

Ballston Area *SENIOR UPDATE* September/October 2026

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FROM THE PRESIDENT

Hello Seniors,

This summer has been very busy with dances, trips, crafts, camping trips, concerts, a day at the lake, BBQ's and live music. The fresh vegetables that are brought in regularly from our outstanding group of giving seniors is something I look forward to each week. That old saying "you snooze you lose" is common around here when it comes to that.

Every week there is something exciting happening in our center. Chorus meets on Mondays and are preparing for the busy holiday season, performing for many venues to brighten everyone's days with the sounds of the season. I stopped in to sing with them last month. What a joy it is to sing with this group. After I sat in with them, they asked if I might find some more singers, the more the merrier I'm told. All those voices create beautiful sounds. Come and sing!

Preparations have begun for our yearly bazaar, with a lot of activity to get everything running smoothly. When they say (whoever "*they*" are) "it takes a village" it no doubt takes all the folks in our small piece of the town and villages we all live in to make the Bazaar an event that everyone can have a hand in and be proud of the good things that we do.

There are so many things happening and so many great people making them happen. Thank you all for all you do, though I may not mention you by name or pronounce your name properly, know that I appreciate all that you do. See you at the bazaar, at the fair, at the market, or around town. Smile and wave!

Respectfully yours,

Earl Eaton

John J Cromie

Attorney at Law

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FUN ACTIVITES

I will be organizing a Drivers Education day soon, and will let everyone know once it is set up.

CRAFTERS

Here are some of the recent projects the Crafters have done. Mirrored Stars etc, Wind Spinners, Decorated Hats and Decorated Shells. If you want to join them in these fun projects, come on Tuesdays from 10-11.45am. If you knit or crochet, come anyway and do your own thing with a friendly group.



BALLSTON SENIORS' BAZAAR

Our Bazaar will be held on Saturday November 14th from 9.00am to 3.00pm.

WE NEED HELP TO MAKE THE BAZAAR A SUCCESS! Come to the meetings with ideas, and sign up to volunteer to help. There is a sign up sheet on the front desk every Thursday.

Earleen Van (Basket Chair) asks that people let her know if they want to make up a basket on their own or in a group. Also, donations towards a basket are welcome so that baskets can be made up closer to the Bazaar. These are some suggestions for baskets: breakfast, baking, pamper me, dog, cat, cozy night, wine and snacks, romantic gardeners, kitchen, kids, games night for adults and kids, movie night.

If you bring something in, please take it to the craft room and let Earleen know.

Thank you for all help and contributions.

SPECIAL EVENTS

There will be no Special Events in September or November as they are busy months, but.....

On October 8th we will be celebrating both Fall and Johnny Appleseed with apple cider and cider donuts.

On October 29th we will celebrate Halloween with a costume contest. There will be 3 prizes, one each for the scariest, funniest and ugliest costumes.

On December 10th there will be a Christmas Sweater contest, 3 prizes, one each for the prettiest, funniest and ugliest sweaters.

BINGO

Bingo will be played the second Thursday of every month at the Center at 1.00pm after the General Meeting ends. Members only.

Remember, the more people who come to play, the bigger the prize money will be!

WEDNESDAY PICKIN' SESSIONS

The evening sessions on the 1st Wednesday of the month will be September 2nd and October 7th from 6.30 to 8.30pm. The afternoon sessions will be on the 3rd Wednesday and will be September 16th and October 21st from 1.30 to 3.30pm.

If you play an acoustic instrument and enjoy performing with others, come along to the Pickin' Sessions. If you enjoy hearing live music, come along and sing, clap or tap your feet. There's no entrance fee but snacks to share would be appreciated. Doors open at 6:00pm evenings and 12.30pm afternoons.

Contact: Email Earl Eaton Jr. at eeatonjr@aol.com for information.



DANCE

The music begins at 7.00pm and ends at 10.00pm.

September 12th will be the River Road Boys.

October 10th will be The Peaceful Country Band.

The entrance fee is \$7.00 and snacks, punch and coffee will be served. Snacks to share are much appreciated. Even if you don't dance, come and enjoy live music and socialize with your friends (don't forget the snacks!).

FESTIVE DINNERS

Mark your calendars for the next 2 Festive Dinners

Our Thanksgiving Dinner will be on November 19th at the Saratoga Elks Club, with food provided by Hatties Chicken Shack.

Our Christmas Dinner will be December 10th at the Holiday Inn in Saratoga Springs.

