.

Resident member-lives within Saratoga County, all others considered non-resident.

All payments by check only made out to BASC (if replacing cancelled seat, make payable to the member who cancelled).

Member can sign up one other member as seat mate.

Sign up on first come/ first served basis.

Cancellation: If member cancels before the head count is turned in, they will be refunded. Trip Chairperson contacts first member on wait list. If no member on wait list, member may find a substitute. If substitute is a non-member, pay guest rate. If no replacement after head count is turned in, no refund.

For more information, please contact the Trip Coordinator: Mary Egan 518 630 6322.



**MAY** **JUNE**

- |                          |                     |
|--------------------------|---------------------|
| 26 Monserrate Arce       | 19 Simone Buneo     |
| 3 Diane Balla            | 22 Susan Burch      |
| 23 Lynn Barber           | 2 Claire Bylina     |
| 1 Phyllis Burke          | 27 Lester Cole      |
| 28 Karen Damico          | 28 Judy Dalby       |
| 31 Helen Dassance        | 27 Francine Dion    |
| 22 Jean Dowd             | 23 David Elmer      |
| 8 Donna Earl             | 17 Kathleen Fiore   |
| 11 Bertha Fisher (Kelly) | 17 Patricia Foster  |
| 2 Ellen (Ellie) Fontaine | 7 Bunny Gifford     |
| 7 Cyndy Haley            | 19 Rita Halter      |
| 19 Maureen Hickey        | 18 Kathleen Hermans |
| 7 Cindy LaForest         | 30 Wendy King       |
| 3 Evelyn Laraway         | 27 Susanne Medick   |
| 24 Monica Larin          | 12 Jean Montgomery  |
| 1 Shirley Liska          | 18 Roberta Moskos   |
| 18 Rosemary Mercier      | 20 John Muller      |
| 4 Carol Moll             | 7 Robert Muller     |
| 28 Patricia Pimentel     | 10 Roy Neal         |
| 22 Jackie Pouliott       | 4 Gail Oliphant     |
| 10 Patricia Preece       | 28 Karen Ryder      |
| 17 Nancy Ruzzo           | 3 Gina Sauter       |
| 17 Anne Schworm          | 19 Elizabeth Serbay |
| 18 Joyce Soltis          | 11 Lawrence Smith   |
| 22 Barbara J Staulters   | 19 Michelle Soria   |
| 25 John Stiassney        | 12 Eileen Tuohy     |
| 8 Anne Sylvester         | 16 Lorraine Allman  |
| 3 Diane Walser           | 20 Hillary Anderson |
| 4 Janet Welcome          | 8 Robert Bathgate   |
| 13 Robert Winkler        |                     |

- |                         |               |
|-------------------------|---------------|
| Roseanne Craig          | Kathy Anthony |
| Carolyn Mazurowski      | Michael Smith |
| Roberta (Bobbie) Moskos |               |
| Arthur Newman           |               |

*Our thoughts and prayers are with  
the families of*



Dolores Blow  
Corrine Boles  
Nancy Harvey  
Patricia Rachiele



This is the painting class that Heather from Paint N Gogh led, we did spring pictures or whatever we wanted! Always fun, and you don't any skills to follow her directions.



Lucy, the obnoxiously loud cruise entertainments officer, led Lisa, Eric and passengers in some workouts. Sadly for her, she was the murder victim. But it was quieter!



**SUMMER IS ALMOST HERE!**

The Ballston Spa Farmers' Market will open on Saturday **June 13th** from 9.00am to 1.00pm and continue until Saturday **October 3rd** at Wiswall Park on Front Street.

This LOCAL market has been serving our community since 2003, promoting fresh produce and locally created crafts. Get there early during strawberry season to get the most delicious fruits (before I nab them all!).

The BSBPA website hasn't been updated yet, so I can't tell you what movies are going to be shown on the First Fridays of June, July and August in Wiswall Park at dusk, but I will keep checking for information.

Also, so far there is no news about the bands that will be playing on Thursdays in June, July and August at the Old Iron Springs Park on Front Street every Thursday evening from 6.00 to 8.00pm. The Ice Cream Social, usually in August, is always a hit, who doesn't love free ice cream!



**FUN**  
**ACTIVITIES**

Do you like our sheep? We had a wool felting class with Barbara Hurley who taught us how to make these sweet sheep. It involved a lot of stabbing with a special sharp (ouch!) needle, very good if you are feeling angry or stressed! Our next class is going to be making a wool felt painting using the same technique. I will photo other animals she could offer in case you would like to do this class. PS— ask Sue what she did with her sheep!