Sign up dates and full menus will be available soon.

2026 TRIPS

September 18th Lobster Dinner at the Lobster Pot, Lake George.

Bus leaves: 3.30pm Bus returns: 6.00pm

October 6th Octoberfest at Gavins.

Sign up: September 3rd & 17th

Resident Member: \$45.00, Non Resident Member: \$55.00, Guests: Full Price.

TRIP PROCEDURE

Trips leave from the Pool room entrance at the Community Centre.

Dues for 2026 must be paid 30 days prior to trip date. The sign up dates will be on the 2nd and 3rd Thursdays.

Masks must be worn when requested.

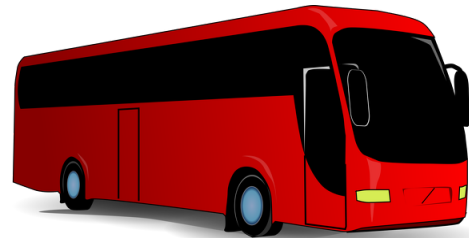
Resident member-lives within Saratoga County, all others considered non-resident.

All payments by check only made out to BASC (if replacing cancelled seat, make payable to the member who cancelled).

Member can sign up one other member as seat mate.

Sign up on first come/ first served basis.

Cancellation: If member cancels before the head count is turned in, they will be refunded. Trip Chairperson contacts first member on wait list. If no member on wait list, member may find a substitute. If substitute is a non-member, pay guest rate. If no replacement after head count is turned in, no refund. For more information, please contact the Trip Coordinator: Mary Egan 518 630 6322.



WITTY AND WISE

They said to follow your dreams.....so I went back to bed.

To the thief who stole my glasses. I will find you, I have contacts.

Someone stole my coffee cup. I'm headed to the police station to look at mugshots.

Nothing tops a plain pizza.

When does a joke become a dad joke?

When it becomes apparent.

AGE is not a number. It is clearly a word.

My son said he didn't understand cloning. I told him that makes 2 of us.



SEPTEMBER

OCTOBER

1 Alice Whitaker	1 Kathryn Blanchard
3 Richard Derusha	1 Tony Chiarella
3 Kathy Pelkey	1 Allena Delmarter
3 Edward Pingelski	3 Barbara Cantrambone
7 Bonnie Sokol	4 Barbara Hurley
8 Gaynell Bliss	4 Henry Miller
9 Michael Fiore	4 Richard Snyder
10 Lynn DeMarco	4 Ronald Wojtowecz
11 Janet Smith	5 Anne Groski
13 Carolina Shipreck	6 Raymond Groski
14 Dorothy Clark	6 Kathi Mulvey
14 Edward Desmarais	8 Marcia Andreadakis
14 Darleen McDowell	8 Celeste Cornell
14 Lisafaye Watson	9 Joan Vandal
15 Linda Day	9 Wendell Williams
16 Margaret Hohenstein	12 Rozanne Nabozny
16 Pamela Manning	13 Phyllis Warmt
17 Helen Downes	17 Ellie Naylor
17 Sharon Meyer	19 John Marlow
18 Michael Warner	19 Jean Riggs
18 Michael Weaver	21 Catharine Epps
19 Sandra Brien	21 Barry Finley
19 Paula Norton	22 Danielle Lanza
19 Avena Ward	22 Karen Markert
20 Lloyd Bishop	23 Bernice Hollowood
20 Ken Hahn	24 John (Jack) Broderson
20 Arther Newman	25 Bruce Cantrambone
23 Joanne Bless	26 John Aldrich
24 Lynn Cristie	27 Dorothy Christiansen
24 Doris (Dee) Donovan	27 Margaret J Wheeler
24 Jeffery Nalewjka	28 Marge Bayer
26 Linda Hersh	28 Christina Smith
26 Mary Lee	29 MaryAlice Donlon
27 Maurice Mercier	30 Lucila Gordon
27 Jo-An Trapp	31 Bernadette Putnam
28 Carla Pastore	
28 Janice Young	
29 Gerald Baker	
29 Rosemary Huehn	
30 Carol Beals	
30 James Robert	

HERE AND THERE

Take care of your body, it's the only place you have to live.

John Rohn

It's up to you today to start making health choices. Not choices that are just healthy for your body, but healthy for your mind.

Steve Maraboli

Your cell phone has already replaced your watch, camera, calendar, and alarm clock. Don't let it replace your family.

We need to accept that we won't always make the right decisions, that we'll screw up royally sometimes—understanding that failure is not the opposite of success, it's part of the success.

Arianna Huffington

At the Pickins session on 8/19, Becky is riding a horse while Bob is singing 'Long Tall Texan'. This is why you should come to the Pickins'!





SUMMER IS HERE!

The Ballston Spa Farmers' Market opened on Saturday **June 13th** from 9.00am to 1.00pm and will continue until Saturday **October 3rd** at Wiswall Park on Front Street.

This LOCAL market has been serving our community since 2003, promoting fresh produce and locally created crafts. There are still plenty of vendors at the market, now you can get corn, apples and pears, peaches, melons and squash etc.

Centers Health Care (pictured Kathleen and Ruth) brought Millers Backyard BBQ to the Center one Saturday and gave us a delicious lunch and Raffle prizes. Diane provided yummy lemon cake for dessert. Twang played for us until I ordered them to stop and eat! A big thank you to them and everyone who helped organize the hall and lunch. It was all fantastic!



FREE CONCERTS IN THE PARK

The Concerts are held at the Lions Music Park at Old Iron Springs Park on Front Street every Thursday evening from 6.00 to 8.00pm through the summer.

The final line up is:

September 3rd Sirsy

MORE FROM THE CRAFTERS

Working with polymer clay, Liz made this horse, and others made tiny houses, gnomes, turtles, cats or whatever they wanted.



Around the Town

Hi All,

Fortunately, or not, I really think Fall is in the air. Evenings are cool so we can open the windows and let the fresh air in, it feels so nice.

Labor Day marks the end of Summer, but there are lots of things happening in the Fall. The Farmers Market will continue in the Village and that means apple season. Don't forget our local orchards for apple picking. Just be careful, don't climb any ladders!

A big event that is happening in the Town of Milton on September 12th "Milton Day" starting at 11 am until 2 pm, lots of exciting things going on. We will be planting the Freedom Tree to help celebrate the 250th anniversary of the Battle of Saratoga. We will be having food trucks and entertainment for the whole family. One of the biggest events will be something everyone has been waiting for, the Ribbon cutting for the new playground.

Mark your calendar for September 12th at 11 am.

I hope to see everyone at the Senior Picnic at the Fair grounds on September 10th, this is always a good time with tasty food.

Stay safe and enjoy our beautiful Fall weather and do some leaf peeping along the way,
Barbara



Because family matters let us take care of yours.
William J. Mevec Mary Ann Mevec

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310 Northline Road
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WEEKLY ACTIVITIES

Mondays

9.00am—12.00	Shooting Pool
10.00am—11.00am	Chorus
11.15am—12.00	Exercise

Tuesdays

10.00—12.00	Crafts
1.00—4.00pm	Mahjon

Thursday

9.30am	Social Time
10.30-11.15	Flex & Stretch Chair Exercise
11.30	Lunch & Meeting.
1.00—4.00pm	Shooting Pool

Fridays

11.15am—12.00	Exercise
6.30—9.00pm	Shooting Pool

If you would like to take part in any of these activities, please call Dan Buneo for pool at 518 309 3093, Earleen Van for crafts at 518 920 4640, Alison for exercise at 518 288 3565, and Carol Moll for flex & stretch at 518 399 8926.

MARK YOUR CALENDARS

SEPTEMBER

2nd Pickins' 6.30-8.30pm
3rd Luncheon, Meeting, Board Meeting. Pizza tix, Trip tix. Speaker, an Attorney.
7th Labor Day, Center closed.
10th Office of the Aging Picnic at the Saratoga Fairgrounds, 11am—3pm. If you need a ticket contact the Office of the Aging.
12th Dance, 7-10pm. River Road Boys.
16th Pickins' 1.30-3.30pm
17th Luncheon, Meeting, Pizza. Trip tix
18th Trip, Lobster Pot.
24th Luncheon, Pot Luck, Meeting.

OCTOBER

1st Luncheon, Meeting, Board Meeting. Pizza tix
6th Trip, Gavins
7th Pickins' 6.30-8.30pm
8th Luncheon, Meeting, Bingo. Cider and Donuts. Pizza tix.
10th Dance, 7-10pm, Peaceful Country Band.
15th Luncheon, Pizza, Meeting.
21st Pickins' 1.30-3.30pm
22nd Luncheon, Pot Luck, Meeting.
29th Luncheon, Meeting, Game Day, Special Events Halloween.