Everyone is wearing green to celebrate our St Patrick's Day dinner, even Judy who wore her green napkin. Great idea, Judy!

# Around the Town

**SURPRISE!** We all thought Spring was here, but Mother Nature had other ideas. Don't worry, Summer will be here soon.

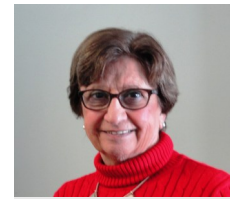
The Town Highway operations have completed their move to the new facility on Rowlands Street. All other Town offices remain here in Town Hall, at 503 Geyser Road. Keep an eye out, you will soon be seeing some changes in the Town Center Park area. There are plans for a new Playground and new pavilions to better serve the community.

The Town is also in the process of sign-ups for our Summer Camp Program. If anyone is interested and needs more information, please contact our Town Clerks office. Not much time left, this camp fills up quickly. Also please spread the word about the Fishing Tournament on May 9 th at the 4-H center on Middleline Road. Registration begins at 6am and fishing begins at 7am.

Last bit of information, the Sunset Restaurant officially opens on May 1 st with a full menu for breakfast, lunch and dinner. Stop by and enjoy a meal while supporting a new business right here in our Town.

That's all for now, Stay Safe!

Barbara



Barb Kerr

Because family matters let us take care of yours.  
 William J. Mevec Mary Ann Mevec

**MEVEC**  
 FUNERAL HOME

224 Milton Avenue  
 Ballston Spa, NY 12020  
[www.mevecfuneralhome.com](http://www.mevecfuneralhome.com)  
 William J. Mevec, Jr. 518-885-7110

No act of kindness is ever wasted

Home of the *Good Shepherd*

Superior care in assisted living, enhanced assisted living, & memory care.

Malta - Saratoga - Wilton - Moreau

We invite you to tour [homeofthegoodshepherd.com](http://homeofthegoodshepherd.com)

**BERKSHIRE HATHAWAY** HOMESERVICES | **BLAKE, REALTORS®** 518-584-0060

**Tina VanDerwerker**  
 Your hometown agent  
 c: 518-598-9973  
 e: [cvanderwerker@bhhsblake.com](mailto:cvanderwerker@bhhsblake.com)  
 w: [tinavsellshomes.com](http://tinavsellshomes.com)

376 Broadway, Saratoga Springs NY 12866  
 Agent / LIC. #10301219114

**Advertise Here!**

Increase visibility in your community.

**Advertise in Our Newsletter!**

**Contact Victoria Russo**  
[vrucco@4LPi.com](mailto:vrucco@4LPi.com)  
 (800) 950-9952 x6283





Milton Community Center  
 310 Northline Road  
 Ballston Spa, NY 12020



## Temp-Return Service Requested

### WEEKLY ACTIVITIES

#### Mondays

9.00am—12.00	Shooting Pool
10.00am—11.00am	Chorus
11.15am—12.00	Exercise

#### Tuesdays

10.00—12.00	Crafts
1.00—4.00pm	Mahjon

#### Thursday

9.30am	Social Time
10.30-11.15	Flex & Stretch Chair Exercise
11.30	Lunch & Meeting.
1.00—4.00pm	Shooting Pool

#### Fridays

11.15am—12.00	Exercise
6.30—9.00pm	Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 920 4640, Alison for exercise at 518 288 3565, and Carol Moll for flex & stretch at 518 399 8926.

### MARK YOUR CALENDARS

#### MAY

1st Sunset Café opens at the airport.  
 6th Pickins' 6.00-8.30pm  
 7th Luncheon, Meeting, Board Meeting, Pizza tix. Mothers' Day treats.  
 8th Felting Class  
 9th Garage Sale 9.00-3.00.  
 14th Luncheon, Meeting, Pizza tix. Speaker on AI And scams.  
 15th Office of the Aging Senior Luncheon  
 18th Trip, Saratoga Battlefields Tour.  
 20th Pickins' 1.00-3.30pm  
 21st Luncheon, Pizza, Meeting.  
 28th Luncheon, Pot Luck, Meeting.

#### JUNE

3rd Pickins' 6.00-8.30pm  
 4th Luncheon, Meeting, Board Meeting, Pizza tix, trip tix.  
 11th Luncheon, Meeting, Speaker from YMCA. Pizza tix, trip tix.  
 13th Dance-Peaceful Country Band 7.00-10.00pm  
 17th Pickins' 1.00-3.30pm  
 18th Luncheon, Pizza, Meeting, Fathers' Day treats.  
 25th Luncheon, Pot Luck, Meeting.